

GREEK  
ORTHODOX CHURCH  
OF GREATER SALT LAKE



FEBRUARY 27, 2022  
JUDGEMENT SUNDAY  
(MEATFARE)

THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM



# CHURCHES



## HOLY TRINITY CATHEDRAL

279 South 300 West,  
Salt Lake City, UT 84101  
(801) 328-9681

## PROPHET ELIAS CHURCH

5335 Highland Drive,  
Holladay, UT 84117  
(801) 277-2693

CHURCHOFFICE@GOCSLC.ORG

# CLERGY



V. Rev. Archimandrite GEORGE NIKAS - CATHEDRAL DEAN  
frgeorge@gocslc.org (732) 232-1036

Rev. Presbyterian PATRICK O'ROURKE - ASSISTANT PRIEST  
frpatrick@gocslc.org (419) 234-3632

Rev. Protospesbyter GEORGE POLITIS - RETIRED

# PARISH COUNCIL



## 2022 Parish Council

### EXECUTIVE BOARD

President: George Karahalios  
1st VP: Dimitri Gerontis  
2nd VP: Archon Nick Bapis  
Recording Secretary: Nico Priskos  
Corresponding Secretary: Lee Kapos  
Treasurer: Evan Dudley  
Asst. Treasurer: Chris Sakellariou

## 2022 Parish Council

### MEMBERS AT LARGE

LeiAnn Bathemess  
Dorie Farah  
Steve Gamvroulas  
Andy Giannis  
John Lyhnakis  
Chris Mantas  
George Pappas  
Harry Souvall

# THIS WEEK'S EVENTS

## TODAY: Sunday of the Last Judgement

Orthros	9:00am @ BOTH CHURCHES
Divine Liturgy	10:00am @ BOTH CHURCHES
Dionysios Dance	2:00pm-4:00pm @ PE Sm. Gym
GOYA BBall	4:00pm-6:00pm @ PE Lg. Gym
Minotavros Dance	4:00pm-9:00pm @ PE Sm. Gym

## MONDAY, FEB. 28:

Girl Scouts	6:30pm-8:30pm @ PE Sm. Gym
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## TUESDAY, MAR. 1:

Boys GOYA Basketball	6:30pm-8:00pm @ PE Lg. Gym
Greek School	6:30pm-8:00pm @ PE
Parthenon Dance	6:30pm-8:30pm @ PE Sm. Gym
Philoptochos Meeting:	6:30pm-8:30pm @ PE Conf. Rm.
Dionysios Dance	8:30pm-10:30pm @ PE Sm. Gym

## WEDNESDAY, MAR. 2:

Boy Scouts	6:30pm-8:00pm @ PE Sm. Gym
Catechism	7:00pm-8:30pm @ HT Carpet Area
GOYA Basketball	7:30pm-9:00pm @ PE Lg. Gym

## THURSDAY, MAR. 3:

GOYA Basketball	5:00pm-9:00pm @ PE Lg. Gym
Greek School	6:30pm-8:00pm @ PE
Athenian & Olympian Dance	6:30pm-8:30pm @ PE Sm. Gym
Dionysios Dance	8:30pm-10:30pm @ PE Sm. Gym

## FRIDAY, MAR 4:

Nothing scheduled

## SATURDAY, MAR. 5: "Saturday of Souls"

Orthros	9:00am @ HT ONLY
Divine Liturgy	10:00am @ HT ONLY
GOYA CYO BBall Games	9:00am-3:30pm @ PE Lg. Gym
Greek School	10:00am-1:00pm @ HT
APOKREAS PARTY	6:30pm-12:00am @ HT Memorial Hall

## SUNDAY, MAR. 6: FORGIVENESS SUNDAY (Cheesefare)

Orthros	9:00am @ BOTH CHURCHES
Divine Liturgy	10:00am @ BOTH CHURCHES
Dionysios Dance	2:00pm-4:00pm @ PE Sm. Gym
GOYA BBall	4:00pm-6:00pm @ PE Lg. Gym
Minotavros Dance	4:00pm-9:00pm @ PE Sm. Gym



## THE LAST JUDGEMENT

The foregoing two parables -- especially that of the Prodigal Son -- have presented to us God's extreme goodness and love for man. But lest certain persons, putting their confidence in this alone, live carelessly, squandering upon sin the time given them to work out their salvation, and death suddenly snatch them away, the most divine Fathers have appointed this day's feast commemorating Christ's impartial Second Coming, through which we bring to mind that God is not only the Friend of man, but also the most righteous Judge, Who recompenses to each according to his deeds.

