

Epistle Reading

St. Paul's First Letter to the Romans 13:11-14; 14:1-4



Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything,

while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

Gospel Reading

The Gospel of Matthew 6:14-21



The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

"And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by

your Father who is in secret; and your Father who sees in secret will reward you.

"Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxy3@gmail.com

Sunday, February 22nd 2015
Forgiveness Sunday



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139

Reverend Father Elias Koucos: 801-556-4640

Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

Sunday Services

February 22nd

Holy Trinity: Orthros 8:30am/Divine Liturgy 9:30am Father Matthew
Prophet Elias: Orthros 8:30am/Divine Liturgy 9:30am Father Elias

Weekly Services

Great Compline

February 23rd

Prophet Elias Only: 6:00pm Father Matthew Officiating & Father Elias assisting

February 24th

Great Canon of Saint Andrew of Crete

Holy Trinity Only: 9:00am Father Matthew Officiating & Father Elias assisting

February 25th

Liturgy of the Presanctified Gifts

Prophet Elias Only: 9:00am Father Matthew Officiating & Father Elias assisting

February 26th

Great Canon of Saint Andrew of Crete

Holy Trinity Only: 9:00am Father Matthew Officiating & Father Elias assisting

February 27th

1st Salutations to the Theotokos

Holy Trinity: Divine Liturgy 6:30pm - Father Matthew

Prophet Elias: Divine Liturgy 6:30pm - Father Elias

February 28th

Saturday of the Souls

Holy Trinity: Orthros 8:30am/Divine Liturgy 9:30am Father Matthew

Prophet Elias: Orthros 8:30am/Divine Liturgy 9:30am Father Elias

Memorials

February 22nd

Wilma Pappas

40 days

Holy Trinity

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew. For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at 801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Kim, Margaret, Ruth, Stephanie, Steve, Tami, Lexi, Alexander, Tony, Nick, Jill, Margaret, Brooke, Preston, George, Charissa, Madeline, Edie, Sabina, Wendy, Eric, Helen, Jordan, Dee, Mihalys, Brent, Marie, Niko, Carol, John, Mary, Christine, Agnes, Irene, Mike, Darin, Lorraine, Sandy, Ralph, Debbie, Margie, Georgia, Tino

If you would like to add a name to the prayer list you can do so by calling the main office at Holy Trinity at 801-328-9681.

*DON'T MISS
THE DEADLINE!*

If you want something added to the bulletin, please remember: the information needs to be sent directly to our email (orthodoxy3@gmail.com) by **12:00pm** every **Wednesday** as we do have a **deadline**. We encourage you to keep your bulletin announcements to one simple paragraph with contact information. Please keep in mind if you've already sent an entry for the bulletin we will mindfully repeat it in the bulletin until it is outdated. Along with this, due to space limitations, we will only run each entry for four weeks prior to an events date.

The Annual Panahaikos Society Bake Sale

Will take place today **Sunday February 22nd**, at **Holy Trinity** and **Prophet Elias**, during coffee hour in the Memorial Hall at Holy Trinity and in the small gym at Prophet Elias. Come and get some delicious sweets for you, your family or your friends.

ATTENTION: Ladies of our Community who might have: handmade knitted, embroidery, needlework, or made in the loom (plexta, kentina, patanias, kopaneli, ufanta) tablecloths, blankets, clothing pieces carpets etc. from the 1950's we would like to showcase them during the National PAA (Pancretan Association of America) Convention this coming summer in a Cultural exhibit. This will be a great opportunity to showcase some beautiful works of "art" to many attendees and the new generation. We are also in need of an old wooden chest "baoulo" which will also be used during the exhibit. All items will be secured AT ALL times. Please contact **Roula Sargetakis** at [801-466-6533](tel:801-466-6533) for more details. Thank you

SAVE THE DATE

Share the love Breakfast fundraiser for Saint Sophia School on **Sunday, March 29th** Immediately after services at both **Holy Trinity** and **Prophet Elias**. We appreciate all your love and support.

The William D. Cocorinis Scholarship

This \$1000 scholarship is available to University of Utah students in good standing with an academic emphasis in Modern or Ancient Greek Language, History or Culture. Preference will be given first, to students of merit who are engaged in the study of Modern Greek and second, to students of merit who are otherwise engaged in Hellenic Studies. Application deadline: 5:00 pm on **Friday, March 20th, 2015**. For information contact Mrs. A. Angelides at 801-281.3311

Ted and Katy Speros Memorial Scholarship 2015 Applications

Ted and Katy Speros Memorial Scholarship applications for 2015 are available in the Church offices at Holy Trinity and Prophet Elias. Applicants must submit completed applications to Vickie Peters before March 1, 2015 at Vickie Peters, 4476 South Manor Ridge Place, and S.L.C. Utah 84124.



