

Epistle Reading

St. Paul's First Letter to the Corinthians 6:12-20



Brethren, "all things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be enslaved by anything. "Food is meant for the stomach and the stomach for food" -- and God will destroy both one and the other. The body is not meant for immorality, but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us up by his power. Do you not know that your bodies are members of Christ? Shall I therefore take the members of Christ and make them members of a prostitute? Never! Do you not know that he who joins himself to a prostitute becomes one body with her?

For, as it is written, "The two shall become one flesh." But he who is united to the Lord becomes one spirit with him. Shun immorality. Every other sin which a man commits is outside the body; but the immoral man sins against his own body. Do you not know that your body is a temple of the Holy Spirit within you, which you have from God? You are not your own; you were bought with a price. So glorify God in your body and in your spirit which belong to God.

Gospel Reading

The Gospel According to Luke 15:11-32



The Lord said this parable: "There was a man who had two sons; and the younger of them said to his father, 'Father, give me the share of the property that falls to me.' And he divided his living between them. Not many days later, the younger son gathered all he had and took his journey into a far country, and there he squandered his property in loose living. And when he had spent everything, a great famine arose in that country, and he began to be in want. So he went and joined himself to one of the citizens of that country, who sent him into his fields to feed swine. And he would gladly have fed on the pods that the swine ate; and no one gave him anything. But when he came to himself he said, 'How

many of my father's hired servants have bread enough and to spare, but I perish here with hunger! I will arise and go to my father, and I will say to him, 'Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me as one of your hired servants.' And he arose and came to his father. But while he was yet at a distance, his father saw him and had compassion, and ran and embraced him and kissed him. And the son said to him, 'Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.' But the father said to his servants, 'Bring quickly the best robe, and put it on him; and put a ring on his hand, and shoes on his feet; and bring the fatted calf and kill it, and let us eat and make merry; for this my son was dead, and is alive again; he was lost, and is found.' And they began to make merry. Now his elder son was in the field; and as he came and drew near to the house, he heard music and dancing. And he called one of the servants and asked what this meant. And he said to him, 'Your brother has come, and your father has killed the fatted calf, because he has received him safe and sound.' But he was angry and refused to go in. His father came out and entreated him, but he answered his father, 'Lo, these many years I have served you, and I never disobeyed your command; yet you never gave me a kid, that I might make merry with my friends. But when this son of yours came, who has devoured your living with harlots, you killed for him the fatted calf!' And he said to him, 'Son, you are always with me, and all that is mine is yours. It was fitting to make merry and be glad, for this your brother was dead and is alive; he was lost, and is found.'



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxy3@gmail.com

Sunday, February 28th, 2016
Sunday of the Prodigal Son



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139

Reverend Father Elias Koucos: 801-556-4640

Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

Sunday Services

February 28th, 2016

Holy Trinity
Prophet Elias

Sunday of the Prodigal Son

Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias
Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew

March 6th, 2016

Prophet Elias

Judgment Sunday (Meat fare Sunday)

Orthros 9:00am/Divine Liturgy 10:00am
His Eminence Metropolitan Isaiah

Weekday Service

March 2nd, 2016

Holy Trinity

Akathist to the Mother of God-Softener of Evil Hearts

10:30am Fr. Matthew

March 5th, 2016

Holy Trinity

1st Saturday of Souls

9:00am followed by divine liturgy Fr. Matthew

Memorials

March 6th, 2016

Gus John Paras	3 Months	Prophet Elias
Mary Athens	1 Year	Prophet Elias
Herman Gygi	4 Years	Prophet Elias
Elaine Athens	9 Years	Prophet Elias
Bella Gygi	15 Years	Prophet Elias
Carolyn Bruggeman	15 Years	Prophet Elias
Matina Stathos	17 Years	Prophet Elias
Marty Vergin	18 Years	Prophet Elias
Veneta Maritsas	29 Years	Prophet Elias
Phillip Athens	30 Years	Prophet Elias
Nicholas Mouskondis	30 Years	Prophet Elias
Christos Maritsas	54 Years	Prophet Elias
Costa Maritsas	62 Years	Prophet Elias
Apostolos Maritsas	83 Years	Prophet Elias

March 13th, 2016

Gust (Konstantinos) Katsikathas 6 Months Holy Trinity

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew. For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at 801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Joan, Jim, Jen, LaVaun, Tamara, Juliet, Ed, Charissa, Madeline, Kenzie, Christina, Agnes, Irene, Mike, Zach, Bob, Claudia, Nick

*If you would like to add a name to the prayer list you can do so by calling the main office at Holy Trinity at 801-328-9681. *

