

Epistle Reading



St. Paul's Letter to the Hebrews 6:13-20

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable

things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Gospel Reading



The Gospel of Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he

fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxy3@gmail.com

Sunday, March 22nd 2015
Sunday of St. John Climacus



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139
Reverend Father Elias Koucos: 801-556-4640
Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

Sunday Services

Saint John Climacus

March 22nd

Holy Trinity: Orthros 8:30am/Divine Liturgy 9:30am Father Matthew
Prophet Elias: Orthros 8:30am/Divine Liturgy 9:30am Father Luke

Memorials

March 22nd

Nicholas Rhodes 3 years Holy Trinity
Amal and Lena Khoury Holy Trinity
Vasilios Theodorakopoulos 6 months Prophet Elias
Neil Maxfield 20 years Prophet Elias
Pavlo and Foto Lapis Prophet Elias
Kosta Arxondis Prophet Elias

Philoptochos Sponsoring Coffee Hour at Holy Trinity in Honor of the Elementary Oratorical Festival

Weekly Services

March 23rd

PE Only-6:00pm *Compline Service* Father Matthew
Father Elias

March 24^h

HT Only – 6:00pm *Great Vespers* Father Matthew
Father Elias

March 25th

Feast of the Annunciation

Holy Trinity: Orthros 8:30am/Divine Liturgy 9:30am Father Matthew
Prophet Elias: Orthros 8:30am/Divine Liturgy 9:30am Father Elias

March 26^h

HT Only – 9:00am *Great Canon of Saint Andrew of Crete* Father Matthew
Father Elias

March 27^h

The Akathist Hymn to the Theotokos

Holy Trinity: 6:30pm Father Matthew
Prophet Elias: 6:30pm Father Elias

Sunday Services

Saint Mary of Egypt

March 29th

Holy Trinity Orthros 8:30am/Divine Liturgy 9:30am Father Elias

Prophet Elias

Orthros 8:30am/Divine Liturgy 9:30am Father Matthew

Memorials

March 29th

Georgette Proestakis 6 months Holy Trinity
George Kounalis 40 years Holy Trinity
George & Argyro Fineikakis Holy Trinity
Sam & Blenda Kounalis Holy Trinity
John Kounalis 20 Years Holy Trinity
Argyro Kounalis 20 Years Holy Trinity

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew. For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at 801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Alexander, Tony, Georgia, Tino, MaryAnn, Anthony, Kelly, Margie, Shari, Constance, Patrea

If you would like to add a name to the prayer list you can do so by calling the main office at Holy Trinity at 801-328-9681.

Holy Trinity Philoptochos

Dear parishioners, we would like to acknowledge and thank all the active military members in our community this Easter season, please help us by sending their information so we can show our love and appreciation. Contact Cathy Neofitos [801-448-8907](tel:801-448-8907) or ellinesmazi@gmail.com.

Greek Independence Day Celebration

Please join us for our annual Greek Independence Celebration. Come enjoy the delightful presentations of our Greek School Children! Dinner and Program will be held today, **Sunday, March 22nd at 6:00pm, HT Memorial Building**. Tickets can be purchased at the door and both church Narthex's Sunday morning. Cost to attend is \$15 for adults and \$10 for children under 10. This is always a family favorite, so plan on attending.

PAN ARCADIAN WESTERN DISTRICT SCHOLARSHIP

The application for the Arcadian Scholarship is now available. Applicants must be a member of a PFA chapter OR a son, daughter, grandson or granddaughter of a member. Applicants may be a high school senior student, an undergraduate student OR a graduate student. The application is posted on <http://www.panarcadianwest.org>. An application may also be emailed to you or mailed to you by contacting Karen Anastasopoulos, 801-913-2414, karenanast@gmail.com. Please contact Karen with any questions. Submission deadline is May 4, 2015.

SCHEDULING EVENTS

If you have a meeting or event scheduled at either facility, please contact the church office at 801-328-9681 one week prior to your scheduled event, to arrange for access to the building, set-up and any other needs you may have to help us make your event a success. We appreciate your cooperation.

