

Epistle Reading

St. Paul's Second Letter to Corinthians 6:16-18; 7:1

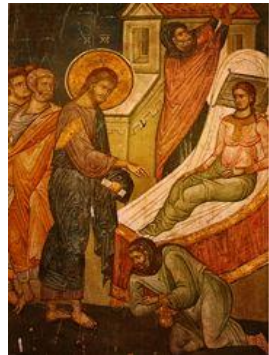


BRETHREN, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore, come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty."

Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Gospel Reading

The Gospel According to Matthew 15:21-28



At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost

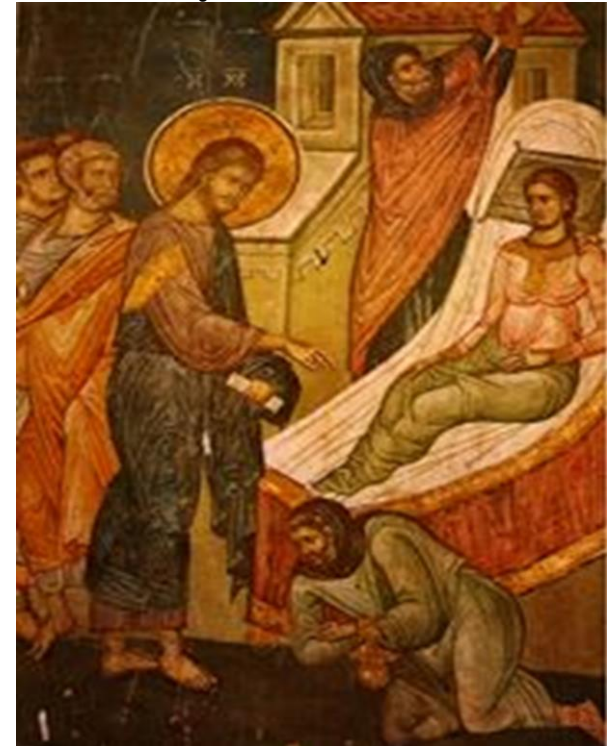
sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire."

And her daughter was healed instantly.



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxv3@gmail.com

Sunday, February 14th, 2016
Sunday of the Canaanite



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139

Reverend Father Elias Koucos: 801-556-4640

Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

Sunday Services

February 14th, 2016

Holy Trinity:
Prophet Elias

Sunday of the Canaanite

Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias
Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew

February 21st, 2016

Holy Trinity:
Prophet Elias

Sunday of the Publican and Pharisee: Triodion Begins Today

Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias

Weekday Service

February 17th, 2016

Holy Trinity

10:00am

Paraclesis to Saint Paisios the Athonite

Fr. Matthew

Memorials

February 21st, 2016

Mary Pappasideris Chachas
Aphrodite Marcooles
Anthony Marcooles

40 Days
3 Years
50 Years

Holy Trinity
Holy Trinity
Holy Trinity

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew. For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at 801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Joan, Jim, Jen, LaVaun, Tamara, Juliet, Ed, Charissa, Madeline, Kenzie,
Christina, Agnes, Irene, Mike, Zach

If you would like to add a name to the prayer list you can do so by calling the main office at Holy Trinity at 801-328-9681.



HAPPY VALENTINES DAY!

The Panahaikos Society will be having a Valentines Luncheon on Sunday **February 14** at **The Olive Garden** 2272 South 1300 East at 12:30 p.m. We will order from the menu. Please **RSVP** by Friday **February 12** with George

Miller 801-244-8587 or Bill Rekouniotis 673-0424. We hope to see you there, Thank you.



The office will be closed Monday, February 15th in observance of President's Day.

PAN ARCADIAN MEETING

(PFA—Chapter #90, Theodoros Kolokotronis)

Dinner Meeting, **Tuesday, February 16, 2016, 6:30 pm**, The Other Place Restaurant

Hope to have all Arcadians attend.

Daughter of Minos

The Daughters of Minos will be holding their next meeting on **Sunday February 21st at 3:00p.m. at Holy Trinity**. We would like to invite all old and any new members to join us for our annual membership appreciation fellowship. Our KriKri will also be practicing during this time. Membership dues are also due by **February 21st!** Please feel free to send in your membership dues to:

Daughters of Minos
%Sophia Fradelakis
1331 E. Shays Grove Lane
Murray, Ut 84121

If you have any questions, please feel free to call Sophia at **801-643-6558** or Maria Papadakis at **801-576-8423**. We look forward to seeing everyone at our next meeting.

