



CHURCH6S

HOLY TRINITY CATHEDRAL 279 South 300 West, Salt Lake City, UT 84101 (801) 328-9681 PROPHET ELIAS CHURCH 5335 Highland Drive, Holladay, UT 84117 (801) 277-2693

CHURCHOFFICE@GOCSLC.ORG

CLERGY

V. Rev. Archimandrite GEORGE NIKAS - CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter PATRICK O'ROURKE - ASSISTANT PRIEST frpatrick@gocslc.org (801) 896-4230

Rev. Protopresbyter GEORGE POLITIS - RETIRED

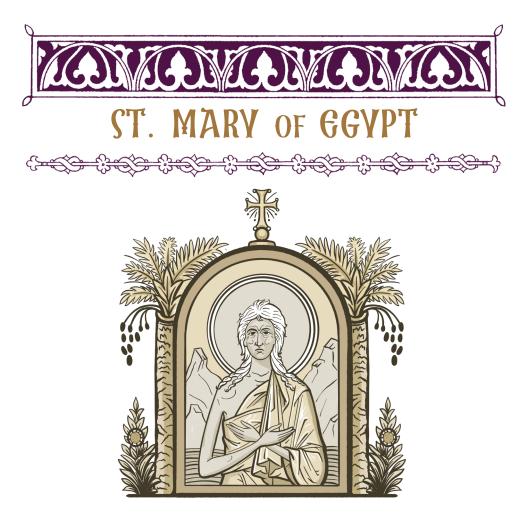
PARISH COUNCIL



2021 Parish Council Executive Board

President: George Karahalios 1st Vice President: Dimitri Gerontis 2nd Vice President: Dr. Demetrios (Tykie) Skedros Treasurer: Elpitha Votsis Asst. Treasurer: Jacquelyn Contant Rec. Secretary: Nico Priskos Cor. Secretary: Lee Kapos 2021 Parish Council Members

Evan Dudley Dorie Farah Steve Gamvroulas Maria Shilaos Nelson George Pappas Tim Reganis Chris Sakellariou Shawn Trujillo



Saint Mary is celebrated on April 1, but the final Sunday of Great Lent has also been dedicated to her, so that we may all have the chance to celebrate the liturgy in her memory. Also, so that if we think it hard to practice a little abstinence for forty days, we might be roused by the heroism of St. Mary, who fasted in the wilderness forty-seven years; and also that the great loving-kindness of God, and His readiness to receive the repentant, might be demonstrated in very deed.





<u>TODAY</u>

AT HOLY TRINITY Evangelos Tsoutsounakis: 40-Day Memorial Sophia Katsanevaki: 9-month Memorial Coffee Hour at HT is sponsored by the Tsoutsounakis family.

AT PROPHET ELIAS Stephanie Stathis & baby Sophia: 40-day Churching (private)

*It is the tradition of the Church that no memorials are served on Palm Sunday, Pascha, or Thomas Sunday. This time is rather for us to be focused on our participation in this central portion of the saving work of our Lord, God, and Savior Jesus Christ.



12:30 - 1:30 PM @ HT

<u>MONDAY, APR. 19:</u> Parish Council Meeting

6:30 - 9:30 PM @ PE

9:00 AM @ PE

10:00 AM @ PE

SATURDAY, APR. 24: SATURDAY of LAZARUS

Orthros **Divine Liturgy**

TODAY:

Festival Meeting

* LEARNING LITURGY *

Fr. Patrick will celebrate the services from the solea and will explain what is happening - the symbolism, the actions - as they happen.

Anyone interested in understanding the Liturgy more fully is invited to attend. We will also set up a second camera for the live-stream which will be focused on the table so that those who will watch from home will not be excluded from the opportunity to "Come and see."

Following the divine services, we will offer a light lenten meal, and we will also fold palms into crosses for the next day!

SUNDAY, APR. 25: PALM SUNDAY

Orthros 9:00 AM @ both churches **Divine Liturgy** 10:00 AM @ both churches Orthros for Holy Monday "Bridegroom Service" 7:00 PM (a) both churches

PLEASE SEE HOLY WEEK INSERT IN THIS BULLETIN FOR THE FULL HOLY WEEK SCHEDULE







HYMNS OF THE DAY

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Resurrectional Apolytikion4th ModeWhen the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Apolytikion of St. Mary

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels.

Apolytikion of Pentecost (for the Holy Trinity) Plagal 4th Mode Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion

2nd Mode

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Plagal 4th Mode

4th Mode





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Άπολυτίκιον Άναστάσιμον

<u>Άπολυτίκιον Άναστάσιμον</u> Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αί τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀποἰρμασαι, τοῖς Ἀποστόλοις καυχώμεναι ἕλεγον. Ἐσκύλευται ὁ θάνατος, ήγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμω τὸ μέγα ἕλεος.

