



CHURCH6S

HOLY TRINITY CATHEDRAL 279 South 300 West, Salt Lake City, UT 84101 (801) 328-9681 PROPHET ELIAS CHURCH 5335 Highland Drive, Holladay, UT 84117 (801) 277-2693

CHURCHOFFICE@GOCSLC.ORG

CLERGY

V. Rev. Archimandrite GEORGE NIKAS - CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter PATRICK O'ROURKE - ASSISTANT PRIEST frpatrick@gocslc.org (801) 896-4230

Rev. Protopresbyter GEORGE POLITIS - RETIRED

PARISH COUNCIL



2021 Parish Council Executive Board

President: George Karahalios 1st Vice President: Dimitri Gerontis 2nd Vice President: Dr. Demetrios (Tykie) Skedros Treasurer: Elpitha Votsis Asst. Treasurer: Jacquelyn Contant Rec. Secretary: Nico Priskos Cor. Secretary: Lee Kapos 2021 Parish Council Members

Evan Dudley Dorie Farah Steve Gamvroulas Maria Shilaos Nelson George Pappas Tim Reganis Chris Sakellariou Shawn Trujillo



services & memorials

TODAY:

AT HOLY TRINITY: George Chichis (6 months), Irene Vanikiotis (6 months), Michael "Mitch" Manousakis (4 years), George Manousakis (65 years), Helen Manousakis (34 years), Christos Iatrakis (65 years), Georgia Iatrakis (46 years)

AT PROPHET ELIAS: Presvytera Golfo Nikas (9-month Trisagion)

SUNDAY, APR. 11

AT PROPHET ELIAS: Mary P. Mannos (1 year), George J. Mannos (14 years), Chris Ghicadus (1 year), Kiriaki Moshaki (9-month Memorial)

UPCOMING SCHEDULE

MONDAY, APR. 5: Great Compline

TUESDAY, APR. 6: Philoptochos Meeting Parish Council Meeting

WEDNESDAY, APR. 7: Presanctified Liturgy

FRIDAY, APR. 9: Salutations to the Theotokos

<u>SATURDAY, APR. 10:</u> Drive-by Baby Shower for Presvytera Jessica 7:00PM @ HT

7:30PM via ZOOM 6:30PM @ HT

6:00PM @ HT

7:00PM @ Both churches

11:00AM-1:00PM @ PE

SUNDAY, APR. 11: ST. JOHN CLIMACUS Orthros: 9:00 AM Divine Liturgy: 10:00 AM



HYMNS OF THE DAY

Content and Apolytikion

Resurrectional Apolytikion2nd ModeWhen You descended unto death, O Lord who yourself are
immortal Life, then did You mortify Hades by the lightning flash of
Your Divinity. Also when You raised the dead from the
netherworld, all the Powers of the heavens were crying out: O
Giver of life, Christ our God, glory to You.

Apolytikion of the Cross

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

<u>Apolytikion of Pentecost (for the Holy Trinity)</u> <u>Plagal 4th Mode</u> Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion

Plagal 2nd Mode

O Champion General, I your City now inscribe to you, triumphant anthems as the tokens of my gratitude, being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, from all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.



<u>1st Mode</u>

4th Mode



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<u>Άπολυτίκιον Άναστάσιμον</u>
<u>Ήχος β'</u>
Ότε κατῆλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἡ ἀθάνατος, τότε τὸν
^Αδην ἐνέκρωσας τῷ ἀστραπῷ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς
τεθνεῶτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ Δυνάμεις τῶν
ἐπουρανίων ἐκραύγαζον. Ζωοδότα Χριστὲ ὁ Θεὸς ἡμῶν δόξα σοι.

<u>Άπολυτίκιον τοῦ τοῦ Σταυροῦ</u> <u>Ήχος α΄</u> Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

<u>Άπολυτίκιον Πεντηκοστής (για την Αγία Τριάδα)</u> <u>Ήχος πλ. δ΄</u> Εύλογητός εἶ Χριστὲ ὁ Θεος ἡμῶν ὁ πανσόφους τοὺς ἁλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

<u>Άπολυτίκιον Προφήτου Ηλιού</u> <u>Ήχος δ΄</u> Ό ένσαρκος άγγελος, τών Προφητών η κρηπίς, ο δεύτερος Πρόδρομος τής παρουσίας Χριστού, Ηλίας ο ένδοξος, άνωθεν καταπέμψας, Ελισαίω τήν χάριν, νόσους αποδιώκει, καί λεπρούς καθαρίζει, διό καί τοίς τιμώσιν αυτόν βρύει ιάματα.

Κοντάκιον Ήχος πλ. β΄ Τῆ ὑπερμάχω στρατηγῷ τὰ νικητήρια, Ώς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἀλλ΄ ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἱνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.



THE EPISTLE

Prokeimenon: O Lord, save Your people, and bless Your inheritance.
Verse: To You, O Lord, I cry; O my God, may You not pass over me in silence.

The reading is from Paul's Letter to the Hebrews. (4:14-16; 5:1-6)

Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."



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Προκείμενον: Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου. Στίχος: Πρὸς σέ, Κύριε, κεκράξομαι, ὁ Θεός μου, μὴ παρασιωπήσῃς ἀπ΄ ἐμοῦ.

