

## Epistle Reading

### St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

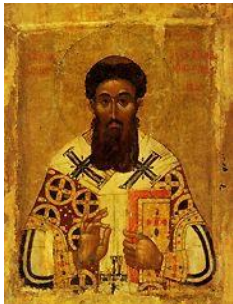


"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

## Gospel Reading

### The Gospel According to Mark 2:1-12



At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there,

questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"



Greek Orthodox Church of Greater Salt Lake  
[www.gocslc.org](http://www.gocslc.org); [Orthodoxy3@gmail.com](mailto:Orthodoxy3@gmail.com)

**Sunday, March 12<sup>th</sup>, 2017**  
Sunday of St. Gregory Palamas



Please contact Father Elias 801-556-4640 for visits and any Spiritual needs  
Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681  
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

### Sunday Services

**March 12<sup>th</sup>, 2017**

**Holy Trinity  
Prophet Elias**

**Sunday of St. Gregory Palamas**

Orthros 9:00am/Divine Liturgy 10:00am Fr. Luke  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias

**March 19<sup>th</sup>, 2017**

**Holy Trinity  
Prophet Elias**

**Sunday of the Holy Cross**

Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Luke

**March 26<sup>th</sup>, 2017**

**Holy Trinity  
Prophet Elias**

**Sunday Of St. John Climacus**

Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Luke

### Weekday Services

**Monday**

**March 13<sup>th</sup>, 2017**

**Holy Trinity**

**Great Compline**

6:30 pm Fr. Elias

**Wednesday**

**March 15<sup>th</sup>, 2017**

**Prophet Elias**

**Presanctified Liturgy**

6:30 pm Fr. Elias

**Friday**

**March 17<sup>th</sup>, 2017**

**Holy Trinity  
Prophet Elias**

**Salutations to the Virgin Mary**

7:00 pm Fr. Elias  
7:00 pm Fr. Luke

### Memorials

**March 12<sup>th</sup>, 2017**

James Skedros	77 Years	Holy Trinity
Angeline Skedros	37 Years	Holy Trinity
Helen Skedros Rizos	42 Years	Holy Trinity
Anna Skedros	22 Years	Holy Trinity
Anthony Skedros	20 Years	Holy Trinity
Jenny Skedros	10 Years	Holy Trinity
Constantine Skedros	5 Years	Holy Trinity
Ageliki Giannetakis	20 Years	Holy Trinity
Vasilios Giannetakis	15 Years	Holy Trinity
Maria Kambaladou	1 Year	Prophet Elias

**Coffee hour will be hosted by the Skedros Family**

**April 2<sup>nd</sup>, 2017**

Baird Guin 1 Year Holy Trinity

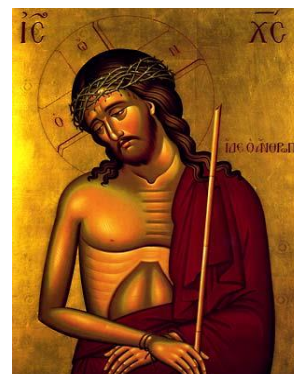
### **Scheduling Memorials**

Please contact Fr. Elias to schedule a memorial at **801-556-4640** or **freliask@yahoo.com**

### **Prayer List**

Pat, Steve, Heather, Gary, Jamie, Nick, Jimmy, Joel, Tami, Dan, Jane, Brian, Casie, Agnes, Christina, Irene, Mike, Debbie, Joe, Lorenzo, Christopher, Cathryn, Bunnie, Quentin and Rosselis

**If you would like to add a name to the prayer list, you can do so by calling the church office at 801-328-9681**



### **DONATIONS FOR LENTEN FLOWERS**

If you would like to donate towards the flowers needed during the Lenten Season to decorate the Kouvouklion and Icons, please send your donations to the church office, or give at the Narthex at either church. We are grateful for any donations.

