

Epistle Reading



Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift

away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Gospel Reading



Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven."

Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"



Greek Orthodox Church of Greater Salt Lake

www.gocslc.org; Orthodoxy3@gmail.com

Sunday March 16, 2014

Sunday of Saint Gregory Palamas

Holy Trinity Cathedral 279 S 300 W SLC, UT 84101 (801)328-9681

Prophet Elias Church 5335 Highland Drive Holladay, UT 84117 (801)277-2693



"Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. But thou, when thou fastest, anoint thine head, and wash thy face; That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly."

Reverend Father Michael Kouremetis 801-230-7651

Reverend Father Matthew Gilbert 801-556-1139

Reverend Father George Politis (retired)

Assistant Reverend Father Elias Koucos 801-556-4640

Reverend Dn. Anatoli Kireiev

If you need to reach clergy, contact them at the numbers listed above.

Sunday Worship Service

Orthros/Divine Liturgy 8:30/9:30 am at both churches.

Weekday Services

Holy Trinity/Prophet Elias-Monday, March 17th 6:30pm

Service of the Great Compline

Holy Trinity-Wednesday, March 19th 9:00 am

Pre-sanctified Liturgy

Prophet Elias-Wednesday, March 19th 6:30 pm

Pre-sanctified Liturgy

Lenten Lecture and Lenten Meal following Liturgy

Holy Trinity-Friday, March 21st 6:30 pm

Salutations to the Theotokos

Prophet Elias-Friday, March 21st 7:00 pm

Salutations to the Theotokos

Memorials

March 16th

Elaine Chaus

40 Day

Holy Trinity

George Chaus

16 Year

Holy Trinity

March 30th

"Harry" John Thiros

1 Year

Holy Trinity

George Klonizos (Date updated)

1 Year

Holy Trinity

Eloise Orr Petrogeorge Kavoukas

40 Day

Holy Trinity

April 6th

Vasilike Rekouniotis

1 Year

Holy Trinity

Prayer List

Georgette, Maria, George, David, Joann, Harry

Bible Study at Prophet Elias on Tuesday evenings has adjourned for Lent. The last session was held Tuesday, March 11th, it will resume again on Tuesday after Pascha.

Several emails are coming back undelivered. If you have not been receiving E-blasts please let the office know.



Sunday

Palm Sunday Icon

Shows Christ's entry into Jerusalem



Sunday, Monday & Tuesday Nights

The Bridegroom Icon

Shows Christ stripped of his garments and clothed in a scarlet robe to mock him.



Thursday Night

The Crucifixion of Christ Icon

Shows the Virgin Mary standing to Christ's right side with three of the Myrrh-bearing Women as they contemplate this terrible event which has just come to pass, for Christ is shown here with His eyes closed in death.



Holy Friday Evening

Epitaphios Icon

Shows the Lord of Life has died for us a most painful and humiliating death and is here laid down before His cross. Saint Joseph of Arimathea has just taken him down and is beginning to wrap His legs with a clean linen cloth while St. Nicodemos, leaning against a ladder, looks on. The most Holy Virgin cradles her Son tenderly in her arms and laments with St. John the Beloved Disciple leaning over and the Myrrh-bearing Women wailing and weeping behind them. It is the saddest day of all history, yet brings the promise of life for us.



Saturday Midnight/Sunday

Icon of the Resurrection

Shows the Resurrection of Christ.

Holy Trinity Philoptochos - President: Connie Yengich



LENTEN RETREAT 2014 – Hosted by Holy Trinity Philoptochos **Saturday, March 22nd** 10:30am – 2:00pm Holy Trinity Memorial Building. The Holy Trinity Philoptochos is very pleased and

honored to have Fr. Makarios Mannos as our guest speaker for this year's Lenten Retreat. The topics Fr. Makarios will be speaking on will be: "Love in All the Right Places" and "Orthodox Christian from a Mind Set or, Point of View". A light breakfast will be served at 10:30am. Philoptochos will provide a Lenten main dish, although we ask that you please bring your favorite Lenten dish or dessert to share for lunch.



