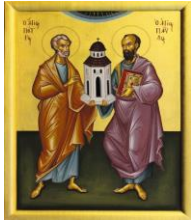


## Epistle Reading

### Acts of the Apostles 11:19-30



IN THOSE DAYS, those apostles who were scattered because of the persecution that arose over Stephen traveled as far as Phoenicia and Cyprus and Antioch, speaking the word to none except Jews. But there were some of them, men of Cyprus and Cyrene, who on coming to Antioch spoke to the Greeks also, preaching the Lord Jesus. And the hand of the Lord was with them, and a great number that believed turned to the Lord. News of this came to the ears of the church in Jerusalem, and they sent Barnabas to Antioch. When he came and saw the grace of God, he was glad; and he exhorted them all to remain faithful to the Lord with steadfast purpose; for he was a good man, full of the Holy Spirit and of faith. And a large company was added to the Lord. So Barnabas went to Tarsus to look for Saul; and when he had found him, he brought him to Antioch. For a whole year they met with the church, and taught a large company of people; and in Antioch the disciples were for the first time called Christians. Now in these days prophets came down from Jerusalem to Antioch. And one of them named Agabos stood up and foretold by the Spirit that there would be a great famine over all the world; and this took place in the days of Claudius. And the disciples determined, every one according to his ability, to send relief to the brethren who lived in Judea, and they did so, sending it to the elders by the hand of Barnabas and Saul.

## Gospel Reading

### The Gospel According to John 4:5-42



At that time, Jesus came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as he was with his journey, sat down beside the well. It was about the sixth hour. There came a woman of Samaria to draw water. Jesus said to her, "Give me a drink." For his disciples had gone away into the city to buy food. The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings with Samaritans. Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." The woman said to him, "Sir, you have nothing to draw with, and the well is deep; where do you get that living water? Are you greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Everyone who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, that I may not thirst, nor come here to draw." Jesus said to her, "Go, call your husband, and come here." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to him, "Sir, I perceive that you are a prophet. Our fathers worshiped on this mountain; and you say that Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that the Messiah is coming (he who is called Christ); when he comes, he will show us all things." Jesus said to her, "I who speak to you am he." Just then his disciples came. They marveled that he was talking with a woman, but none said, "What do you wish?" or, "Why are you talking with her?" So, the woman left her water jar, and went away into the city and said to the people, "Come, see a man who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to him. Meanwhile the disciples besought him, saying "Rabbi, eat." But he said to them, "I have food to eat of which you do not know." So, the disciples said to one another, "Has anyone brought him food?" Jesus said to them, "My food is to do the will of him who sent me, and to accomplish his work. Do you not say, 'There are yet four months, then comes the harvest'? I tell you, lift your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony. "He told me all that I ever did." So, when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of your words that we believe, for we have heard ourselves, and we know that this is indeed Christ the Savior of the world."



Greek Orthodox Church of Greater Salt Lake  
[www.gocslc.org](http://www.gocslc.org); [Orthodoxy3@gmail.com](mailto:Orthodoxy3@gmail.com)

**Sunday, May 14th, 2017**

**Sunday of the Samaritan Woman**



Please contact Father Elias 801-556-4640 for visits and any Spiritual needs  
Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, 801- 328-9681  
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, 801-277-2693

## SUNDAY SERVICES

May 14<sup>th</sup>, 2017  
Holy Trinity  
Prophet Elias

**Sunday of the Samaritan Woman**  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Luke  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias

May 21<sup>st</sup>, 2017  
Holy Trinity  
Prophet Elias

**Sunday of the Blind Man**  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Luke  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias

May 28<sup>th</sup>, 2017  
Holy Trinity  
Prophet Elias

**Fathers of the 1<sup>st</sup> Council**  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Luke

## Weekday Services

Thursday  
May 25<sup>th</sup>, 2017  
Prophet Elias

**Feast of the Ascension**  
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias

## Memorials

May 14<sup>th</sup>, 2017

Michael (Mitch) Manousakis	40 Days	Holy Trinity
Toros Megerdichian	8 Years	Holy Trinity

