

Epistle Reading

St. Paul's Letter to the Hebrews 6:13-20



BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things,

in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Gospel Reading

The Gospel According to Mark 9:17-31



At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are

possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxy3@gmail.com

Sunday, April 10th, 2016
Sunday of St. John Climacus



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139

Reverend Father Elias Koucos: 801-556-4640

Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

Sunday Services

April 10th, 2016

Holy Trinity
Prophet Elias

Sunday of St. John Climacus

Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias
Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew

April 17th, 2016

Holy Trinity
Prophet Elias

Sunday of St. Mary of Egypt

Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias

Weekday Services

April 11th, 2016

Prophet Elias

Compline Service

6:00pm Fr. Matthew/Fr. Elias

April 13th, 2016

Prophet Elias

Ninth Hour followed by Liturgy of the Presanctified Gifts

5:45pm Fr. Matthew/Fr. Elias

April 15th, 2016

Holy Trinity
Prophet Elias

Akathist Hymn to the Theotokos

6:30pm Fr. Matthew
6:30pm Fr. Elias

Memorials

April 10th, 2016

Georgia Reid
Vasilike Rekouniotis

40 Days
3 Years

Holy Trinity
Holy Trinity

Friday, April 22nd, 2016

Maria Kambaladou at 10:30am

40 Days

Prophet Elias

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew. For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at 801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Joan, Konstantine, Yianni, Andrianna, Michalis, Kosma, Andoni, Panayiota, Noula, Veloutho, Kalliopi, Elia, Nick, Angela

*If you would like to add a name to the prayer list you can do so by calling the main office at Holy Trinity at 801-328-9681. *

Philoptochos Giving Tree

The Philoptochos at both churches will have a "Giving Tree" set up for Pascha.

We are asking for donations and items to go into the baskets that will be delivered to our elderly parishioners. Please help out and give generously!

Thank you for your unending support to the Philoptochos and to our community!

Philoptochos Meeting

Tuesday, April 12th 6:30pm

The Other Place Restaurant – 469 East 300 South

Come enjoy an evening of fellowship.

Any questions, please contact **Cindy Skedros 801-560-9728**

We will also be selling Koulouria for \$6.00 a dozen after church at Holy Trinity during coffee hour.

Just a Friendly Reminder



The Young at Heart will be held on Thursday, April 14th at noon at the Hellenic Memorial Hall

We hope to see you all there!

IMPORTANT MESSAGES FROM FATHER MATTHEW

WE ARE NOW ENTERING THE FIFTH WEEK OF GREAT LENT

Our holy Church Fathers remind us, as we begin to contemplate the approaching Holy Week, to not fill our mind with worldly noise without reason. Radios or televisions operating "in the background" prevent quietude by filling even empty moments with the distracting flow of sounds and voices. How shall we find quiet in our times of prayer, if we have so conditioned ourselves against it in every other moment? May we remember that Great Lent is a sacred time of divine grace, which seeks to detach us from things material, lowly and corrupt, in order to attract us toward things wholesome and spiritual. We are called to embrace fervently the spiritual struggle of this holy period in purification and prayerfulness.

HOLY CONFESSION = A (SPIRITUALLY) HEALTHY FAMILY LIFE

We not only require God's mercy to forgive us our sins, to bear our weaknesses, to tolerate our iniquities, but in addition we need God's beneficence to cleanse us of our iniquities, to enlighten us to know His will, to strengthen us in our desire to do that which is pleasing to Him, to direct our will in fulfilling His commandments. When a soul discovers to what extent it requires the generousities of God and sees how much they benefit us, both in the external and internal aspects of our life, only then is a soul capable of praying to Him with a contrite and grateful heart, and only then will prayer be the vibrant word of the soul. The holy prophet David was led to the knowledge of the Lord as merciful and generous. This is why his prayer was full of gratitude, doxology, and contrition. Only the recognition of one's sinfulness brings one to search out God's mercy, only the awareness of one's powerlessness, helplessness, and total weakness leads one to the perception of the most gracious Lord.

