



## **CHURCHES**



HOLY TRINITY CATHEDRAL 279 South 300 West, Salt Lake City, UT 84101 (801) 328-9681 PROPHET ELIAS CHURCH 5335 Highland Drive, Holladay, UT 84117 (801) 277-2693

CHURCHOFFICE@GOCSLC.ORG

### **CLERGY**



V. Rev. Archimandrite GEORGE NIKAS - CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter PATRICK O'ROURKE - ASSISTANT PRIEST frpatrick@gocslc.org (801) 896-4230

Rev. Protopresbyter GEORGE POLITIS - RETIRED

### PARISH COUNCIL



2021 Parish Council Executive Board

President: George Karahalios 1st Vice President: Dimitri Gerontis 2nd Vice President: Dr. Demetrios (Tykie) Skedros

Treasurer: Elpitha Votsis
Asst. Treasurer: Jacquelyn Contant
Rec. Secretary: Nico Priskos
Cor. Secretary: Lee Kapos

2021 Parish Council Members

Evan Dudley
Dorie Farah
Steve Gamvroulas
Maria Shilaos Nelson
George Pappas
Tim Reganis
Chris Sakellariou
Shawn Trujillo





## MEMORIALS



#### **TODAY:**

Demetreos Panayiotis Efstathiou: 5-Year Memorial HT

#### FEBRUARY 7:

Grigorios Karahalios: 3-Year Memorial HT Panayiotis & Vasiliki Karahalios: 50-Year Memorial HT



May their memory be eternal Αιωνία η μνήμη αυτών!



# UPCOMING SCHEDULE



### TUESDAY, FEB. 2 - Presentation of Our Lord in the Temple/Υπαπαντή

Orthros 9:00AM
Divine Liturgy 10:00AM

@PE & on Live Stream

#### SUNDAY, FEB. 7 - 16th Sunday of Matthew

Orthros 9:00AM
Divine Liturgy 10:00AM

### SUNDAY, FEB. 14 - Sunday of the Canaanite Woman

Orthros 9:00AM
Divine Liturgy 10:00AM

#### MONDAY, FEB. 15 - Presidents' Day

OFFICE CLOSED





# HYMNS OF THE DAY



#### Resurrectional Apolytikion

1st Mode

The stone had been secured with a seal by the Judeans, and a guard of soldiers was watching Your immaculate body. You rose on the third day, O Lord and Savior, granting life unto the world. For this reason were the powers of heaven crying out to You, O Life-giver: Glory to Your resurrection, O Christ; glory to Your kingdom; glory to Your dispensation, only One who loves mankind.

#### Apolytikion for Sts. Cyrus and John

Plagal 1st Mode

You have given us the miracles of Your holy Martyrs as an impregnable fortress, O Christ our God. At their entreaties, frustrate the plots of foreign enemies, and strengthen our nation, for You alone are good and love humanity.

Apolytikion of Pentecost (for the Holy Trinity)

Plagal 4th Mode
Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

### Apolytikion of the Prophet Elias

4th Mode

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion 1st Mode

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity.





## YMNOI THE HMEPAC



#### Άπολυτίκιον Άναστάσιμον.

Ήχος α΄

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου Σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωήν. διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν έβόων σοι ζωοδότα. Δόξα τῆ Άναστάσει σου Χριστέ, δόξα τῆ βασιλεία σου. δόξα τῆ οἰκονομία σου, μόνε φιλάνθρωπε.

#### Άπολυτίκιον Άναστάσιμον.

Ήχος πλ. α΄

Τὰ θαύματα τῶν ἁγίων σου Μαρτύρων, τεῖχος ἀκαταμάχητον, ἡμῖν δωρησάμενος, Χριστὲ ὁ Θεός, ταῖς αὐτῶν ἱκεσίαις, βουλὰς ἐθνῶν διασκέδασον, τῆς Βασιλείας τὰ σκῆπτρα κραταίωσον, ὡς μόνος ἀγαθὸς καὶ φιλάνθρωπος.

Άπολυτίκιον Πεντηκοστής (για την Αγία Τριάδα) Ήχος πλ. δ΄

Εύλογητός εἶ Χριστὲ ὁ Θεος ἡμῶν ὁ πανσόφους τοὺς ἁλιεῖς ἁναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἄγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

### Άπολυτίκιον Προφήτου Ηλιού

Ο ένσαρκος άγγελος, τών Προφητών η κρηπίς, ο δεύτερος Πρόδρομος τής παρουσίας Χριστού, Ηλίας ο ένδοξος, άνωθεν καταπέμψας, Ελισαίω τήν χάριν, νόσους αποδιώκει, καί λεπρούς καθαρίζει, διό καί τοίς τιμώσιν αυτόν βρύει ιάματα.