May 21<sup>st</sup>, 2017

Barbara Kontgas	40 Days	Holy Trinity
Georgios Armaou	1 Year	Holy Trinity

**Fr. Luke Kontgas and the Armaou Family will be hosting Coffee Hour**

May 28<sup>th</sup>, 2017

Dorothy Kogianes	35 Years	Holy Trinity
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June 11<sup>th</sup>, 2017

Pete A. Bathemess	10 Years	Prophet Elias
Brandon Paul Bathemess	10 Years	Prophet Elias

**Bathemess Family will be hosting Coffee Hour**

## Scheduling Memorials

Please contact Fr. Elias to schedule a memorial at **801-556-4640** or  
**freliask@yahoo.com**

## Prayer List

Elizabeth, Anne, Cherish, Debbie, Shane, Margie, Hanna, Sebastian, Buddy, Meredith, Maria, Alice, Tatiana, Karina, Dimitri, Paraskevie, Vera, Alexander, Gregory, Kostoula, Katina, Carol, Costantinos, Evgenia, Kanella, James, John, Aristidi, Maria, Agnes, Christina, Irene and Bessie

**If you would like to add a name to the prayer list, you can do so by calling the church office at 801-328-9681**



*Wishing all the Mom's, YiaYias's, Nouna's, Thea's and Sisters of our community a  
**Happy Mother's Day,**  
and a huge thank you for all you do!*

**SPRING 2017**

**PARISH ASSEMBLY**

**Sunday, May 21, 2017**

**1:00 pm**

**Prophet Elias Church**

**Notice and Agenda will be mailed**

**Parish Council Meeting**

**Monday, May 22, 2017**

**6:30 pm**

**Holy Trinity Board Room**

**SAVE THE DATE**

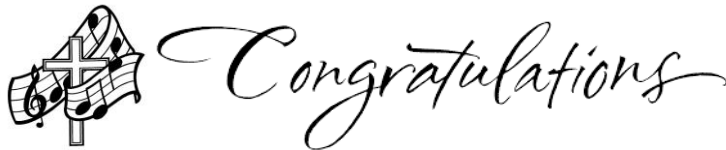
**Holy Trinity Pentecost Celebration**

**Sunday, June 4, 2017**

**More details to follow.**

A big thank you to the Stewardship Committee for providing a delicious pancake breakfast at both churches last Sunday. We hope you enjoyed your breakfast and had a minute to read the important materials provided and fill out your stewardship cards. Remember, it's your time, talent and financial commitment that make this community great! We appreciate the hard work of Christy & Bob Daskalakis, Dimitri Gerontis, Niko Kambouris, Connie Kandas, Kim Kapos, Georgia Katsohirakis, Keti Neofitos and Ted Sargetakis. Please thank them when you see them!

We hope to see you at the Spring General Assembly following church on Sunday, May 21st at 1:00pm at Prophet Elias Church. Your participation is important to us. Appetizers will be served.



Holy Trinity Choir Organist Toni Mae Dwyer has been recognized with a National Forum Athenagoras Award for exemplary contributions to the Church Music Federation on the Metropolis level. Toni Mae was one of three recipients of the medals that were presented at the Clergy Laity Assembly in Denver this past Friday, M345ay 5, 2017. Congratulations Toni Mae!

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**Xristos Anesti!**

On behalf of *FAITH: An Endowment for Orthodoxy and Hellenism*, I'm pleased to share with you a scholarship opportunity for the graduating high school seniors.

Last month, FAITH launched its **2017 FAITH Scholarships for Academic Excellence** application. For over a decade, FAITH has awarded these merit-based scholarships to exemplary young people in the Greek Orthodox and Hellenic community who pursue academic excellence and an active involvement in their churches and communities. Awards have ranged from \$1,000 to \$20,000.

The application is available for download at [thefaihtendowment.org/scholarships](http://thefaihtendowment.org/scholarships). Completed applications must be received in the mail by the **June 30, 2017** deadline. Mailing information, full applicant criteria and complete instructions can be found at the link above.