Even at the "eleventh hour", there is time for Holy Confession for you and your entire family! Please call me! May we not delay our Confession until tomorrow, for our Lord does not guarantee us "tomorrow".

ARE WE KEEPING THE FAST?

Fasting is one of the primary ways that we train ourselves to be in the world, but not of it, and constitutes one of the more challenging tasks facing an Orthodox Christian in America and the West. We are surrounded by people who accept those messages which extol the 'virtue' and pleasures of self-indulgence. Few of our contemporary peers are going to support us in our Orthodox Faith, even though all will watch our struggles with interest, waiting to see if we are truly serious about what we claim to believe. This is especially true of our non-Orthodox families and friends. Therefore, there is no greater witness for Orthodoxy in America than that humble soul who quietly goes about the business of keeping the fast. May our Lord grant us the strength and perseverance to continue to holy 40-day fast as we prepare for the Crucifixion and Resurrection of our Lord and Savior.

LENTEN SERVICES THIS WEEK

Below are the SERVICES at our parish during this FIFTH WEEK of GREAT LENT:

MONDAY, APRIL 11:

Great Compline Service, 6pm at Prophet Elias only

WEDNESDAY, APRIL 13: Ninth Hour and Liturgy of the Presanctified Gifts, 5:45pm at Prophet Elias only followed by a Lenten meal afterward

FRIDAY, APRIL 15:

The Akathist Hymn to the Theotokos, 6:30pm at both churches

The Mother of God was, is, and will continue to be the unrivaled protectress and the swift intercessor and helper of Christians. She is the one whom the faithful call upon in times of danger, sorrow, and need. Her maternal boldness before her Son and God abundantly bestows God's mercy upon the faithful. Let us raise our minds and hearts unto her, the most compassionate Mother of the Lord, and we will obtain her swift help and aid.

TUESDAY MORNING WITH THE LORD

Our TUESDAY MORNING BIBLE STUDY will take place this **Tuesday, April 12** at **10:30am** at the Little America Coffee Shop. Please plan on joining us on this day, for we will pause for a couple of weeks to prepare to celebrate our Lord's Saving Passion and Resurrection! Our next Tuesday Morning Bible Study gathering, *after* this Tuesday, April 12, the next one will be on **Tuesday, May 10** at **10:30am** at the Little America Coffee Shop.

SATURDAY OF LAZARUS RETREAT

This year we are pleased to announce that we will offer a SATURDAY OF LAZARUS LENTEN RETREAT on Saturday, April 23 at Prophet Elias beginning around 11am. Parents, please plan to bring your children following Divine Liturgy on this day! We also welcome and invite any assistance you can offer in making this year's retreat a spiritually fruitful one!

