



**GREEK  
ORTHODOX CHURCH  
OF GREATER SALT LAKE**



**FEBRUARY 19, 2023**

**JUDGEMENT SUNDAY  
(MEATFARE)**

**ST. PHILOTHEA OF ATHENS  
PATRON SAINT OF OUR PHILOPTOCHOS**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**



# CHURCHES



## HOLY TRINITY CATHEDRAL

279 South 300 West  
Salt Lake City, UT 84101  
(801) 328-9681

## PROPHET ELIAS CHURCH

5335 Highland Drive  
Holladay, UT 84117  
(801) 277-2693

[churchoffice@gocslc.org](mailto:churchoffice@gocslc.org)

# CLERGY



V. Rev. Archimandrite GEORGE NIKAS ~ CATHEDRAL DEAN  
[frgeorge@gocslc.org](mailto:frgeorge@gocslc.org) (732) 232-1036

Rev. Protopresbyter GEORGE POLITIS ~ RETIRED

# PARISH COUNCIL



## 2023 EXECUTIVE BOARD

President: George Karahalios  
1st Vice President: Dimitri Gerontis  
2nd Vice President: Archon Nick Bapis  
Recording Secretary: Michael Giamalakis  
Corresponding Secretary: Lee Kapos  
Treasurer: Evan Dudley  
Asst. Treasurer: LeiAnn Bathemess

## 2023 MEMBERS AT LARGE

Frank Corbett  
Dorie Farah  
Chris Gamvroulas  
Andy Giannis  
Kostas Katsohirakis  
Chris Mantas  
George Pappas  
Harry Souvall

# THE LAST JUDGEMENT

The foregoing two parables -- especially that of the Prodigal Son -- have presented to us God's extreme goodness and love for man. But lest certain persons, putting their confidence in this alone, live carelessly, squandering upon sin the time given them to work out their salvation, and death suddenly snatch them away, the most divine Fathers have appointed this day's feast commemorating Christ's impartial Second Coming, through which we bring to mind that God is not only the Friend of man, but also the most righteous Judge, Who recompenses to each according to his deeds.



It is the aim of the holy Fathers, through bringing to mind that fearful day, to rouse us from the slumber of carelessness unto the work of virtue, and to move us to love and compassion for our brethren. Besides this, even as on the coming Sunday of Cheese-fare we commemorate Adam's exile from the Paradise of delight -- which exile is the beginning of life as we know it now -- it is clear that today's is reckoned the last of all feasts, because on the last day of judgment, truly, everything of this world will come to an end.

All foods, except meat and meat products, are allowed during the week that follows this Sunday.



# THIS WEEK'S SCHEDULE



## SUNDAY, FEBRUARY 19 ~ Meatfare Sunday

Orthros	9:00am	@ Both Churches
Divine Liturgy	10:00am	@ Both Churches
YAL Sunday		@ HT
Boy Scout Fundraiser Pancake Breakfast	After Service-1:30pm	@ PE
GOYA Basketball Practice	1:00pm-6:00pm	@ PE Lg Gym
Dionysios Dance Practice	2:00pm-4:00pm	@ PE Sm Gym

## MONDAY, FEBRUARY 20

OFFICE CLOSED - President's Day

GOYA Basketball Practice	6:00pm-10:00pm	@ PE Lg Gym
Girl Scouts	6:30pm-8:30pm	@ PE Sm Gym
Parish Council Meeting	6:30pm-9:30pm	@ PE

## TUESDAY, FEBRUARY 21

Greek School	6:30pm-8:00pm	@ PE
GOYA Basketball Practice	7:00pm-10:00pm	@ PE Lg Gym
Dionysios Dance Practice	8:30pm-10:00pm	@ PE Sm Gym

## WEDNESDAY, FEBRUARY 22

Boy Scouts Meeting	6:00pm-8:00pm	@ PE Sm Gym
Orthodox Catechism	7:00pm-8:30pm	@ PE Board
GOYA Basketball Practice	7:00pm-10:00pm	@ PE Lg Gym

## THURSDAY, FEBRUARY 23

GOYA Basketball Practice	6:00pm-10:00pm	@ PE Lg Gym
Greek School	6:30pm-8:00pm	@ PE
Choir Practice	7:00pm-8:00pm	@ PE
Dionysios Dance Practice	8:30pm-10:00pm	@ PE Sm Gym

