

Epistle Reading

St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

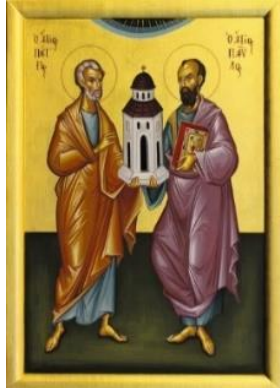


"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or

disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Epistle Reading

Πρὸς Ἑβραίους 1:10-14, 2:1-3 τὸ ἀνάγνωσμα εἶναι ἀπο



Κατ' ἀρχάς, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σου εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτούς, καὶ ἀλλαγῆσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἀγγέλων εἶρηκέν ποτε, Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες εἰσὶν λειτουργικὰ πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρῶμεν. Εἰ γὰρ ὁ δι' ἀγγέλων λαληθεὶς λόγος

ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοῆ ἔλαβεν ἕνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευζόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἥτις, ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org Orthodoxy3@gmail.com

Sunday, March 4th, 2018
Sunday of St. Gregory Palamas



V. Rev. Archimandrite George Nikas, Cathedral Dean
Cell: 732-232-1036 Email: gnikas@mail.com

Rev. Protopresbyter George Politis (retired)

CATHEDRAL OFFICE HOURS: Monday – Friday 9AM – 5PM
Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, 801-328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, 801-277-2693

Gospel Reading

The Gospel According to Mark 2:1-12

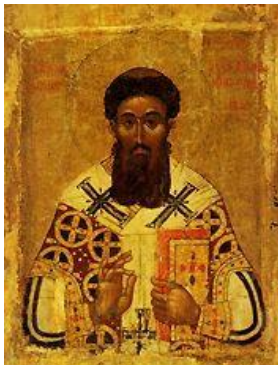


At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there,

questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Gospel Reading

Ἐκ τοῦ Κατὰ Μάρκον 2:1-12 Εὐαγγελίου τὸ Ἀνάγνωσμα



Τῷ καιρῷ ἐκείνῳ, εἰσῆλθεν ὁ Ἰησοῦς εἰς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ ἠκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσει αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, ἐφ' ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνταί σοι αἱ ἁμαρτίαι

σου. ἦσαν δὲ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὗτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἁμαρτίας εἰ μὴ εἷς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογιζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογιζέσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστὶν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σοι αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἄρον τὸν κράβαττον σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέγω, ἔγειρε καὶ ἄρον τὸν κράβαττον σου καὶ ὑπάγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἶδομεν.

Sunday Services at both churches Orthros 9:00 am Divine Liturgy 10:00 am

Upcoming Services

March 7 Wednesday	Presanctified Liturgy (Προηγιασμένη Θεία Λειτουργία) 6:00 pm Prophet Elias GOYA will be Hosting Lenten Dinner
March 9 Friday	3rd Salutations (Χαιρετισμοί της Θεοτόκου) 7:00 pm Holy Trinity
March 14 Wednesday	Presanctified Liturgy (Προηγιασμένη Θεία Λειτουργία) 6:00 pm Holy Trinity Sunday School Teachers will be Hosting Lenten Dinner
March 16 Friday	4th Salutations (Χαιρετισμοί της Θεοτόκου) 7:00 pm Prophet Elias

Memorials

March 11th, 2018		
Janice Soter	6 months	Holy Trinity
Sabina Schileru	6 months	Holy Trinity

Scheduling Memorials

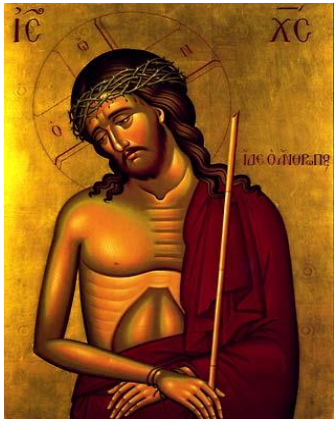
Please contact the church office to schedule a memorial
801-328-9681 or orthodoxy3@gmail.com
Include the baptismal names for the memorials

Prayer List

Cindi, Stella, Steve, Stephanie, Karri, Mary, Constance, Alexandra, Angelo, Eleni, Paul, Christian, Angie, Margie, Larry and Nicholas

UPCOMING EVENTS

March 5th (Monday)	PC Executive Board Meeting	6:30pm	Prophet Elias
March 6th (Tuesday)	Philoptochos Meeting	6:30 pm	Prophet Elias



SPECIAL OFFERINGS FOR GREAT LENT AND HOLY WEEK

The following special items are needed to decorate the Church during this Lenten Season and to provide for the Liturgical needs of the various Holy Services. The total cost for all of these special items at both churches is over \$6,000.00. Your generous donations will assist the Church greatly in underwriting the cost of these needed items and will provide for a most beautiful Church during this special time of the year. Kindly make checks payable to: Greek Orthodox Church of Greater Salt Lake (memo: Easter Donation).