SAVE THE DATE

Share the love Breakfast fundraiser for Saint Sophia School on **Sunday, March 29th** immediately after services at both **Holy Trinity** and **Prophet Elias**. We appreciate all your love and support.

AXIA!

"Wall of Fame"

Honoring Women at the Pancretan National Convention in Salt Lake City
As part of the Women's AXIA night during the Pancretan National Convention, we are asking you to contribute photos or collages of important and influential women who have contributed to the Cretan Community (for example, mothers, grandmothers, aunts). These will be displayed prominently at the venue, along with a short statement about the woman (or women).

Please submit a photo (or collage of photos), unframed, in an 9 x 12 inch format, along with a statement about the woman or women pictured, no longer than 200 words. Please note that photos and collages will not be returned.

Contact Elleni Katsanevas at: [\(801\)897-0130](tel:8018970130) to submit entries or, send to:

Elleni Katsanevas

3685 South Lincoln Park Drive

Salt Lake City, UT. 84115

DEADLINE April 15, 2015

Each submission must be submitted with a \$5 entry fee.

ZUMBA

ZUMBA CLASS

March 28th 8:00AM

contact alethiabapis@gmail.com to reserve spot

\$10 pre-register

\$15 day of class

DAUGHTERS OF PENELOPE

The next Daughters of Penelope meeting will be held on **Monday, March 23rd** at **7:00pm** at Prophet Elias.

Camp Emmanuel Registration Opens Feb. 25th

Attention Junior and Senior GOYA'ns:

The Annual Camp Emmanuel Retreat is beginning preparations. Register and enjoy fellowship with other Orthodox Christian Youth and build lifelong friendships. Camp Emmanuel will be held at Manzano Mountain Retreat in Torreon, NM, near Albuquerque. The Junior Session (ages 11-14) will be held June 7-13, while the Senior Session (ages 15-18) will take place June 14-20. Online Registration for Camp Emmanuel will open on Wednesday, February 25th and be available at: www.events.denver.goarch.org/?eventId=51&controller=event&task=individualRegister the deadline for early registration at a reduced rate is April 1st, and the final registration deadline is May 1, 2015. Register and enjoy an opportunity to learn and grow in an Orthodox Christian community atmosphere.

Register early and take advantage of the early bird discount.

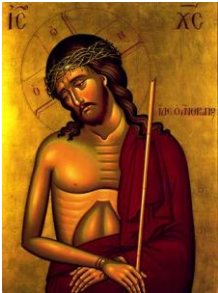
Any questions please call Fr. Elias [801-556-4640](tel:8015564640).

Hellenic Cultural Association

After Church at Holy Trinity, the **HCA** will be sharing the names of lost miners in Carbon County. We're supporting the **Miners Memorial** project in Price, Utah. They're looking for **ANY INFORMATION** you could add to their data base. Please stop by and look over the names, you'll be amazed!

Koulouria

Koulouria Time! Philoptochos will be making koulouria to sell for Pascha on **March 23rd**, starting at **9:30am** in the warehouse at HT. We would love to see you come and show us how you roll.



DONATIONS FOR LENTEN FLOWERS

If you would like to donate any funds for the flowers for Lenten Season to decorate the Kouvouklion and Icons, please send your donations to the church office, or in the Narthex at either church. Any donation would be much appreciated. Wishing you a blessed Lenten and Paschal Season!

Thank you

Prophet Elias Philoptochos thanks everyone who attended and contributed toward the Lenten Retreat March 14, 2015. We were very fortunate to have Fr. Makarios as our guest speaker for the second consecutive year. He extends his appreciation to all for this opportunity. Thank you, Fr. Makarios for a very fulfilling and educational experience.

GO THE DISTANCE! SAINT SOPHIA SCHOOL 5K RUN/WALK

When: Saturday, May 2nd, 2015 8:00AM

Where: 5341 South Highland Drive Salt Lake City, Utah 84117

Go the distance with Saint Sophia School this May! Walk, run, or push a stroller along the quiet, pastoral, tree-lined streets in the Saint Sophia School neighborhood. Cross the finish line and enjoy the festivities, music, drinks, and prizes. No bikes or dogs allowed. Children under the age of 13 must be accompanied by an adult.