In addition, applicants majoring in STEM fields (science, technology, engineering and math) are eligible to receive support for all four years of their undergraduate studies through the "FAITH Scholarship for Excellence in STEM." To renew the award, students must major in a STEM field, maintain a 3.6 minimum GPA and continue to actively participate in organizations related to the Greek and Hellenic Orthodox community throughout their college career.

Please call me with any questions or if I can help with the application.  
fr. elias 801-556-4640

My Dear Beloved Family in our Risen Lord,

I am extending my love and prayers for a very enjoyable start and month of May with all God's richest blessings.

This Sunday is Stewardship Sunday so if I may I would like to suggest that we think about how we can give of our self and receive from God. We need to start with developing a servant's heart. I look at how our community came together on Saturday the 29th of April for our Community Brown Bag Outreach program. It filled my heart with joy and love to see young and old come together to serve our Lord by serving those in need. When we serve others, we are truly serving our Lord because God has told us in Ephesians that He is the beneficiary. My Dear Beloved Brothers and Sisters in Christ, it is Christ we serve and it is from Christ that we can expect our blessings and reward. It is God alone who rewards us with the gifts that are eternal. Our gift is deep and abiding fulfillment on this earth as well as rewards that extend into eternity. I could see the joy and fulfillment in the faces of all who came to serve, prepare and deliver and from the glow on their faces I knew that fulfillment would be everlasting.

Let us continue to develop a servant's heart. Service is giving and is the very essence of the Gospel. God gave His only begotten Son, Jesus gave His life on the Cross, we give our hearts to God and we are also called to give of ourselves to others. The Bible is our source and tells us how to serve others and it also tells us what we can expect when we do serve. It challenges us to serve with great generosity and unconditional love. Our Lord brings us together in our Church as His Body so we can be of great use to each other and to those in need. We come together to function as His Body using our gifts, talents, skills and resources as the Holy Spirit directs us to help one another. Let us continue to give cheerfully of the blessings our Lord has given us as "He shall open the floodgates of heaven, to pour blessings upon us without measure." Malachi 3:10

In our Lord's Service and Love,  
+fr. Elias

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Parishioners, if you know anyone in need of furniture: couch, recliners and an entertainment center with TV, please call Fr. Elias 801-556-4640 or email [frliask@yahoo.com](mailto:frliask@yahoo.com)

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**PAN ARCADIAN SCHOLARSHIP**

The Western District Arcadian Scholarship application is available from Karen Anastasopoulos [karenanast@gmail.com](mailto:karenanast@gmail.com) or 801-913-2414. An applicant may be a member of a PFA chapter (Salt Lake City Theodoros Kolokotronis Chapter #90), a child of a member OR a grandchild of a member. Deadline is **May 15, 2017**. Contact Karen with any questions.

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## GREEK FESTIVAL 2017!

**DOLMATHES JUNE 8<sup>TH</sup> - 10<sup>TH</sup>**

**Show us how you Roll!**



We are starting the Festival preparations with the first food item from the many that we have to prepare, **DOLMATHES**. Chaired by the Daughters of Minos. Preparation work will be on Thursday, June 8<sup>th</sup> from 2:00 pm to 6:00 pm. We will be rolling Dolmathes on June 9<sup>th</sup> and 10<sup>th</sup> from 9:00 am to 8:00 pm at the Holy Trinity warehouse. We need as many volunteers as possible, everyone is welcome. You don't need to stay all day, even a few hours are a big help! Looking forward to another successful Festival year. For more information, please call the church office at, 801-328-9681 or Xanthi Athousakis at 801-558-5430, or Kathy Paras at 801-671-1964.



