



**GREEK
ORTHODOX CHURCH
OF GREATER SALT LAKE**



JANUARY 29, 2023

**SUNDAY OF THE
CANAANITE**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**



CHURCHES



HOLY TRINITY CATHEDRAL

279 South 300 West
Salt Lake City, UT 84101
(801) 328-9681

PROPHET ELIAS CHURCH

5335 Highland Drive
Holladay, UT 84117
(801) 277-2693

churchoffice@gocslc.org

CLERGY



V. Rev. Archimandrite GEORGE NIKAS ~ CATHEDRAL DEAN
frgeorge@gocslc.org (732) 232-1036

Rev. Protopresbyter GEORGE POLITIS ~ RETIRED

PARISH COUNCIL



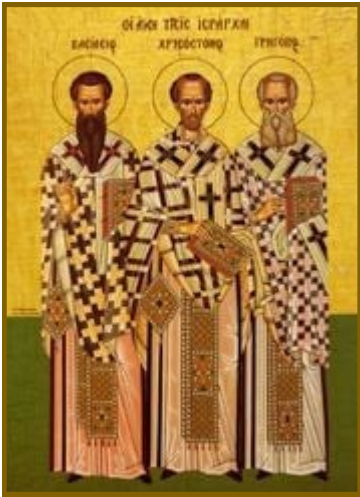
2023 EXECUTIVE BOARD

President: George Karahalios
1st Vice President: Dimitri Gerontis
2nd Vice President: Archon Nick Bapis
Recording Secretary: Michael Giamalakis
Corresponding Secretary: Lee Kapos
Treasurer: Evan Dudley
Asst. Treasurer: LeiAnn Bathemess

2023 MEMBERS AT LARGE

Frank Corbett
Dorie Farah
Chris Gamvroulas
Andy Giannis
Kosta Katsohirakis
Chris Mantas
George Pappas
Harry Souvall

SYNAXIS OF THE THREE HIERARCHS: BASIL THE GREAT, GREGORY THE THEOLOGIAN, & JOHN CHRYSOSTOM



This common feast of these three teachers was instituted a little before the year 1100, during the reign of the Emperor Alexis I Comnenus, because of a dispute and strife that arose among the notable and virtuous men of that time. Some of them preferred Basil, while others preferred Gregory, and yet others preferred John Chrysostom, quarreling among themselves over which of the three was the greatest. Furthermore, each party, in order to distinguish itself from the others, assumed the name of its preferred Saint; hence, they called themselves Basilians, Gregorians, or Johannites. Desiring to bring an end to the contention, the three Saints appeared together to the saintly John Mavropous, a monk who had been ordained Bishop of Euchaita, a city of Asia Minor, they revealed to him that the glory they have at the throne of God is equal, and told him to compose a common service for the three of them, which he did with great skill and beauty. Saint John of Euchaita (celebrated Oct. 5) is also the composer of the Canon to the Guardian Angel, the Protector of a Man's Life. In his old age, he retired from his episcopal see and again took up the monastic life in a monastery in Constantinople. He reposed during the reign of the aforementioned Emperor Alexis Comnenus (1081-1118).



THIS WEEK'S SCHEDULE



SUNDAY, JANUARY 29

Orthros	9:00am	@ Both Churches
Divine Liturgy	10:00am	@ Both Churches
Godparents & Stewardship Sunday		@ PE
Athanasios Diakos Luncheon	1:00pm~3:00pm	@ HT
GOYA Basketball Practice	1:00pm~6:00pm	@ PE Lg Gym
Dionysios Dance Practice	2:00pm~4:00pm	@ PE Sm Gym

MONDAY, JANUARY 30

Three Hierarchs	9:00am~11:00am	@ PE
GOYA Basketball Practice	6:00pm~10:00pm	@ PE Lg Gym
Girl Scouts	6:30pm~8:30pm	@ PE Sm Gym

TUESDAY, JANUARY 31

Greek School	6:30pm~8:00pm	@ PE
GOYA Basketball Practice	7:00pm~10:00pm	@ PE Lg Gym
Dionysios Dance Practice	8:30pm~10:00pm	@ PE Sm Gym