Saint Sophia School

Is now accepting applications for the 2015-2016 school year.

Call today for more information [801-424-1297](tel:801-424-1297)

TODDLER TUESDAYS: 18 Month to 2 1/2 (with parent) **9:00-11:00 AM**

PRE K 3'S: **9:00-12:00** MTWTHF

PRE K 4'S **9:00-12:00** MTWTHF

KINDERGARTEN: **9:00-3:30** MTWTHF

EXTENDED LEARNING: **12:00-3:30** MTWTH F

PLEASE JOIN US FOR AN OPEN HOUSE EVERY **TUESDAY** in **FEBRUARY**
from **9:30-11:30** AM OR BY APPOINTMENT.

Please call the school office to schedule. 801-424-1297



Housing needed for a final year Medical Student at the University of Utah who is Orthodox from Syria through the month of March 2015. Please call Father Elias [801-556-4640](tel:801-556-4640) if you are able to help or have any suggestions in helping find accommodations for this student.

Thank you, Rev. Fr. Elias Koucos

Youth Group Events

GODPARENT SUNDAY

It's Godparent Sunday at **Prophet Elias, March 8th**. Plan to attend church with your godchild.

Jr. /Sr. Oratorical Festival

Sunday March 8th. New this year-- we are combining the event with both Sunday School programs. The Oratorical Festival will take place at Prophet Elias. There will be **no Sunday school** at **Holy Trinity**. Philoptochos will host lunch afterwards. Please come support our youth! Any questions, please call Paul Karahalios at [801.870.1514](tel:801.870.1514) or Elenie Sefandonakis at [801.718.7515](tel:801.718.7515). More details to follow.

"Lord Jesus our God, help us to hear your voice, to accept your challenge, and to follow you in the way of your kingdom."

My Dear Beloved Youth,

We are about to begin our annual journey through Great Lent and the Great Fast. During Great Lent, our Holy Orthodox Church has prepared for us a banquet of holy services to help in our journey to Christ's Holy Resurrection and to replace the banquets and parties that are dominant in our lives the rest of the year. Let our focus turn to Christ and come as His Holy Body to worship, with the services provided and to start the fast, to read scripture and to increase our prayer life. As our diets change to help us focus on these things that need to change in our lives during this period, let us turn to Christ and His Church. Let us turn toward Him and away from the worldly desires and look inward and outward. Inward through the services and ascetic disciplines and to look outward through acts of love, philanthropy and charity to all our neighbors. Let our fast help feed those in need and not merely replace hamburger with shrimp. Let our worship bring us closer in love to each other. Let the reading of scripture fill our hearts with joy and let our prayers bring peace in our world. Let us accept the challenge and hear Him calling to us and grow in faith and knowledge of our Lord. My prayer is for a very Holy and Blessed Lenten Journey that is very spiritually edifying and rewarding for you and all your families.

In His Love and Service,

God Bless Fr. Elias

There is a parishioner in need of furniture. If you are interested in donating, call the church office at 801-328-9681, or email orthodoxy3@gmail.com.

****DAUGHTERS OF PENELOPE***

Next DOP meeting Monday, **February 23, 7:00** pm at Prophet Elias Church

IMPORTANT MESSAGE FROM FATHER MATTHEW



Holy Trinity Philoptochos Membership Tea

To our wonderful ladies in Philoptochos and to those interested in becoming a member...

Please join us for our annual event as we welcome new members and also, take this opportunity to show our appreciation for our current members' ongoing dedication to serving our community!

Saturday, March 7th

10:00am-12:30pm

Cottonwood Country Club

1780 E Lakewood Drive

Holladay, UT

A continental breakfast will be served.

We look forward to seeing everyone!

For questions/information please contact:

**Georgia Katsohirakis 801-635-4345gkatsoh@msn.com
Christy Daskalakis [801-558-1310 / christydask@gmail.com](mailto:801-558-1310/christydask@gmail.com)**

Daughters of Minos

We are having our next Daughters of Minos meeting on Sunday February 23rd at 4:00pm at Holy Trinity. We will be holding a food drive to help a family in the community that needs some help.

SAVE THE DATE

March 7th, 2015. The Hellenic Cuisine Academy celebrates its 5th year in 2015 with cookbook author and Mediterranean food expert Stephanie Patsalis. The evening will begin with a cooking demonstration followed by a salmon dinner and book signing. Tickets are on sale now. If you have any questions or would like to purchase a table for this event, please contact Vickie Peters at [801-262-3233](tel:801-262-3233).