It is the aim of the holy Fathers, through bringing to mind that fearful day, to rouse us from the slumber of carelessness unto the work of virtue, and to move us to love and compassion for our brethren. Besides this, even as on the coming Sunday of Cheese-fare we commemorate Adam's exile from the Paradise of delight -- which exile is the beginning of life as we know it now -- it is clear that today's is reckoned the last of all feasts, because on the last day of judgment, truly, everything of this world will come to an end.

All foods, except meat and meat products, are allowed during the week that follows this Sunday.

# MEMORIALS

TODAY

AT HOLY TRINITY

Emmanuel John Kerikas: 40-Day Memorial

SUNDAY, MAR. 6

AT HOLY TRINITY

Gregory Skedros: 40-Day Memorial

Larry Limberis: 40-Day Memorial

Christian Timothy: 6-Month Memorial

George Maroudas: 6-Month Memorial

Ionna (Jenny) Margaritis: 6-Month Memorial

Costandina (Dena) Panouses: 4-Year Memorial

Grigori (Gregory) Panouses: 26-Year Memorial



# ΥΜΝΟΙ ΤΗΣ ΗΜΕΡΑΣ

## Ἀπολυτίκιον Ἀναστάσιμον

Ἦχος γ'

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

## Ἀπολυτίκιον Πεντηκοστής

Ἦχος πλ. δ'

Εὐλόγητός εἰ Χριστὲ ὁ Θεὸς ἡμῶν ὁ πανσόφος τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

## Ἀπολυτίκιον Προφήτου Ηλίου

Ἦχος δ'

Ὁ ἑνσαρκὸς ἄγγελος, τῶν Προφητῶν ἡ κρηπὶς, ὁ δευτερός Πρόδρομος τῆς παρουσίας Χριστοῦ, Ηλίας ὁ ἐνδοξος, ἀνωθεν καταπέμψας, Ελισαίῳ τὴν χάριν, νόσους αποδιώκει, καὶ λεπρούς καθαρίζει, διό καὶ τοῖς τιμώσιν αὐτὸν βρῦει ἰάματα.

## Κοντάκιον

Ἦχος α'

Ὅταν ἔλθῃς ὁ Θεός, ἐπὶ γῆς μετὰ δόξης, καὶ τρέμωσι τὰ σύμπαντα, ποταμὸς δὲ τοῦ πυρὸς πρὸ τοῦ Βήματος ἔλκη, καὶ βίβλοι ἀνοίγωνται, καὶ τὰ κρυπτὰ δημοσιεύωνται, τότε ῥῦσαί με, ἐκ τοῦ πυρὸς τοῦ ἀσβέστου, καὶ ἀξίωσον, ἐκ δεξιῶν σου μὲ σῆναι, Κριτὰ δικαιοσύνη.



# HYMNS OF THE DAY



## Resurrectional Apolytikion

3rd Mode

Let the heavens sing for joy, and let everything on earth be glad. For with His arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

## Apolytikion of Pentecost

Plagal 4th Mode

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

## Apolytikion of the Prophet Elias

4th Mode

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias, who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

## Kontakion

1st Mode

When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous Judge.

# Ο ΑΠΟΣΤΟΛΟΣ

Προκείμενον: Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἰσχὺς αὐτοῦ.  
Στίχος: Αἰνεῖτε τὸν Κύριον, ὅτι ἀγαθὸς Κύριος.

Πρὸς Κορινθίους Α' Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα.  
(8:8-13; 9:1-2)