### **Two Sessions held at**

Hellenic College Holy Cross (Brookline, MA)

- June Session: June 17 - June 27, 2017
- July Session: July 5 - July 15, 2017

### **Apply Online!**

- Website: [www.crossroadinstitute.org](http://www.crossroadinstitute.org)
- Phone: 617-850-1310

### **Camp Emmanuel 2017**



Senior Session: **June 11-17, 2017** (Ages 15-18)

Junior Session: **June 18-24, 2017** (Ages 11-14)

**Please see link below for more information**

<http://youth.denver.goarch.org/events/2017-events/2017-camp-emmanuel-home/>

### **Benevolence Fund**

#### **Benevolence Fund and Charitable Ministry of The Greek Orthodox Church of Greater Salt Lake**

If you would like to donate, please make your donations payable to the Greek Orthodox Church of Greater Salt Lake Benevolence Fund. Mail or bring to the Holy Trinity Office 279 South 300 West, SLC UT, 84101. Funds will be administered on a case by case basis to those in need and in accordance with our Mission Statement.



### **Community Wish List**

**Please find below a Wish List of items that the Community is need of. If you see a particular item and would like to donate to, please do so by giving at the Narthex of both churches or the church office. If you have any questions please call Connie 801-328-9681**  
**We would love to hear from you.**

#### **Holy Trinity Campus**

Computers for Office (Have been Purchased)  
Hobart 20 Quart Stand Mixer  
Church and Crane Parking Lot Paving Repairs/Resurface  
Ornamental Fencing around the Cathedral Perimeters  
Church Parking Lot Lighting  
2 Pallets of Landscaping Bark  
New Mixer for Cathedral Sound System  
LED's for Basement including Smart Light Technology in the Cathedral

#### **Prophet Elias Campus**

Pavilion Project  
Large Gym Floor Refinishing  
Large Gym Interior Painting  
Replace Four Waterless Auto Flush Urinals  
Parking Lot Lighting  
Parking Lot Repairs/Resurface  
Plexiglass to Protect Dome Stained Glass Windows  
Remodel Brides Room  
Replacement of two Skylights  
LED Lighting and Smart Switch Technology for Entire Campus  
Commercial Grade Steam Cleaner

**We thank you for your continued support of our Community**

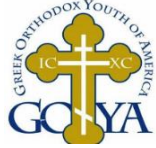
### **Daughters of Minos**

Wendover Getaway

**Saturday, June 17<sup>th</sup>**

Cost \$20 (All Reservations Prepaid)

**Call or text Kathy Paras 801-671-1964**



**Sunday School Update**

- **May 14 Regular Day of Sunday School**
- **May 21 LAST DAY OF SUNDAY SCHOOL**  
Sunday School Promotion/ Certificates and Yearbooks distributed

Any questions, please feel free to contact any of us:  
 Paul K. 801-870-1514  
 Denise N. 801-604-6782  
 Elenie S. 801-718-7515

**JR/SR GOYA END OF YEAR  
BOONDOCKS Party**

Thursday **May 18<sup>th</sup>, 2017** at 6:00 pm  
 Boondocks 75 South Fork Drive, Draper, UT  
 Dinner and Amusement Park activities \$10  
 Please RSVP to Denise Nikos 801-604-6782 or Father Elias 801-556-4640



**VACATION BIBLE SCHOOL 2017  
"Behold the Light"**

**JULY 17-21 10:00 AM-1:00 PM  
K-6th Grade, Cost: \$10.00**

Registration forms can be found online at [www.GOCSLC.org](http://www.GOCSLC.org) or in the Narthex of both churches.  
 Call Denise Nikols (801) 604-6782 or Staci Mihalopoulos (801) 580-0119 for more information



**Congratulations to our Seniors**

- |                   |                      |                      |
|-------------------|----------------------|----------------------|
| Kella Aerakis     | Stanley Kouris       | Foteini Papadopoulos |
| Anna Deneris      | Melissa Lammle       | Alexander Priskos    |
| Nick Galloway     | Michaelis Linardakis | Yiorgos Saltaris     |
| Anthony Kapos     | Vickie Louras        | Stavros Sargetakis   |
| Maria Katsikathas | Dimitrius Maritsas   | Mihali Sergakis      |
| Manoli Katsanevas | Bella Papadopoulos   | Patresia Thiros      |

*1 Timothy 4:12: "Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity."*



**"OPA" Camp  
Prophet Elias Greek Orthodox Church**

**June 19 - 23  
10:00 a.m. – 3:00 p.m.  
Ages pre-school – 14  
Cost \$ 100**

Come and join us for another fun filled week at **OPA CAMP**  
 Dance, Music, Food, Culture, (Arts & Crafts), Games and Sports!

