



OF GREATER SALT LAKE



JANUARY 15, 2023 12TH SUNDAY OF LUKE

THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM



HOLY TRINITY CATHEDRAL

279 South 300 West Salt Lake City, UT 84101 (801) 328-9681

PROPHET ELIAS CHURCH

5335 Highland Drive Holladay, UT 84117 (801) 277-2693

churchoffice@gocslc.org

CLERGY



V. Rev. Archimandrite GEORGE NIKAS ~ CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Protopresbyter GEORGE POLITIS ~ RETIRED

PARISH COUNCIL



2023 EXECUTIVE BOARD

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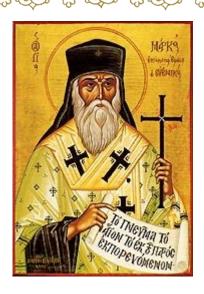
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The great teacher and invincible defender of the One, Holy, Catholic, and Apostolic Church, Saint Mark, was the offspring and scion of the imperial city, Constantinople. Reared by most pious parents, and instructed in secular and spiritual wisdom, he became preeminent in both. Saint Mark lived as an ascetic on the Prince's Islands and later in the monastery of Saint George Magana in Constantinople. He passed through all the degrees of the priesthood, and was finally advanced to the dignity of Archbishop and the lofty throne of the Metropolis of Ephesus. At the insistence of Emperor John Paleologos, the Saint was sent to the council of the Latins in Florence, to unite the churches that had been divided for so many years. He astounded the papal teachers with the divine wisdom of his words, and was the only one who did not sign the blasphemous decree of that false council. Because of this, the Holy Church of Christ has ever honored this great man as a benefactor, teacher, sole defender, and invincible champion of the Apostolic Confession. He reposed in 1443.



SUNDAY, JANUARY 15

Orthros 9:00am @ HT only
Divine Liturgy 10:00am @ HT only
GOYA Basketball Practice 1:00pm~6:00pm @ PE Lg Gym

MONDAY, JANUARY 16

GOYA Basketball Practice 6:00pm~10:00pm @ PE Lg Gym Girl Scouts 6:30pm~8:30pm @ PE Sm Gym

TUESDAY, JANUARY 17

Greek School 6:30pm-8:00pm @ PE GOYA Basketball Practice 7:00pm-10:00pm @ PE Lg Gym

WEDNESDAY, JANUARY 18

Boy Scouts Meeting 6:00pm~8:00pm @ PE Sm Gym
GOYA Basketball Practice 7:00pm~10:00pm @ PE Lg Gym
Orthodox Catechism 7:00pm~8:30pm @ PE Board Room

THURSDAY, JANUARY 19

GOYA Basketball Practice 6:00pm~10:00pm @ PE Lg Gym
LHJ Vasilopita Craft 6:00pm~8:00pm @ PE Sm Gym
Greek School 6:30pm~8:00pm @ PE
YAL Orthodoxy On Tap 6:30pm~10:00pm @
Choir Practice 7:00pm~8:00pm @ PE Sm Gym

FRIDAY, JANUARY 20

No Schedule

SATURDAY, JANUARY 21

GOYA Basketball Game 9:00am~3:00pm @ PE Lg Gym Greek School 10:00am~1:00pm @ HT

SUNDAY, JANUARY 22

Orthros 9:00am @ Both Churches
Divine Liturgy 10:00am @ Both Churches
GOYA Basketball Practice 1:00pm~6:00pm @ PE Lg Gym

