

Epistle Reading

St. Paul's Letter to Titus 3:8-15



TITUS, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Gospel Reading

The Gospel of Matthew 5:14-19



The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot,

will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxy3@gmail.com

Sunday, July 19th 2015
Sunday of the Holy Fathers



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139
Reverend Father Elias Koucos: 801-556-4640
Reverend Father George Politis (retired)

Sunday Services

July 19th, 2015

Holy Trinity:

Prophet Elias:

Sunday of the Holy Fathers

Orthros 8:30am/Divine Liturgy 9:30am Fr. Luke

Orthros 8:30am/Divine Liturgy 9:30am Fr. Elias

July 26th, 2015

Holy Trinity (only)

8th Sunday of Matthew

Orthros 8:30am/Divine Liturgy 9:30am Fr. Matthew/Fr. Elias

Weekday Services

July 20th, 2015

Prophet Elias :

Feast of Prophet Elias

Orthros 8:30am/Divine Liturgy 9:30am

Fr. Matthew/Fr. Elias

July 27th, 2015

Holy Trinity Only:

Feast of Saint Panteleimon the Great Martyr

Orthros 8:30am/Divine Liturgy 9:30am

Fr. Matthew/Fr. Elias

July 28th, 2015

Holy Trinity Only:

Feast of Saint Irene Chrysovalantou

Orthros 8:30am/Divine Liturgy 9:30am

Memorials

July 19th, 2015

Steve Zoumadakis

1 Year

Prophet Elias

July 26th, 2015

Irini Makris

1 Year

Holy Trinity

Ester (Lambrini) Diamant

3 Years

Holy Trinity

Bill Diamant

4 Years

Holy Trinity

Anna Brilllos

5 Years

Holy Trinity

Speros N. Velis

10 Years

Holy Trinity

Christine Vassiliades

4 Years

Holy Trinity

Peter Vassiliades

20 Years

Holy Trinity

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew. For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at 801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Steve, Tami, Mariane, Rose Marie, Madelina, Preston, Charissa, Tami Christian, Stavroula, Timothy, Rosie, Holly, JoAnne, Alex, Victoria, Patricia, Aleko, Kosta, Vassiliki, George, Mary, Kaison, Steven, Bill

If you would like to add a name to the prayer list you can do so by calling the main office at Holy Trinity at 801-328-9681.

WE WANT YOUR CLIPS!

If you have any pictures from any of our Greek Festival's from 1975-2014, WE WOULD LOVE FOR YOU TO SHARE THEM! We will be creating a slide show for our 40th Anniversary. Please scan and email them to our church email at orthodoxy3@gmail.com, or come in and we can scan them for you. Thank you!



Χρονια Πολλα !

**COME CELEBRATE
PROPHET ELIAS NAMEDAY PICNIC**

**Today, July 19th
STARTS AT: 6:00 PM
AT THE PAVILION**

Please join us in celebrating Prophet Elias's Name Day! We will be serving dinner at **6:30 pm**. The menu will be ribeye steaks, patates, corn on the cob, salad, and dessert. We hope to see you all there!

Youth Weekly Devotional

Psalm 4:9

I will both sleep and rest in peace, For you alone, O Lord, cause me to dwell in Hope”.

My Dear Beloved Children in Christ every now and then it is wise for us to take stock of our situations, so I'd like to ask you to look around. What's happening in your life and in your family?

You may not be experiencing a difficult time. From your perspective, everything may seem sunny and clear. Storms do come, however and at times, they roll into our lives with bounding blows. How do we maintain a sense of peace and spiritual balance when trials strike?

The answer is found in a close, abiding relationship with Jesus Christ. If we turn our eyes to Jesus we have an unshakable peace that is available to us. When adversity strikes, one of the first things we do is to wonder why. This is a normal reaction, but we also need another response, and that is to turn to the One who holds all comfort and security firmly within His grasp. No one, outside of God, is equipped to handle our problems. He never meant for us to be strong on our own. He wants us to find courage, hope, and strength in Him and His Word. Let us not lose our spiritual focus and mindset during the times of fear or anxiety. Let God provide for us in His timing and let us accept life as a gift from the hand of God and turn our eyes toward Jesus. We will look full into His glorious face and there find mercy and grace, forgiveness and hope, peace and everlasting security. His peace and presence are sure. They are immovable. If we have something troubling us or we have a conflict, sorrow, or situation that has escalated beyond our control let us hear His word spoken to us “Peace be with you.”