Reserve your spot by mailing your completed enrollment form, along with your check: 2440 Scenic Dr. SLC, UT 84109 (make checks payable to OPA CAMP).  
**Registration deadline: June 14<sup>th</sup>. Cost \$120 after that.**

**Space is limited!**

**Volunteers needed**

**For questions please contact Nitsa @ 801-209-7402**

Please visit the church website at [gocslc.org](http://gocslc.org) to download registration form under Ministry, drop down

## PANAHAIKOS SOCIETY

The Panahaikos Society will have its Birthday Luncheon on **Sunday June 4th**, at 1:00 pm at the Parthenon Banquet Room 3185 South State St. Cost \$20.00 for adults, \$15.00 for kids 12 & under. RSVP required. Deadline is Thursday June 1st. Call or e-mail George Miller 244-8587 [gpmdesigns@gmail.com](mailto:gpmdesigns@gmail.com) or Bill Rekouniotis 673-0424 [billrek@gmail.com](mailto:billrek@gmail.com) **Hope to see all of you there!**

### AHEPA-DAUGHTERS OF PENELOPE

- Daughters of Penelope have a limited number of Tsoureki that can be purchased for \$10.00 at Prophet Elias church on Sunday
- AHEPA & Daughters of Penelope of SLC will be hosting the Rocky Mountain District 17 Convention on **June 8-11**  
The community is invited to attend  
**GREEK NIGHT DINNER & DANCE** with DJ V  
**Friday, June 9, 2017**  
**Greek Market-\$35.00 full dinner & cash bar**  
**Greek Dancers/Raffle**  
secure reservations by emailing [DISTRICT17ConventionSLC@gmail.com](mailto:DISTRICT17ConventionSLC@gmail.com)  
Join us for a celebration of Hellenism Philanthropy & Education

### 2017 Greek Orthodox Sports League Basketball Camp



The G.S.L staff is looking forward to another exciting year for our annual Sports League Basketball Camp. Our camp is designed to provide players with outstanding instruction, teamwork, sportsmanship and fun. We hope that you will join us this summer.

### CAMP DETAILS

#### **June 12<sup>th</sup> – 15<sup>th</sup> 2017**

AM Session (boys and girls 3rd - 6th grade) 9:00am – 12:00pm (Doors open at 8:00am) \*finishing 2nd going into 3rd grade

PM Session (boys and girls 7th - 12th grade) 1:00pm - 4:00pm Location: Prophet Elias Greek Orthodox Multipurpose Center (5335 South Highland Drive Holladay, Utah) Cost: \$70.00

If you would like to attend our Basketball Camp and are unable to due to financial restraints, sponsorships are available on an as needs basis to have the pleasure of experiencing the GSL Basketball Camp. Please contact Fr. Elias 801-556-4640

#### **Volunteers needed**

GSL is looking for volunteers to help with our youth Basketball Camp, held June 12<sup>th</sup> – 15<sup>th</sup> 2017. Two shifts daily 9:00am-12:00pm or 1:00pm-4:00pm. Must be 14 years of age or older. If interested please contact Gerard Gallegos 801-647-2829 or e-mail [gerard100@comcast.net](mailto:gerard100@comcast.net)



### **SAINT SOPHIA SCHOOL SUMMER ADVENTURE CAMP 2017 5341 South Highland Drive, Holladay, UT**

June 12<sup>th</sup>-16<sup>th</sup> Green Thumb

June 19<sup>th</sup>-23<sup>rd</sup> "Lookin" for "Cookin"

June 26<sup>th</sup>-30<sup>th</sup> Deep Blue Sea

July 3<sup>rd</sup>-7<sup>th</sup> Splash-A-Rama

July 10<sup>th</sup>-14<sup>th</sup> Community Helpers

July 17<sup>th</sup>-21<sup>st</sup> Transportation

July 25<sup>th</sup>-28<sup>th</sup> Project Learning Tree

July 31<sup>st</sup>-August 4<sup>th</sup> Night Life (Nocturnal Animals)

August 7<sup>th</sup>-August 11<sup>th</sup> Explore the Desert

August 14<sup>th</sup>-August 18<sup>th</sup> Oh the Places We'll Go!