**Α**δελφοί, βρῶμα ἡμᾶς οὐ παρίστησι τῷ Θεῷ· οὔτε γὰρ ἐὰν φάγωμεν περισσεύομεν, οὔτε ἐὰν μὴ φάγωμεν ὑστερούμεθα. Βλέπετε δὲ μήπως ἡ ἐξουσία ὑμῶν αὕτη πρόσκομμα γένηται τοῖς ἀσθενοῦσιν. Ἐὰν γάρ τις ἴδῃ σε, τὸν ἔχοντα γνῶσιν, ἐν εἰδωλείῳ κατακείμενον, οὐχὶ ἡ συνείδησις αὐτοῦ ἀσθενοῦς ὄντος οἰκοδομηθήσεται εἰς τὸ τὰ εἰδωλόθυτα ἐσθίειν; Καὶ ἀπολεῖται ὁ ἀσθενῶν ἀδελφὸς ἐπὶ τῇ σῇ γνώσει, δι' ὃν Χριστὸς ἀπέθανεν. Οὔτω δὲ ἁμαρτάνοντες εἰς τοὺς ἀδελφούς καὶ τύπτοντες αὐτῶν τὴν συνείδησιν ἀσθενοῦσαν εἰς Χριστὸν ἁμαρτάνετε. Διόπερ εἰ βρῶμα σκανδαλίζει τὸν ἀδελφόν μου, οὐ μὴ φάγω κρέα εἰς τὸν αἰῶνα, ἵνα μὴ τὸν ἀδελφόν μου σκανδαλίσω. Οὐκ εἰμὶ ἀπόστολος; οὐκ εἰμὶ ἐλεύθερος; οὐχὶ Ἰησοῦν Χριστὸν τὸν Κύριον ἡμῶν ἐώρακα; οὐ τὸν ἔργον μου ὑμεῖς ἐστε ἐν Κυρίῳ; Εἰ ἄλλοις οὐκ εἰμὶ ἀπόστολος, ἀλλὰ γε ὑμῖν εἰμὶ· ἡ γὰρ σφραγὶς τῆς ἐμῆς ἀποστολῆς ὑμεῖς ἐστε ἐν Κυρίῳ.







# THE EPISTLE



**Prokeimenon:** Great is our Lord, and great is His strength.

**Verse:** Praise the Lord, for the Lord is good.

The reading is from Paul's First Letter to the Corinthians.

(8:8-13; 9:1-2)

**B**rethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.





# ΤΟ ΕΥΑΓΓΕΛΙΟΝ



Ἐκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.  
(25:31-46)

**Ε**ἶπεν ὁ Κύριος· Ὅταν ἔλθῃ ὁ υἱὸς τοῦ ἀνθρώπου ἐν τῇ δόξῃ αὐτοῦ καὶ πάντες οἱ ἅγιοι ἄγγελοι μετ' αὐτοῦ, τότε καθίσει ἐπὶ θρόνου δόξης αὐτοῦ· καὶ συναχθήσεται ἔμπροσθεν αὐτοῦ πάντα τὰ ἔθνη, καὶ ἀφοριεῖ αὐτοὺς ἀπ' ἀλλήλων, ὡσπερ ὁ ποιμὴν ἀφορίζει τὰ πρόβατα ἀπὸ τῶν ἐρίφων, καὶ στήσει τὰ μὲν πρόβατα ἐκ δεξιῶν αὐτοῦ τὰ δὲ ἐρίφια ἐξ εὐωνύμων. τότε ἔρεῖ ὁ βασιλεὺς τοῖς ἐκ δεξιῶν αὐτοῦ· δεῦτε, οἱ εὐλογημένοι τοῦ πατρὸς μου, κληρονομήσατε τὴν ἡτοιμασμένην ὑμῖν βασιλείαν ἀπὸ καταβολῆς κόσμου· ἐπέινασα γὰρ καὶ ἐδώκατέ μοι φαγεῖν, ἐδίψησα καὶ ἐποτίσατέ με, ξένος ἦμην καὶ συνηγάγετέ με, γυμνὸς καὶ περιεβάλετέ με, ἠσθένησα καὶ ἐπεσκέψασθέ με, ἐν φυλακῇ ἦμην καὶ ἤλθετε πρὸς με. τότε ἀποκριθήσονται αὐτῷ οἱ δίκαιοι λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα καὶ ἐθρέψαμεν, ἢ διψῶντα καὶ ἐποτίσαμεν; πότε δέ σε εἶδομεν ξένον καὶ συνηγάγομεν, ἢ γυμνὸν καὶ περιεβάλομεν; πότε δέ σε εἶδομεν ἀσθενῆ ἢ ἐν φυλακῇ καὶ ἤλθομεν πρὸς σε; καὶ ἀποκριθεὶς ὁ βασιλεὺς ἔρεῖ αὐτοῖς· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον ἐποιήσατε ἐνὶ τούτων τῶν ἀδελφῶν μου τῶν ἐλαχίστων, ἐμοὶ ἐποιήσατε. Τότε ἔρεῖ καὶ τοῖς ἐξ εὐωνύμων· πορεύεσθε ἀπ' ἐμοῦ οἱ κατηραμένοι εἰς τὸ πῦρ τὸ αἰώνιον τὸ ἡτοιμασμένον τῷ διαβόλῳ καὶ τοῖς ἀγγέλοις αὐτοῦ· ἐπέινασα γὰρ καὶ οὐκ ἐδώκατέ μοι φαγεῖν, ἐδίψησα καὶ οὐκ ἐποτίσατέ με, ξένος ἦμην καὶ οὐ συνηγάγετέ με, γυμνὸς καὶ οὐ περιεβάλετέ με, ἀσθενὴς καὶ ἐν φυλακῇ καὶ οὐκ ἐπεσκέψασθέ με. τότε ἀποκριθήσονται αὐτῷ καὶ αὐτοὶ λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα ἢ διψῶντα ἢ ξένον ἢ γυμνὸν ἢ ἀσθενῆ ἢ ἐν φυλακῇ καὶ οὐ διηκονήσαμεν σοι; τότε ἀποκριθήσεται αὐτοῖς λέγων· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον οὐκ ἐποιήσατε ἐνὶ τούτων τῶν ἐλαχίστων, οὐδὲ ἐμοὶ ἐποιήσατε. καὶ ἀπελεύσονται οὗτοι εἰς κόλασιν αἰώνιον, οἱ δὲ δίκαιοι εἰς ζῶν αἰώνιον.