IMPORTANT MESSAGES FROM FATHER MATTHEW

WORDS FOR OUR SALVATION

A spiritual child of recently canonized Saint Porphyrios (who is commemorated on December 2) relayed this story: "When I was having a difficult time and not knowing where to turn to for help, I suddenly thought of my holy Elder of blessed memory, Saint Porphyrios, and I knelt in my room and prayed.

"My Lord Jesus, please inform the good Elder about my problem. His grave is too far away for me to go to speak to him. But here, I am spiritually near him".

The spiritual child continued, this time addressing Saint Porphyrios directly:

"My dear holy Father Porphyrios, I have this problem that is afflicting me. Please help me in your usual manner. You know how to handle it. You can do much more now that you are near to Christ. You can do more now than before your death. I'm not asking you to 'take away' the difficulties, but to arm me with spiritual strength".

I got up from this prayer of mine with renewed strength, the same strength that I used to feel when I left his room. I thanked God Who glorifies those who glorify Him".

A HEAVENLY INVITATION

Christ invites those who are weary and heavy laden to come to Him and be given rest. He invites them into the Church and to the services, because "in the house of God is joy for those who are in distress, gladness for those who sorrow, comfort for those who are tormented, rest for those who are weary". For Christ says, "Come unto Me all you who are weary and heavy laden and I will give you rest". What is more welcome than these words? What is more delightful than this invitation? When the Lord invites us to church, He is inviting us to a festival. He is asking us to rest from our labors... What inexpressible care, what a heavenly invitation!

The following **WEDNESDAY MORNING SERVICES** for the remaining month of February are offered to strengthen us in our life in Christ. If you are unable to attend, but would like me to include you or your loved ones in the prayers of the Church, please don't hesitate to give your (baptismal) names to me; don't forget to specify at which service (or all!) you are seeking intercession.

Wednesday, February 17, 10:30am at Holy Trinity: Paracletis (Supplication Service) to SAINT PAISIOS THE ATHONITE, who is a beloved and renowned contemporary saint (he reposed in 1994) and is a speedy intercessor and consoler for us living in such trying times;

Wednesday, February 24, 10:30am at Prophet Elias: Paracletis (Supplication Service) to SAINT NEKTARIOS - a great and powerful healer of all kinds of ailments, especially terminal illnesses.

TUESDAY MORNING WITH THE LORD

This **Tuesday, February 16**, our TUESDAY MORNING BIBLE STUDY will meet at the normal time -- **10:30am**. We look forward to seeing you at the Little America Coffee Shop for the continuation of our study on the Book of Revelation!

GUEST SPEAKER PRESENTATION POSTPONED

The Very Reverend Archimandrite Themistocles Adamopoulos, who is a missionary priest of the Greek Orthodox Patriarchate of Alexandria in West Africa, is unable to be with us on Thursday, **February 25** as originally announced. An alternative date is being considered. Father Themistocles is responsible for the GREEK ORTHODOX MISSIONS in SIERRA LEONE.

GREAT LENT IS NOT FAR OFF

Before Great Lent begins on **Monday, March 14**, it is announced in advance. This preparation for Great Lent is made through the Lenten TRIODION, which makes its appearance in the liturgical life of the Church three weeks prior to Lent, on the Sunday of the Publican and the Pharisee (this year on **Sunday, February 21**). Written for the devout Orthodox Christian, the Triodion is full of warnings against pride and hypocrisy-the ultimate spiritual sins to which we are so susceptible. Its hymns teach us the true nature and purpose of fasting and of Lent itself. The week of **February 21**, which is the first week of the Triodion, is also fast-free.

SATURDAY OF LAZARUS LENTEN RETREAT

As we did last year, we will offer once again a SATURDAY OF LAZARUS LENTEN RETREAT for our youth on **Saturday, April 23** at **Prophet Elias**. Parents, please mark this on your calendars and plan to bring your children on this day. More details will follow!

*Humbly in Christ,
Father Matthew*

Youth Weekly Devotional
Christian Stewardship - Be Thankful For What You Have

1 Peter 4:10

"As each has received a gift, employ it for one another as good stewards of God's varied grace."

My Dear Beloved Children as we approach the Holy Pascha Lenten period I would like us to begin thinking about what our Holy Orthodox Christian faith requires of us and what to start to focus on. As Orthodox Christians we should take a close look at ourselves and think about what attributes our Lord God and Savior Jesus Christ would like us to emulate and follow so we may enter the Lenten period with humility, reverence and desire. First if I may let me define what an attribute is. It is an object closely associated with belonging in each of us. An object that will define us as true Christians and followers and believers in Christ. A characteristic that distinguishes us in the world. I would also like us to look at it from the perspective of our relationship with each other and all those we come into contact with.