Wishing you a blessed Lenten and Paschal Season



### **Greek Independence Day Celebration**

**Sunday, March 26<sup>th</sup>**

**Dinner and Program**

**6:30 pm**

**Holy Trinity Memorial Building**

Please join us for our annual Greek Independence Celebration. Come enjoy the delightful presentations of our Greek School Children!

Tickets can be purchased at the door and both church Narthex's Sunday morning. Cost to attend is \$15 for adults and \$10 for children under 10. This is always a family favorite, so plan on attending.

# HOLY WEEK



## SCHEDULE

### SATURDAY OF LAZARUS

APRIL 8

<b>Holy Trinity</b>	Orthros 9:00 am/Divine Liturgy 10:00 am	Fr. Luke
<b>Prophet Elias</b>	Orthros 9:00 am/Divine Liturgy 10:00 am	Fr. Elias

### PALM SUNDAY

APRIL 9

<b>Holy Trinity</b>	Orthros 9:00 am/Divine Liturgy 10:00 am	Fr. Luke
<b>Prophet Elias</b>	Orthros 9:00 am/Divine Liturgy 10:00 am	Fr. Elias

<b>Holy Trinity</b>	Service of the Bridegroom	7:00 pm	Fr. Elias
<b>Prophet Elias</b>	Service of the Bridegroom	7:00 pm	Fr. Luke

### HOLY MONDAY

APRIL 10

<b>Holy Trinity</b>	Service of the Bridegroom	7:00 pm	Fr. Elias
<b>Prophet Elias</b>	Service of the Bridegroom	7:00 pm	Fr. Luke

### HOLY TUESDAY

APRIL 11

<b>Holy Trinity</b>	Service of the Bridegroom Hymn of Kassiani	7:00 pm	Fr. Luke
<b>Prophet Elias</b>	Service of the Bridegroom Hymn of Kassiani	7:00 pm	Fr. Elias

### HOLY WEDNESDAY

APRIL 12

<b>Holy Trinity Only</b>	Presanctified Divine Liturgy	9:00 am	Fr. Elias/Fr. Luke
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<b>Holy Trinity</b>	Mystery Holy Unction	3:00 pm	Fr. Luke
<b>Prophet Elias</b>	Mystery Holy Unction	3:00 pm	Fr. Elias

<b>Holy Trinity</b>	Mystical Supper Matins	7:00 pm	Fr. Elias
<b>Prophet Elias</b>	Mystical Supper Matins	7:00 pm	Fr. Luke

### HOLY THURSDAY

APRIL 13

<b>Holy Trinity</b>	Vesperal Liturgy of Saint Basil	9:00 am	Fr. Luke
<b>Prophet Elias</b>	Vesperal Liturgy of Saint Basil	9:00 am	Fr. Elias

<b>Holy Trinity</b>	Crucifixion Matins 12 Gospels	6:00 pm	Fr. Luke
<b>Prophet Elias</b>	Crucifixion Matins 12 Gospels	6:00 pm	Fr. Elias

### HOLY FRIDAY

APRIL 14

<b>Prophet Elias (only)</b>	Royal Hours	9:00 am	Fr. Elias/Fr. Luke
<b>Holy Trinity</b>	Apokathelosis (Descent from the Cross) Vespers	3:00 pm	Fr. Luke

<b>Prophet Elias</b>	Apokathelosis (Descent from the Cross) Vespers	3:00 pm	Fr. Elias
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<b>Holy Trinity</b>	Lamentations Matins Procession with the Kouvouklion	7:00 pm	Fr. Elias
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<b>Prophet Elias</b>	Lamentations Matins Procession with the Kouvouklion	7:00 pm	Fr. Luke
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### HOLY SATURDAY

APRIL 15

<b>Holy Trinity</b>	Vesperal Liturgy of Saint Basil	9:00 am	Fr. Elias
<b>Prophet Elias</b>	Vesperal Liturgy of Saint Basil	9:00 am	Fr. Luke

<b>Holy Trinity</b>	Vigil, Matins and Divine Liturgy Resurrection	11:00 pm	Fr. Luke
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<b>Prophet Elias</b>	Vigil, Matins and Divine Liturgy Resurrection	11:00 pm	Fr. Elias
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### GREAT AND HOLY PASCHA