WEDNESDAY, FEBRUARY 1

Boy Scouts Meeting	6:00pm~8:00pm	@ PE Sm Gym
Orthodox Catechism	7:00pm~8:30pm	@ PE Board Room
GOYA Basketball Practice	7:00pm~10:00pm	@ PE Lg Gym
YAL - Bowling Night	8:00pm	@ All Star Bowling

THURSDAY, FEBRUARY 2

Presentation of the Lord	9:00am~11:00am	@ PE
GOYA Basketball Practice	6:00pm~10:00pm	@ PE Lg Gym
Greek School	6:30pm~8:00pm	@ PE
Choir Practice	7:00pm~8:00pm	@ PE Sm Gym
Dionysios Dance Practice	8:30pm~10:00pm	@ PE Sm Gym

FRIDAY, FEBRUARY 3

No Schedule

SATURDAY, FEBRUARY 4

GOYA Basketball Game	9:00am~3:00pm	@ PE Lg Gym
Greek School	10:00am~1:00pm	@ HT

SUNDAY, FEBRUARY 5

Orthros	9:00am	@ Both Churches
Divine Liturgy	10:00am	@ Both Churches
Godparents Sunday		@ HT
Special Parish Assembly	1:00pm	@ HT
GOYA Basketball Practice	1:00pm~6:00pm	@ PE Lg Gym
Dionysios Dance Practice	2:00pm~4:00pm	@ PE Sm Gym



MEMORIALS & SERVICES



SUNDAY, JANUARY 29

AT HOLY TRINITY

Demetrios (Panayiotis) Efstathiou: 7 ~ Year Memorial

Memorial service for departed members of Athanasios Diakos



SUNDAY, FEBRUARY 5

AT PROPHET ELIAS

Aphrodite Marcooles: 10 ~ Year Memorial

Helen Mylonakis: 16 ~ Year Memorial

Manoli Mylonakis: 16 ~ Year Memorial

Anthony Marcooles: 58 ~ Year Memorial



SUNDAY, FEBRUARY 12

AT PROPHET ELIAS

Anthony Nicholas Mallas: 40 ~ Day Memorial

Gregorios Karahalios: 5 ~ Year Memorial

SUNDAY, FEBRUARY 19

AT HOLY TRINITY

Thalia Mantas Matragos: 1 ~ Year Memorial

AT PROPHET ELIAS

Ann Liacopoulos: 5 ~ Year Memorial

Coffee hour sponsored by Liacopoulos Family



ΥΜΝΟΙ ΤΗΣ ΗΜΕΡΑΣ



Ἀπολυτίκιον Ἀναστάσιμον

Ἐξ ὕψους κατῆλθες ὁ εὖσπλαγχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσῃς τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Τοῦ Ἁγίου

Καὶ τρόπων μέτοχος, καὶ θρόνων διάδοχος, τῶν Ἀποστόλων γενόμενος, τὴν πρᾶξιν εὖρες Θεόπνευστε, εἰς θεωρίας ἐπίβασιν· διὰ τοῦτο τὸν λόγον τῆς ἀληθείας ὀρθοτομῶν, καὶ τῇ πίστει ἐνήθλησας μέχρις αἵματος, Ἰερομάρτυς Ἰγνάτιε. πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Ἀπολυτίκιον Πεντηκοστής (για τὴν Ἁγία Τριάδα)

Εὐλογητός εἶ Χριστέ ὁ Θεὸς ἡμῶν ὁ πανσόφος τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα σοι.

Ἀπολυτίκιον Προφήτου Ἡλιοῦ

Ὁ ἐνσαρκος ἄγγελος, τῶν Προφητῶν ἡ κρηπὶς, ὁ δεῦτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ἡλίας ὁ ἐνδοξος, ἄνωθεν καταπέμψας, Ἐλισαίῳ τὴν χάριν, νόσους ἀποδιώκει, καὶ λεπρούς καθαρίζει, διὸ καὶ τοῖς τιμῶσιν αὐτὸν βρῦει ἰάματα.