An attribute of all Christians is stewardship. A Christian Steward is one who looks after and manages the gifts and resources they have and that have been given to them. It calls us into an awareness and a collaboration of God and with God. A collaboration with God where we are accountable and responsible for the care and use of all the blessings that we have. This collaboration with God has a dynamic impact on all creation and the redemption and the sanctification of the world we live in. This is a tremendous responsibility and one we will all be held accountable for. Let us begin to look to Christ with more focus and look to His teachings and example to build the Kingdom of God in our hearts and the world around us. Let us look at and build our relationship with God, family and community. Let the love that God has for us be the driving force in how we look at all that we have been blessed with. My dear children we possess nothing from ourselves, everything belongs to God and is given to us by the Father through His Son. Use the talents and unique abilities that are yours to build the Body of Christ in your relationships with your parents, teachers and especially your peers. Give of your time, talent and treasures and waste none of them. Make the best use of them to produce the fruits of your belief and faith in our Lord. Involve your self in worship, Sunday School, youth activities community service projects and social and fellowship gatherings. Love as Christ loved and serve as Christ served. Make Christ matter, make Church matter and make Family matter.

Each month we will select a Youth Steward of the Month from the submissions we receive, so I would like to ask from each of you to submit by email to my email address (freliaask@yahoo.com) on how you gave thanks to God. Please submit by the 25th of each month. So we can make a selection and post a picture and acknowledge your gifts of time and talent to all of us. Follow this format as an example:

This is how I thanked God this month:

My Time: _____

My Talent: _____

(If I can) My Treasure: \$ _____

In His Love and Service,

+fr. Elias

Upcoming GOYA Activities



Happy Valentine's Day!



Jr./Sr. Oratorical Festival, Sunday, February 21, 2016 from 12:00pm to 2:00pm at Holy Trinity - both Sunday school programs participating. Watch for details. Students should have received topics/packets in class. Any questions, please contact Paul K., at [801-870-1514](tel:801-870-1514); Denise N., [801-604-6782](tel:801-604-6782) or Elenie at [801-718-7515](tel:801-718-7515).



Saturday, March 5 GOYA's Annual Fundraiser, NEON APOKREAS at Holy Trinity! Wear Neon Colors! There will be a contest for most creative look! Save the Date!

GOYA BASKETBALL SCHEDULE FOR SAT., February 20, 2016

6th Grade Boys @ Blessed Sacrament 11:00am

7th Grade Boys @ St. Thomas Moore 11:00am

7th Grade Girls @ St. Ann's 2:00pm

8th Grade Boys @ Holy Trinity 1:00pm

8th Grade Boys (DH) @ Holy Trinity 3:00pm

9th – 10th Grade at Holy Trinity 2:00pm

11th – 12th Grade Boys at @St. John The Baptist 12:00pm

COME OUT AND CHEER OUR YOUTH ON TO VICTORY

HELP US FLY

WE NEED TO SEND THE WINNERS OF OUR ORATORICAL FESTIVAL TO THE METROPOLIS ORATORICAL COMPETITION IN DENVER. IF YOU HAVE ANY SKY MILES YOU CAN DONATE PLEASE CONTACT ME BY CALLING 801-556-4640. LET OUR YOUTH KNOW WE CARE AND HELP IF YOU CAN.

THANK YOU AND GOD BLESS.

+FR. ELIAS



We will be publishing our first ever MONTHLY GOYA NEWSLETTER beginning **April 5, 2016**. It will include information about upcoming events, exciting things going on with our youth, information from our Diocese, FAQ and topics for Orthodox teens, and more!

WE NEED YOUR HELP!!! OUR NEWSLETTER NEEDS A NAME!!!! WIN \$25!!!!

- 1-Think about a creative name for our newsletter.
- 2-Write your suggestion on the line below.
- 3- Give it to your Sunday School Teacher by Sunday, January 24th or email oriekambouris@hotmail.com

We will choose the 3 best and all GOYAN'S will have a chance to vote for their favorite on January 31st.