SUNDAY, MARCH 6
HIS EMINENCE METROPOLITAN ISAIAH
PASTORAL VISIT
ORTHROS 9AM FOLLOWED BY
HIERARCHICAL DIVINE LITURGY 10AM
SERVICES AT PROPHET ELIAS ONLY
(THERE WILL BE NO SERVICES AT HOLY TRINITY
ON THIS DAY)

GOCGLSC Parish Open House at Prophet Elias

With the completion of the renovations at Prophet Elias Church, the Parish Council has decided to schedule March 6, 2016 as the official grand re-opening of Prophet Elias Church followed by a GOCGLSC Parish Open House and luncheon. In anticipation of this re-opening, an invitation was extended to Metropolitan Isaiah to join the community for services with the additional request to close Holy Trinity for March 6, 2016 so that the entire Parish may worship together at Prophet Elias. Metropolitan Isaiah will visit our community on March 5 & 6, 2016. We will be holding an open house on March 6, 2016 after Church services at Prophet Elias.

We expect to receive a communication this week from the Metropolitan acknowledging his attendance and allowing Holy Trinity to be closed for Sunday, March 6, 2016. We look forward to seeing everyone at this community event and hope that you will attend the luncheon following services.

IMPORTANT MESSAGES FROM FATHER MATTHEW

EVERY MORNING WHEN WE GET UP...

...We should immediately put on our iron helmet, our iron breastplate and our iron boots so we can confront the devil with whatever he will attack us with. When we aren't armed, we are unprotected. What is the breastplate? It is prayer, which protects us and watches over us so that we follow the will of God. The iron boots? They allow us to walk through thorns and rocks safely. What is the helmet? Humility. If we have these things in our mind, we will be able to withstand and confront the day with fear of God, and we will do His will.

TODAY...

... commemorates the second Sunday of the Triodion. Today's parable about the PRODIGAL SON teaches us that, having repented of our sins, not to despair of our salvation, but to trust in the mercy of the Lord Jesus Christ.

It is significant that Great Lent happens to coincide with spring in our hemisphere. The approaching Lenten season should be for all of us a period of placing ourselves in the position where the best things can happen to us. That position for Orthodox Christians is the presence of Christ, where the Sun of His love and power can shine in our arid souls to bring about a real awakening, a real springtime of the soul. Great Lent should be for all of us a period of turning our souls toward the Source of Power and New Life through daily prayer, spiritual reading, attending services and participation in the sacraments. The Church's service book for Lent (the Triodion) calls this period the "spiritual spring which blossoms with the fruits of the Spirit ... love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control".

SPECIAL WEDNESDAY SERVICE

Every day, as we awake – starting from today – we need to make a new beginning to do what must be done, to do that which God desires. Every time we fall, we will get up, we will fall again and we will get up again. Let us not lose our hope and our faith in God.

Wednesday, March 2nd, 10:30am at Holy Trinity: Akathist to the Mother of God – SOFTENER OF EVIL HEARTS - as a 'preparation' for the upcoming Great Lenten period, so that our hearts will soften as we seek to reconcile ourselves with our Lord and with one another. Our Panagia! We should speak to her as we would speak among each other. She will speak in our hearts and give us spiritual joy and prudence!

TUESDAY MORNING WITH THE LORD

This **Tuesday, March 1st**, our **TUESDAY MORNING BIBLE STUDY** will meet at **10:30am** at the Little America Coffee Shop. We are nearing the end of our Study on the Book of Revelation and after we have completed this wonderful study, we will begin the Study of Corinthians! We look forward to seeing you; you are always welcomed to join us!

SATURDAY OF THE SOULS IN MARCH

Our departed loved ones will be remembered on three consecutive Saturdays beginning **Saturday, March 5th**. If you would like your departed loved ones commemorated at these Divine Liturgies, please give your list of names (baptismal names only) to me. The names submitted will be read on each of the three **Saturdays: March 5th (at Holy Trinity only), March 12th (at Prophet Elias only), and March 19th (at Holy Trinity only)**. Since those who

have fallen asleep are members of the Church Triumphant, we, as a parish family, have the obligation to continually remember in prayer our reposed brothers and sisters.

FASTING GUIDELINES IN PREPARATION FOR GREAT LENT AND PASCHA

The Triodion tells us that Adam lost paradise because he failed to keep the fast. During Great Lent, we are called to gain paradise by keeping the fast...

