

### Epistle Reading



### **Romans 13:11-14; 14:1-4**

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are

you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

### Gospel Reading



### **The Gospel of Matthew 6:14-21**

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. "And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven,

where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."



**Greek Orthodox Church of Greater Salt Lake**

**www.gocslc.org; Orthodoxy3@gmail.com**

**Sunday March 2, 2014**

**Holy Trinity Cathedral**

**279 S 300 W**

**SLC, UT 84101**

**801-328-9681**

**Prophet Elias Church**

**5335 Highland Drive**

**Holladay, UT 84117**

**801-277-2693**

**Reverend Father Michael Kouremetis**

**801-230-7651**

**Reverend Father Matthew Gilbert**

**801-556-1139**

**Reverend Father George Politis (retired)**

**Assistant Reverend Father Elias Koucos**

**801-556-4640**

**Reverend Dn. Anatoli Kireiev**

**If you need to reach clergy, contact them at the numbers listed above.**

## Church Services

**Sunday Service Orthros/Divine Liturgy 8:30/9:30 am at both churches.**

**Holy Trinity –Sunday, March 2<sup>nd</sup> following Liturgy**  
Vespers of Forgiveness

**Holy Trinity/Prophet Elias-Monday, March 3<sup>rd</sup> 6:30pm**  
Service of the Great Compline

**Holy Trinity-Wednesday, March 5<sup>th</sup> 9:00 am**  
Presanctified Liturgy

**Prophet Elias-Wednesday, March 5<sup>th</sup> 6:30 pm**  
Presanctified Liturgy

**Holy Trinity-Friday, March 7<sup>th</sup> 6:30 pm**  
Salutations to the Theotokos

**Prophet Elias-Friday, March 7<sup>th</sup> 7:00 pm**  
Salutations to the Theotokos

**Holy Trinity/Prophet Elias-Saturday, March 8<sup>th</sup> 8:30 am**  
Saturday of the Souls

## Memorials

### March 23<sup>rd</sup>

George Klonizos                      1 year                      Holy Trinity

### March 30<sup>th</sup>

Eloise Orr Petrogeorge Kavoukas   40 Day                      Holy Trinity

## Prayer List

Maria, George, David, Joann, Harry

**Prophet Elias Bible Study Tuesdays at 7 pm.**

**New memorial planned to honor 1,300 fallen Carbon County miners.**



Sculptors Danny Blanton, left, and Gary Prazen with Original Creations Inc. are working with a group of retired coal miners and other community members to create a new memorial that will honor the roughly 1,300 men who have died in Carbon County's mines since the late 1800s. The memorial will be built in the

Peace Gardens in Price. Find the link on our website to read more about this.

## **ATTENTION:**

## **Minos, Daughters of Minos and Minotavros members**

Please join us in **Today's** working meeting session in preparation for the 2015 Pancretan Convention. The discussion today will include the planning of the Cretan Night party, as well as the Pastries/Appetizers committee. The meeting will be held at the Cottonwood Country Club located at 1780 East Lakewood Drive (west of Prophet Elias) from 2:00 pm to 4:00 pm. Everyone is welcome to attend these meetings. Hope to see you there.

## **Daughters of Minos**

Thank you everyone who participated at our membership appreciation "Travel and world with wine and cheese" party. We will be voting on the two proposed bylaws amendments regarding Elections and Membership at our next meeting on **March 16<sup>th</sup>** at 4:00 pm at Prophet Elias small gym. Paid Members in good standing will be eligible to vote during our meeting. March 16th will also be the last day to register your children for the dance group KriKri. **No new students will be accepted after our March 16<sup>th</sup> deadline.**

## **Minotavros News!**

**Spring dance practice** will be starting **Today, March 2<sup>nd</sup>** for little, middle and adult groups, time and place to be determined. We are NOT accepting new registrations. If you have any questions about dance contact: Cassi Georgelas 801-608-8822 or Mary Papadakis 801-864-5270.

## **Congratulations to the Oratorical Festival winners!**

### **Holy Trinity Senior Division**

Nikolas Pantelidis (First Place)  
Artemis Sefandonakis (Second Place)  
Georgeanna Souvall (Third Place)

### **Holy Trinity Junior Division**

Peter Souvall (First Place)  
John Kapos (Second Place)  
Michaelis Linardakis (Third Place)  
Matthew Tsortsanidis

### **Holy Trinity Elementary Division**

5<sup>th</sup> Grade – Presented handmade Icons  
3<sup>rd</sup> Grade- Presentation on the different ways they share in God's world and participate in their community.