1. Flowers to decorate the Icon of Panayia for the 5 Salutation Fridays
2. Flowers for the Third Sunday of Lent: Veneration of the Holy Cross
3. Palms to be distributed on Palm Sunday
4. Palm trees to be placed inside the Church for Palm Sunday
5. Flowers to decorate the Icon of the Bridegroom (Nymphios)
6. Olive Oil, Cotton Balls for Holy Unction Service
7. Eggs, Red dye
8. Flowers for the Base of the Crucifixion Cross for Holy Thursday
9. Flowers for the Wreath of the Crucifixion Cross for Holy Thursday
10. Candles for the Crucifixion Cross (3 sets of 3) for Holy Thursday
11. Candles for the 12 Gospel Readings for Holy Thursday
12. Gardenias to be placed on top of the Epitaphios
13. Flowers to decorate the Kouvouklion (Epitaphios)
14. Bay leaves for Holy Saturday morning
15. Flowers for the wreath of the Resurrection Banner
16. Flowers to decorate the Icon of the Resurrection
17. Resurrection Candles for the Clergy
18. Dozens of Lily plants to decorate the Church for Pascha & Bright Week

*“Come, receive the light from the unwaning light, and glorify Christ,
Who has risen from the dead.”* (Holy Resurrection Service)

Lenten Retreat

Please join us for our annual Parish Lenten Retreat
Sponsored by the *St. Philothea* Philoptochos

Saturday, March 17th
9:00 am - 12:00pm
At **Prophet Elias G.O. Church**

Our Retreat Master is **Rev. Dr. Nicholas Louh**, Pastor of St. John the Divine
GOC in Jacksonville, FL

Fr. Nicholas' topic will be: **“Journey to the Tomb”**
Fr. Nicholas is the co-host of a live call-in radio show with his wife, Dr.
Roxanne Louh, called **“Healthy Minds | Healthy Souls,”** which can be found
on **Ancient Faith Radio**

We will have a light breakfast in the morning with a Lenten pot luck lunch
following our discussion with Fr. Nicholas.
Bring your favorite Lenten dish to share and come enjoy a wonderful morning
of discussion and fellowship.



Job Position Available

There is a part time position available for a Maintenance Assistant for Prophet Elias Church and the LaFrance Apartments. Candidates must be flexible with their working hours. Qualified candidates must be able to handle all basic maintenance issues with both facilities. Main duties include cleaning and repair. Send a brief resume to conniegoc@gmail.com or contact Connie Yengich at 801-328-9681



ARISE!

A LENTEN CHOIR CONCERT

Join us for a concert of inspirational hymns, followed by a lenten dinner

SUNDAY, MARCH 18, 2018

4:00 PM

Holy Trinity & Prophet Elias Choirs
Holy Trinity Greek Orthodox Cathedral

279 South 300 West
Salt Lake City, UT 84101



Young at Heart

The **Young at Heart** will have their monthly luncheon on **Thursday March 8th** at noon at the Hellenic Memorial Hall. Please join us for food, fun & fellowship. Desserts are welcome and appreciated.

KALH SARAKOSTHI!



YOUTH COMPETITION

Eligibility 18 Years and Young

We are looking for front cover art for the new Greek Festival cook book sponsored by the Philoptochos. Each applicant needs to provide a colored full Greek Festival themed art work. Must fit 5 1/2 "wide by 8" long plain white paper. Within the art work the title "Greek Festi-fare" must be incorporated.

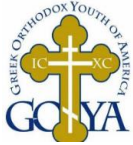
Deadline for art work to be collected before or on March 18th. NO EXCEPTIONS!!

The art work can be dropped off at the church office, Narthex, at either churches or to your Sunday School Teacher. Art work needs to be in a flat large envelope or protective sleeve. On a separate piece of paper, include your name and age, **DO NOT PUT YOUR INFORMATION ON THE ART WORK, BECAUSE IT WILL BE JUDGED BY A BLIND PANEL.**

Prize will be given to the winner and will be acknowledged in the book for their contribution.

Good Luck to All!





YOUTH & YOUNG ADULT MINISTRIES

St. John Chrysostom Oratorical Festival 2018

Today March 4th (all students will present their speech at Holy Trinity)

Metropolis St. John Chrysostom Oratorical Festival 2018

March 10th & 11th at St. Anna in Cottonwood Heights

Metropolis St. John Chrysostom Oratorical Festival Banquet

Saturday, March 10th

Saint Anna Church

6:30 pm

\$35.00 per person

For reservations please, RSVP to Sophie at 801-278-3395 or swondo@comcast.net

Elementary St. John Chrysostom Oratorical Festival 2018

March 18th at Holy Trinity & Prophet Elias

LAMBS, HOPE & JOY

March 21st

We will meet at Prophet Elias after Pre-Sanctified Liturgy to make Lampaths for Pascha with the Daughter of Minos. Lentil meal will be provided



SATURDAY OF LAZARUS

Lambs, Hope & Joy Retreat

PROPHET ELIAS

Saturday, March 31st

Pre-K through 6th Grade

Orthros 9:00 am/Divine Liturgy 10:00 am

11:00am – 11:30am Communion Breakfast

11:30am – 2:30pm Retreat

2:45pm – Parents Pick-up

GOYAN's are invited to attend Divine Liturgy, serve in the Altar and volunteer at the retreat. Parents can stay and help tie palms for Palm Sunday!