For more information and to sign up, go to [Saintsophiaschoolevents.org](http://Saintsophiaschoolevents.org)

### ARCADIAN NEWS

Pan Arcadian Chapter #90 Business Dinner Meeting:  
Tuesday, **May 16, 2017** 6:30 pm. The Other Place Restaurant

Arcadian LADIES CLUB Annual Summer Picnic:  
Saturday, **June 3, 2017**  
Noon, Sunnyside Park Food, Bingo and Fun

Pan Arcadian Annual Community Family Picnic:  
Sunday, **July 23, 2017**  
4:00 pm. George Washington Park

HOSTED BY MINOTAVROS YOUTH

# ΚΡΗΤΙΚΗ ΧΟΡΟΕΣΠΕΡΙΔΑ

*Cretan Youth Fundraiser*

**SATURDAY** 6:30pm Social Hour  
**MAY 20** 7:30pm Dinner

**Tickets: ADULT [16+] \$40 presale, \$50 at door**  
**YOUTH [6-15] \$30 presale, \$40 at door**  
**5 yrs. & younger FREE**  
**\$10 entry after 10:00pm**

**HELLENIC MEMORIAL BUILDING**  
279 South 300 West

FOR INFORMATION: [minotavros.slc@gmail.com](mailto:minotavros.slc@gmail.com)



Holy Ascension  
May 25th

The Lord Jesus passed forty days on earth after His Resurrection from the dead, appearing continually in various places to His disciples, with whom He also spoke, ate, and drank, thereby further demonstrating His Resurrection. On this Thursday, the fortieth day after Pascha, He appeared again in Jerusalem. After He had first spoken to the disciples about many things, He gave them His last commandment, that is, that they go forth and proclaim His Name to all nations, beginning from Jerusalem. But He also commanded them that for the present, they were not to depart from Jerusalem, but to wait there together until they receive power from on high, when the Holy Spirit would come upon them. Saying these things, He led them to the Mount of Olives, and raising His hands, He blessed them; and saying again the words of the Father's blessing, He was parted from them and taken up. Immediately a cloud of light, a proof of His majesty, received Him. Sitting thereon as though on a royal chariot, He was taken up into Heaven, and after a short time was concealed from the sight of the disciples, who remained where they were with their eyes fixed on Him. At this point, two Angels in the form of men in white raiment appeared to them and said, "Ye men of Galilee, why stand ye gazing up into Heaven? This same Jesus, Who is taken up from you into Heaven, shall so come in like manner as ye have seen Him go into Heaven" (Acts 1:11). These words, in a complete and concise manner, declare what is taught in the Symbol of Faith concerning the Son and Word of God. Therefore, having so fulfilled all His dispensation for us, our Lord Jesus Christ ascended in glory into Heaven, and sat at the right hand of God the Father. As for His sacred disciples, they returned from the Mount of Olives to Jerusalem, rejoicing because Christ had promised to send them the Holy Spirit. It should be noted that the Mount of Olives is a Sabbath's day journey from Jerusalem, that is, the distance a Jew was permitted to walk on the day of the Sabbath. Ecumenius writes, "A Sabbath day's journey is one mile in length, as Clement says in his fifth Stromatis; it is two thousand cubits, as the Interpretation of the Acts states." They draw this conclusion from the fact that, while they were in the wilderness, the Israelites of old kept within this distance from the Holy Tabernacle, whither they walked on the Sabbath day to worship God.