The Week of **February 28th** is a Normal Fasting Week (Wednesday and Friday);

The Week of **March 6th** until Pascha - there is No Meat Consumption (beginning, Monday, March 7), however Dairy is Permitted this week;

Sunday, March 13th is the Last Day for Dairy products;

Monday, MARCH 14th begins Great Lent, during which we participate in a Strict Fast - as our personal health condition permits - and with the guidance of our spiritual father. On weekends during the Great Fast, wine and oil are allowed, and fish is allowed on the Feast of the Annunciation as well as on Palm Sunday.

VESPERS OF FORGIVENESS

The Church, in her wisdom, has prescribed a period of preparation before God's faithful celebrate the Resurrection of our Lord Jesus Christ at Pascha (**Pascha is May 1st this year**). On **Sunday, March 13th**, which is the eve of Great Lent, immediately following Divine Liturgy at both churches, we will gather and ask forgiveness of God and one another so that we may enter through the gates of this most spiritually profound period in the ecclesiastical year. Though our participation in this special Vespers service is *optional*, all parish families are very much encouraged to attend this truly beautiful service, remembering that forgiveness is both the beginning of, and proper condition for, the upcoming Lenten season.

FIRST DAY OF LENT – HOLY UNCTION

On the FIRST DAY OF GREAT LENT on **Monday, March 14th at 10:00am at Prophet Elias**, I will offer a HOLY UNCTION service, followed by SPECIAL PRAYERS for the beginning of the Holy Forty-Day Fast. In this season of Lent, our spiritual struggle is made plain to us. Great Lent is a particularly special time of prayer and spiritual struggle. Yet our period of increased prayer and fasting reminds us – if we are truly struggling during this hallowed time – just how fervent our spiritual life *should* be all year long. Yet in light of our spiritual weakness, the Church, in Her love and mercy towards her children, sets aside this time of Great Lent for increased spiritual fervor as our '*spiritual tithe*' for the year. So, come and be anointed, for strength and endurance and fervor!

DAYS ON WHICH THERE CAN BE NO MEMORIALS SCHEDULED

Please be aware that NO Memorials can be scheduled on the Third Sunday of Great Lent which is the Veneration of the **Holy Cross (April 3rd)**, and from the **Saturday of Lazarus (April 23rd)** through the **Sunday of Thomas (May 8th)**.

SATURDAY OF LAZARUS RETREAT

As we did last year, we will offer once again a SATURDAY OF LAZARUS RETREAT for our youth on **Saturday, April 23rd at Prophet Elias**. Parents, please mark this on your calendars and plan to bring your children on this day. More details will follow!

*Humbly in Christ,
Father Matthew*

Youth Weekly Devotional
United with God and Each Other – United in His Love

Colossians 3:12-14

“Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; bearing with one another and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you must also do.”

My dear Beloved Children as we continue our journey in preparation of the beginning of Holy and Great Lent I would like to emphasize our calling as Orthodox Christians. My dear children we are called to be united with each other and with God. The passage above tells us of the attributes we need to use to come together to love and be united with each other and with God. We must experience in our lives these attributes on a daily basis to help us in coming to our Lord's Holy Resurrection and to be able to enter God's Kingdom. These attributes help to bring us together when in our world we are faced with and challenged by so many things that can divide us. By making the choices that will bring us together rather than divide us we can grow in understanding and love of each other and with God. The key is forgiveness which unites us. So many things can divide us, anger, pride, jealousy and hate. We must choose to overcome these things and make the choice to forgive and ask for forgiveness. The Greek word for forgive is συγχώρεση and the translation means to occupy the same space. This is our calling and goal, to seek true union in each other and with God coming together in the same space with God. Let our goal be to reach our destination of God's Holy Resurrection and His Kingdom by loving and forgiving each other and coming together praying with and for each other.

All my love and prayers,
+fr. elias

Each month we will select a Youth Steward of the Month from the submissions we receive, so I would like to ask from each of you to submit by email to my email address (freliask@yahoo.com) on how you gave thanks to God. Please submit by the 25th of each month. So we can make a selection and post a picture and acknowledge your gifts of time and talent to all of us. Follow this format as an example:

This is how I thanked God this month:

My Time: _____

My Talent: _____

(If I can) My Treasure: \$_____

****Jr. and Sr. Division Oratorical Festival Update****

Congratulations to our 2016 St. John Chrysostom Oratorical winners: Senior Division Finalists: Katina Tatum and Georgeanna Souvall; 1st runner up: Steven Sargetakis; Junior Division Finalists: Peter Souvall and Angelina Skedros and 1st Runner Up's: George Hunter and Kali Sargetakis.