Daughters of Minos Meeting 3:00pm~5:00pm @ PE Sm Gym Carpet



SUNDAY, JANUARY 15 AT HOLY TRINITY

Elaine (Sandra) Missoris (Tasoulas): 40 ~ Day Memorial

Chris M. Korologos: 1 ~ Year Memorial

Mary Glezos Forsman Barnes: 4 ~ Year Memorial

Ernest (Tasso) Forsman: 19 ~ Year Memorial



SUNDAY, JANUARY 22 AT HOLY TRINITY

Joshua (Sotirios) Bavelas: 40 ~ Day Memorial

Larry Limberis: 1 ~ Year Memorial

Helen (Eleni) Bavelas: 5 ~ Year Memorial

Barbara Kontgas: 6 ~ Year Memorial

Alex Miller: 7 ~ Year Memorial

Pete (Panagioti) Limberis: 9 ~ Year Memorial

Dalene (Magdalini) Bavelas: 9 ~ Year Memorial

James (Demetrios) Bavelas: 10 ~ Year Memorial

Tony (Andonios) Kontgas: 28 ~ Year Memorial

Alexander (Zan) Kourtides: 30 ~ Year Memorial

Evanthia Miller: 33 ~ Year Memorial

Pete (Panagiotis) Miller: 38 ~ Year Memorial

Magdalene (Magdalini) Bavelas: 38 ~ Year Memorial

Mary Limberis: 39 ~ Year Memorial

Speros (Spyridon) Bavelas: 56 ~ Year Memorial



SUNDAY, JANUARY 29





Άπολυτίκιον Άναστάσιμον

Άγγελικαὶ δυνάμεις ἐπὶ τὸ μνῆμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἵστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Εσκύλευσας τὸν Ἅδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῷ Παρθένῳ, δωρούμενος τὴν ζωήν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Τοῦ Άγίου

Εκ βρέφους τὸν Κύριον, ἐπιποθήσας θερμῶς, τὸν κόσμον κατέλιπες, καὶ τὰ ἐν κόσμῳ τερπνά, καὶ ἤσκησας ἄριστα· ἔπηξας τὴν καλύβην, πρὸ πυλῶν σῶν γονέων, ἔθραυσας τῶν δαιμόνων, τὰς ἐνέδρας Παμμάκαρ· διὸ σε Ιωάννη Χριστός, ἀξίως ἐδόξασεν.

Άπολυτίκιον Πεντηκοστής (για την Αγία Τριάδα)

Εύλογητός εἶ Χριστὲ ὁ Θεος ἡμῶν ὁ πανσόφους τοὺς ἁλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἄγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

Άπολυτίκιον Προφήτου Ηλιού

Ο ένσαρκος άγγελος, τών Προφητών η κρηπίς, ο δεύτερος Πρόδρομος τής παρουσίας Χριστού, Ηλίας ο ένδοξος, άνωθεν καταπέμψας, Ελισαίω τήν χάριν, νόσους αποδιώκει, καί λεπρούς καθαρίζει, διό καί τοίς τιμώσιν αυτόν βρύει ιάματα.

Κοντάκιον

Ο μήτραν παρθενικὴν ἀγιάσας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεὼν εὐλογήσας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστὲ ὁ Θεός. Άλλ' εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὓς ἡγάπησας, ὁ μόνος φιλάνθρωπος.



Resurrectional Apolytikion

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

For the Saint

From infancy fervently you loved and longed for the Lord; you therefore renounced the world and every worldly delight, and excelled in ascetic feats. You set the hut you dwelt in before the gates of your parents. Therein, all-blessed struggler, you crushed the snares of the demons. And therefore, O John, Christ has glorified you worthily.

Apolytikion of Pentecost (for the Holy Trinity)

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity.



Προκείμενον:

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχος:

Πρὸς σέ, Κύριε, κεκράξομαι, ὁ Θεός μου.