#### Κοντάκιον του Προεορτίου

Ήχος α'

Ό μήτραν παρθενικήν άγιάσας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεὼν εὐλογήσας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστὲ ὁ Θεός. Άλλ΄ εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὓς ἠγάπησας, ὁ μόνος φιλάνθρωπος.





### THE EPISTLE



Prokeimenon: Let Your mercy, O Lord, be upon us, as we hope in You.

Verse: Rejoice greatly in the Lord, O righteous ones; praise is fitting for the upright.

The reading is from Paul's First Letter to Timothy. (4:9-15)

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Till I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties, devote yourself to them, so that all may see your progress.





# о апостолос



Προκείμενον: Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Στίχος: Άγαλλιᾶσθε, δίκαιοι, ἐν Κυρίῳ<sup>·</sup> τοῖς εὐθέσι πρέπει αἴνεσις.

Πρὸς Τιμόθεον Α΄ Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα. (4:9-15)

Τέκνον Τιμόθεε, πιστὸς ὁ λόγος καὶ πάσης ἀποδοχῆς ἄξιος εἰς τοῦτο γὰρ καὶ κοπιῶμεν καὶ ὀνειδιζόμεθα, ὅτι ἀλπίκαμεν ἐπὶ Θεῷ ζῶντι, ὅς ἐστι Σωτὴρ πάντων ἀνθρώπων, μάλιστα πιστῶν. Παράγγελλε ταῦτα καὶ δίδασκε. Μηδείς σου τῆς νεό- τητος καταφρονείτω, ἀλλὰ τύπος γίνου τῶν πιστῶν ἐν λόγω, ἐν ἀναστροφῆ, ἐν ἀγάπη, ἐν πνεύματι, ἐν πίστει, ἐν ἀγνείᾳ. Ἑως ἔρχομαι πρόσεχε τῆ ἀναγνώσει, τῆ παρακλήσει, τῆ διδασκαλίᾳ. Μὴ ἀμέλει τοῦ ἐν σοὶ χαρίσματος, ὁ ἐδόθη σοι διὰ προφητείας μετὰ ἐπιθέσεως τῶν χειρῶν τοῦ πρεσβυτερίου. Ταῦτα μελέτα, ἐν τούτοις ἴσθι, ἵνα σου ἡ προκοπὴ φανερὰ ἦ ἐν πᾶσιν.





# THE GOSPEL



The reading is from the Holy Gospel according to Luke. (19:1-10)

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaios; he was a chief collector, and rich. And he sought to see who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see him, for he was to pass that way. And when Jesus came to the place, he looked up and said to him, "Zacchaios, make haste and come down; for I must stay at your house today." So he made haste and came down, and received him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaios stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded any one of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham. For the Son of man came to seek and to save the lost."





## TO EYALLEYION



Έκ τοῦ κατὰ Μᾶρκον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα. (19:1-10)

Τῷ καιρῷ ἐκείνῳ, διήρχετο ὁ Ἰησοῦς τὴν Ἰεριχώ· καὶ ίδου άνηρ όνόματι καλούμενος Ζακχαῖος, καὶ αὐτὸς ἦν άρχιτελώνης, καὶ οὖτος ἦν πλούσιος, καὶ ἐζήτει ἰδεῖν τὸν Ίησοῦν τίς ἐστι, καὶ οὐκ ἠδύνατο ἀπὸ τοῦ ὄχλου, ὅτι τῆ ήλικία μικρὸς ἦν. καὶ προδραμὼν ἔμπροσθεν ἀνέβη ἐπὶ συκομορέαν, ἵνα ἴδη αὐτόν, ὅτι δι΄ ἐκείνης ἤμελλε διέρχεσθαι. καὶ ὡς ἦλθεν ἐπὶ τὸν τόπον, ἀναβλέψας ὁ Ίησοῦς εἶδεν αὐτόν καὶ εἶπεν πρὸς αὐτόν. Ζακχαῖε, σπεύσας κατάβηθι· σήμερον γὰρ ἐν τῷ οἴκῳ σου δεῖ με μεῖναι. καὶ σπεύσας κατέβη, καὶ ὑπεδέξατο αὐτὸν χαίρων. καὶ ἰδόντες πάντες διεγόγγυζον λέγοντες ὅτι παρὰ ἀμαρτωλῷ ἀνδρὶ εἰσῆλθε καταλῦσαι. σταθεὶς δὲ Ζακχαῖος εἶπε πρὸς τὸν Κύριον 'Ιδοὺ τὰ ἡμίση τῶν ύπαρχόντων μου, Κύριε, δίδωμι τοῖς πτωχοῖς, καὶ εἴ τινός τι ἐσυκοφάντησα, ἀποδίδωμι τετραπλοῦν. εἶπε δὲ πρὸς αὐτὸν ὁ Ἰησοῦς ὅτι σήμερον σωτηρία τῷ οἴκῳ τούτω ἐγένετο, καθότι καὶ αὐτὸς υἱὸς Ἀβραάμ ἐστιν· ήλθε γὰρ ὁ υἱὸς τοῦ ἀνθρώπου (πτῆσαι καὶ σῶσαι τὸ ἀπολωλός.