Katina, Georgeanna, Peter and Angelina will be representing our community at the Metropolis Oratorical Festival in Boulder, Colorado, April 8-10. We wish them the best of luck! We would also like to thank our judges, Dean Dinas, Bob Nelson, Toni Mae Dywer, and our timer, Jon Pezely. Also, a big thank you to Connie Yengich and the Parish Council for providing the Continental Breakfast and to Father Matthew for his guidance. This year's festival was a very memorable event. Thank you for your continued support.

****Elementary Oratorical Festival, Sunday, February 28, 2016****

Reminder this **Sunday, February 28th**, will be our Elementary Oratorical Festival at PE and HT. Our youth, pre-school through 6th grade, will be presenting this Sunday immediately following church. Thank you for your continued support of our Sunday School program.

JUNIOR AND SENIOR GOYA DINNER & MOVIE NIGHT

Save the Date **Saturday, March 12th** Watch for more info and details. Help spread the word to plan on an evening of fellowship, food and fun and entertainment. We will plan on seeing "Risen" (We will be fasting from meat)

GOYA BASKETBALL REGULAR SEASON HAS COMPLETED.

WE EXTEND OUR BEST WISHES AND CONGRATULATIONS TO ALL THE PLAYERS AND COACHES FOR A VERY SUCCESSFUL YEAR. ON TO THE PLAY OFFS AND GOOD LUCK TO ALL. SCHEDULE COMES OUT ON THIS SUNDAY. WATCH FOR DETAILS.

HELP US FLY

WE NEED TO SEND THE WINNERS OF OUR ORATORICAL FESTIVAL TO THE METROPOLIS ORATORICAL COMPETITION IN DENVER. IF YOU HAVE ANY SKY MILES YOU CAN DONATE PLEASE CONTACT ME BY CALLING 801.556.4640. LET OUR YOUTH KNOW WE CARE AND HELP IF YOU CAN. THANK YOU AND GOD BLESS.

+FR. ELIAS

PHILOPTOCHOS ANNOUNCEMENTS

Philoptochos Membership Tea

To our wonderful ladies in Philoptochos and to those interested in becoming a member...

Please join us for our annual event as we welcome new members and also, take this opportunity to show our appreciation for our current members' ongoing dedication to serving our community!

Saturday, March 12th

At the home of Georgia Katsohirakis
6241 S Shenandoah Park Ave (1765 E)

11:30 am - 2:00 pm

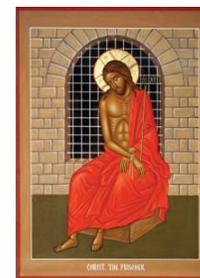
A light lunch will be served.

We look forward to seeing everyone!

For questions/information please contact:

Georgia Katsohirakis [801-635-4345](tel:801-635-4345)

Christy Daskalakis [801-558-1310](tel:801-558-1310)



PHILOPTOCHOS LENTEN RETREAT

I Was in Prison, and You Visited Me

Guest Retreat Speaker

Father Stephen Powley

Executive Director

Orthodox Christian Prison Ministry

Schedule

Community Event:

Wednesday, March 30, Evening Pre-Sanctified Liturgy

5:45 pm. Holy Trinity Cathedral

Pot Luck Lenten Meal

Presentation by Fr. Stephen

Thursday, March 31, 11:00 am-2:00 pm

Clergy of All Orthodox Jurisdictions Only:

OCPM WORKSHOP & Lunch

Holy Trinity Boardroom

Thursday, March 31, 7:00-8:30 pm

Open Training Session for All Interested in Joining Prison Ministry Team

Holy Trinity Hellenic Cultural Center

Make plans to attend this inspirational presentation, as Fr. Stephen shares his journey of over 30 years with this unique ministry and the amazing things he has seen God do for those living the dark prison life. The profound impact of Jesus' teachings to prisoners, brings the Gospel alive to us today.

Philoptochos will be having a dinner meeting **Tuesday, March 1st at 6:30 pm**. It will be at **Roma Ristorante; 5468 South 900 East**. We will be putting together food bags for the homeless so please bring nonperishable food items with a pop top or that can be easily opened. We will have a short meeting and dinner. Everyone is welcome! Hope to see you Tuesday. If you are able to come, please call Shelley Anderson; [801-860-3585](tel:801-860-3585) so that we can let the restaurant know how many will be coming.

Philoptochos Giving Tree

Please visit The Giving Tree located in the church hall at Holy Trinity to see how you can help with supporting local charities. Each month the focus of The Giving Tree will change to support different charities. This month we are gathering items to help the homeless that come to our church and church office. Please bring nonperishable items with a pop top or easy to open top to Holy Trinity through February. Philoptochos will be making grab bags containing non-perishable foods that will be available for the office staff to give out to a homeless person who comes and is in need of food. Thank you for your generosity!