Κοντάκιον

Ὁ μήτραν παρθενικὴν ἀγίας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεὼν εὐλόγησας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστέ ὁ Θεός. Ἄλλ' εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὐς ἡγάπησας, ὁ μόνος φιλάνθρωπος.



HYMNS OF THE DAY

Resurrectional Apolytikion

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

For the Saint

Becoming a partner with the Apostles in way of life and successor to their thrones, O God-inspired Saint, in the active life you found an entrance to contemplation. Hence you rightly expounded the word of truth, and you shed your blood in struggling for the faith, O Hieromartyr Ignatius. Intercede with Christ our God, beseeching Him to save our souls.

Apolytikion of Pentecost (for the Holy Trinity)

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity.



Ο ΑΠΟΣΤΟΛΟΣ



Προκείμενον:

Εύξασθε καὶ ἀπόδοτε Κυρίῳ τῷ Θεῷ ἡμῶν.


Στίχος:

*Γνωστὸς ἐν τῇ Ἰουδαίᾳ ὁ Θεός,
ἐν τῷ Ἰσραὴλ μέγα τὸ ὄνομα αὐτοῦ.*

Πρὸς Κορινθίους Β΄ Επιστολῆς Παύλου τὸ ἀνάγνωσμα.

(6:16-18; 7:1)

Ἀδελφοί, ὑμεῖς ἐστε ναὸς Θεοῦ ζῶντος, καθὼς εἶπεν ὁ Θεὸς ὅτι ἐνοικήσω ἐν αὐτοῖς καὶ ἐμπεριπατήσω, καὶ ἔσομαι αὐτῶν Θεός, καὶ αὐτοὶ ἔσονταί μοι λαός. Διὸ ἐξέλθετε ἐκ μέσου αὐτῶν καὶ ἀφορίσθητε, λέγει Κύριος, καὶ ἀκαθάρτου μὴ ἄπτεσθε, κἀγὼ εἰσδέξομαι ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι εἰς υἱοὺς καὶ θυγατέρας, λέγει Κύριος παντοκράτωρ. Ταύτας οὖν ἔχοντες τὰς ἐπαγγελίας, ἀγαπητοί, καθαρίσωμεν ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ σαρκὸς καὶ πνεύματος, ἐπιτελοῦντες ἀγιωσύνην ἐν φόβῳ Θεοῦ.





THE EPISTLE



Prokeimenon:


Pray and return to the Lord Your God.

Verse:

*In Judah God is known;
His name is great in Israel.*

The reading is from Paul's Second Letter to the Corinthians
(6:16-18; 7:1)

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.





ΤΟ ΕΥΑΓΓΕΛΙΟΝ



Εκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα
(15:21~28)

Τῷ καιρῷ ἐκείνῳ ἐξῆλθεν ὁ Ἰησοῦς εἰς τὰ μέρη Τύρου καὶ Σιδῶνος. καὶ ἰδοὺ γυνὴ Χαναναία ἀπὸ τῶν ὀρίων ἐκείνων ἐξελθοῦσα ἐκραύγασεν αὐτῷ λέγουσα· Ελέησόν με, Κύριε, υἱὲ Δαυῖδ· ἡ θυγάτηρ μου κακῶς δαιμονίζεται. ὁ δὲ οὐκ ἀπεκρίθη αὐτῇ λόγον. καὶ προσελθόντες οἱ μαθηταὶ αὐτοῦ ἠρώτουν αὐτὸν λέγοντες· Ἀπόλυσον αὐτήν, ὅτι κράζει ὄπισθεν ἡμῶν. ὁ δὲ ἀποκριθεὶς εἶπεν· Οὐκ ἀπεστάλην εἰ μὴ εἰς τὰ πρόβατα τὰ ἀπολωλότα οἴκου Ἰσραὴλ. ἡ δὲ ἐλθοῦσα προσεκύνησεν αὐτῷ λέγουσα· Κύριε, βοήθει μοι. ὁ δὲ ἀποκριθεὶς εἶπεν· Οὐκ ἔστι καλὸν λαβεῖν τὸν ἄρτον τῶν τέκνων καὶ βαλεῖν τοῖς κυναρίοις. ἡ δὲ εἶπε· Ναί, Κύριε, καὶ γὰρ τὰ κυνάρια ἐσθίει ἀπὸ τῶν ψιχίων τῶν πιπτόντων ἀπὸ τῆς τραπέζης τῶν κυρίων αὐτῶν. τότε ἀποκριθεὶς ὁ Ἰησοῦς εἶπεν αὐτῇ· Ὁ γύναι, μεγάλη σου ἡ πίστις! γενηθήτω σοι ὡς θέλεις. καὶ ἴαθη ἡ θυγάτηρ αὐτῆς ἀπὸ τῆς ὥρας ἐκείνης.