Congratulations to Mary Saltas Mannos who is celebrating her 100th birthday on February 24th, 2015.

Please be advised: at this time a parking sticker must be displayed on your front windshield in your lower corner. If it is not visible you may receive a ticket while parking in the lot. Parking stickers are available in both Church offices and in the Narthexes. If you have received a parking ticket you can take it to the front office at Holy Trinity and we will take care of it. Thank you for your cooperation.

SUNDAY OF FORGIVENESS

Today immediately following Divine Liturgy, the Forgiveness Vespers of Cheesefare will be celebrated at both churches. Our Holy Orthodox Church knows that in order for us to truly arrive at the saving Feast of our Lord's Resurrection, we must be at peace with one another. That is why we begin Great Lent with the act of mutual forgiveness.

HOW SHOULD WE OBSERVE THE GREAT FAST?

Behold the Bridegroom comes in the middle of the night, and blessed is the servant whom He shall find watching. What Orthodox Christians should be doing at all times should be done now, during the Great Fast, with *great care and devotion*, so that the Fast enjoined by the Apostles may be fulfilled, not simply by abstinence from food, but above all the renunciation of sin. May we begin this sacred and holy season of fasting by asking our Lord to help us, that the prayers of our hearts, the thoughts in our minds, and the words of our mouths may be acceptable to Him. May He give us the strength to finish that which we strive to do so that His name may be glorified.

As tomorrow begins GREAT LENT, let us take advantage of the many opportunities we have to attend the weekly Lenten Services, for they can teach us much about repentance and return to God: on MONDAYS: Great Compline; on WEDNESDAYS: the Liturgy of the Presanctified Gifts; on FRIDAYS: Salutations to the Theotokos.

Below are this week's upcoming services:

MONDAY, FEBRUARY 23: Great Compline, 6pm, at Prophet Elias only;

TUESDAY, FEBRUARY 24: Great Canon of Saint Andrew of Crete, 9am, at Holy Trinity only;

WEDNESDAY, FEBRUARY 25: Liturgy of the Presanctified Gifts, 9am, at Holy Trinity only;

THURSDAY, FEBRUARY 26: Great Canon of Saint Andrew of Crete, 9am, at Holy Trinity only;

FRIDAY, FEBRUARY 27: 1st Salutations to the Theotokos, 6:30pm, at both churches;

SATURDAY, FEBRUARY 28: 3rd Saturday of the Souls, Orthros and Divine Liturgy beginning at 8:30am, at both churches;

SUNDAY, MARCH 1: Sunday of Orthodoxy Vespers, 6pm, Prophet Elias only

PLEASE SEE ME FOR HOLY CONFESSION

We cannot take God's mercy for granted, for our Lord is not only a loving Father but also a righteous Judge. Each of us will receive recompense for our actions. So may we all hearken to the voice of the Church, inviting us and urging us to "set out with joy upon the season of the Fast, and prepare ourselves for spiritual combat", that cleansed by fasting and the works of repentance, we may be led back into Paradise, into the everlasting joy of our Lord and Savior. As I said last week, I encourage all parish families to see me -- your priest and spiritual father in this parish -- for the Sacrament of Holy Confession. I could not ask this of you if I, myself, ignored this absolutely necessary and soul-saving sacrament. I, too, confess to my spiritual father regularly throughout the year. So please call me to arrange a time for the Sacrament of Confession!

GODPARENT SUNDAY AT PROPHET ELIAS

Godparent Sunday at Prophet Elias will take place on Sunday, March 8 and I encourage everyone to take part in this special day on which a brief, yet special, prayer service will be offered. The Godparent is a very important person in the Baptismal Service and in the life of the baptized Orthodox Christian. It is the Godparent who rejects the devil, accepts Christ, and who makes the profession of faith on behalf of the individual. Thus, the role of the Godparent is a sacred one. Given the sacredness of this spiritual relationship, a Godparent must live his or her life according to the teachings of the Holy Orthodox Church and participate regularly in the services and sacraments of the Church. One cannot profess the truth and beauty of the Faith without first actively living it -- this applies, of course, to all of us, not just Godparents!

ADDITIONAL NOTES

TUESDAY MORNING BIBLE STUDY, this Tuesday, February 24, at 10:30am, at the Little America Coffee Shop; If you would like to receive my bi-weekly FEED MY SHEEP e-message, and/or if you would also like to receive my bi-monthly CROSS+WALK newsletter (this can be emailed or mailed), you may call, text, or write me at [801-556-1139](tel:801-556-1139) or matthewthepriest@gmail.com.

*Humbly in Christ,
Father Matthew*