## FRIDAY, FEBRUARY 24

No Schedule

## SATURDAY, FEBRUARY 25

2nd Saturday of Souls	9:00am-11:00am	@ PE
GOYA Basketball Game	9:00am-3:00pm	@ PE Lg Gym
Greek School	10:00am-1:00pm	@ HT
Apokreas Party	6:00pm-	@ HT

## SUNDAY, FEBRUARY 26 ~ Cheesefare Sunday

Orthros	9:00am	@ Both Churches
Divine Liturgy	10:00am	@ Both Churches
GOYA Basketball Practice	1:00pm-6:00pm	@ PE Lg Gym
Dionysios Dance Practice	2:00pm-4:00pm	@ PE Sm Gym



# MEMORIALS & SERVICES



SUNDAY, FEBRUARY 19

AT HOLY TRINITY

Philotochos Artoclasia for St. Philothei

Thalia Mantas Matragos: 1 ~ Year Memorial

John Matragos: ~ ~ Memorial

John Matragos Jr.: ~ ~ Memorial

AT PROPHET ELIAS

Ann Liacopoulos: 5 ~ Year Memorial

Coffee hour sponsored by the Liacopoulos Family

SUNDAY, FEBRUARY 26

AT HOLY TRINITY

Gregory J. Skedros: 1 ~ Year Memorial

Jenny Pappas Skedros: 16 ~ Year Memorial

Anthony G. Skedros: 26 ~ Year Memorial

Coffee hour sponsored by the Skedros Family

SUNDAY, MARCH 5

Sunday of Orthodoxy

SUNDAY, MARCH 12

AT HOLY TRINITY

Maria Vardakis: 30 ~ Year Memorial

AT PROPHET ELIAS

Nicholas George Kepros: 40 ~ Day Memorial

MaryAnn Hudak: 40 ~ Day Memorial

John Hudak: 17 ~ Year Memorial





# ΥΜΝΟΙ ΤΗΣ ΗΜΕΡΑΣ



## Ἀπολυτίκιον Ἀναστάσιμον

Εὐφραίνεσθω τὰ οὐράνια, ἀγαλλιásθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιτίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

## Ἀπολυτίκιον Πεντηκοστής (για τὴν Ἁγία Τριάδα)

Εὐλογητός εἶ Χριστὲ ὁ Θεὸς ἡμῶν ὁ πανσόφος τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

## Ἀπολυτίκιον Προφήτου Ηλίου

Ὁ ἐνσαρκος ἄγγελος, τῶν Προφητῶν ἡ κρηπὶς, ὁ δεῦτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ηλίας ὁ ἐνδοξος, ἀνωθεν καταπέμψας, Ελισαίῳ τὴν χάριν, νόσους αποδιώκει, καὶ λεπρούς καθαρίζει, διό καὶ τοῖς τιμῶσιν αὐτὸν βρῦει ἰάματα.

## Κοντάκιον

Ὅταν ἔλθῃς ὁ Θεός, ἐπὶ γῆς μετὰ δόξης, καὶ τρέμωσι τὰ σύμπαντα, ποταμὸς δὲ τοῦ πυρὸς πρὸ τοῦ Βήματος ἔλκη, καὶ βίβλοι ἀνοίγονται, καὶ τὰ κρυπτὰ δημοσιεύονται, τότε ῥῦσαί με, ἐκ τοῦ πυρὸς τοῦ ἀσβέστου, καὶ ἀξίωσον, ἐκ δεξιῶν σου με στῆναι, Κριτὰ δικαιοτάτε.



# HYMNS OF THE DAY



## Resurrectional Apolytikion

Let the heavens sing for joy, and let everything on earth be glad. For with His arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

## Apolytikion of Pentecost (for the Holy Trinity)

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

## Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

## Kontakion

When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous Judge .



# Ο ΑΠΟΣΤΟΛΟΣ



Προκείμενον:

Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἰσχύς αὐτοῦ.


Στίχος:

*Αἰνεῖτε τὸν Κύριον, ὅτι ἀγαθὸς Κύριος.*

Πρὸς Κορινθίους Α΄ Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα.

