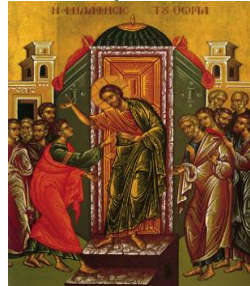


**Epistle Reading**  
**St. John's First Universal letter 1:1-7**



THAT WHICH WAS from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life - the life was made manifest, and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us - that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. And we are writing this that our joy may be complete. This is the message we have heard from him and proclaim to you, that God is light and in him is no darkness at all. If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth; but if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

**Gospel Reading**  
**The Gospel of John 20:19-31**



On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So, the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe."

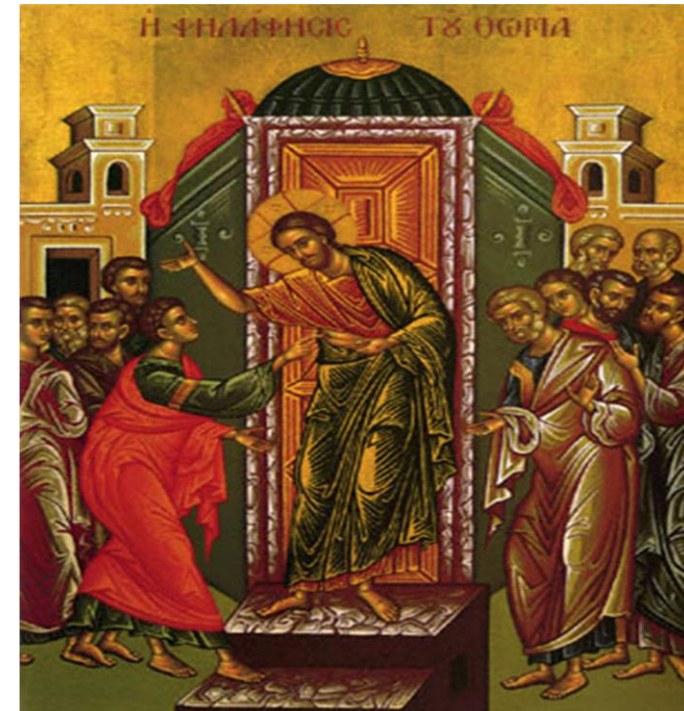
Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to Him: "Have you believed because you have seen me? Blessed are those who have not seen and yet believe."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.



**Greek Orthodox Church of Greater Salt Lake**  
**[www.gocslc.org](http://www.gocslc.org); [Orthodoxy3@gmail.com](mailto:Orthodoxy3@gmail.com)**

**Sunday, April 23rd, 2017**  
**Thomas Sunday**



**Please contact Father Elias 801-556-4640 for visits and any Spiritual needs**  
**Reverend Father George Politis (retired)**

**Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681**  
**Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693**

## SUNDAY SERVICES

### April 23<sup>rd</sup>, 2017

Holy Trinity  
Prophet Elias

### **Thomas Sunday**

Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Luke

### April 30<sup>th</sup>, 2017

Holy Trinity  
Prophet Elias

### **Sunday of the Myrrh-Bearing Women**

Orthros 9:00am/Divine Liturgy 10:00am Fr. Luke  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias

### Memorials

### April 30<sup>th</sup>, 2017

Vern Loveless	40 Days	Holy Trinity
Jean Velis	6 Months	Holy Trinity
Maggie Joyce Beck Anast	4 Years	Holy Trinity
George Arnold Anast	5 Years	Holy Trinity
Jon Richard Anast	5 Years	Holy Trinity
Chris Anast	7 Years	Holy Trinity
Spiro Sam Babalis	20 Years	Holy Trinity
Jeffrey Chris Anast	21 Years	Holy Trinity
George Anast	31 Years	Holy Trinity
Betty Anast	40 Years	Holy Trinity
Mary Ditmer Pharmakis Mazzai	51 Years	Holy Trinity
Konstantina Anastopulos	54 Years	Holy Trinity
Christine Pharmakis Anast Georgakis	70 Years	Holy Trinity
Peter Angelo Georgakis	70 Years	Holy Trinity
Peter D. Pharmakis	79 Years	Holy Trinity
Christ Anastopulos	80 Years	Holy Trinity
Katina Calevas		Holy Trinity
Theodore Calevas		Holy Trinity
Helen Yetter		Holy Trinity
Paul Yetter		Holy Trinity
George Melissas	40 Days	Prophet Elias
Madelyn Bowden	1 Year	Prophet Elias
James Bowden	16 Years	Prophet Elias