Πρὸς Κολασσαεῖς Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα (3:4~11)

Άδελφοί, ὅταν ὁ Χριστὸς φανερωθῆ, ἡ ζωὴ ὑμῶν, τότε καὶ ὑμεῖς σὺν αὐτῷ φανερωθήσεσθε ἐν δόξη. Νεκρώσατε οὖν τὰ μέλη τὰ ἐπὶ τῆς γῆς, πορνείαν, ἀκαθαρσίαν, πάθος, ἐπιθυμίαν κακήν, καὶ τὴν πλεονεξίαν ἤτις ἐστὶν εἰδωλολατρία, δι' ἃ ἔρχεται ἡ ὀργὴ τοῦ Θεοῦ ἐπὶ τοὺς υἱοὺς τῆς ἀπειθείας ἐν οἶς καὶ ὑμεῖς περιεπατήσατέ ποτε ὅτε ἐζῆτε ἐν αὐτοῖς. Νυνὶ δὲ ἀπόθεσθε καὶ ὑμεῖς τὰ πάντα, ὀργήν, θυμόν, κακίαν, βλασφημίαν, αἰσχρολογίαν ἐκ τοῦ στόματος ὑμῶν μὴ ψεύδεσθε εἰς ἀλλήλους, ἀπεκδυσάμενοι τὸν παλαιὸν ἄνθρωπον σὺν ταῖς πράξεσιν αὐτοῦ, καὶ ἐνδυσάμενοι τὸν νέον τὸν ἀνακαινούμενον εἰς ἐπίγνωσιν κατ' εἰκόνα τοῦ κτίσαντος αὐτόν, ὅπου οὐκ ἔνι Ἑλλην καὶ Ἰουδαῖος, περιτομὴ καὶ ἀκροβυστία, βάρβαρος, Σκύθης, δοῦλος, ἐλεύθερος, ἀλλὰ τὰ πάντα καὶ ἐν πᾶσι Χριστός.





Prokeimenon:

O Lord, save Your people, and bless Your inheritance

Verse:

To You, O Lord, I cry; O my God.

The reading is from Paul's Letter to the Colossians (3:4~11)

Brethren, when Christ who is our life appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away; anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.





Εκ τοῦ κατὰ Λουκᾶν ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα (17:12~19)

Τῷ καιρῷ ἐκείνῳ, εἰσερχομένου τοῦ Ἰησοῦ εἴς τινα κώμην ἀπήντησαν αὐτῷ δέκα λεπροὶ ἄνδρες, οἱ ἔστησαν πόρἡωθεν, καὶ αὐτοὶ ἦραν φωνὴν λέγοντες Ιησοῦ ἐπιστάτα, ἐλέησον ἡμᾶς. καὶ ἰδὼν εἶπεν αὐτοῖς Πορευθέντες ἐπιδείξατε ἑαυτοὺς τοῖς ἱερεῦσι. καὶ ἐγένετο ἐν τῷ ὑπάγειν αὐτοὺς ἐκαθαρίσθησαν. εἷς δὲ ἐξ αὐτῶν, ἰδὼν ὅτι ἰάθη, ὑπέστρεψε μετὰ φωνῆς μεγάλης δοξάζων τὸν Θεόν, καὶ ἔπεσεν ἐπὶ πρόσωπον παρὰ τοὺς πόδας αὐτοῦ εὐχαριστῶν αὐτῷ καὶ αὐτὸς ἦν Σαμαρείτης. ἀποκριθεὶς δὲ ὁ Ἰησοῦς εἶπεν Οὐχὶ οἱ δέκα ἐκαθαρίσθησαν; οἱ δὲ ἐννέα ποῦ; οὐχ εὑρέθησαν ὑποστρέψαντες δοῦναι δόξαν τῷ Θεῷ εἰ μὴ ὁ ἀλλογενὴς οὖτος; καὶ εἶπεν αὐτῷ ἀναστὰς πορεύου ἡ πίστις σου σέσωκέ σε.



The reading is from the holy Gospel according to Luke (17:12~19)

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said: "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus's feet, giving Him thanks. Now he was a Samaritan. Then said Jesus: "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him: "Rise and go your way; your faith has made you well."