Packet Pick Up Friday, May 1, 2015 9:30am-5:30pm (school office) Call 801-424-1297.

Online Registration Only: www.active.com search for SAINT SOPHIA SCHOOL

Young at Heart

Young at Heart Wendover trip on Saturday April 18th. Leave Prophet Elias 8:30 a.m. leave Memorial Hall 9:00 a.m. leave Wendover 5:00 p.m. \$15.00 per person, get \$7.00 back and a free all you can eat BUFFET. Only serious participants call Bill Kandas 272-1906 or Bill Rekouniotis 973-0424 to RSVP. Thank you.

!KALO PASCHA!

Young at Heart luncheon will be on the 3rd Thursday of April, the 16th. Our Easter menu will be roasted lamb, potatoes, vegetable, salad and Easter eggs, and the ever popular BINGO. Same time, noon, same place, Hellenic Memorial Hall. Kalo Pascha!

Saturday of Lazarus

"Journey through Holy Week"

1st-12th grade



This year's Youth and Adult Lenten Retreat will be held on the Saturday of Lazarus, April 4th after morning liturgy at Prophet Elias at **11:00am** (attending Liturgy is encouraged for all youth). A Lenten lunch will be served. This year's theme is "Journey through Holy Week" which will feature events from Palm Sunday to the Resurrection of Christ. Stations include: Tying Palms for Palm Sunday, Decorating Easter Eggs, Lenten Songs, and the Mystical (Last) Supper, The Crucifixion and Resurrection of our Lord, and Holy Confession. Also **NEW** this year will be a presentation at the retreat that ADULTS can attend while the children are rotating to their respective stations. We look forward to seeing you!

DAUGHTERS OF MINOS LENTEN DINNER

The Daughters of Minos will be hosting a Lenten Dinner on **Wednesday, April 1st** at Holy Trinity. Church services will begin at **6:00pm** and dinner will follow around **7:30pm**. Bring your children so they can make Lambades for Easter. We hope to see everyone there!

Prophet Elias General Philoptochos

Prophet Elias General Philoptochos Meeting will take place **Tuesday, March 31, 2015**, at **7:00pm** at Prophet Elias. All women are invited and welcome to be a Philoptochos steward and become an active part of this meaningful and important charitable and philanthropic right hand of our church, established in 1931. Please join the wonderful women in our parish, along with the 26,000 members in 500 chapters nationwide as we carry out the mission of Philoptochos together. You are encouraged to visit www.philoptochos.org to obtain all information pertaining to Philoptochos and find the answers to any questions you may have. If you have any questions prior to our meeting on March 31st, feel free to contact PE Philoptochos President, Joanne Saltas, joannesaltas@gmail.com.

IMPORTANT MESSAGES FROM FATHER MATTHEW

WE ARE NOW ENTERING THE FIFTH WEEK OF GREAT LENT

His All-Holiness Patriarch Bartholomew teaches us that "Great Lent should be regarded as an invaluable divine gift. It is a sacred time of divine grace, which seeks to detach us from things material, lowly and corrupt in order to attract us toward things superior, wholesome and spiritual. It is a unique opportunity to remove from the soul every passion, to rid the body of everything superfluous, harmful and mortal. What is demanded is a joyful disposition in order to embrace fervently the spiritual struggle of this period of contrition..."

As we begin the **FIFTH** week of our Lenten journey, I remind everyone to please partake of the **LENTEN SERVICES** which give us the strength to continue on toward Holy Week.