### May 7<sup>th</sup>, 2017

Chris Tsoufakis	40 Days	Holy Trinity
Francis Webb	40 Days	Holy Trinity
Katherine Webb	40 Days	Holy Trinity

### May 21<sup>st</sup>, 2017

Georgios Armaou	1 Year	Holy Trinity
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### Scheduling Memorials

Please contact Fr. Elias to schedule a memorial at **801-556-4640** or  
**freliaask@yahoo.com**

### Prayer List

Elizabeth, Anne, Cherish, Debbie, Shane, Margie, Hanna, Sebastian, Buddy,  
Meredith, Maria, Alice, Tatiana, Karina, Dimitri, Paraskevie, Vera, Alexander,  
Gregory, Kostoula, Katina and Carol

**If you would like to add a name to the prayer list, you can do so by calling  
the church office at 801-328-9681**

### Thank you

We would like to extend a sincere thank you to everyone who provided donations to  
help decorate and beautify our Churches during the Lenten period.



### Parish Council Corner

Xristos Anesti!

We would like to thank the community for their participation in the Holy Week services.  
It was overwhelming to see and greet all of you at the Anastasi Dinner.  
We appreciate your continued support of our community.

Please plan on attending the Spring Parish Assembly on May 21<sup>st</sup> at Prophet Elias.  
Your input and participation is appreciated, as we move our community forward.

## Christ Is Risen! Truly He Is Risen!

My Dear Beloved Family in Christ,

It is with a great deal of joy that I greet you as we have celebrated the Holy Resurrection of our Lord and Savior Jesus Christ! May our Holy Lord's Resurrection fill your hearts and homes with joy and bring your health and length of days and an abundance of all God's richest blessings.

We rejoice for the Kingdom of Heaven is opened, and the Light of Christ shines forth brightly throughout the world. The victory of Christ is victory over death and the victory of love over hatred. Let us be inspired by our Lord's transformation of His Crucifixion from a crime of hatred on the part of humanity to an act of love on His part. The light and love of Christ shines over all humanity and provides for us the example of God's reaction to the circumstances He faced here on earth. Despite the scourging and beating and crucifixion He asked the Father to forgive. He willingly faced His Passion and Crucifixion for us out of love and desire for our salvation.

His Holy Resurrection fills us with hope for the future no matter what our present circumstances of life may be. His victory of life over death and of the triumph of the joyful light of the paschal candle over darkness is announced to the whole world. Despite our daily crosses and sorrows, our Lord gives us hope and joy in the conquering of this world. Christ brings us the news that healing, justice, and love have won. Let our hearts continually search, and thirst for the Kingdom of God, and to work toward our personal spiritual purity and sanctity. Let us love one another as our Lord loves us.

In the Love of our Risen Lord,  
+fr. elias

## Benevolence Fund Benevolence Fund and Charitable Ministry of The Greek Orthodox Church of Greater Salt Lake

If you would like to donate, please make your donations payable to the Greek Orthodox Church of Greater Salt Lake Benevolence Fund. Mail or bring to the Holy Trinity Office 279 South 300 West, SLC UT, 84101. Funds will be administered on a case by case basis to those in need and in accordance with our Mission Statement

## Operation Brown Bag Community Outreach Event Saturday, April 29<sup>th</sup>

We are asking that you please help donate to this most worthwhile endeavor that we have taken on. The need in the community is immense. We will be preparing 3,550 Brown Bag lunches for distribution. We ask that you please offer any assistance to this project, be it your time and talent in preparation, or a monetary donation.

Please make plans to join us for our Spring Community Outreach Event on Saturday, April 29th at the Hellenic Cultural Center. We are looking forward to once again feeding those in need and fulfilling a critical need in our community. In addition to organizing, staffing and overseeing the event, the Parish Council will be providing a complimentary breakfast for volunteers. Following breakfast, volunteers will be making sandwiches and assembling brown bag lunches to be delivered to various downtown service providers for the homeless and hungry.

This is a great service opportunity for parishioners and their families to come together and work side-by-side in an effort to help those who are less fortunate. Remember, Yiayia always said, "**many hands makes light work!**"

Please sign up in the narthex, or by calling the church office at 801-328-9681 or by email at [orthodoxy3@gmail.com](mailto:orthodoxy3@gmail.com).