### **Prophet Elias Senior Division:**

1<sup>st</sup> Place- Katina Tatum  
2<sup>nd</sup> Place-Lucas Priskos  
3<sup>rd</sup> Place-Jamie Cayias

### **Prophet Elias Junior Division:**

1<sup>st</sup> Place-Chase Harwood  
2<sup>nd</sup> Place-Anna Drossos  
3<sup>rd</sup> Place-Mihali Sergakis

Thanks to everyone who helped prepare and support this great event!!!

All of the participants did a great job! First place winners will move on to the Metropolis to be held in Denver in March of 2014.

## **On Sunday, March 2<sup>nd</sup> We Celebrate:**

Forgiveness Sunday  
Hesychius the Martyr  
Our Holy Father Nicholas Planas  
Andronikos & Athanasia the Martyrs  
Theodotos the Holy Martyr, Bishop of Cyrenia



The Holy Fathers have appointed the commemoration of Adam's exile from the Paradise of delight here, on the eve of the holy Forty-day Fast, demonstrating to us not by simple words, but by actual deeds, how beneficial fasting is for man, and how harmful and destructive are insatiety and the transgressing of the divine commandments. For the first commandment that God gave to man was that of fasting, which the first-fashioned received but did not keep; and not only did they not become gods, as they had imagined, but they lost even that blessed life which they had, and they fell into corruption and death, and transmitted these and innumerable other evils to all of mankind. The God-bearing Fathers set these things before us today, that by bringing to mind what we have fallen from, and what we have suffered because of the insatiety and disobedience of the first fashioned, we might be diligent to return again to that ancient bliss and glory by means of fasting and obedience to all the divine commands. Taking occasion from today's Gospel (Matt. 6:14-21) to begin the Fast unencumbered by enmity, we also ask forgiveness this day, first from God, then from one another and all creation.

## Sign-up today for the new church Directory.

Forms are in the Narthex or can be found at [www.gocslc.com](http://www.gocslc.com).



Members can download the church directory app on their smart phones. Here are the instructions:

### Instant Church Directory Member App

- How do members download and sync the app on their phone?

Members must download the Instant Church Directory Member App first.

Once downloaded, enter the email address that is listed for you in your church's directory. This will generate a password that will be sent to your email.

Enter this password on Step 2 of the app. This will start the first download of the directory.

To download the app to your Apple device.

<https://itunes.apple.com/us/app/instant-church-directory/id589542221?ls=1&mt=8>

To download the app to your Android device:

<https://play.google.com/store/apps/details?id=com.instantchurchdirectory.members>

To download the app to your Kindle Fire:

[http://www.amazon.com/Communication-Resources-Inc-Instant-Directory/dp/B00D76604E/ref=sr\\_1\\_1?s=mobile-apps&ie=UTF8&qid=1371671565](http://www.amazon.com/Communication-Resources-Inc-Instant-Directory/dp/B00D76604E/ref=sr_1_1?s=mobile-apps&ie=UTF8&qid=1371671565).

## The William D. Cocorinis Scholarship



This \$1,000 scholarship is available to University of Utah students in good standing with an academic emphasis in Modern or Ancient Greek Language, History or Culture. Preference will be given first, to students of merit who are engaged in the study of Modern Greek and second, to students of merit who are otherwise engaged in Hellenic Studies. Application deadline: Monday, March 17, 2014. Information and application forms can be found at: <http://languages.utah.edu/scholarships.php>.

### **An all male chorus is being formed at Prophet Elias**

Men, ages 16 to 100 are invited to join the all male chorus being formed here in our Greek Orthodox Community. We will learn to sing the music of our liturgy, other church hymns, Greek folk songs/ballads and more. It will be great fun, a great experience and very instructive for all who join us. For more details please call Denny Floor at (801) 661-8881.

### HELLENIC CUISINE ACADEMY

**Sunday, March 2, 2014 3:00pm @ Tony Caputos**

Cheese Pairing and Wine with Matthew Caputo & Andrianna Pacchelli. \*Tips on buying cheese & wines at Caputo Market.

**Sunday, April 6, 2014 4:00pm @ Holy Trinity**

Prime Rib & Many Greek Delicacies. Chef: Jim Fuskandrakis from Jim's Family Restaurant.

Please call Vickie Peters at [801-262-3233](tel:801-262-3233) to reserve your spot. Each class is \$35.