OF THE UNITED STATES OF AMERICA

January 22, 2021

#### Statement Regarding Developments in Medicine: **COVID-19 Vaccines & Immunizations**

Christ "came not to heal the healthy, but the sick; not to save the righteous, but sinners" (Mark 2:17)

As the world continues to battle COVID-19, we are ever grateful to the frontline workers – including medical professionals, emergency responders, and scientists - for their unwavering dedication to making the world a better place.

In light of the same, given our clergy and lay faithful are seeking archpastoral guidance regarding developments in medicine, such as COVID-19 vaccines and immunizations, we offer the following guidance:

Scripture encourages us to respect and protect the body as the temple of God (1 Cor. 6:19). At the same time, it discourages us from either tempting or testing the Lord (Matt. 4:7). And as your spiritual shepherds, we affirm and assure you that it is neither wrong nor sinful to seek medical attention and advice. In fact, we welcome interventions that provide us more time for spiritual renewal and repentance.

We therefore encourage all of you - the clergy and lay faithful of our Church - to consult your physicians in order to determine the appropriate course of action for you, just as you do for surgeries, medications, and vaccinations, in cancer treatments and other ailments. Indeed, while your own bishop, priest, or spiritual father remains prepared to assist you with spiritual matters, your personal doctor will guide your individual medical decisions.

We trust that whatever course of action you and your doctor decide upon will also benefit the rest of the community. If we work together - in a spirit of sincere compassion and care for one another – we will soon be able to gather together as a full community in our churches once again. We miss you very much and eagerly await the day when we can all exchange the kiss of peace in the Divine Liturgy!

Conveying our paternal blessings with love in the Lord,

Archbishop Elpidophoros, Chairman Greek Orthodox Archdiocese of America

Metropolitan Joseph, Vice-Chairman ntiochian Orthodox Christian Archdiocese of North America

Archbishop Michael, Treasurer Orthodox Church in America

Metropolitan Gregory, Secretary nerican Carpatho-Russian Orthodox Diocese of the USA

Bishop Irinej Serbian Orthodox Church in North, Central and South America

Metropolitan Nicolae Romanian Orthodox Metropolia of the Americas

Metropolitan Joseph
Bulgarian Eastern Orthodox Diocese of the USA, Canada, and Australia

Bishop Saba Georgian Apostolic Orthodox Church in North America

Metropolitan Tikhon Orthodox Church in America



### FROM THE PARISH COUNCIL PRESIDENT



Beloved Parishioners,

I hope everyone is staying safe and in good health. It is my honor to once again serve you as President of the Parish Council. I feel very optimistic that with a vaccine introduced this past November and soon to be distributed on a large scale, that we will soon meet and enjoy the company of one another. In the meantime, I hope everyone is staying safe and following proper guidelines.

Although we were met with difficult circumstances, 2020 was a banner year for our Parish. With all the difficulties we endured: a pandemic, earthquake, and the hardships from them—we did quite well. Last June we were able to go back to church with limited restrictions, to worship for some very needed spiritual healing. Thanks to a group of wonderful people, headed by Jeff Chipian, we were able to pull off a mini, drive-thru pastry festival that produced a great profit. Others, under the guidance of Jacque Contant, went to work and organized our warehouse, freezers, and refrigerators to a make them functional as we move forward. And of course, our Holiday Baklava Sale was a success because of the many women who committed endles hours to baking hundreds of trays. Thank you to everyone who was able to participate in these activities. The Cornerstone Project is once again on track moving forward as rapidly as possible. Thank you to all who have worked diligently to keep the project on track.