*Humbly in Christ,
Father Matthew*

Youth Weekly Devotional
The Foundation of Unwavering Faith

My Dear Beloved Children we will gather this Sunday on the 4th Sunday of our Holy Lenten Journey to commemorate and remember St. John Climacus or St. John of the Ladder who we are all aware of wrote The Ladder of Divine Ascent. The book has served as a guide to living a spiritually disciplined life. The ladder has thirty rungs and each rung represents a different Christian virtue that is needed in our ascent to heaven. The foundation of this ascent to heaven and wanting to attain these virtues is faith. The Gospel Lesson for this Sunday also shows us that through faith in Christ all things are possible. So our climb and ascent to heaven begins with faith, faith that these virtues are beneficial for us and for our salvation and we must want to obtain these because of our faith in Jesus Christ. In our ever-changing world we all need somewhere to turn during the storms of life. The one true anchor for our soul is Jesus Christ, who Scripture assures us will not change. And in order for us to find comfort in Him, we must continue to learn who He is, what He does, and how He works. Jesus Christ is fully God and fully man, He was born of a virgin, lived 33 years on Earth, was crucified and rose after three days. He is the Way, the Truth, and the Life—the Christ, the Son of the Living God. Jesus like us has feelings—He wept for hurting people and felt angry when people misused the temple and most importantly, His resurrection defeated death, and He still lives today. God's character never varies, and the merciful, loving, compassionate, and holy Jesus we know in Scripture is the same Messiah we can cling to today. So where do we turn in trying times? Difficult circumstances are inevitable. We need to prepare ourselves for them by continuing to grow in faith and knowledge of Christ and learning who Jesus really is—He's the only true shelter and rock that will not change. So let our Orthodox Faith not only be shown at a particular time but always in our lives. It is a way of life. Our faith is believing and trusting in God, believing all He has declared, accepting His word as true and trusting Him to fulfill all He has promised. Let us continue to grow in faith and knowledge of our Lord and let our hope be in God which cannot turn to dust and ashes. When our hope is in God we cannot be disappointed and when our hope is in the love of God, it can never be an illusion, for God loves us with an everlasting love backed by an everlasting power. Let us continue to grow and faith in our Lord.

In Faith and Love,
+fr. elias

Upcoming GOYA Activities

GOYA Lenten Salutation Service and Dinner

Friday, April 15, 2016 6:30pm Prophet Elias

7:45pm Dinner at Buca di Beppo Fort Union 935 Fort Union Blvd.

Please RSVP to Fr. Elias by Wednesday, April 13th to reserve dinner space

Saturday of Lazarus Youth Retreat

Saturday, April 13, 2016 11:00am Prophet Elias

Making palms, Holy Week stations, crafts, lunch, retreat crosses

Join in an edifying and spiritual retreat in fellowship

GOYA End of Year Boondocks Outing

Thursday, May 12, 2016 6:00pm Boondocks 75 South Fork Dr., Draper, UT

Dinner and amusement park activities. Prices and more info to follow.

JUNE GOYA Nature Hike and Picnic info to follow

June Sr. GOYA Drive-In Movie Night info to follow

July GOYA Swim Party info to follow.

GOYA Elections, PARA League Basketball Sign Up and Lunch

Sunday, September 18, 2016 1:00pm Hellenic Cultural Center

Elections, Lunch and Basketball sign up

The GOYAN GAZETTE

We will begin publishing our first Youth Newsletter and we need your help in providing information about you. Please let us know what you're doing in school, what you would like to hear about and learn about. Please email Mrs. Orié Kambouris at oriekambouris@hotmail.com or Fr. Elias at frliask@yahoo.com. Please let us know your thoughts and ideas and what's going on in your lives. Congratulations to Chrysoula Sefandonakis and Maria Sarkisyan who submitted the winning name.

**The Daughters of Minos
Lenten Dinner & Lambatha Making**

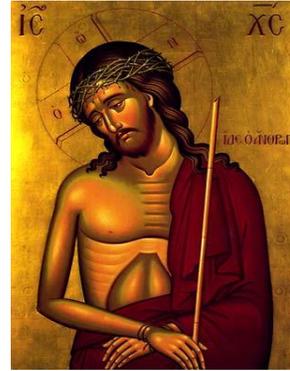
The Daughters of Minos will be hosting a Lenten Dinner on **Wednesday April 13th**, at **Prophet Elias** immediately following the church service at approximately **6:30pm** in the **small gym**. We will also be making lambathes during this time. Parents, Godparents are welcome to come and make your lambatha with your children and Godchildren. The Godparents giving the lambatha for Easter is very much a part of our Greek Tradition, as they are supposed to be the Spiritual Guardian of the Child, and as such, on Good Saturday Resurrection Service, when Christ arose, the Church in darkness, and the priest comes out with the blessed light of the resurrection, the light of which is spread from person to person, candle by candle. Some children also take their lambatha to the Good Friday Service. Please join us for this beautiful Lenten Dinner and join in the Tradition of making Lambathes for your children and Godchildren. We look forward to seeing everyone there!