# THE GOSPEL



The reading is from the Holy Gospel according to Matthew.

(25:31-46)

**T**he Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

# PHILOPTOCHOS CORNER

THANK YOU FOR "SPREADING" THE LOVE ! ♥

Philoptochos Sandwich Saturday was awesome thanks to EVERYONE who came to "spread" the love!

YOU made over 1,800 sandwiches and packaged 450 sack lunches!  
YOUR efforts benefited those serviced by Catholic Community Services!

Thank you again to our community for your support. We couldn't have done it without all of your care and assistance!

Don't worry if you missed out - we will be doing more philanthropic events that we hope to see you at.

## Philoptochos General Meeting:

Tuesday, March 1st 6:30pm @ Prophet Elias Boardroom

Please come and see what we have planned and bring some ideas to the table.

We hope to see you all there!



ANNUAL GOYA FUNDRAISER & COMMUNITY EVENT

# APOKREAS

CELEBRATE  
THE 70s!



MARCH 5, 2022

6:30 PM

HOLY TRINITY

**6:30 - Social Hour**

**7:30 - Dinner**

**8:30 - Raffle**

**9:00 - Dancing**

Adult Ticket

\$15 by Feb. 27, \$20 at the door

Children 12 & Under Ticket

\$10 by Feb. 27, \$15 at the door

**Come in  
your  
hippest  
70s Attire!**

ADHERING TO SALT LAKE COUNTY  
COVID GUIDELINES

Contact Trish Kapos if you  
have questions, 801-725-3075

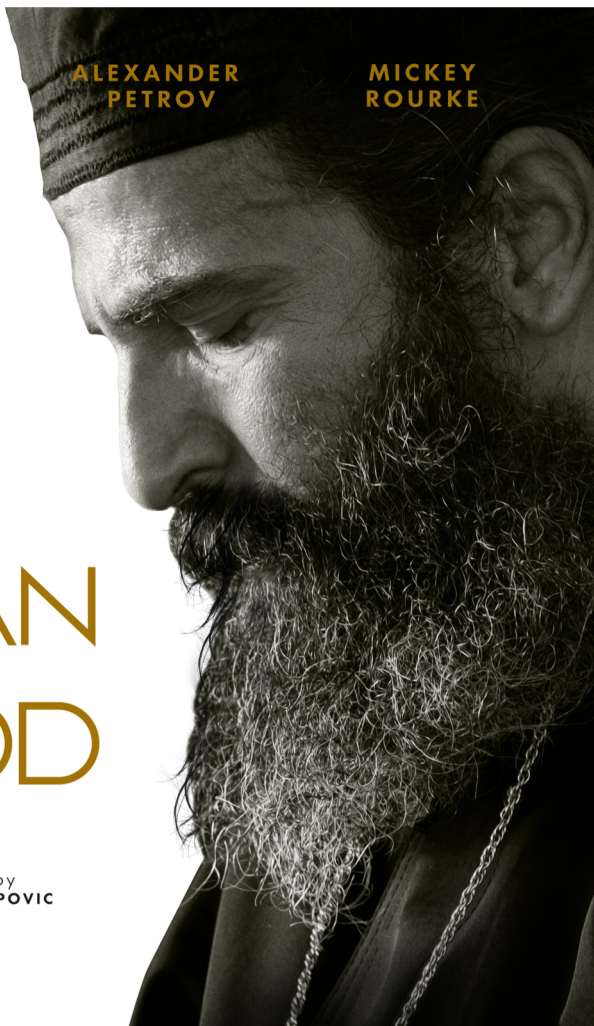
ARIS  
SERVETALIS

ALEXANDER  
PETROV

MICKEY  
ROURKE

# MAN OF GOD

a film by  
YELENA POPOVIC



## TICKETS ON SALE TODAY COMMUNITY MOVIE NIGHT!

March 21st - 7:00pm @ Century 16 Salt Lake (33rd at State)

This 2021 English-language biographical drama depicts the tribulations of St. Nektarios as he bears the unjust hatred of his enemies while preaching the word of God.

*Ticket are being sold today during coffee hour. \$12/each  
Brought to you by the Orthodox Young Professionals of SLC*



# LENTEN SERVICES



## GREAT COMPLINE

Monday March 7: 6pm PE  
Monday March 14: 6pm HT  
Monday March 21: 7pm Century 16 Salt Lake  
"Man of God" Movie (St. Nektarios)  
Monday March 28: 6pm HT  
Monday April 4: 6pm PE

## PRE-SANCTIFIED LITURGY

Wednesday March 9: 6pm PE  