SAVE THE DATES

OPA Camp

June 18-22, 2018
10:00 AM - 3:00 PM
Ages Pre-school-14
Prophet Elias GOC

Vacation Church School

July 16-20, 2018
9:00 AM – 1:00 PM
Ages K-6th
Prophet Elias GOC



Making Plans to Attend Camp Emmanuel

Camp Emmanuel offers two, one-week sessions each summer: one Junior Session and one Senior Session. The Junior session is for young people

ages 11-14 years, and the Senior Session for

ages 15-18 years. Junior Session campers must turn eleven years old prior to October 1, 2017. Likewise, fourteen-year-old campers who will be fifteen years of age prior to October 1, 2017, are considered eligible to participate in the Senior session of Camp Emmanuel

Dates have been set for Camp Emmanuel 2018!

Senior Session: June 10 - 16

Junior Session: June 17 - 23

Online Camper Registration and payment must be completed by 11:59 p.m. MDT, on **April 30th**. The Youth Essay, Medical Form, Insurance Information, and Agreement and Waiver must be received by May 5 at the Metropolis Office for the registration to be complete. Substitutions cannot be accommodated for cancelled registrations, and registrations cannot be accepted after **April 30th**. Click on the link below for details and to register. <https://youth.denver.goarch.org/camp-emmanuel>. Any questions contact Denise Nikols 801-604-6782.



SAVE THE DATE

Greek Independence Day Celebration

Sunday, March 25th
Dinner and Program
Holy Trinity Memorial Building
More details to follow

2018 HOLY WEEK SCHEDULE

Holy Trinity G.O. Cathedral / Prophet Elias G.O. Church

Salt Lake City, UT

**A reminder that Holy Communion will be offered only during the services in which we are celebrating a Liturgy
(ie. There is **NO** Holy Communion offered on Monday, Tuesday, Friday and Sunday April 8) **

SATURDAY OF LAZARUS - MARCH 31

Prophet Elias (ONLY) Orthros/Divine Liturgy 9:00 am

PALM SUNDAY-APRIL 1

Holy Trinity Orthros / Divine Liturgy 9:00 am

Prophet Elias Orthros / Divine Liturgy 9:00 am

Holy Trinity Service of the Bridegroom 7:00 pm

Prophet Elias Service of the Bridegroom 7:00 pm

HOLY MONDAY-APRIL 2

Holy Trinity Service of the Bridegroom 7:00 pm

Prophet Elias Service of the Bridegroom 7:00 pm

HOLY TUESDAY-APRIL 3

Holy Trinity Service of the Bridegroom 7:00 pm

Hymn of Kassiani

Prophet Elias Service of the Bridegroom 7:00 pm

Hymn of Kassiani

HOLY WEDNESDAY-APRIL 4

Prophet Elias (ONLY) Presanctified Divine Liturgy 9:00 am

Holy Trinity Mystery Holy Unction 3:00 pm

Prophet Elias Mystery Holy Unction 3:00 pm

Holy Trinity Mystical Supper Matins 7:00 pm

Prophet Elias Mystical Supper Matins 7:00 pm

HOLY THURSDAY-APRIL 5

Holy Trinity Vespereal Liturgy of Saint Basil 9:00 am

Prophet Elias Vespereal Liturgy of Saint Basil 9:00 am

Holy Trinity Crucifixion / 12 Gospels 7:00 pm

Prophet Elias Crucifixion / 12 Gospels 7:00 pm

HOLY FRIDAY-APRIL 6

Prophet Elias (ONLY) Royal Hours 10:00 am

Holy Trinity Apokathelosis (Descent from the Cross) 3:00 pm

Prophet Elias Apokathelosis (Descent from the Cross) 3:00 pm

Holy Trinity Lamentations / Epitahios Procession 7:00 pm

Prophet Elias Lamentations / Epitahios Procession 7:00 pm

HOLY SATURDAY - APRIL 7

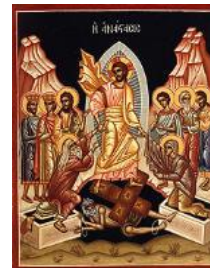
Holy Trinity Vespereal Liturgy of Saint Basil 9:00 am

Prophet Elias Vespereal Liturgy of Saint Basil 9:00am

Holy Trinity Paschal Vigil, Resurrection Divine Liturgy 11:00 pm

Prophet Elias Paschal Vigil, Resurrection Divine Liturgy 11:00 pm

ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ!! CHRIST IS RISEN!!



GREAT AND HOLY PASCHA-APRIL 8

Prophet Elias (ONLY) Agape Vespers 12:00 pm