The Daughters of Minos will be holding their next meeting on Sunday **April 17, 2016 at 3:00 p.m. at Holy Trinity**. We look forward to seeing everyone there.

**Daughters of Minos
Mother's Day Luncheon and Fashion Show
Saturday May 7, 2016
Little America Hotel 11:00 a.m.**

Please join the Daughters of Minos for their Annual Mother's Day Luncheon and Fashion Show (Chico's and Four and Twenty Sailors). **Adults \$45 Children \$17**. Prepaid Reservations will be taken beginning this Sunday at both Prophet Elias and Holy Trinity.

For more information and to make Reservations, please contact Eleni Maroudas [801-949-5868](tel:801-949-5868) and Jennifer Klonizos [801-230-8124](tel:801-230-8124). We look forward to seeing everyone at this beautiful event for Mother's Day!



DONATIONS FOR LENTEN FLOWERS

If you would like to donate towards the flowers needed during the Lenten Season to decorate the Kouvouklion and Icons, please send your donations to the church office, or give at the Narthex at either church. We are grateful for any donations.

Wishing you a blessed Lenten and Paschal Season!

PAN ARCADIAN CHAPTER MEETING

Our next dinner/business meeting is Tuesday, **April 19, 2016 at 6:30 pm** at The Other Place Restaurant. Hope to see you there.

PAN ARCADIAN SCHOLARSHIP

The Western District Arcadian Scholarship application is available from Karen Anastasopoulos (karenanast@gmail.com and [801-913-2414](tel:801-913-2414)). An applicant may be a member of a PFA chapter (Salt Lake City Theodoros Kolokotronis Chapter #90), a child of a member OR a grandchild of a member. **Deadline is May 1, 2016**. Contact Karen with any questions.

Daughters of Penelope next chapter meeting Monday, **April 18, 7:00 pm** at **Prophet Elias Church**.

DAUGHTERS of PENELOPE National Scholarship:

2016 DOP National (undergraduate & graduate) Scholarship applications now being accepted. Available to a woman who is a DOP or Maids of Athena or who has a current immediate family member who is a member of DOP or AHEPA. If interested contact daughtersofpenelope79@gmail.com or call national chairman, Antoinette Zacharides at [732-458-8782](tel:732-458-8782). Deadline May 1, 2016

Save the Date

The **Spring General Assembly** will be on **May 15th** at Prophet Elias Church.

**Taste of Greece
Sunday, June 19th**

Come Celebrate Pentecost Sunday, Holy Trinity Cathedral Feast day, along with Father's Day!
More details to follow.

Anastasi Dinner

Please plan to attend a delicious dinner with your fellow parishioners in celebration, of the Resurrection, immediately following the **Saturday; Anastasi Services** at both churches, The Parish Council will be serving the community favorite, lamb, dinner. This will be a wonderful opportunity to share the joy of Pascha! We look forward to seeing you all there after services.

New Divine Liturgy Books

If you haven't notice our Divine Liturgy books are in need of being replaced.

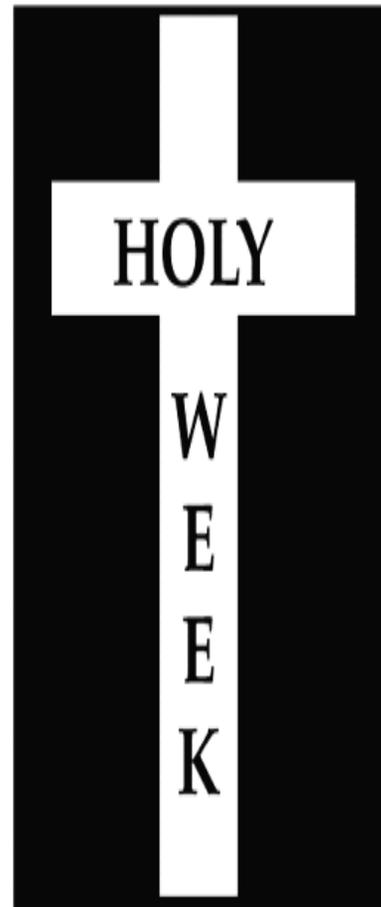
We appreciate all your patience in allowing us time to do this.