APRIL 16

<b>Prophet Elias Only</b>	Agape Vespers	11:00 am	Fr. Elias/Fr. Luke
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**2<sup>nd</sup> Week Lenten Message**  
**Continued Blessed and Holy Lenten Journey**

My Dear beloved family in Christ, as we complete our second week of Lent, my prayer for us all is that in this time of fasting and continence that our Lord Jesus Christ may bring us to the Holy Day of His Saving Passion, so we may cry out to Him. Arise, O God, and have mercy on us. Amen! (Matin Hymn 2<sup>nd</sup> Sunday of Lent)

In the Gospel read for the second Sunday of Lent, we hear of Christ healing of the man, "Sick of the palsy". A man unable to walk or stand and unable to do anything for Himself. The story revolves around him, but what we should also look at is the narrative of the four friends who bring this paralyzed man to Christ, and how we can emulate this love for each other.

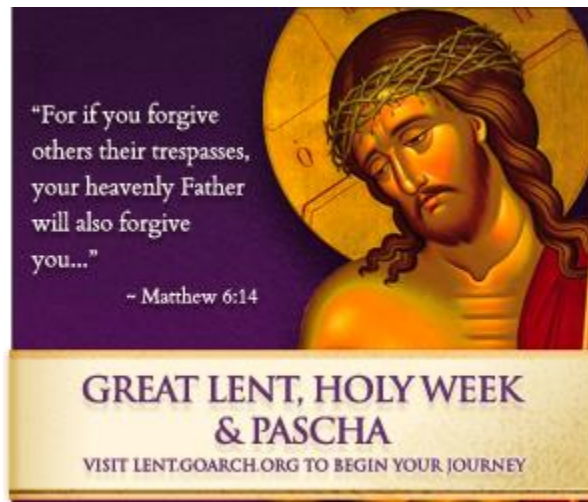
It is not simply the faith of the four friends that makes it possible for the paralytic to be healed, but also their love for their friend. The love that we as the Body of Christ need to emulate and show for each other. An active love, a love which is willing to bear the trials and burdens of another, and to bring each other to our Lord and God. It is love that holds us together and brings us together as one in the Body of Christ.

This is the one thing needful in our Life's - Love, adoration of Christ and love towards our fellow human beings. This is what is required of us all to be one in Christ. Our love for each other cultivates love towards God.

Let us love and have compassion for everyone, and if one suffers, we all suffer to help each other. In this may we love in unity and with Christ.

Let us love and continue our journey in love and concern for each other now and always,

In His love,  
+ fr. Elias



**Benevolence Fund**  
**Benevolence Fund and Charitable Ministry of The Greek Orthodox Church of Greater Salt Lake**

If you would like to donate, please make your donations payable to the Greek Orthodox Church of Greater Salt Lake Benevolence Fund. Mail or bring to the Holy Trinity Office 279 South 300 West, SLC Ut, 84101. Funds will be administered on a case by case basis to those in need and in accordance with our Mission Statement .

*Philoptochos Membership Tea* 

*To our wonderful ladies in Philoptochos and to those interested in becoming a member ...*

*Please join us for our annual event as we welcome new members and also, take this opportunity to show our appreciation of our current members' ongoing dedication to serving our community!*

*Saturday, March 18th 11:00-1:30pm*

*At the home of Nicolette Lyhnakis*

*2393 E Creek Rd, Sandy*

*Light refreshments will be served.*

*Looking forward to seeing everyone!*

## FLYERS

In order to maintain consistency and proper communication with parishioners, all flyers and notifications posted in or about the Churches and accompanying buildings need to receive prior approval from the Church office.

Thank you for your cooperation

### Operation Brown Bag Community Outreach Event

Please make plans to join us for our Spring Community Outreach Event on Saturday, April 29th at the Hellenic Cultural Center. We are looking forward to once again feeding those in need and fulfilling a critical need in our community. In addition to organizing, staffing and overseeing the event, the Parish Council will be providing a complimentary breakfast for volunteers. Following breakfast, volunteers will be making sandwiches and assembling brown bag lunches to be delivered to various downtown service providers for the homeless and hungry.