The Salt Lake City chapter of the Daughters of Penelope invites you to a **Testimonial Dinner honoring JOANNE SALTAS**, *Grand President Daughters of Penelope*, **May 3, 2014** at the Willow Creek Country Club, Sandy, Ut. Donation: \$65, proceeds will benefit the YWCA. Please contact Jolene Vasiliadis: [jvasiliadis@comcast.net](mailto:jvasiliadis@comcast.net), 801-652-9594 or Vasi Katsikathas: [vasikatsikathas@comcast.net](mailto:vasikatsikathas@comcast.net), 801-554-1827 for entrée selection and donation. **Reservation deadline is April 1, 2014.**

**Join Jr. and Sr. GOYA for an afternoon of fun and relaxation!**



**Sunday, March 2<sup>nd</sup> Hot Mineral Springs at Crystal Springs.**

- \*Meet the bus at Holy Trinity, 2:00pm
- \*Prices include the bus!
- \*Swim/soak for two hours
- \*Return, stopping for one hour for a light “on your own” dinner.
- \*Back to Holy Trinity at 7:00

Bring a swimsuit, towel, and water bottle. Bag, robe, and locks are optional. \$15 per person (\$20 if you want the water slide). Remember, **BUS RIDE INCLUDED!!** Please make your reservation by emailing William Pezely at [wlppezely@gmail.com](mailto:wlppezely@gmail.com) or call 801-466-9187. Bring Yiayia and Papou, Mom and Dad, Nouna and Nouno!



**Young at Heart monthly luncheon on Thursday, March 13th** at noon at the Hellenic Memorial Hall. Our menu will be spaghetti and shrimp, vegetable, soup & salad. Bring a dessert if you like and we hope to see you there. **KALH TESSARAKOSTH.**

## Holy Trinity Philoptochos

**President: Connie Yengich**

**Tuesday, March 4th** - Philoptochos meeting at Holy Trinity at 6:30 pm.

### **Annual Membership Tea**

**Saturday, March 8<sup>th</sup>** 11:00 am to 2:00 pm at the home of Shauna & Vasilios Priskos: 5253 S. Cottonwood Lane. Come enjoy an afternoon with old friends and meet some new ones. Women of all ages invited! Philoptochos is the Philanthropic arm of the Church. We have a lot of great things coming up this year! Come see how you can get involved. Hope to see you there! If you have any questions call: Shelley Anderson: **801-277-6651** or email [shelley.jordan@comcast.net](mailto:shelley.jordan@comcast.net).

**LENTEN RETREAT 2014** – Hosted by Holy Trinity Philoptochos **Saturday, March 22<sup>nd</sup>** 10:30am – 2:00pm Holy Trinity Memorial Building. The Holy Trinity Philoptochos is very pleased and honored to have Fr. Makarios Mannos as our guest speaker for this year’s Lenten Retreat. The topics Fr. Makarios will be speaking on will be: “Love in All the Right Places” and “Orthodox Christian from a Mind Set or, Point of View”. A light breakfast will be served at 10:30am. Philoptochos will provide a Lenten main dish, although we ask that you please bring your favorite Lenten dish or dessert to share for lunch.

**Holy Trinity Choir and Holy Trinity Philoptochos SPRING FASHION SHOW, “GIVING IS ALWAYS IN STYLE”, Saturday, March 29** at The Hellenic Memorial Building. Silent auction and wish raffle at 11:00; fashion show presented by Bill and Sharon Loya with a personal appearance by designer Ryan Roberts at noon. Proceeds will benefit the Malileh Free Clinic, the Road Home and Best Friends Animal Sanctuary. **Tickets are \$30.** For reservations call Cyndia Cayias 801-580-6215 or Maria Oneida Hardwick 801-231-8505; please leave a message for a return call. This is a unique event not to be missed!

## Prophet Elias Philoptochos

**President: Kathy Shand**

**CHEESEFARE SUNDAY.** Prophet Elias Philoptochos will sell tyropites today after liturgy. Large tyropites \$3.00. Take some home for later!! Tray of large tyropites 8/\$20, tray of small tyropitakia 24/\$20.

*Flower  
Donations  
For  
Holy Week  
\$150 Per Icon per church  
(Friday night multiple donations requested.)*



*We are grateful for  
your donations which  
can be made online, in  
the office, or by phone  
801-328-9681.*



Sunday  
Palm Sunday Icon  
Shows Christ's entry into Jerusalem



Sunday, Monday & Tuesday Nights  
The Bridegroom Icon  
Shows Christ stripped of his garments and clothed in a scarlet robe to mock him.



Thursday Night.  
The Crucifixion of Christ Icon  
Shows the Vvirgin Mary standing to Christ's right side with three of the Myrrh-bearing Women as they contemplate this terrible event which has just come to pass, for Christ is shown here with His eyes closed in death.



Holy Friday Evening  
Epitaphios Icon  
Shows the Lord of Life has died for us a most painful and humiliating death and is here laid down before His cross. Saint Joseph of Arimathea has just taken him down and is beginning to wrap His legs with a clean linen cloth while St. Nicodemos, leaning against a ladder, looks on. The most Holy virgin cradles her Son tenderly in her arms and laments with St. John the Beloved Disciple leaning over and the Myrrh-bearing Women wailing and weeping behind them. It is the saddest day of all history, yet brings the promise of life for us.



Saturday Midnight/Sunday  
Icon of the Resurrection  
Shows the Resurrection of Christ.