**SPRING 2017  
PARISH ASSEMBLY  
Sunday, May 21, 2017  
Prophet Elias Church  
Notice and Agenda will be mailed.**



### Community Wish List

Please find below a Wish List of items that the Community is need of. If you see a particular item and would like to donate to, please do so by giving at the Narthex of both churches or the church office. If you have any questions please call Connie 801-328-9681

We would love to hear from you

#### Holy Trinity Campus

- Computers for Office
- Hobart 20 Quart Stand Mixer
- Church and Crane Parking Lot Paving Repairs/Resurface
- Ornamental Fencing around the Cathedral Perimeters
- Church Parking Lot Lighting
- 2 Pallets of Landscaping Bark
- New Mixer for Cathedral Sound System
- LED's for Basement including Smart Light Technology in the Cathedral

#### Prophet Elias Campus

- Pavilion Project
- Large Gym Floor Refinishing
- Large Gym Interior Painting
- Replace Four Waterless Auto Flush Urinals
- Parking Lot Lighting
- Parking Lot Repairs/Resurface
- Plexiglass to Protect Dome Stained Glass Windows
- Remodel Brides Room
- Replacement of two Skylights
- LED Lighting and Smart Switch Technology for Entire Campus
- Commercial Grade Steam Cleaner

- Operation Brown Bag
- Sunday School Graduation Orthodox Study Bibles for Graduates (15)

**We thank you for your continued support of our Community.**



**FIGHT HUNGER IN THE CITY**  
*with Operation Brown Bag*

**GREEK ORTHODOX CHURCH  
OF GREATER SALT LAKE**

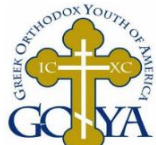
**COMMUNITY OUTREACH  
SERVICE PROJECT**

**APRIL 29, 2017 • 9AM**

Hellenic Cultural Center  
279 South 300 West

Come enjoy a delicious  
breakfast followed by meal  
assembly and delivering  
Brown Bag Meals to the  
hungry in our City.

To volunteer please RSVP by calling the church office at 801-328-9681 or email to [orthodoxy3@gmail.com](mailto:orthodoxy3@gmail.com)



## YOUNG ADULT & YOUTH MINISTRIES



### Sunday School Update:

Xristos Anesti!

We hope you had a blessed Pascha.  
There are only 5 Sunday School Classes left,  
this year has flown by!

#### April:

- **April 23 and April 30 Regular Sunday School Class**
- **April 30 Submissions for Sunday School yearbook due**

#### May:

- **May 7 Regular Class**
- **May 7 12th Grade Evening Graduation Dinner**  
Holy Trinity at 6:00 pm
- **May 14 Regular Day of Sunday School**
- **May 21 LAST DAY OF SUNDAY SCHOOL**  
Sunday School Promotion/ Certificates and Yearbooks distributed.

Any questions, please feel free to contact any of us:

Paul K. 801-870-1514 [paulk2p@aol.com](mailto:paulk2p@aol.com)  
Denise N. 801-604-6782 [deninik63@gmail.com](mailto:deninik63@gmail.com)  
Elenie S. 801-718-7515  
[elenie@merrickbank.com](mailto:elenie@merrickbank.com) or [eleniesefandonakis@yahoo.com](mailto:eleniesefandonakis@yahoo.com)



Mark your Calendars!  
OPA CAMP Week of June 19<sup>th</sup>

VACATION CHURCH SCHOOL  
Week of July 17<sup>th</sup>  
More details to follow



2017

#### Two Sessions held at

Hellenic College Holy Cross (Brookline, MA)

- June Session: June 17 - June 27, 2017
- July Session: July 5 - July 15, 2017

#### Apply Online!

- Website: [www.crossroadinstitute.org](http://www.crossroadinstitute.org)
- Phone: 617-850-1310

#### Camp Emmanuel 2017



**Senior Session:** June 11-17, 2017 (Ages 15-18)  
**Junior Session:** June 18-24, 2017 (Ages 11-14)

Online Camper Registration and payment must be completed by 11:59 p.m. MDT, on **April 30, 2017**. The Youth Essay, Medical Form, Insurance Information, and Agreement and Waiver must be received by **May 10** at the Metropolis Office for the registration to be complete. Unfortunately, we cannot accept new registrations after **April 30, 2017**, under any circumstances.