ADVICE FOR THE NEW YEAR

"The whole year will be fortunate for you, not if you are drunk on the new-moon [New Year' Day], but if both on [that day] and each day, you do those things approved by God. For days come wicked and good, not from their own nature; for a day differs nothing from another day, but from our zeal and sluggishness. If you perform righteousness, then the day becomes good to you; if you perform sin, then it will be evil and full of retribution. If you contemplate these things, and are so disposed, you will consider the whole year favorable, performing



+ JOHN CHRYSOSTOM

prayers and charity every day; but if you are careless of virtue for yourself, and you entrust the contentment of your soul to beginnings of months and numbers of days, you will be desolate of everything good unto yourself."



+ BASIL the GREAT

"Let your demeanor, your dress, your walking, your sitting down, the nature of your food, the quality of your being, your house and what it contains, aim at simplicity. And let your speech, your singing, your manner with your neighbor, let these things also be in accord with humility rather than with vanity. In your words let there be no empty pretense, in your singing no excess sweetness, in conversation be not ponderous or overbearing. In everything refrain from seeking to appear important. Be a help to your friends, kind to the ones with whom you live, gentle to your servant, patient with those who are

troublesome, loving towards the lowly, comforting those in trouble, visiting those in affliction, never despising anyone, gracious in friendship, cheerful in answering others, courteous, approachable to everyone, never speaking your own praises, nor getting others to speak of them, never taking part in unbecoming conversations, and concealing where you may whatever gifts you possess."





Jan 15 HT ONLY - GOYA BB Tournament in Tulsa

Jan 22 Both Churches

Jan 29 Both Churches



The Ancient Orthodox Catechism

For anyone interested in learning about Orthodox Christianity, free classes/discussions will be held weekly.

Beginning Wednesday, January 18 - Wednesday, February 22 at

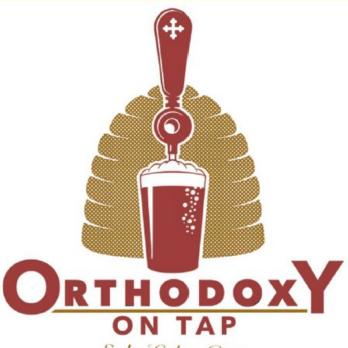
Prophet Elias Orthodox Church, 5335 South Highland Drive in Holladay 7:00 pm in the Boardroom

We will cover historical, theological, social, and practical components of this deep, authentic, and liberating way of life.

For more information, please call or text Dean or Nick Athens (801) 821-8935 or (801) 979-8808







Salt Lake City

Thursday, January 19th

6:30pm @ Location TBD

Harry Souvall

will be presenting on substance/alcohol misuse and abuse.

How to be disciplined and faith-based in social activities.

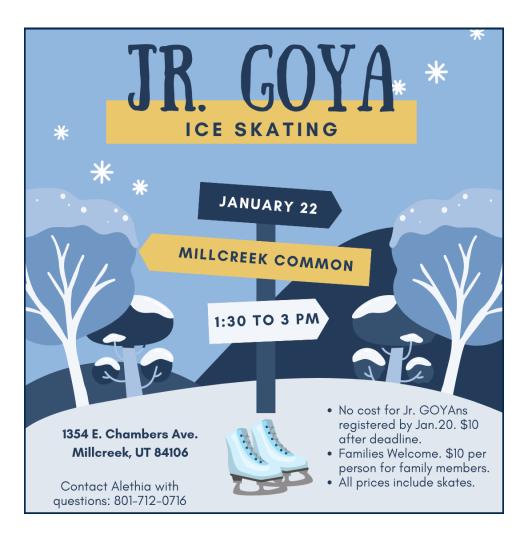
Join us for a cup of togetherness and growth!

Hosted by: Orthodox Young Professionals SLC

Follow us on Social Media: @OrthodoxYoungProfessionals_SLC







Daughters of Minos January Meeting
Sunday Jan 22nd at 3:00pm
Prophet Elias Sm. Gym Carpet area



Panahaikos Society

Mega Spileon / Agia Lavra Christmas L. New Year's Party Monday, January 23rd, 6:00 p.m.