NEON

APOKREAS PARTY

SATURDAY MARCH 5TH

Hellenic Cultural Center

279 South 300 West

Social Hour 6:30 pm

Dinner 7:30 pm

Raffle 8:30

Dancing 9:00 - 12:00 am

\$15 Adults

\$10 Children 12 & under

At the door \$20 Adults

\$15 Children 12 & under

Food graciously donated by
Nicholas and Company

Any questions, please call
Pam Zoumadakis
801.273.1191

WEAR
YOUR
NEON

for the
Most Creative
Neon Outfit
Contest



KRITIKI

HOROESPERITHA

HOSTED BY MINOS & MINOTAVROS

FEBRUARY 27, 2016

6:30 SOCIAL HOUR | 7:30 DINNER

HELLENIC MEMORIAL BUILDING

279 SOUTH 300 WEST

Musicians

Dimitris Vakakis - Lyra

Christos Makridakis - Laouto

Tony Marmatakis - Laouto

Minas Katzakis - Krousta (Percussions)

Entertainment

KriKri & Minotavros Dancers

Tickets

\$40 ADULT (18+) \$50 AT THE DOOR

\$20 YOUTH (6-17) \$30 AT THE DOOR

5 years old and younger FREE

\$15 after 10pm

FOR MORE INFORMATION CONTACT:

GEORGE TSOUTSOUNAKIS @ 801.244.8214 GTSOUTS@GMAIL.COM

GEORGIA TSOUTSOUNIS @ 801.493.9840 G.TSOUTSOUNIS@GMAIL.COM

TRICIA LOURAS @ 801.739.3993 LOURASTRICA@GMAIL.COM



2016 CAMP EMMANUEL

Dates: Junior Session (ages 11-14 years): June 12-18, 2016

Senior Session (ages 15-18 years): June 19-25, 2016



Location: Manzano Mountain Retreat
Torreon, New Mexico

Registration Cost: \$375* (\$355 for siblings in immediate family)

*completed registrations prior to March 31 will receive a 10% discount

Registration Deadline:

- Early Bird: 11:59pm (mountain) March 31, 2016
- Regular: 11:59pm (mountain) May 6, 2016

Registration Link: <https://www.events.denver.goarch.org/index.php?controller=event&task=options&eventId=66>

If you have questions about registration, please contact rsinos@denver.goarch.org.



Pancretan Association of America PAA SCHOLARSHIPS

Please visit us at www.pancretan.org to view scholarship opportunities for undergraduate studies, graduate studies and college credit courses in Crete for the summer of 2016.

ALL applications can be downloaded from the website starting January 18th-March.

DEADLINE MARCH 31, 2016

For more information contact:
Debbie Nikokavouras - PAA Scholarship Chair
scholarship@pancretan.org





The Community would like to extend a sincere thank you to the Daughters of Minos for their generous donation of \$10,000 towards the new roof in the big gym at Prophet Elias.

HELENIC CULTURAL ASSOCIATIONS

The Hellenic Cultural Association of Salt Lake City invites all parishioners and friends of the Greek Orthodox Church of Greater Salt Lake to help establish a monument commemorating the site of the first Greek Orthodox Church in Utah, which was dedicated Oct. 29, 1905, the site is at 439 West 400 So. Contributions large and small are welcome and tax deductible. Mail your donation to the
Hellenic Cultural Association
279 So. 300 West, SLC, UT. 84101
Thank you

DAUGHTER OF MINOS

The Daughters of Minos will have their next meeting on **Sunday March 20th at Prophet Elias at 3:00** in the **small gym**. We look forward to seeing everyone there. On behalf of the Daughters of Minos Board we would like to thank all members who joined us for our Membership appreciation this past week. A good time was had by all. Thank you for your support.

GODPARENT SUNDAY

Please keep in mind that **Godparent Sunday** at **Prophet Elias** is on **March 6th**. We encourage all Godparents to come to Church with their Godchildren and receive Holy Communion together.



KALH SARAKOSTH

The Young at Heart will be having their monthly luncheon on **Thursday March 10th** at noon at the Memorial Hall. This month's menu will be rice with shrimp, spanakopita, vegetable, salad and soup. Come and enjoy some good food and good fellowship, bring a dessert if you like.
Thank you.



MARY S. MANNOS FOR CELEBRATING HER



BIRTHDAY ON FEBRAURY 24TH