Announcement

Jason Oneida, a young adult from our parish who currently resides in Boston, will be participating in a short-term mission trip to Albania from March 18-March 27 through the Orthodox Christian Mission Center. Jason and other members of this mission team will work with the youth office of the Orthodox Church of Albania during this week to engage and connect with young adults from the greater Tirana area in a diocese conference; they will also work with the staff of the Orthodox Student Center to bring an awareness of Orthodox Christianity and the programs of the Orthodox Church in Albania. Jason needs to raise \$2,000 by March 5 to fund his mission. If you would like to make a donation to help fund Jason's costs for travel and expenses, he would be most grateful. Go to the following link: http://www.ocmc.org/about/open_teams.aspx. Find Jason's name under the "Albania" heading, and click the support button next to his name and complete the donation form. If you have any questions, please contact him directly at jason.oneida@gmail.com

Around the World of Orthodoxy Fundraiser

Saints Peter & Paul Orthodox Church is having a fundraiser. Appetizers, cash bar, silent auction, dinner, talent show and dancing at Around the World of Orthodoxy Talent Show Gala & Silent Auction, **February 27, 2016, 5:30-11:00pm** at St Thomas Moore Catholic Church. Tickets are **\$45** and are available online at saintpeterpaulchurch.org/news-events or by calling Carrie Murphy at 801-643-9211



YOUNG AT HEART WENDOVER TRIP

The Young at Heart will be going to Wendover on **Saturday February 20**.

We will leave **Prophet Elias at 8:30a.m.** Leave **Memorial Hall 9:00a.m.** Will leave **Wendover**

5:00p.m. Cost **\$17.00** get back **\$7.00** and a **free buffet**. RSVP call Bill Kandas 801-272-1906 or Bill Rekouniotis 801-673-0424.

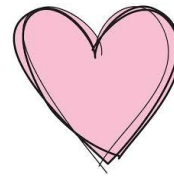
Thank you

AHEPA THANKS YOU

AHEPA thanks the community for supporting our second annual scholarship fundraising event last Saturday night.

It was a wonderful evening. Don't forget to mark your calendars for next year's event planned for January 28th.

Also, look for our annual fundraising lamb barbecue to be held in August. Salt Lake AHEPA Chapter 146.

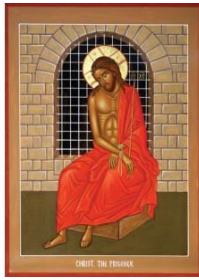


Sweets For The Sweet

Join Philoptochos today after church at Holy Trinity for a special Valentine's Day

Coffee Hour. During coffee hour please be sure to check out our new Giving Tree for ways to help the Homeless.





PHILOPTOCHOS LENTEN RETREAT

I Was in Prison, and You Visited Me

Guest Retreat Speaker
Father Stephen Powley
Executive Director
Orthodox Christian Prison Ministry

Schedule

Community Event:

Wednesday, March 30, Evening Pre-Sanctified Liturgy
5:45 pm. Holy Trinity Cathedral
Pot Luck Lenten Meal
Presentation by Fr. Stephen

Thursday, March 31, 11:00 am-2:00 pm
Clergy of All Orthodox Jurisdictions Only:
OCPM WORKSHOP & Lunch
Holy Trinity Boardroom

Thursday, March 31, 7:00-8:30 pm
Open Training Session for All Interested in Joining Prison Ministry Team
Holy Trinity Hellenic Cultural Center

Make plans to attend this inspirational presentation, as Fr. Stephen shares his journey of over 30 years with this unique ministry and the amazing things he has seen God do for those living the dark prison life. The profound impact of Jesus' teachings to prisoners, brings the Gospel alive to us today.



KRITIKI

HOROESPERITHA

HOSTED BY MINOS & MINOTAVROS

FEBRUARY 27, 2016

6:30 SOCIAL HOUR | 7:30 DINNER

HELLENIC MEMORIAL BUILDING
279 SOUTH 300 WEST

Musicians

Dimitris Vakakis - Lyra
Christos Makridakis - Laouto
Tony Marmatakis - Laouto
Minas Katzakis - Krousta (Percussions)

Entertainment

KriKri & Minotavros Dancers

Tickets

\$40 ADULT (18+) \$50 AT THE DOOR
\$20 YOUTH (6-17) \$30 AT THE DOOR
5 years old and younger FREE
\$15 after 10pm

FOR MORE INFORMATION CONTACT:

GEORGE TSOUTSOUNAKIS @ 801.244.8214 GTSOUTS@GMAIL.COM
GEORGIA TSOUTSOUNIS @ 801.493.9840 G.TSOUTSOUNIS@GMAIL.COM
TRICIA LOURAS @ 801.739.3993 LOURASTRICIA@GMAIL.COM



The Parish Council and Clergy are pleased to announce that Prophet Elias will be open for services this Sunday, February 14th

We would like to thank you for your patience through this process and hope that you will come worship and see the renovations that have been completed.