Please see link below for more information

<http://youth.denver.goarch.org/events/2017-events/2017-camp-emmanuel-home/>

## WENDOVER TRIP



The **Young at Heart** will be going to beautiful Wendover, Nevada on Saturday **April 29<sup>th</sup>**. Leave from **Prophet Elias at 8:30 am.** and **Holy Trinity at 9:00 am.** Departing from Wendover at **5:00 pm.** Cost is \$17.00 per person and you get \$7.00 back with a delicious all you can eat BUFFET. RSVP to Bill Kandas 801-272-1906 or Bill Rekouniotis 801-673-0424. Join us for some spring fun in Wendover!

### 2017 Scholarship Applications

Applications for scholarships administered by the Office of the Chancellor of the Greek Orthodox Archdiocese of America are available for awards to be made for the 2017-2018 academic year. Click on the links below to download and print the scholarships instructions and applications.

<http://www.goarch.org/archdiocese/administration/chancellor/2017>

The deadline for submitting an application is **May 1, 2017.** Please contact Fr. Elias if you need any assistance in the application process. 801-556-4640



### Blood Drive

The American Red Cross.

Saturday **May 6, 2017** at Prophet Elias 10:00

am-2:15 pm. To schedule your appointment or for more information, please log on to [redcrossblood.org](http://redcrossblood.org) and enter Sponsor Code: GREEK or Call Cathy Neofitos 801-448-8907



### Daughters of Minos Mother's Day Luncheon and Fashion Show Saturday, May 13, 2017 Little America Hotel 11:00 a.m.

Please join the Daughters of Minos for their Annual Mother's Day Luncheon and Fashion Show (Four and Twenty Sailors) **Adults \$45 Children \$17**

For more information or to make reservations, please contact:

Eleni Maroudas 801-949-5868 or Jennifer Klonizos 801-230-8124

We look forward to seeing everyone at this beautiful Mother's Day event!

### PAN ARCADIAN SCHOLARSHIP

The Western District Arcadian Scholarship application is available from Karen Anastasopoulos [karenanast@gmail.com](mailto:karenanast@gmail.com) or 801-913-2414. An applicant may be a member of a PFA chapter (Salt Lake City Theodoros Kolokotronis Chapter #90), a child of a member OR a grandchild of a member.

Deadline is **May 15, 2017.** Contact Karen with any questions.

### Daughters of Penelope Meeting

**MONDAY April 24, 2017**

at 7:00 pm

Prophet Elias Church

Saint Sophia Media Room

For our District Project, please bring eye glasses that you are no longer using. They will be donated to the Moran Eye Center through Dr. Nick Mamalis.

Donations of eyeglasses accepted from everyone and may be brought to the church.

**SAINT SOPHIA SCHOOL**  
MAY 6<sup>TH</sup>, 2017 at 8:00 am

**GO THE DISTANCE!**  
**5K RACE & FUN RUN**  
**PROMOTING THE PHILOSOPHY OF SOUND BODY & SOUND MIND**  
**AT THE SAINT SOPHIA SCHOOL**  
Located at: 5314 South Highland Drive, Holladay, UT 84117

Walk, run or push stroller along the quiet pastoral tree-lined streets surrounding the Saint Sophia School neighborhood.

Cross the finish line and enjoy the festivities, music, drinks and prizes!

**PLEASE NO DOGS OR BIKES ALLOWED**

**Sign up today!**

Online registration only

Active.com Search: Saint Sophia School

**Packet Pick Up**

**May 4 & 5** from 9:30 am to 4:30 pm  
at the School Office

**All Children under 13 must be accompanied by an Adult**

For more information please contact the school office  
801-424-1297



**SAINT SOPHIA SCHOOL**

**NOW ENROLLING FOR**  
**FALL OF 2017**



**TODDLER**  
**FRIDAYS**

8:50-11:00 AM

At Saint Sophia School  
801.424.1297

Following the ideal of sound mind in a sound body  
(Ένα υγιές μυαλό σε ένα υγιές σώμα)  
for 20 years!

**Parent/Child Toddler Class Helps children in the early years to:**

- Develop small and large motor skills through new activities
- Acclimate to "school"
- Gain awareness of the concepts of community and responsible group behavior
- Provide parents with new ideas about the role of observing while helping children to enjoy a successful learning experience
- Discover Greek language and Culture, and the overall importance of "a sound mind in a sound body."