Wednesday March 16: 6pm HT  
Wednesday March 23: 6pm PE  
Wednesday March 30: 6pm HT  
Wednesday April 6: 6pm PE

## SALUTATIONS

Friday March 11: 7pm PE  
Friday March 18: 7pm HT  
Friday March 25: 7pm PE  
Friday April 1: 7pm HT  
Friday April 8: 7pm PE (Akathyst)

## SATURDAY OF SOULS

February 26: 9am PE  
March 5: 9am HT  
March 12: 9am PE



# ANNOUNCEMENTS



- **SAINT SOPHIA SCHOOL ENROLLMENT**

Enrollment is open for the 2022-2023 upcoming school year at Saint Sophia School.

We offer PreK-3, PreK-4, and all day Kindergarten classes. We even offer a 2 hour class once a week for toddlers and a parent. Saint Sophia School provides young children with a foundation for continuous intellectual, social, spiritual and physical growth. Our education environment offers diverse opportunities for learning in which children are active learners, explorers, experimenters and artists. Please visit our website, <https://www.saintsophiaschool.org/>, to learn more about our school. You can also email Martha at [director@saintsophiaschool.org](mailto:director@saintsophiaschool.org), or call 801-424-1297 with any questions.

- **PAPANIKOLAS MEMORIAL SCHOLARSHIP**

The family of William J. Papanikolas is honoring his memory by awarding one annual \$1,000 scholarship. To qualify you must:

1. Attend the University of Utah
2. Be enrolled in the David Eccles School of Business

The application site may be found at:

[eccles.utah.edu/programs/undergraduate/scholarships-supplemental/](http://eccles.utah.edu/programs/undergraduate/scholarships-supplemental/)

- **PAN-ARCADIAN WESTERN DISTRICT SCHOLARSHIP**

The application for the scholarship is available at: [www.panarcadianwest.org/news.htm](http://www.panarcadianwest.org/news.htm)

Applicants must have a grandparent or parent be a member of the local Arcadian Chapter #90 OR be a member herself/himself. Postmark deadline is May 16, 2022.

Please contact Karen Anastasopoulos for any information or with any questions regarding the scholarship — [karenanast@gmail.com](mailto:karenanast@gmail.com) or 801-913-2414.

- **YOUNG AT HEART**

THURSDAY March 10 @ Noon, at Holy Trinity. We'll see you there!!