Below are this week's upcoming services at Holy Trinity and/or Prophet Elias:

MONDAY, MARCH 23: Great Compline, 6pm, at Prophet Elias only (Father Matthew, assisted by Father Elias);

TUESDAY, MARCH 24: Great Vespers, 6pm, at Holy Trinity only (Father Matthew, assisted by Father Elias);

WEDNESDAY, MARCH 25: Orthros followed by Divine Liturgy for the Feast of the Annunciation, 8:30am, at both churches (Father Matthew at Holy Trinity; Father Elias at Prophet Elias);

THURSDAY, MARCH 26: Great Canon of Saint Andrew of Crete, 9am, at Holy Trinity only (Father Matthew, assisted by Father Elias);

FRIDAY, MARCH 27: 4th The Akathist Hymn to the Theotokos, 6:30pm, at both churches (Father Matthew at Holy Trinity; Father Elias at Prophet Elias)

PLEASE SEE ME FOR HOLY CONFESSION

For all those who wish to partake of the Sacrament of Holy Confession, I encourage you to call me (556-1139) as soon as possible to schedule Holy Confession for you and your family members, including children! I ask that all who would like to see me in the Sacrament of Confession to please do so **BEFORE** Holy Week begins.

The Lord knows our histories, our strengths and weaknesses, and He has a purpose in mind for each one. All of us are unique in our backgrounds and in our vocations. And yet, all of us as Orthodox Christians have elements in common. One of these common elements is to **FOLLOW CHRIST** and try to live His life as

our own. This means committing one's very self to the Lord. Holy Confession is an absolutely necessary and vital step in our walk with our Lord. Let us not neglect it!

Our **TUESDAY MORNING BIBLE STUDY** will be held this Tuesday, March 24 at the Little America Coffee Shop beginning at 10:30am.

SATURDAY OF LAZARUS LENTEN RETREAT TWO WEEKS AWAY

This year, we will offer a **SATURDAY OF LAZARUS LENTEN RETREAT** on **Saturday, April 4** at **Prophet Elias** beginning with a **complimentary** Lenten luncheon at **11am** (please bring a Lenten dish!) followed immediately by the retreat. Parents, please plan to bring your children following Divine Liturgy on this day! Also **NEW** this year will be a presentation at the retreat that **ADULTS** can attend while the children are rotating to their respective stations.


*Humbly in Christ,
Father Matthew*

ARCADIAN LADIES SUMMER PICNIC

Mark your calendars for **Saturday, June 6, 2015** at Sunnyside Park (840 South 1600 East) at Noon. Lunch, bingo, and a great time will be offered. Please contact your list. Any questions email Karen at karenanast@gmail.com or call her at [801-913-2414](tel:801-913-2414).

SAVE THE DATE

Save the Date for the Spring Parish Assembly on **Sunday, May 3rd** at Prophet Elias.

 **2015 FESTIVAL MEETING**
All chairmen and all who would like to participate in this year's 40th Anniversary Festival, please join us at Holy Trinity on **March, 28th** at **10:30am**. For any questions, please call the church office 801-328-9681.

GOYA'NS NEEDED TO HELP SERVE TONIGHT

Our annual March Community Service project is helping serve at our Communities Dinner celebration of the Annunciation and Greek Independence Day. This year's event will be held this evening Sunday, March 22nd at 6:00pm at the Hellenic Cultural Center. We are asking for your help in serving dinner and to also enjoy an opportunity to come together again as fellow GOYA'ns to help serve and enjoy dinner. You can help fill community service hours at school and enjoy fellowship and comradery and dinner. Please arrive at 5:45 and if possible in a white shirt and dark pants for the boys and white blouse and dark pants or skirts for the girls. It's up to you to help make this event successful and enjoyable for all so please help get the word out and bring a friend. God bless.

GOYA Friday Night Worship Service and dinner

Akathist Hymn to the Theotokos Friday, March 27, 2015 at 6:00pm at Prophet Elias. All GOYA'ns asked to attend and then go for Lenten meal. Please plan to attend services then proceed to restaurant for Lenten Meal. Let us come together to worship and share in fellowship as the Body of Christ. Call Fr. Elias with questions. [801-556-4640](tel:801-556-4640)