This is a great service opportunity for parishioners and their families to come together and work side-by-side in an effort to help those who are less fortunate. Remember, Yiayia always said, **"many hands makes light work!"**

Please sign up in the narthex, or by calling the church office at 801-328-9681 or by email at [orthodoxy3@gmail.com](mailto:orthodoxy3@gmail.com).

### SAINT SYMEON



**MARCH 12<sup>TH</sup>**

Saint Symeon became a monk of the Studite Monastery as a young man, under the guidance of the elder Symeon the Pious. Afterwards he struggled at the Monastery of Saint Mamas in Constantinople, of which he became abbot. After enduring many trials and afflictions in his life of piety, he reposed in 1022. Marvelling at the heights of prayer and holiness to which he attained, and the loftiness of the teachings of his life and writings, the church calls him "the New Theologian." Only to two others, John the Evangelist and Gregory, Patriarch of Constantinople, has the church given the name

"Theologian." Saint Symeon reposed on March 12, but since this always falls in the Great Fast, his feast is kept today.



## GREEK ORTHODOX CHURCH OF GREATER SALT LAKE

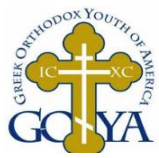
### COMMUNITY OUTREACH & VOLUNTEER BREAKFAST

APRIL 29, 2017 • 9 AM

Hellenic Cultural Center  
279 South 300 West

Come enjoy a delicious  
breakfast followed by  
Sandwich making and  
delivering Brown Bag  
Lunches to the hungry in  
our City.

Please RSVP by calling the church office at 801-328-9681 or email to [orthodoxy3@gmail.com](mailto:orthodoxy3@gmail.com).



**LAMBS, HOPE & JOY**

**March 29<sup>th</sup>**

We will meet at Holy Trinity after Pre-Sanctified Liturgy to make Lampathes for Pascha with the Daughter of Minos



**SATURDAY OF LAZURUS RETREAT**

**April 8<sup>th</sup>**

**Preschool through 5th grade**

**11:00 am to 2:00 pm**

**at Prophet Elias**

**Camp Emmanuel 2017**



**Senior Session:** June 11-17, 2017 (Ages 15-18)

**Junior Session:** June 18-24, 2017 (Ages 11-14)

NOTE THAT THE SESSIONS HAVE CHANGED!  
THE SENIOR SESSION WILL TAKE PLACE DURING THE FIRST WEEK AND THE JUNIOR CAMP SESSION WILL TAKE PLACE DURING THE SECOND WEEK IN JUNE.



**SAINT SOPHIA SCHOOL  
at the PAINT MIXER**

When: **Sunday, April 2, 2017**

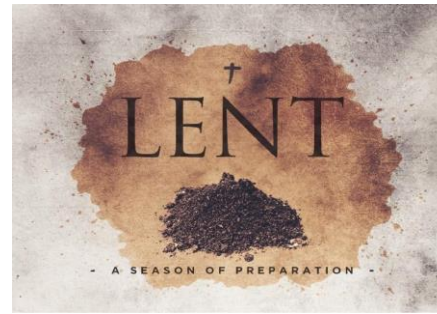
Time: 2:00 PM

Where: Paint Mixer  
1327 E. 2100 S.

Food and drinks will be served.

This is a fun event open to men, women and children. Please help us celebrate art while benefitting Saint Sophia School. Sign up today!

If you would like to reserve a spot, please call the school office at 801-424-1297



**Jr and Sr GOYA  
Saturday of Lazarus  
Overnight Lenten  
Retreat 2017**

**April 7-8**

**Prophet Elias Church**

**5:30 pm**

**\*(All Goyans should attend Vespers)**

Join us for thoughtful discussion, delicious Lenten meals and fellowship.