*Let His peace invade our heart. Let us tell Him all we are feeling. He understands and knows life can be difficult—but He has a solution. Our peace resides in our Savior, who loves us unconditionally. He has promised to keep us and deliver us into the Father's loving arms. In His Love and Service,
+Fr. Elias*

IMPORTANT MESSAGES FROM FATHER MATTHEW

The summer is passing quickly and soon we will observe the FAST in honor of the FALLING ASLEEP OF THE MOST HOLY THEOTOKOS. Let us begin to think about this upcoming Lenten period, which begins on Saturday, August 1 until the celebration of Divine Liturgy on Saturday, August 15. I will be offering weekday *morning* PARACLESIS during this holy two-week period; these and all other services will appear in this publication as well as in the church calendar on the parish website.

During the Paraclesis Service, which is a Supplication Service to the Most Holy Mother of God, it is customary to pray for the PHYSICAL AND SPIRITUAL HEALTH of our (Orthodox) loved ones by submitting a list of names (baptismal names, *please*) to our priest who will offer prayers on their behalf. Let us remember that when we ask our priest to pray for us, we, too, should be praying as well. One of the holy elders of our Orthodox Faith reminds us that, “We (the priests) do the services and prayers for the people, but if they do not pray at home, then the words of Scripture are fulfilled because one person prays and the other doesn't; in other words, one builds and the other tears down”. Consistency, faithfulness, and regularity in prayer are some of the most important things in our spiritual life.

During the upcoming two-week period in honor of the Theotokos, it is also prescribed by our Holy Orthodox Church to observe the FASTING guidelines of our Church. Fasting in a family situation requires commitment, particularly on the part of the husband and wife. The children, especially small children, will follow whatever agenda the parents establish. If the parents approach fasting with a negative attitude, the children will learn that fast days are something to be dreaded. If the parents look forward to a fast, so will the children. The best attitude to develop is one of humble acceptance.

I especially encourage all Orthodox married couples, single men and women, and children age five and older, to see me for the Sacrament of HOLY CONFESSION. The modern world tries to pretend that sin is a myth and that personal accountability for one's actions before a just God is merely a quaint superstition. As Orthodox Christians, we are called to a different standard than that of the world. This has been true of Christians in all ages and is especially important in our times. We are called to be the “light of the world” and the “salt of the earth”. This means that we must not only be vigilant in how we live, but we must be honest with ourselves and respond immediately to God's call to repentance when we fall short of the mark. When we approach God in a spirit of humility and repentance, Confession can bring us face to face with ourselves. We can learn more from our weaknesses than we ever will from our strengths, because acknowledgment of weakness is the shortest path to humility. Please call me at your earliest convenience to arrange a time for Confession for you and your family.

Our TUESDAY MORNING BIBLE STUDY group has taken a summer break. We will be back toward the end of summer to continue our study of the book of Revelation. Until then, be well and safe and consider joining us when our Bible Study resumes!

*Humbly in Christ,
Father Matthew*



FESTIVAL FOOD PREP SCHEDULE

FOOD ITEM	CHAIRMAN	PREP DATES
Fasolakia	Bill Rekouniotis and Bill Kandas	July 21
Stefatho	Cliff Orton and Steve Saltas	July 25
Melomakarona	Elpitha Votsis and Katina Sefandonakis	August 1, 2
Macaroons	Nola Slager and Katherine Burton	August 5th
Galaktoboureko	Nola Slager	August 3-4
Keftethes	Yanni Armaou Prep Chris Kontgis Festival	August 9
Pastichio	Nola Slager and Connie Yengich	August 10-11
Tyropites	Stephanie Pappas	August 22-23
Baklava	Fran Matragos and Connie Yengich	August 18, 19 & 20
Pasta Flora	Cindy Skedros and Connie Yengich	August 29-30
Karithopita	Zeta Tsagaris	September 5-6
Galatopita	Angelica Bailey	September 7

Saint Sophia School

Is now accepting applications for the **2015-2016** school year.