(8:8-13; 9:1-2)

Ἄδελφοί, βρῶμα ἡμᾶς οὐ παρίστησι τῷ Θεῷ· οὔτε γὰρ ἐὰν φάγωμεν περισσεύομεν, οὔτε ἐὰν μὴ φάγωμεν ὑστερούμεθα. Βλέπετε δὲ μήπως ἡ ἐξουσία ὑμῶν αὕτη πρόσκομμα γένηται τοῖς ἀσθενούσιν. Ἐὰν γάρ τις ἴδῃ σε, τὸν ἔχοντα γνῶσιν, ἐν εἰδωλείῳ κατακείμενον, οὐχὶ ἡ συνείδησις αὐτοῦ ἀσθενοῦς ὄντος οἰκοδομηθήσεται εἰς τὸ τὰ εἰδωλόθυτα ἐσθίειν; Καὶ ἀπολεῖται ὁ ἀσθενῶν ἀδελφὸς ἐπὶ τῇ σῇ γνώσει, δι' ὃν Χριστὸς ἀπέθανεν. Οὕτω δὲ ἁμαρτάνοντες εἰς τοὺς ἀδελφούς καὶ τύπτοντες αὐτῶν τὴν συνείδησιν ἀσθενοῦσαν εἰς Χριστὸν ἁμαρτάνετε. Διόπερ εἰ βρῶμα σκανδαλίζει τὸν ἀδελφόν μου, οὐ μὴ φάγω κρέα εἰς τὸν αἰῶνα, ἵνα μὴ τὸν ἀδελφόν μου σκανδαλίσω. Οὐκ εἰμὶ ἀπόστολος; οὐκ εἰμὶ ἐλεύθερος; οὐχὶ Ἰησοῦν Χριστὸν τὸν Κύριον ἡμῶν ἔώρακα; οὐ τὸν ἔργον μου ὑμεῖς ἐστε ἐν Κυρίῳ; Εἰ ἄλλοις οὐκ εἰμὶ ἀπόστολος, ἀλλὰ γε ὑμῖν εἰμὶ· ἡ γὰρ σφραγὶς τῆς ἐμῆς ἀποστολῆς ὑμεῖς ἐστε ἐν Κυρίῳ.







# THE EPISTLE



## Prokeimenon:

Great is our Lord, and great is His strength.


## Verse:

*Praise the Lord, for the Lord is good.*

## The reading is from Paul's First Letter to the Corinthians

(8:8-13; 9:1-2)

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.





# ΤΟ ΕΥΑΓΓΕΛΙΟΝ



Ἐκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα

(25:31-46)