THE GOSPEL



The reading is from the holy Gospel according to Matthew
(15:21–28)

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.



CALLING ALL KOLYVA CHEFS!



We are requesting assistance from those in our community who know how to make Kolyva and would be willing to prepare some for those who request when needed for a memorial.

If you would like to be included on our list, please call Maria at the church office at (801) 328-9681 or send an email to churchoffice@gocslc.org

It is customary that families reimburse the maker for their effort, so please also include the amount you'd consider appropriate for your time and effort.



ST. SOPHIA SCHOOL

Now enrolling for **WINTER/SPRING TODDLER CLASS** at Saint Sophia School
taught by Alethia Bapis Chatzis.


Wednesdays from 9am-11am for Children ages 18mo-2years + Parent/Guardian
Session Two (January-May)

This class helps children develop small and large motor skills, acclimate to school, gain awareness of group behavior, provide parent with new ideas and ways of respectfully parenting, and discover Greek language and Culture.

Please fill out a registration form in office or click the link [here](#).

Call or email today to save a spot - Toddler Day Class is limited.

For more information, contact director@saintsophiaschool.org



***The Society of Athanasios Diakos
Membership Appreciation Luncheon,
General Assembly and Elections on:***

**SUNDAY, January 29, 2023
1:00 pm—Hellenic Memorial Building**

***Members cost: No charge
Non-member cost: \$15.00 Adults
\$8.00 children***

**Become a member on or before January 29th
& have lunch at no cost!**



Our membership is open to all who can trace their ancestry to Greece, through parents, grandparents or marriage. Join us for lunch and become a member of our great organization.

A memorial service for departed members of Athanasios Diakos will take place on January 29th at Holy Trinity, at the end of Divine Liturgy.



BOWLING NIGHT

**Wednesday, February 1st @8 pm, at
ALL STAR BOWLING & ENTERTAINMENT**

**3601 S 2700 W Suite E - 105,
West Valley City, UT 84119**

RSVP TO JON LOUIS PEZELY BY JAN 29TH - 801.696.7317



The Ancient Orthodox Catechism

For anyone interested in learning about Orthodox Christianity,
free classes/discussions will be held weekly.

Beginning Wednesday, January 18 - Wednesday, February 22 at

Prophet Elias Orthodox Church,
5335 South Highland Drive in Holladay
7:00 pm in the Boardroom

We will cover historical, theological, social, and practical components of
this deep, authentic, and liberating way of life.

For more information, please call or text
Dean or Nick Athens (801) 821-8935 or (801) 979-8808

YOUNG AT HEART

The Young at Heart will be having their luncheon on:
Thursday, February 9th at noon in the Memorial Hall

Bring your Valentine that day and enjoy some food,
fellowship and BINGO. We hope to see you there!

HAPPY VALENTINE'S !!



The Young at Heart will be going to Wendover
on Saturday, February 11

Leave SLC from:

Prophet Elias 8:30am

Memorial Hall 9:00am



Leave Wendover at 5:00pm

\$20.00 per person.

RSVP Bill Rekouniotis at (801)-673-0424 or Bill Chaus at (801)-573-3348



Scout Pancake Breakfast Fundraiser

February 19th 2023

ALL YOU CAN EAT PANCAKES!!