Holy Trinity Choir and Holy Trinity Philoptochos **SPRING FASHION SHOW, "GIVING IS ALWAYS IN STYLE", Saturday, March 29** at The Hellenic Memorial Building. Silent auction and wish raffle at 11:00; fashion show presented by Bill and Sharon Loya with a personal appearance by designer Ryan Roberts at noon. Proceeds will benefit the Malileh Free Clinic, the

Road Home and Best Friends Animal Sanctuary. Tickets are \$30. For reservations call Cyndia Cayias 801-580-6215 or Maria Oneida Hardwick 801-231-8505; please leave a message for a return call. This is a unique event not to be missed!

Prophet Elias Philoptochos - President: Kathy Shand



Prophet Elias Philoptochos will be **selling loukoumades** on **Sunday, March 23rd**, after Liturgy.

Lent



Please join us at Prophet Elias every Wednesday evening during Lent for a Lenten dinner and speaker immediately following Pre-Sanctified Liturgy. Each week a new topic will be discussed and a new Lenten dish will be prepared for all to share. Please plan to spend your Wednesday evenings learning more about your faith and enjoying fellowship with others. We look forward to seeing you. Pre-Sanctified Liturgy is at 6:30 pm.

Phone Directory Update



Phone directory forms are now available on our website. If you would like to email your information you can use the form online as a template and send it to orthodoxy3@gmail.com. Remember to email us a picture of yourself or of your family if you would like it included.

Once you have submitted all of your information, it will take up to 7 days to gain access to the Online Instant Church Directory at <http://www.instantchurchdirectory.com>. There you can log in and have access to other members who have signed up. There will also be a phone app that you can download on your smart phones.

For our senior citizens and for those who do not have access to the internet, we are planning on having a printed version of the directory available after Easter.



Maintenance Updates

- *PE kitchen is almost complete.
- *Plumbing and electrical is finished.
- *New carpet and tile to be installed in the coming weeks.
- *Volunteers and donors are always welcomed and appreciated. Contact the church office at 801-328-9681.



The Salt Lake City chapter of the Daughters of Penelope invites you to a **Testimonial Dinner honoring JOANNE SALTAS**, *Grand President Daughters of Penelope*, **May 3, 2014** at the Willow Creek Country Club, Sandy, Ut. Donation: \$65, proceeds

will benefit the YWCA. Please contact Jolene Vasiliadis: jvasiliadis@comcast.net, 801-652-9594 or Vasi Katsikathas: vasikatsikathas@comcast.net, 801-554-1827 for entrée selection and donation. **Reservation deadline is April 1, 2014.**

ATTENTION: Minos, Daughters of Minos and Minotavros members:

The following meeting dates have been updated for the 2015 Pancretan Convention monthly sessions. Please make all efforts to attend. Everyone is welcome!

- **March 30th from 4:00 pm - 6:00 pm - Youth Events, Youth Business Meetings and Security (Cottonwood Country Club - 1780 East Lakewood Drive, west of Prophet Elias.**
- **April 27th from 4:00 pm - 6:00 pm - Picnic, C.A.N. and Golf events (Prophet Elias Boardroom)**
- **May - No Meetings scheduled**
- **June 1st from 4:00 pm - 6:00 pm - Axia Night and Ladies Lunch/Tea events (Prophet Elias Boardroom)**

Saint Sophia Now Registering for 2014-2015

Discover * Explore * Create * Imagine

Saint Sophia School specializes in early childhood education, offering a quality education at affordable tuition rates. We provide small class sizes and individualized instruction. Our teachers are certified and highly qualified with many years of early childhood teaching experience.

We offer diverse opportunities for growth with the belief that children are active

5341 Highland Drive SLC * 801-424-1297

<http://saintsophiaschool.org/registrationform.html>

**First Annual GOYA
AT THE FOOT OF MOUNT OLYMPUS CAR
SHOW**



A Youth Fundraiser to help Youth attend Camps and Retreats

Saturday, May 31, 2014 9:00am to 3:00pm

At the Foot of Mount Olympus

On the grounds of Prophet Elias

Cars - Trucks - Motorcycles

T-shirts - Food - Prizes - Fun Galore -

Entertainment

Come out and support our youth.

If you have a vehicle you would like to enter, please call

Hugh Coltharp at [801-557-9485](tel:801-557-9485).

For questions please call Fr. Elias [801-556-4640](tel:801-556-4640).