Πρὸς Ἐβραίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα. (4:14-16, 5:1-6)

Άδελφοί, ἔχοντες Ἀρχιερέα μέγαν διεληλυθότα τοὺς ούρανούς, Ίησοῦν τὸν Υἱὸν τοῦ Θεοῦ, κρατῶμεν τῆς όμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθήσαι ταῖς ἀσθενείαις ἡμῶν, πεπειρασμένον δὲ κατὰ πάντα καθ' ὑμοιότητα χωρὶς ὑμαρτίας. Προσερχώμεθα οὖν μετὰ παρρησίας τῶ θρόνω τῆς χάριτος, ἴνα λάβωμεν ἔλεον καὶ χάριν εὕρωμεν εἰς εὔκαιρον βοήθειαν. Πᾶς γὰρ Άρχιερεὺς ἐξ ἀνθρώπων λαμβανόμενος ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν Θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς άγνοοῦσι καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περίκειται άσθένειαν καὶ διὰ ταύτην ὀφείλει, καθώς περὶ τοῦ λαοῦ, ούτω καὶ περὶ ἑαυτοῦ προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμήν, ἀλλὰ καλούμενος ὑπὸ τοῦ Θεοῦ, καθάπερ καὶ ὁ Ἀαρών. Οὔτω καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασε γενηθῆναι ἀρχιερέα, ἀλλ΄ ὁ λαλήσας πρὸς αὐτόν. Υἰός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε. καθὼς καὶ ἐν ἑτέρω λέγει· σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.





The reading is from the Holy Gospel according to Mark (8:34-38; 9:1)

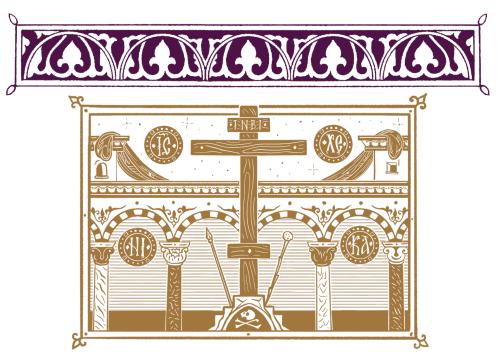
The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."





Εἶπεν ὁ Κύριος· Ὅστις θέλει ὀπίσω μου ἀκολουθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ΄ ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὖτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ (ημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῷ γενεῷ ταύτῃ τῷ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἰὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἕλθῃ ἐν τῷ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· Ἀμὴν λέγω ὑμῖν ὅτι εἰσί τινες ὦδε τῶν ἑστηκότων, οἵτινες οὐ μὴ γεύσωνται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.





On this the Third Sunday of Great Lent, we observe the Veneration of the Precious and Life-giving Cross and for this reason: Inasmuch as in the forty days of fasting we in a way crucify ourselves and become bitter, despondent and failing, the Life-giving Cross is presented to us for spiritual refreshment and assurance, for remembrance of our Lord's Passion and for comfort. Like those who are following a long and tedious path are tired, see a beautiful tree with many leaves, they would sit in its shade and rest for a while and then, as if rejuvenated, they will continue their journey. Likewise today, in the time of fasting and difficult journey and effort, the Life-giving Cross was planted in its midst by the Holy Fathers of the Church to give rest and spiritual refreshment, to make us light and courageous for the remaining task.

Christ comforts us who are, as it were, in a desert until He will lead us up to the spiritual Jerusalem by His Resurrection. Just as the Precious Cross, which is also called the Tree of Life, was planted in the middle of Paradise, so our Holy Fathers planted the Cross in the middle of holy and Great Lent, as a sacred reminder of both Adam's bliss and how he was deprived of it. Remembering also that by partaking of this Tree of Life, the Precious and Life-giving Cross, we no longer die but are kept alive.



AN CANCENTE

BEEP, HONK, SHOUT AND WAVE. IT'S A DRIVE BY

by Shower

PARADE

HONORING Presvytera Jessica

■ Saturday |[°]April 10th | 2021 Between 11:00am - 1:00pm ♥ Prophet Elias Church

> > Oh Baby

Come by and shower our Presvytera Jessica with love and blessings! Presvytera is graciously accepting diapers, pull ups, formula, baby wipes, bottles, onesies, baby socks, baby sleepers etc., which will be donated to YWCA in baby O'Rourke's name.

For any questions call, Cathy Neofitos at 801- 448- 8907 Hope to see you all there!



• COMMEMORATIVE GREEK FLAGS AVAILABLE

The flags which adorned the lawns of our churches to commemorate the bicentennial of Greek Independance are now available for you to take home! They are first come, first served, in the coffee hour at both churches.

COVID-19 PROTOCOL

Please remember that masks are required at all services and events. Social distancing guidelines will remain in place. Please call Fr. George or Fr. Patrick if you or someone you know may be sick and in need of prayer.

SAINT SOPHIA SCHOOL

Saint Sophia School is now enrolling for the 2021-2022 School year. At Saint Sophia School we educate the whole child -- Mind, Body and Spirit. Our school's foundational philosophy is to Discover, Explore, Imagine and Create. You can find out how to register on our website, www.saintsophiaschool.org.

Summer is just around the corner and Saint Sophia Summer Adventure Camp sign up is now open on our website. We will have 10 themed weeks of enrichment and adventures. You can sign up for 1 to 10 weeks of half or full days of summer fun.

Please see flyers in the narthex for more information about our School and Summer Adventure Camp!