Call today for more information [801-424-1297](tel:801-424-1297)

TODDLER TUESDAYS: 18 Month to 2 1/2 (with parent) **9:00-11:00 AM**

PRE K 3'S: **9:00-12:00 MTWTHF**

PRE K 4'S **9:00-12:00 MTWTHF**

KINDERGARTEN: **9:00-3:30 MTWTHF**

EXTENDED LEARNING: **12:00-3:30 MTWTHF**

Parish Council News

- We are pleased to welcome Lei Ann Bathemess to the Parish Council. Lei Ann replaces Pete Saltas who resigned his position. Welcome Lei Ann!
- Please make sure to read the announcement about the upgrades at Prophet Elias and note the dates the Church will be closed.
- We hope you will all join us at the picnic for Prophet Elias today where we will honor our recent Parish Council members.
- Next Parish Council meeting **July 27th** at Prophet Elias 6:30pm in St Sophia Board Room.

Thanks to a generous donation

New carpet will be installed at Prophet Elias beginning next week. Since the pews must be removed before the carpet can be installed, no services will be held for approximately **four weeks**.

Removal of the pews is scheduled to begin following the commemoration of the **Feast Day for Prophet Elias on Monday, July 20th**.

While the pews are out of the sanctuary, a scissor lift will be brought in to inspect and evaluate options for the dome and the chandeliers will also be cleaned and light bulbs replaced.

The work is expected to be completed in time for Sunday Services on **August 16th**.

We look forward to seeing you at Holy Trinity Cathedral until this exciting project is completed. Thank you for your patience!

AHEPA'S BARBEQUE

A Community BBQ sponsored by AHEPA is scheduled for Sunday, **August 16th**, 2015 at the **Prophet Elias Pavilion**. EVERYONE IS WELCOME. Menu will include: Lamb, Goat, and Chicken on the Spit, as well as Pilafi, Corn on the Cob, Salata and Watermelon. Desserts will be provided by the Daughters of Penelope. Music, Food and Fun cost **\$20** for Adults / \$10 for Children (12 and under). Proceeds go toward Scholarships. This year's recipients of the six \$1000 scholarships offered by the SLC AHEPA and Daughters of Penelope chapters will be announced at the picnic. Social Hour starts at 5 and we will serve food by 6. You are welcome to come earlier to play cards. Please mark your calendars. If you have questions, please call Chris Floor: 801-450-2105.

Festival Baking – A big **THANK YOU** to Kourambiethes chairladies Shelley Anderson and Angela Kithas and all of the wonderful volunteers who made 4800 Kourambiethes on July 14th.

We would also like to thank all the volunteers who came out to cut and skewer 5,000 Chicken Souvlakia under the direction of Yanni Armaou on the 4th and 5th of July! Thanks to our many youth who also came in support of the Festival!

GREEK ORTHODOX DAY at LAGOON SUNDAY JULY 26TH

Please pick-up your Brochure with discounts tickets at both churches in the narthex

MEMORIAL BALLOON BOUQUETS

are available to purchase
all the time

to meet any specific tribute day

Contact Joanne Saltas at

joannesaltas@gmail.com 801-558-4591

Thank you for your support

SALT LAKE GREEK FESTIVAL 2015 SEPTEMBER 11, 12, 13



279 South 300 West

www.saltlakegreekfestival.com

2015 GRAND PRIZE

WIN YOUR CHOICE OF A
350 GLK (Gas Model),
or a 250 GLK (Diesel Model)
(Only ONE vehicle is awarded)

Donation: \$100.00

Contact Parish Council members for information



Mercedes-Benz
of Salt Lake City

Prize drawing will be Sunday at 7 p.m.
Ticket holder need not be present to win.

Provided by Ken Garff's Mercedes Benz
of Salt Lake City and the Greek Festival.