We offer affordable tuition, and most importantly, we uphold a strong tradition of excellence in education.



### **2017 Greek Orthodox Sports League Basketball Camp**

The G.S.L staff is looking forward to another exciting year for our annual Sports League Basketball Camp. Our camp is designed to provide players with outstanding instruction, teamwork, sportsmanship and fun. We hope that you will join us this summer.

#### **CAMP DETAILS**

June 12<sup>th</sup> – 15<sup>th</sup> 2017

AM Session (boys and girls 3rd - 6th grade) 9:00am – 12:00pm (Doors open at 8:00am)

\*finishing 2nd going into 3rd grade

PM Session (boys and girls 7th - 12th grade) 1:00pm - 4:00pm Location: Prophet Elias Greek Orthodox Multipurpose Center (5335 South Highland Drive Holladay, Utah) Cost: \$70.00

If you would like to attend our Basketball Camp and are unable to, due to financial restraints, sponsorships are available on an as needs basis to have the pleasure of experiencing the GSL Basketball Camp. Please contact Fr. Elias 801-556-4640

#### **Volunteers needed:**

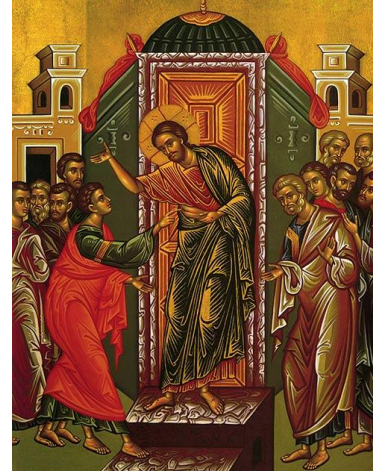
GSL is looking for volunteers to help with our youth Basketball Camp that will be held June 12<sup>th</sup> – 15<sup>th</sup> 2017. Two shifts daily 9:00am-12:00pm or 1:00pm-4:00pm. Must be 14 years of age or older. If interested please contact Gerard Gallegos 801-647-2829 or e-mail [gerard100@comcast.net](mailto:gerard100@comcast.net)

#### **FLYERS**

In order to maintain consistency and proper communication with parishioners, all flyers and notifications posted in or about the Churches and accompanying buildings need to receive prior approval from the Church office.

Thank you for your cooperation

### **Biblical Story**



The events commemorated on the Sunday of Thomas are recorded in the Gospel of Saint John 20:19-29. Following the crucifixion and burial of Christ, the disciples were gathered in a room with the doors closed and locked for fear of the Jews. On the evening of the Sunday after Passover, Jesus Christ entered the room and stood in their midst, greeting them with the words, "Peace be with you." (v. 19) He showed the disciples his hands, feet, and side. (v. 20) Thomas was not present with the disciples when Jesus appeared, and he did not accept the testimony of the other disciples concerning Christ's Resurrection. He stated, "Unless I see the mark of the nails in his hands and put my finger in the mark of the nails and my hand in his side, I will not believe."

Eight days later, the disciples were gathered together again with Thomas present, and the Lord appeared in the same manner. Standing in their midst he said, "Peace be with you." He then spoke directly to Thomas and said, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered, "My Lord and my God!" Jesus replied by saying, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

#### **Icon of the Sunday of Thomas**

The icon of the Sunday of Thomas depicts Christ standing in the midst of the disciples. He has appeared to the eleven in the upper room, and he is inviting Thomas to come and examine his hands and his side. Thomas is reaching out to touch the side of Jesus. He is also looking to Jesus in a manner that indicates his faith and the proclamation recorded in Scripture.

#### **Orthodox Christian Celebration of the Feast Sunday of Thomas**

The Sunday of Thomas is celebrated with the Divine Liturgy of Saint John Chrysostom. On this Sunday and throughout the Paschal period until the Apodosis or leave-taking of Pascha, the day before the Feast of the Ascension, the services begin with the chanting of the troparion of Pascha, "Christ is risen..."

Scripture readings for the feast are the following: At Orthros: Matthew 28:16-20, the first of eleven resurrection Gospel passages that are read in a cycle throughout the year during the Sunday matins. On this day the cycle always begins with the first Gospel passage; At the Divine Liturgy: [Acts 5:12-20](#) and [John 20:19-31](#).