Ἐῖπεν ὁ Κύριος· Ὅταν ἔλθῃ ὁ υἱὸς τοῦ ἀνθρώπου ἐν τῇ δόξῃ αὐτοῦ καὶ πάντες οἱ ἅγιοι ἄγγελοι μετ' αὐτοῦ, τότε καθίσει ἐπὶ θρόνου δόξης αὐτοῦ· καὶ συναχθήσεται ἔμπροσθεν αὐτοῦ πάντα τὰ ἔθνη, καὶ ἀφοριεῖ αὐτοὺς ἀπ' ἀλλήλων, ὥσπερ ὁ ποιμὴν ἀφορίζει τὰ πρόβατα ἀπὸ τῶν ἐρίφων, καὶ στήσει τὰ μὲν πρόβατα ἐκ δεξιῶν αὐτοῦ τὰ δὲ ἐρίφια ἐξ εὐωνύμων. τότε ἐρεῖ ὁ βασιλεὺς τοῖς ἐκ δεξιῶν αὐτοῦ· δεῦτε, οἱ εὐλογημένοι τοῦ πατρός μου, κληρονομήσατε τὴν ἡτοιμασμένην ὑμῖν βασιλείαν ἀπὸ καταβολῆς κόσμου· ἐπέίνασα γὰρ καὶ ἐδώκατέ μοι φαγεῖν, ἐδίψησα καὶ ἐποτίσατέ με, ξένος ἦμην καὶ συνηγάγετέ με, γυμνὸς καὶ περιεβάλετέ με, ἥσθηνσα καὶ ἐπεσκέφασθέ με, ἐν φυλακῇ ἦμην καὶ ἦλθετε πρὸς με. τότε ἀποκριθήσονται αὐτῷ οἱ δίκαιοι λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα καὶ ἐδρέψαμεν, ἢ διψῶντα καὶ ἐποτίσαμεν; πότε δέ σε εἶδομεν ξένον καὶ συνηγάγομεν, ἢ γυμνὸν καὶ περιεβάλομεν; πότε δέ σε εἶδομεν ἄσθενῆ ἢ ἐν φυλακῇ καὶ ἦλθομεν πρὸς σε; καὶ ἀποκριθεὶς ὁ βασιλεὺς ἐρεῖ αὐτοῖς· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον ἐποιήσατε ἐνὶ τούτων τῶν ἀδελφῶν μου τῶν ἐλαχίστων, ἐμοὶ ἐποιήσατε. Τότε ἐρεῖ καὶ τοῖς ἐξ εὐωνύμων· πορεύεσθε ἀπ' ἐμοῦ οἱ κατηραμένοι εἰς τὸ πῦρ τὸ αἰώνιον τὸ ἡτοιμασμένον τῷ διαβόλῳ καὶ τοῖς ἀγγέλοις αὐτοῦ· ἐπέίνασα γὰρ καὶ οὐκ ἐδώκατέ μοι φαγεῖν, ἐδίψησα καὶ οὐκ ἐποτίσατέ με, ξένος ἦμην καὶ οὐ συνηγάγετέ με, γυμνὸς καὶ οὐ περιεβάλετέ με, ἄσθενής καὶ ἐν φυλακῇ καὶ οὐκ ἐπεσκέφασθέ με. τότε ἀποκριθήσονται αὐτῷ καὶ αὐτοὶ λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα ἢ διψῶντα ἢ ξένον ἢ γυμνὸν ἢ ἄσθενῆ ἢ ἐν φυλακῇ καὶ οὐ διηκονήσαμεν σοι; τότε ἀποκριθήσεται αὐτοῖς λέγων· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον οὐκ ἐποιήσατε ἐνὶ τούτων τῶν ἐλαχίστων, οὐδὲ ἐμοὶ ἐποιήσατε. καὶ ἀπελεύσονται οὗτοι εἰς κόλασιν αἰώνιον, οἱ δὲ δίκαιοι εἰς ζωὴν αἰώνιον.



# THE GOSPEL




The reading is from the holy Gospel according to Matthew

(25:31–46)

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

# OUR JOURNEY TO PASCHA! 2023

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week <b>FEBRUARY 5th</b>	 <i>TRIIDION WEEKS</i> <b>Publican and the Pharisee</b> Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week <b>FEBRUARY 12th</b>	 <b>The Prodigal Son Returns!</b> Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare <b>FEBRUARY 19th</b> FAREWELL TO MEAT TODAY	 <b>The Last Judgement</b> Epistle: 1 Corinthians 8:8-9;2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare <b>FEBRUARY 26th</b> FAREWELL TO CHEESE TODAY	 <b>Adam and Eve are cast from Paradise!</b> <i>FORGIVENESS SUNDAY</i> Epistle: Romans 13:11-14;4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent <b>MARCH 5th</b>	 <i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> <b>SUNDAY of ORTHODOXY</b> Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent <b>MARCH 12th</b>	 <b>ST GREGORY PALAMAS</b> Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent <b>MARCH 19th</b>	 <b>VENERATION OF THE HOLY CROSS</b> <i>HALF WAY TO PASCHA!</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent <b>MARCH 26th</b>	 <b>ST JOHN of the LADDER</b> Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent <b>APRIL 2nd</b>	 <b>ST MARY of EGYPT</b> Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! <b>APRIL 9th</b> GREAT WEEK BEGINS	 <i>GREAT AND HOLY WEEK</i> <b>ENTRY OF OUR LORD INTO JERUSALEM</b> Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY <b>APRIL 14th</b>	 <b>GREAT AND HOLY FRIDAY</b> <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! <b>APRIL 16th</b> NO FASTING!	 <i>BRIGHT WEEK</i> <b>HOLY PASCHA! (CHRIST IS RISEN!)</b> Epistle: Acts 1:1-8 Gospel: John 1:1-17	Great everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!