At Prophet Elias, some very needed capital improvements have been completed. We will continue with phase two of the PE improvements and hopefully have them finished by the end of this year. Finally, and possibly the best news of all, our stewardship was up in spite of a grim 2020. A special thank you to all who contributed and gave with a loving and caring heart. It is you, the individual parishioner, that keeps our community going. Let us maintain this momentum in 2021.

Finally, let's not forget March 25, 2021 is the bicentennial celebration of Greek Independence Day. We have a special event planned for this day, more details to follow.

As we move into this year, I look forward to working with our great clergy, strong board members, and you, the loyal parishioners of our parish.

Stay safe and warm regards,

George Karahalios Parish Council President





# PHILOPTOCHOS CORNER



Dear parish family and friends,

I would like to Re-introduced to all of you our new ministry. We are naming it "Philoptohos Meal Angels." Chairwoman Roula Sargetakis and her committee will be administering it. As a gesture of love, tradition, and philotimo during happy times and difficult times, these angels will be delivering some extra love and food. If you would like to serve on this committee, it's open to all please call Roula Sargetakis at (801) 244-1440

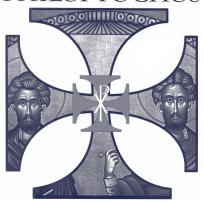
#### \*\*Acts of kindness Winter Challenge\*\*

Young teenage gals, ladies, we would love for all of you to go through your closets and find all those purses you don't use anymore. Fill them with teenage toiletries and women's toiletries. We will be collecting them on Saturday, March 6 at Prophet Elias to distribute to teen and womens' shelters. We would love to see all our lovely ladies involved in this. Let's make a difference together!

I pray you all are staying safe and healthy please wear those masks everywhere. Have a wonderful week and God bless you all.

Sincerely, Cathy Neofitos President - St. Philothea Philoptochos

### PHILOPTOCHOS







### WHO YOU GONNA CALL?



"Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord."

The General Epistle of the Apostle James (5:14)

Whether you need a pastoral visitation at home, in a hospital, rehabilitation facility, or the local coffee shop - Fr. George and Fr. Patrick are only a phone call, text message, or email away. You are NOT alone. Our clergy are always accessible and willing to meet your family's spiritual needs, especially during these trying times when we should all be turning to our Church/Spiritual Leaders for guidance, comfort and support. While unfortunately our clergy aren't Ghostbusters, neither are they mind-readers. Privacy laws have stopped the automatic updates that in decades past used to let them know when parishioners were hospitalized. Unless someone calls and tells them, they do NOT know that your loved ones are in for a checkup, a surgery, or end-of-life care. The proverbial grapevine is not reliable and puts the clergy in a difficult position. Please reach out to them directly to have them visit your loved ones anytime! As a result of the pandemic, fewer faithful have been attending church services regularly, limiting their contact with our church family and especially our clergy. Their pastoral service to any and all parishioners does not pause in a time like this, it should increase! So please, call them as soon as necessary and they will make sure your needs are met.





### THE THREE HOLY HIERARCHS





My Beloved,

On January 30th every year we commemorate and celebrate the lives and teachings of the Three Hierarchs and Ecumenical Teachers, Saint Basil the Great, Saint Gregory the Theologian, and Saint John Chrysostom. Through their legacy of faith, piety, and divine wisdom, these three Holy Fathers have guided Christians throughout the centuries toward Jesus Christ and His promise of eternal life.

This important Feast coincides with the celebration of the Greek Letters, in which we acknowledge the fundamental importance of education in our lives as Greek Orthodox Christians and the critical importance of having qualified and dedicated Teachers who instill in our beloved children the lofty values of our Hellenic heritage, culture, language and history. For it is the Greek language that thousands of words in English can trace their roots to and it is the Greek language that is taught in over 2,000 universities across the world and studied by millions of students. The language that allowed Christianity to flourish and that today connects the modern scientific world is the language that our most dedicated Greek School Teachers and students are so immersed in, and so proud to teach and learn and share with the world.

"The three great luminaries of the Three-Sun Divinity have illumined all of the world with divine rays of doctrine." These are the poetic words which we hear in the Apolytikion for the Feast of the Three Hierarchs, for they truly lived





## OI TPEIC ATIOI IEPAPXEC



their lives as examples par excellence for all to emulate and to grow in faith and knowledge.