Time: Sunday – February 19th, 2023 -After service to 1:30 pm
Place: Prophet Elias Greek Orthodox Church (5335 E Highland Dr)
Cost: \$10.00 per person

Tickets available at the Door





ANNUAL COMMUNITY EVENT BENEFITTING
ALL YOUTH MINISTRIES

APOKREAS Y2K



FEB. 25 6 PM HOLY TRINITY

Celebrate the tacky
trends of the
early 2000s!

- 6:00 Social Hour**
- 7:00 Dinner**
- 8:00 Raffle**
- 8:30 Dancing**

Adult Ticket
\$15 Pre-Sale
\$20 at the Door

Kids 12 & Under
\$10 Pre-Sale
\$15 at the Door

Click the Link
Below or
Scan here to
register!



Questions? Trish Kapos, 801-725-3075
Angie Hillas, 801-652-5757





NIKOS MAKROPOULOS & STAN ANTIPARIOTIS

SAT. MARCH 11

THE DEPOT
13 N. 400 WEST, SLC
877-679-9715



Is God Necessary for Ethics?

A Debate —



DR. DEEN CHATTERJEE
Global Ethics Fellow, Carnegie
Council for Ethics in
International Affairs



MR. JARED ANDERSON
Humanist celebrant and
board member, Humanists of
Utah

FREE



DR. JAMES WHITE
Director of Alpha & Omega
Ministries and author of 24 books



PASTOR JEFF DURBIN
Pastor, Apologia Church
(Mesa, AZ)

Saturday, April 1, 2023 at 7:00 p.m.

Social and Behavioral Sciences Auditorium, University of Utah

Sponsored by Christ Presbyterian Church of Magna, Utah, and Ratio Christi



JR. & SR. GOYA FRIDAY, MARCH 24TH

EARLY ENTRANCE
SPECIAL FOR GOYA

WATCH PRE-GAME SHOOT
AROUND FROM THE LOWER BOWL

INCLUDED: ALL YOU
CAN EAT, DRINK,
SNACK, AND PLAY
IN THE FORD ZONE

RSVP DEADLINE
FEBRUARY 22

JAZZ VS. BUCKS

*Celebrate Greek Independence Day and The
Feast of the Annunciation with Antetokounmbo!!!
Meet at HT @ 4pm sharp to attend pre game
shoot around OR meet @ 6:30 in front of
Stockton & Malone Statue*

CLICK HERE to
RSVP and pay
\$40 BY 2/22


<https://www.eventcreate.com/e/goya-jazz-game>





ANNOUNCEMENTS

- **Church Office Email** – The older Church email orthodoxy3@gmail.com is no longer a used/supported email for communication with the office and information is being missed. Please change your Church office email correspondence and email address books to: churchoffice@gocslc.org
- **Assistance Request** – Parishioner is seeking a driver 2 days a week (approx. 3 hours each day) to assist with Dr. Appointments and Grocery store errands. Pay is \$30-\$35 an hour. If interested Please text Effie at 801-759-9441
- **ATTENTION!** – All Sr. Division Tulsa Teams!! We need you to return your Uniforms to your Coaches this week. We will be at the PE Lg Gym to collect them on Saturday, January 28 from 10:00am-1:00pm

*SAVE THE FOLLOWING DATES!

- **CrossRoad 2023** ~ CrossRoad is a ten-day academic summer institute that prepares rising high school seniors and graduating seniors to make big life decisions and invites them to connect with the Orthodox Christian theological and spiritual tradition in a deep and meaningful way. CrossRoad offers a space for young people to form authentic and lifelong friendships, ask hard questions, and explore their calling as an Orthodox Christian in the 21st Century. Info at crossroadinstitute.org

CrossRoad 2023 Location & Dates

Boston 1 - June 9-19

Boston 2 - June 23 to July 3

San Francisco - July 5-15

Chicago - July 22 to August 1

- **Camp Emmanuel 2023**
July 16-22, 2023, Ponderosa Camp, Larkspur, Colorado. Posting more information as it becomes available.