YOUTH MESSAGE

Dear Beloved Youth,

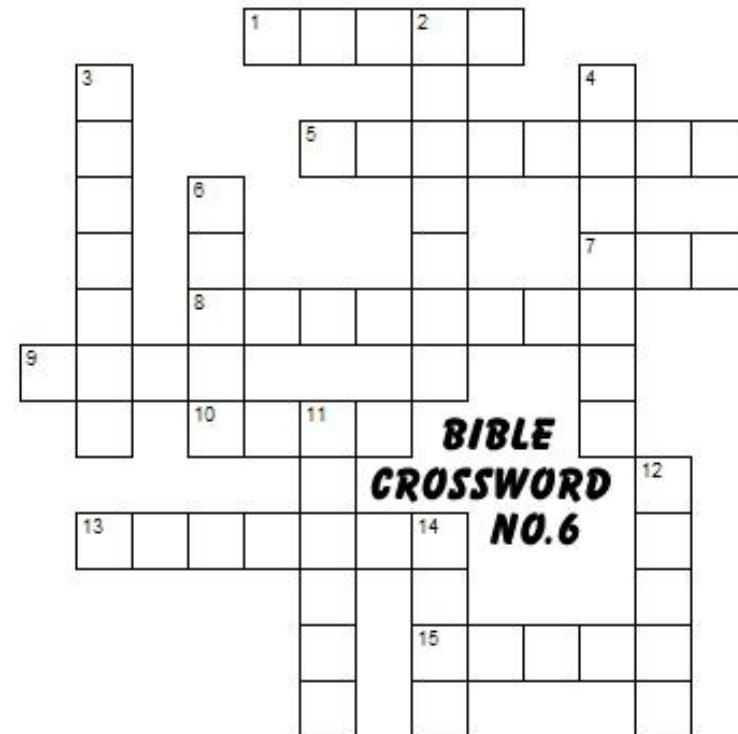
As we continue our journey to our Lord's Holy Resurrection we can see the finish line approaching. This week of Lent we commemorate St. John of Climacus and focus even more on spiritual discipline and Climbing The Ladder of Spiritual Ascent. Each day and week we have climbed higher up the ladder. We continue to traverse the fast, attend Lenten services and become more confident in our discipline and obedience to our Lord. We have been able to acquire a greater awareness of our faith and trust in our Lord. Through our fasting and increased focus of the spiritual things our faith has increased as a result of our obedience in these things. Let us stop for a moment to consider all of these smaller steps of submission that will help prepare the way for a greater awareness of our faith and confidence in our Lord. Faith increases as a result of our obedience in little things. Each small step of obedience solidifies our confidence in God. Then, when we are challenged with a more difficult task or trial we have built a firm foundation of assurance that enables us to trust and obey in our Lord's help and guidance. Great acts of faith flow from our past interactions with the Lord. By neglecting His simple commands, we miss priceless opportunities to witness His faithfulness. If we have trouble trusting the Lord for something big it's because we've ignored those "small" and "insignificant" interactions and promptings of the Holy Spirit. God considers each of His commands important and promises to reward every act of obedience, regardless of size. Great faith begins with little steps. Let us continue to build on this foundation and grow in faith and knowledge of our Lord.

May we be strengthened with our obedience and discipline that we acquired this Holy Lenten period. My thoughts and prayers for a continued Holy and Blessed Lent.

In His Love and Service,

+fr. Elias

KID'S CORNER



**BIBLE
CROSSWORD
NO.6**

COPYRIGHT 2011

BIBLEWORDGAMES.COM

ACROSS

- 1 Noah found ___ in the eyes of the LORD.(Gen 6:8) KJV
- 5 God made a ___ with Noah after the flood (Gen.9:9)
- 7 Second son of Noah (Gen.7:13)
- 8 God caused the flood because the earth was filled with ___(Gen.6:13)
- 9 The last bird Noah sent out to search for dry land (Gen.8:10)
- 10 God asked ___ to build an ark (Gen.6:14)
- 13 Noah brought all the ___ into the ark two by two (Gen.6:20)
- 15 How many people were on board the ark? (Gen.7:13)

DOWN

- 2 The waters ___ all the mountains in the world (Gen.7:20)
- 3 God put a ___ in the clouds as a sign of no more floods (Gen.9:13)
- 4 Third son of Noah (Gen.7:13)
- 6 The first bird Noah sent out to search for dry land (Gen 8:7)
- 11 The ark came to rest on the mountains of ___ (Gen.8:4)
- 12 How many days did it rain during the flood? (Gen.7:17)
- 14 First son of Noah (Gen.7:13)