Greek Orthodox Church Mission Statement

Our Parish is committed to cultivating and nurturing Faith in our Lord and Savior Jesus Christ, as taught by the doctrines and tradition of the Holy Orthodox Church. As a Eucharistic Community, we are called to be "Lights in the world" demonstrating our Faith through stewardship, acts of mercy, and sacramental participation. Through the acquisition of the Holy Spirit, we are called upon to "grow in the Grace and knowledge of our Lord and Savior Jesus Christ." Finally, we are required by our Lord in The Great Commission to invite all people regardless of their ethnic, social, economic or educational background to embrace the Orthodox Christian Faith.

Attention seniors!

See our bulletin board downstairs and our website for 5 methods of abating real property taxes. It includes:

- Circuit Breaker Tax Abatement
- Indigent abatement
- Disabled Veterans Exemption
- Blind exemption
- Hardship abatement

Greek Independence Day



Dinner and Program will be hosted on **Sunday, March 23rd** at 6 pm at **Holy Trinity**. Tickets can be purchased at both churches beginning **Sunday, March 16th**; \$15 for adults and \$10 for children under 10. This is always a family favorite, so plan on attending. Come enjoy the delightful presentations of our Greek School Children!



Prophet Elias and Holy Trinity choirs have been asked to participate at this year's **Holladay Interfaith Concert** at the Cottonwood Presbyterian Church at 1580 Vine Street (6100 South) at 7 pm **Today, March 16th**. Your attendance would be appreciated to support our choirs.

Daughters of Minos meeting is **Today, March 16th** at 4:00 pm at Prophet Elias small gym. Paid Members in good standing will be eligible to vote during our meeting. Today (March 16th) will also be the last day to register your children for the dance group KriKri. **No new students will be accepted after our March 16th deadline.**

HELLENIC CUISINE ACADEMY

Sunday, April 6, 2014 4:00pm @ Holy Trinity; Prime Rib & Many Greek Delicacies. Chef: Jim Fuskandrakis from Jim's Family Restaurant. Please call Vickie Peters at [801-262-3233](tel:801-262-3233) to reserve your spot. Class is \$35.

*Flower
Donations
For
Holy Week*

\$150 Per Icon per church

(Friday night multiple donations requested.)



*We are grateful for
your donations which
can be made online, in
the office, or by phone
801-328-9681.*

On Sunday March 16 We Celebrate:

Sunday of St. Gregory Palamas

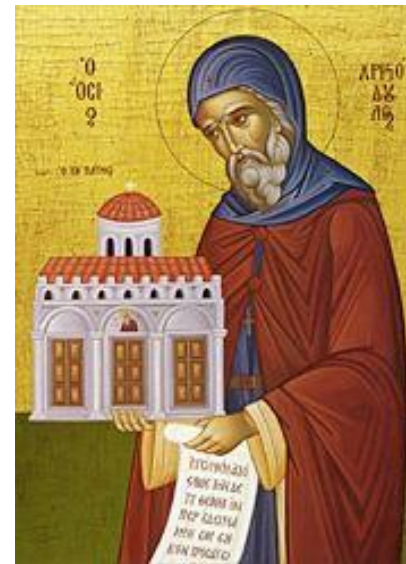
Sabine the Martyr of Egypt

Aristovoulos, Apostle of the 70

Julian the Martyr

Christodulus the Wonderworker of Patmos

Christodulus the Wonderworker of Patmos



Saint Christodulus, who was from the region of Nicaea of Bithynia, was the son of Theodore and Anna, and was given the name John. He assumed the monastic habit in his youth and was renamed Christodulus ("slave of Christ" in Greek). At first, he lived the ascetical life in various places, then he received permission and monetary aid from the Emperor Alexis I Comnenus (reigned 1081-1118), and built on the island of Patmos a church and monastery named in

honour of Saint John the Evangelist. These buildings stand to this day. However, when the Arabs attacked that place, he fled with his disciples and went to Euboia (Euripus), where also he completed the course of his life about the end of the eleventh century on the 16th of March. The disciples of this righteous man took his sacred incorrupt remains and transferred them to his own monastery, where they repose to this day for the sanctification of those who have recourse to them with faith.