## 2023 LENTEN SERVICES

All of the below Lenten Services will be held at  
Prophet Elias Greek Orthodox Church  
due to chanters' availability

### GREAT COMPLINE

Monday	February 27	6pm
Monday	March 6	6pm
Monday	March 13	6pm
Monday	March 20	6pm
Monday	March 27	6pm

### PRE-SANCTIFIED LITURGY

Wednesday	March 1	6pm
Wednesday	March 8	6pm
Wednesday	March 15	6pm
Wednesday	March 22	6pm
Wednesday	March 29	6pm

### SALUTATIONS

Friday	March 3	7pm	
Friday	March 10	7pm	
Friday	March 17	7pm	
Friday	March 24	7pm	Great Vespers of Annunciation
Friday	March 31	7pm	(Akathyst)

### SATURDAY OF SOULS

February 18	9am
February 25	9am
March 4	9am





## Greek Orthodox Archdiocese of America Announces Earthquake Relief Fund

[Donate Now](#)

New York - His Eminence Archbishop Elpidophoros of America announces the Greek Orthodox Archdiocese Earthquake Relief Fund, a fundraising effort by the Greek Orthodox Archdiocese of America to provide humanitarian aid to the victims of the recent earthquakes in Türkiye and Syria.

Yesterday, February 8, His Eminence visited the Turkish Consulate General in New York in order to sign its book of condolences. He met with Consul General Reyhan Özgür, to whom he expressed his deepest sympathies for the victims of the tragedy and shared his prayers for the rescue missions still underway as casualties continue to rise. They also discussed ways to work with local humanitarian services to respond to the urgent needs of all those affected by the earthquake.

Archbishop Elpidophoros said, "In initiating the Greek Orthodox Archdiocese Earthquake Relief Fund, the focus of our Archdiocese is to help with both the immediate needs and the longer-term implications of the devastation from the deadly earthquakes in Türkiye and Syria. Our Archdiocese will partner with International Orthodox Christian Charities (IOCC) to identify trusted organizations for aid distribution."

A long-standing and trusted partner, IOCC has a proven track record in humanitarian and emergency relief and will lend its logistical and on-the-ground expertise to ensure effective distribution of funds raised by the Archdiocese. Distribution will be directed primarily to those impacted by the earthquake in Türkiye, and, as opportunities to assist are identified, to Syria.

The Archdiocese has set an initial fundraising goal of \$500,000.

Donations can be made online at the dedicated webpage for the Greek Orthodox Archdiocese Earthquake Relief Fund:

<https://www.goarch.org/earthquake>

Checks may also be sent to:

Greek Orthodox Archdiocese, 8 E. 79th St., New York, NY 10075, and made payable to the Greek Orthodox Archdiocese with a memo notation of "Earthquake Relief Fund."

The Greek Orthodox Archdiocese of America invites all parishes and faithful to support the Greek Orthodox Archdiocese Earthquake Relief Fund.



The Philotochos will be celebrating  
St Philothea's Name this Sunday  
at Holy Trinity  
by offering an Artoklasia



Saint Philothei was born in Athens in 1522 to an illustrious family. Against her will, she was married to a man who proved to be most cruel. When he died three years later, the Saint took up the monastic life and established a convent, in which she became a true mother to her disciples. Many women enslaved and abused by the Moslem Turks also ran to her for refuge. Because of this, the Turkish rulers became enraged and came to her convent, dragged her by force out of the church, and beat her cruelly. After a few days, she reposed, giving thanks to God for all things. This came to pass in the year 1589. She was renowned for her almsgiving, and with Saints Hierotheus and Dionysius the Areopagite is considered a patron of the city of Athens.



## YOUNG AT HEART

The Young at Heart will have their luncheon on  
Thursday March 9th. in the Memorial Hall at noon.  
Bring a friend and enjoy some food, fellowship and  
BINGO. Desserts are welcome and appreciated.

See you then!

ΚΑΛΗ ΣΑΡΑΚΟΣΤΗ





## National Philoptochos Sends Aid to Those in Turkey and Syria

Please help donate to those impacted by this  
tragedy

Many of you have seen the recent tragic earthquake in Turkey and Syria. As our prayers go out to those who have been greatly impacted and devastated by the destruction and loss of loved ones, it is with hope that we inform you that the National Philoptochos Executive Board has voted to disburse \$50,000 from the disaster relief fund to help those in need affected by the earthquake.