Summer Adventure Camp at Saint Sophia School

Summer Adventure Camp is for Pre-k 3 (3 years old and potty trained by June 1) through 2nd grade. The Adventure Camp is located at Saint Sophia School, 5341 So. Highland Dr. Our goal is to continue the early years' growth that defines Saint Sophia School's foundational philosophy: to Discover, Explore, Create, and Imagine. The summer experience will combine enrichment with play for an enhancing summer experience. Each activity is grounded in the belief that learning begins with "wonder." Sessions will navigate between sports, cooking, culture, dance, music water play, building, gardening, and more. The summer curriculum will offer such themed sessions as:

LOOKIN FOR COOKIN	JUNGLE SAFARI
SPECTACULAR SPORTS	ISLAND PARADISE
FOREST FRIENDS	SPLASHARAMA
SILLY SCIENCE	BUDDING ARCHITECTS
MUSIC FESTIVAL	OLYMPIADS
GREEN THUMBS	CHEMISTRY FOR KIDS

Summer Camp: Two-week sessions lasting 10 weeks. (5 Sessions)

Post Camp: Not included in Summer Camp price. Details to be announced at a later date.

Sign-up: As few as 1 two-week session in any combination or whole camp.

Days: M – F

Hours: 9:00 a.m. -12:30 p.m. and 12:30 p.m. – 4:00 p.m.

Extended hours a.m.: 7:30 a.m. – 9:00 a.m.

Extended hours p.m.: 3:30 p.m. – 6:30 p.m.

Dates:

Session IV: July 20 – July 31	Half Day Summer	\$975.00
Session V: August 3 – August 14	Half Day 9:00 – 4:00	\$385.00
Post Camp Week: August 17 – August 28	Whole Summer Camp	\$1,925.00
Extended a.m. and p.m. care by the hour	Half Day Summer	\$975.00

Cost per each session:

3 on 3 Basketball Tournament

July 25, 2015 - 3 on 3 Basketball Tournament at **Prophet Elias** GYM at **9:00am-3:00pm** cost is **\$40**

Banquet Dinner at **Holy Trinity** at **7:00pm** cost is **\$40.**

For both event the cost is **\$60**

All proceeds go to support Fr. Antipas of the Greek Orthodox Church in Nairobi, Kenya and the Dagoretti School, a primary school for underprivileged children which he founded. Any help or support is welcomed. Please contact Basil Vetas at

[801-598-3289](tel:801-598-3289) or Alexis Sakellariou at [801-803-2412](tel:801-803-2412)

For tickets and information: Dagorettifundraiser.Eventbrite.com

Stewardship

Orthodox Christian Stewardship is a way of life, which acknowledges accountability, reverence, and responsibility before God. A primary goal of Stewardship is to promote spiritual growth and strengthen faith. Becoming a Steward begins when we believe in God, to whom we give our love, loyalty and trust and act on those beliefs. As Stewards, we affirm that every aspect of our lives comes as a gift from Him. Stewardship calls on the faithful to cheerfully offer back to God a portion of the gifts with which they have been blessed.



**Greek Orthodox Day at Salt Lake Real
Second Annual Community Day at Real Soccer
August 15, 2015 – Real Salt Lake vs. Portland**

8:00pm Rio Tinto Stadium - Tickets available on a first

come first serve basis. Please contact Fr. Elias at 801-556-4640 or email at freliask@yahoo.com. Deadline for tickets is **July 15th** - Price is \$22 discounted from regular price of \$27. Let's get together and cheer for Real Salt Lake!

Vacation Church School Thank You!!!

Our clergy and our entire Orthodox Community extends a great big thank you and we express our gratitude and appreciation for all those who provided of their time, talents and resources to help make this year's Vacation Church School such a success. The instructors, our youth volunteers and the following who provided the lunch for our camp.

Our Ladies Philoptochos

Yanni's Greek Express

Coachman's Restaurant

Crown Burger Restaurant 33rd South

A special Thank you to Ms. Reinje Corbett who chaired the camp. May the blessings you all gave be returned a hundred fold.