We are asking that you help in offsetting the cost in any way possible.

Please remember, "Even the smallest grain of rice can tip the scale".

Anything you have to offer is appreciated.

May you have a blessed Pascha.



****Save the Date, Saturday**

April 23, 2016**

Youth Lenten Retreat

Kindergarten through 12th grade

11:00 a.m. to 2:30 p.m. at Prophet Elias

This year's Youth Lenten Retreat will be held on the Saturday of Lazarus, April 23rd after morning liturgy at Prophet Elias at **11:00 a.m.** This year's theme is "Journey through Holy Week" which will feature events from Saturday of Lazarus to the Resurrection of Christ. Stations include: Tying Palms for Palm Sunday, Decorating Easter Eggs, Lenten Songs, Holy Unction, and the Mystical (Last) Supper, The Crucifixion and Resurrection of our Lord. A light lunch will also be provided. The retreat is free.

Additionally, any youth needing to make up Sunday School Attendance will receive credit for attending/assisting with the retreat. Any questions, please call:

Paul K. at 801-870-1514,

Denise N., at 801-604-6782

Elenie S., at 801-718.7515

We look forward to seeing you!



THANK YOU!

The Community would like to extend a sincere “Euxaristo” thank you to the endeavours of **A Taste of Greece**. Your efforts to continually entice us with your excellent cuisine and filotimo in caring for our community exceeds our expectations. Your most recent donation of \$32,500, is a huge blessing to our community. May you continue to strive to accomplish all that you have done.



FESTIVAL MEETING

Please join us for a Festival Meeting on Wednesday, May 11th, at 6:00 pm, at the Holy Trinity Memorial Building. We look forward to seeing you and planning the 2016 Festival.

ΕΥΧΑΡΙΣΤΟΥΜΕ

Thank You

Thanks to the great support of our parishioners, A Taste of Greece has purchased or donated over \$272,500 for the following items for our Community:

- (New) \$10,000 to fix the roof at Prophet Elias
- (New) \$5,000 to fix the roof at The Hellenic Cultural Center (Memorial Building)
- (New) Matching funds up to \$2,500 to replace the pumps in the basement at Prophet Elias
- (New) Matching funds up to \$15,000 to replace the HVAC unit(s) dining room of The Hellenic Cultural Center
- 110 Choir robes
- 2 Electronic bell systems for bell towers (including an upgrade)
- 2 Portable indoor/outdoor audio systems
- 850 Banquet chairs
- 30 Eight-foot tables
- Baker's rack
- Cooking demonstration table with a mirror
- Four-burner grill and double oven
- 250 Stainless steel hotel pans for the Greek Festival
- Gas-operated tilt-fryer
- Plates for 500: dinner, salad, bread, and dessert
- Silverware service for 500: forks, spoons, and knives
- 72 Water carafes
- Concrete pad by playground of St. Sophia
- Audio systems for sanctuaries at both churches
- 6 Utility carts
- Ramp for freezer
- Railing for ramp on north side of Memorial Building
- Donations to the Hellenic Cultural Association for the Old Greek Town Trax Station, Greek Pavilion at the International Peace Gardens, and St. Sophia School
- Repaired large freezer in warehouse
- Renovated restrooms in the gym of the Memorial Building
- Replenished water and wine glasses at Holy Trinity, service for over 500 each
- Replaced steam kettle in kitchen at Holy Trinity

Committee Members

Basil & Joni Chelemes, Gus Colessides, Angel Manfredini, George Miller, Nia Reganis, Paul Roumpos, Nola Slager, Gregory Skedros, Nitsa Tsoutsounakis