National Philoptochos has started a fundraising campaign for individuals who would like to donate to the fund. Please see below:

Donations can be made online at: <https://ppay.co/-N5VYeUg5JI>

Checks may also be sent to:

National Philoptochos Society  
126 East 37th Street, New York, NY 10016

in the memo stating, “Turkey and Syria Earthquake Relief Fund.”

We thank you for your support of our National Philoptochos’ efforts in sending aid to those in need.

May you and your families continue to be well.

Best,

Philoptochos





# PHILOPTOCHOS CORNER



Membership Coffee Hour  
Everyone is Invited!  
Sunday, March 5th  
Holy Trinity & Prophet Elias

We will be hosting coffee hour at both churches. Please come enjoy some fellowship, pastries, and become a member of the Philoptochos!



## Save the Date

2nd Annual - Drive-By

**MARDI BRA!**

Saturday, March 18

11am - 2pm

Prophet Elias North Parking Lot

This project is a collaboration in support of the Salt Lake City Mission. Please help us collect the following items:

*bras (new), feminine hygiene products, shampoo/soap, brushes, combs, toothpaste/toothbrushes, nail products, toiletries, and women's new undergarments.*

As you drop off your items, stop by for a cup of coffee, pastries and a little parea! Thank you for your continued support of Philoptochos and the many good things we do with your assistance!



**MARDI  
BRA**

**MARDI BRA** is an initiative to collect and provide **feminine hygiene** products for women and teens who do not have easy access to these products.





# Saint Sophia School

Discover, Explore, Imagine, Create

## Enrollment open for 2023-2024

- Toddlers (18 mo. - 2 1/2 yrs.)
- Early Three
- PreK-3
- PreK-4
- Kindergarten (Half and Full Day)



Come join us for a wonderful school year!

Email: [director@saintsophiaschool.org](mailto:director@saintsophiaschool.org)

Phone: 801-424-1297

5341 S. Highland Drive, Holladay Utah

## DAUGHTERS OF MINOS

Daughters of Minos-February Member Meeting &  
Membership Appreciate Event

Sunday, February 26 @ Caputo's Market & Deli in Holladay.  
5:30-7:30pm

We will conduct our regular meeting business and then have  
a class on a variety of cured and cooked meats and some  
delicious wine pairings.

Come learn from the Caputo's experts and enjoy your meats  
and cheeses one last time before lent starts.

Space is limited, please rsvp by Weds 2/22 to  
[daughtersofminos.sl@gmail.com](mailto:daughtersofminos.sl@gmail.com) or to Staci 801-580-0119.



Opa!

Here is a quick recap of the Hellenic Dance meeting.

UPCOMING TIMELINE:

February 15<sup>th</sup> Dance Registration

DEADLINE [CLICK HERE TO REGISTER](#) PLEASE REGISTER TODAY!

February 16-20<sup>th</sup> - Announcement of Master Practice Schedule for all groups, based upon registration results.

February 22<sup>nd</sup> - Dance FEES DEADLINE Venmo @Hellenic Cultural & Dance School of GOCSLC or mail to Arge Feotis 972 East 3825 South SLC UT 84106

March 1<sup>st</sup> The practices/dance year for 2023 will begin, and all registrants will be notified of the official schedule.

- For 2023, and all years moving forward, dancers will dance in the group based on their current school grade and advance on October 1st (after the annual Greek festival).
- \$40 fee each dancer, due Feb 22. (refundable up to March 31st, if dancer chooses not to dance).
- Costumes will remain the same for 2023.
- Costume closet is seeking any and all costume's to be able to provide all students with costumes at little to no cost. To donate any pieces, please contact any of the following:

Tia Athens - 801-699-7883

Roula Sargetakis - 801-244-1440

Arge Feotis - 801-750-3240

GROUPS FOR 2023:

Sr. GOYA - 9th-12th-Instructors Apostolos Maritsas and Anna Deneris

Jr. GOYA - 6th-8th-Instructors Lexi Tzakis and Megan Curtis

Specialized dance teachers-Tricia Louras and Stavros Vitkos

Joy - 3rd-5th - Staci Mihalopoulos

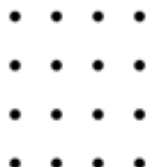
Hope - 1st & 2nd - Soula Christopoulos

Lambs - PreK-Kindergarten - Mary Papadakis



**HELLENIC CULTURE AND DANCE  
SCHOOL OF GREATER SALT LAKE**

**6TH-12TH SCHEDULE  
ANNOUNCED!**



**JR. GOYA GRADES 6TH-8TH  
WED, MARCH 1, 8, & 15  
P.E. 6PM-7PM**

**SR. GOYA GRADES 9TH-12TH  
WED, MARCH 1, 8, & 15  
P.E 7PM-8PM**

**MANDATORY PARENT  
ATTENDANCE ON MARCH 1ST FOR  
BOTH GROUPS**



**JR. GOYA & SR.GOYA  
MARCH 22 & FORWARD  
WEDNESDAY'S 6PM-8PM  
P.E.**

**PRE-K-5TH LOOK FOR SCHEDULE ANNOUNCEMENT IN APRIL  
QUESTIONS? CONTACT ORIE @ 801 808 6542**



ANNUAL COMMUNITY EVENT BENEFITTING  
ALL YOUTH MINISTRIES

# APOKREAS Y2K



**FEB. 25    6 PM    HOLY TRINITY**

Celebrate the tacky  
trends of the  
early 2000s!

- 6:00 Social Hour**
- 7:00 Dinner**
- 8:00 Raffle**
- 8:30 Dancing**

**Adult Ticket**  
\$15 Pre-Sale  
\$20 at the Door

**Kids 12 & Under**  
\$10 Pre-Sale  
\$15 at the Door

Click the Link  
Below or  
Scan here to  
register!



Questions? Trish Kapos, 801-725-3075  
Angie Hillas, 801-652-5757



# JR. & SR. GOYA FRIDAY, MARCH 24TH

EARLY ENTRANCE  
SPECIAL FOR GOYA

WATCH PRE-GAME SHOOT  
AROUND FROM THE LOWER BOWL


INCLUDED: ALL YOU  
CAN EAT, DRINK,  
SNACK, AND PLAY  
IN THE FORD ZONE

RSVP DEADLINE  
FEBRUARY 22

## JAZZ VS. BUCKS

*Celebrate Greek Independence Day and The  
Feast of the Annunciation with Antetokounmbo!!!  
Meet at HT @ 4pm sharp to attend pre game  
shoot around OR meet @ 6:30 in front of  
Stockton & Malone Statue*

CLICK HERE to  
RSVP and pay  
\$40 BY 2/22

  
<https://www.eventcreate.com/e/goya-jazz-game>





# Scout Pancake Breakfast Fundraiser

February 19th 2023

**ALL YOU CAN EAT PANCAKES!!**



Time: Sunday – February 19th, 2023 -After service to 1:30 pm  
Place: Prophet Elias Greek Orthodox Church (5335 E Highland Dr)  
Cost: \$10.00 per person

**Tickets available at the Door**





# ANNOUNCEMENTS

- Church Office Email – The older Church email [orthodoxy3@gmail.com](mailto:orthodoxy3@gmail.com) is no longer a used/supported email for communication with the office and information is being missed. Please change your Church office email correspondence and email address books to: [churchoffice@gocslc.org](mailto:churchoffice@gocslc.org)

----- SAVE THE FOLLOWING DATES -----

More Information forthcoming for all dates below

- Jr. & Sr. Oratorical Festival – Sunday, March 19 at HT
- Saturday of Lazarus Retreat – Saturday, April 8th at PE
- OPA Camp – Week of June 19th
- CrossRoad 2023 – CrossRoad is a ten-day academic summer institute that prepares rising high school seniors and graduating seniors to make big life decisions and invites them to connect with the Orthodox Christian theological and spiritual tradition in a deep and meaningful way. CrossRoad offers a space for young people to form authentic and lifelong friendships, ask hard questions, and explore their calling as an Orthodox Christian in the 21st Century. Info at [crossroadinstitute.org](http://crossroadinstitute.org)

CrossRoad 2023 Location & Dates

Boston 1 - June 9–19

Boston 2 - June 23 to July 3

San Francisco - July 5–15

Chicago - July 22 to August 1

- Camp Emmanuel 2023  
July 16–22, 2023, Ponderosa Camp, Larkspur, Colorado. Posting more information as it becomes available.