**PARENT CHAPERONES NEEDED!**

RSVP: Call or text Father Elias at 801-556-4640 or Denise Nikols 801-604-6782

**Friday April 7**

5:30 pm- Check in Small Gym, Parent will need to sign a waiver

6:00 pm -\*\*Youth Participation Vespers-YOUR ATTENDANCE IS NEEDED\*\*

7:00 pm- Lenten Meal

7:45-8:45 pm- Guest Speaker

9-10:30 pm-Movie

11:00-11:30 pm – Confession

12:00 pm- LIGHTS OUT!!

**Saturday April 8**

10:00 am -Church- Saturday of Lazarus-Divine Liturgy (fast to receive Holy Communion)

Continental Breakfast immediately following Divine Liturgy

11:15 am-Tie Palm crosses for Palm Sunday

12:00 pm-Help with Lambs, Hope & Joy Saturday of Lazarus Retreat

2:00 pm-Pick up

**Bring a Sleeping Bag, Mat, and pillow-no electronic devices!**

## DAUGHTERS OF MINOS SCHOLARSHIP

### Apply Now

The Daughters of Minos sponsors scholarships at the University of Utah, Salt Lake Community College and Westminster College. Please encourage high school seniors, or college students who are interested in applying for scholarships starting fall semester, to contact these institutions now- application deadlines are only weeks away.

**University of Utah**  
801-585-5647

**Salt Lake Community College**  
801-957-4247

**Westminster College**  
801 832-2502

For questions, contact Kathy Paras at [nkgpara@msn.com](mailto:nkgpara@msn.com)

### 2017 Scholarship Applications

Applications for scholarships administered by the Office of the Chancellor of the Greek Orthodox Archdiocese of America are available for awards to be made for the 2017-2018 academic year. Click on the links below to download and print the scholarships instructions and applications.

<http://www.goarch.org/archdiocese/administration/chancellor/2017>

The deadline for submitting an application for any of these scholarships is **May 1, 2017**. Please let me know if I can be any assistance in the application process.  
+fr. Elias

**MARCH 14<sup>TH</sup>**

### **BENEDICT THE RIGHTEOUS OF NURSIA**



This Saint, whose name means "blessed," was born in 480 in Nursia, a small town about seventy miles northeast of Rome. He struggled in asceticism from his youth in deserted regions, where his example drew many who desired to emulate him. Hence, he ascended Mount Cassino in Campania and built a monastery there. The Rule that he gave his monks, which was inspired by the writings of Saint John Cassian, Saint Basil the Great, and other Fathers, became a pattern for monasticism in the West; because of this, he is often called the first teacher of monks in the West. He reposed in 547.

A GEORGE ELIAS STEPHANOPOULOS PRODUCTION      A MICHAEL ACHILLES NICKLES FILM

Don't Hold Back  
**SWING AWAY**

SHANNON ELIZABETH    JOHN O'HURLEY    MANOS GAVRAS    RENOS HARALAMBIDIS    KARL THEOBALD    VIKTORIA MILLER

**Megaplex Theaters**  
165 South Rio Grande St.  
Salt Lake City, UT 84101

**Sunday, March 19**  
4 PM

Tickets Available for Purchase Online  
and at the Box Office

Q&A with producer George Stephanopoulos  
following screening

A movie poster for 'Swing Away'. The background is a scenic view of a coastline with a golfer in mid-swing on a grassy cliff overlooking the ocean. A sailboat is visible in the distance. The sky is blue with light clouds.

Following a meltdown that leads to a suspension, professional golfer Zoe Papadopoulou travels to her grandparents' village in Greece to escape the harsh spotlight of the international sports world. Between baking bread and eating baklava, she meets and mentors a ten-year-old girl who is determined - against all odds - to become the next golf sensation. Along the way, Zoe rediscovers her Greek heritage, her love of the game, and the hidden strength within herself as she inspires the townspeople in an epic showdown against a greedy American developer.



Trailer and more info at: [www.swingawaymovie.com](http://www.swingawaymovie.com)

ANCIENT GAME PRODUCTIONS