At

The Other Place Restaurant

469 East 300 South



Menu selection

A. Steak Dinner

B. Salmon Dinner

C. Mezethakia plate plus, wine I beverages

Adults \$40, children 12 and under \$20 *Raffle Prizes*

> RSVP is necessary by Friday, January 20th

Bill Rekouniotis 673-0424 or George Miller 244-8587

Merry Christmas & Happy New Year!



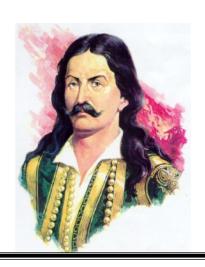


The Society of Athanasios Diakos Membership Appreciation Luncheon, General Assembly and Elections on:

SUNDAY, January 29, 2023 1:00 pm—Hellenic Memorial Building

Members cost: No charge Non-member cost: \$15.00 Adults \$8.00 children

Become a member on or before January 29th & have lunch at no cost!



Our membership is open to <u>all</u> who can trace their ancestry to Greece, through parents, grandparents or marriage. Join us for lunch and become a member of our great organization.

A memorial service for departed members of Athanasios Diakos will take place on January 29th at Holy Trinity, at the end of Divine Liturgy.











YOUNG AT HEART



The Young at Heart will be going to Wendover on Saturday, February 11

Leave SLC from:

Prophet Elias 8:30am Memorial Hall 9:00am







Leave Wendover at 5:00pm

\$20.00 per person.

RSVP Bill Rekouniotis at (801)-673-0424 or Bill Chaus at (801)-573-3348



ST. SOPHIA SCHOOL

Now enrolling for **WINTER/SPRING TODDLER CLASS** at Saint Sophia School taught by Alethia Bapis Chatzis.

Wednesdays from 9am-11am for Children ages 18mo-2years + Parent/Guardian Session Two (January-May)

This class helps children develop small and large motor skills, acclimate to school, gain awareness of group behavior, provide parent with new ideas and ways of respectfully parenting, and discover Greek language and Culture.

Please fill out a registration form in office or click the link here.

Call or email today to save a spot - Toddler Day Class is limited. For more information, contact director@saintsophiaschool.org



<u>ANNOUNCEMENTS</u>

- <u>Church Office Email</u> ~ The older Church email orthodoxy3@gmail.com is no longer a used/supported email for communication with the office and information is being missed. Please change your Church office email correspondence and email address books to: churchoffice@gocslc.org
- New Orthodox Recording~ Cappella Romana, our country's leading professional chamber choir for Orthodox music, has released HEAVEN AND EARTH, a new recording featuring the title work on Psalm 103 ("Bless the Lord O my soul") by six Orthodox composers, including TIKEY ZES (composer of the famous "Soma Christou") and JOHN MICHAEL BOYER, sung in English. You'll also hear +John Tavener's IKON OF LIGHT with the Mystic Prayer to the Holy Spirit by St. Symeon the New Theologian, sung in Greek (booklet has all texts and translations). Available as surround-sound SACD/regular CD, and downloads. Members of our Greek Orthodox community can receive FREE SHIPPING with the discount code "OURANIA" at cappellarecords.com

*SAVE THE FOLLOWING DATES!

<u>CrossRoad 2023</u> ~ CrossRoad is a ten-day academic summer institute that
prepares rising high school seniors and graduating seniors to make big life
decisions and invites them to connect with the Orthodox Christian
theological and spiritual tradition in a deep and meaningful way. CrossRoad
offers a space for young people to form authentic and lifelong friendships,
ask hard questions, and explore their calling as an Orthodox Christian in the
21st Century. Info at <u>crossroadinstitue.org</u>

CrossRoad 2023 Location & Dates

Boston 1 - June 9-19 Boston 2 - June 23 to July 3 San Francisco - July 5-15

Chicago - July 22 to August 1

Camp Emmanuel 2023

July 16~22, 2023, Ponderosa Camp, Larkspur, Colorado. Posting more information as it becomes available.