Each of these Fathers contributed their own individual gifts to the life of the Church: Basil was a man of action, establishing the first orphanage, the famous Basiliada, as well as numerous hospitals and other philanthropic centers; Gregory, most definitely earned the title of "theologian," for he sought to uplift all of creation toward God, so that humanity could take its first step towards a mystical communion with God; and John Chrysostom combines the worldly activity of Basil with the theology of Gregory being at once "practical and theoretical, a pastor and an ascetic, an erudite scholar, and a dedicated believer."

The influence of these three great fathers and saints on our Church cannot be understated. Each was immersed in Greek philosophy and the rhetorical methods of their age. They took philosophy, science and other worldly disciplines and sanctified them—they made them Christian. They recognized the value of education, and in particular, the education that is marked with Hellenic ideals and noble premises, that has been a beacon of light and the envy of the world throughout the centuries. Combining their Orthodox faith and their appreciation for Greek philosophy and virtues, the Three Hierarchs laid the foundation for generations to come. For indeed, having inherited their wise teachings and worthy principles, we are better Orthodox and better Hellenes today.

Στίς 30 Ιανουρίου η Άγία μας Ἐκκλησία ἐορτάζει καί τιμᾶ τούς Τρεῖς Μεγάλους Ἱεράρχες καί Οἰκουμενικούς Δασκάλους «Βασίλειον τόν Μέγαν καί τόν Θεολόγον Γρηγόριον σύν τῷ κλεινῷ Ἰωάννη τῷ τήν γλῶτταν χρυσορρήμονι». Συγχρόνως καί ἡ Ἑλληνορθόδοξος Παιδεία τούς τιμᾶ ὡς προστάτες τῶν ἑλληνικῶν γραμμάτων, γιατί στό έργο τους ἔχουν ἑνωθεῖ ἀρμονικά ἡ ὑγιής ἑλληνική σκέψη καί τό γνήσιο χριστιανικό ἦθος.

Οἱ Τρεῖς Ιεράρχες ἀναγνωρίστηκαν διά μέσου τῶν αἰώνων ὡς μοναδικά ὑποδείγματα Ἑλληνο-χριστιανικῆς ἀγωγῆς, ὅχι μόνο διότι κατεῖχαν τήν χριστιανική καί ἐλληνική σοφία, ἀλλά γιατί ἡ ζωή τους συμφωνούσε μέ ὅσα δίδασκαν. Πρῶτοι ἐκεῖνοι ἐπεδίωκαν τήν ἀγιότητα στόν βίο τους καί στή συνέχεια τήν προσέφεραν σέ ἀλλους καί ὅλους. Μέ ἀπλά λόγια, ἔκαναν πράξη τά λόγια τοῦ Κυρίου μας: «ὸς δ΄ ἂν ποιήση καὶ διδάξη οὖτος μέγας κληθήσεται ἐν τῆ βασιλεία τῶν οὐρανῶν» (Ματθ. 5:19), δηλαδή ὅποιος θά κάνει πρῶτα πράξη καί ζωή τίς θείες ἐντολές καί δεύτερον τίς διδάξει σέ ἄλλους ἀνθρώπους, θά ὀνομαστεί «Μέγας». Γι'αὐτόν ἀκριβῶς τόν λόγο ὀνομάστηκαν «Μεγάλοι» τῆς ἰστορίας, τῆς παιδείας, τῆς Ἐκκλησίας, τῆς ἀγιότητας.

With Love in our Lord, † Archimandrite George Nikas Cathedral Dean





# **ANNOUNCEMENTS**



#### COVID-19 PROTOCOL

Please remember that masks are required at all services and events.

In love for our friends and neighbors, if you are experiencing ANY symptoms which might be caused by the coronavirus - fever, cough, shortness of breath, sore throat, muscle aches - or have been around someone who has, if you have been tested and are awaiting results, or if you have been around someone else who has, please SEEK MEDICAL ATTENTION and STAY HOME. Please call Fr. George or Fr. Patrick if you or someone you know may be sick and in need of prayer.

#### NEW OFFICE EMAIL ADDRESS

Please use churchoffice@gocslc.org for official correspondence with Maria Papadakis, and for general inquiries/business.

#### FOOD PANTRY

Our food pantry remains open to any and all who may need it, and we are still actively seeking donations, which can be dropped at Holy Trinity between 10am-2pm, Monday thru Friday. The pantry can be accessed any Saturday after 9:00 am. Please call Jacque Contant to set an appointment: (334) 447-9643

#### SUNDAY SCHOOL VIA ZOOM ONLY

Out of an abundance of caution, we have suspended in-person Sunday School. Please contact Elenie Sefandonakis, Paul Karahalios, or Denise Nikols to gain access to the classes.