Άπολυτίκιον τῆς Όσίας Μαρίας

'Ήχος πλ. δ΄ Έν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ΄ εἰκόνα· λαβοῦσα γὰρ τὸν σταυρόν, ήκολούθησας τῶ Χριστῶ, καὶ πράττουσα ἐδίδασκες ύπεροράν μέν σαρκός παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος άθανάτου. διὸ καὶ μετὰ Άγγέλων συναγάλλεται Όσία Μαρία τὸ πνεῦμά σου.

<u>Άπολυτίκιον Πεντηκοστής (για την Αγία Τριάδα) Ήχος πλ. δ΄</u> Εύλογητός εἶ Χριστὲ ὁ Θεος ἡμῶν ὁ πανσόφους τοὺς ἁλιεῖς άναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

Άπολυτίκιον Προφήτου Ηλιού Ήχος δ΄ Ο ένσαρκος άγγελος, τών Προφητών η κρηπίς, ο δεύτερος Πρόδρομος τής παρουσίας Χριστού, Ηλίας ο ένδοξος, άνωθεν καταπέμψας, Ελισαίω τήν χάριν, νόσους αποδιώκει, καί λεπρούς καθαρίζει, διό καί τοίς τιμώσιν αυτόν βρύει ιάματα.

Κοντάκιον

Ήχος β΄

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητήν ἀμετάθετε, μή παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, άλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι Τάχυνον είς πρεσβείαν, και σπεῦσον εἰς ικεσίαν, ή προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.



THE EPISTLE

Prokeimenon: O Lord, Your works shall be magnified greatly; You made all things in wisdom.
Verse: Bless the Lord, O my soul. O Lord my God, You are magnified exceedingly.

The reading is from Paul's Letter to the Hebrews. (9:11-14)

Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.



Ο ΑΠΟΟΤΟΛΟΟ

Προκείμενον: Ώς ἐμεγαλύνθη τὰ ἔργα σου, Κύριε· πάντα ἐν σοφία ἐποίησας. Στίχος: Εὐλόγει, ἡ ψυχή μου, τὸν Κύριον. Κύριε ὁ Θεός μου, ἐμεγαλύνθης σφόδρα.

Πρὸς Ἐβραίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα. (9:11-14)

Άδελφοί, Χριστὸς παραγενόμενος Ἀρχιερεὺς τῶν μελλόντων ἀγαθῶν διὰ τῆς μείζονος καὶ τελειοτέρας σκηνῆς, οὐ χειροποιήτου, τοῦτ' ἔστιν οὐ ταύτης τῆς κτίσεως, οὐδὲ δι' αἴματος τράγων καὶ μόσχων, διὰ δὲ τοῦ ἰδίου αἵματος εἰσῆλθεν ἐφάπαξ εἰς τὰ Ἅγια, αἰωνίαν λύτρωσιν εὑράμενος. Εἰ γὰρ τὸ αἶμα ταύρων καὶ τράγων καὶ σποδὸς δαμάλεως ῥαντίζουσα τοὺς κεκοινωμένους ἁγιάζει πρὸς τὴν τῆς σαρκὸς καθαρότητα, πόσῳ μᾶλλον τὸ αἶμα τοῦ Χριστοῦ, ὃς διὰ Πνεύματος αἰωνίου ἑαυτὸν προσήνεγκεν ἄμωμον τῷ Θεῷ, καθαριεῖ τὴν συνείδησιν ὑμῶν ἀπὸ νεκρῶν ἕργων εἰς τὸ λατρεύειν Θεῷ ζῶντι;



The reading is from the Holy Gospel according to Mark (10:32-45)

At that time, Jesus taking the twelve again, he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."



Τῷ καιρῷ ἐκείνῳ, παραλαμβάνει ὁ Ἰησοῦς τοὺς δώδεκα μαθητὰς αὐτοῦ ἤρξατο αὐτοῖς λέγειν τὰ μέλλοντα αὐτῷ συμβαίνειν, ότι Ίδοὺ ἀναβαίνομεν εἰς Ἱεροσόλυμα καὶ ὁ υἱὸς τοῦ ἀνθρώπου παραδοθήσεται τοῖς ἀρχιερεύσι καὶ γραμματεῦσι, καὶ κατακρινοῦσιν αὐτὸν θανάτω καὶ παραδώσουσιν αὐτὸν τοῖς ἔθνεσι, καὶ έμπαίξουσιν αύτῶ καὶ μαστιγώσουσιν αὐτὸν καὶ ἐμπτύσουσιν αὐτῶ καὶ ἀποκτενοῦσιν αὐτόν, καὶ τῆ τρίτῃ ἡμέρῃ ἀναστήσεται. Καὶ προσπορεύονται αὐτῶ Ἰάκωβος καὶ Ἰωάννης υἱοὶ Ζεβεδαίου λέγοντες Διδάσκαλε, θέλομεν ίνα δ έαν αιτήσωμεν ποιήσης ήμιν. ό δε είπεν αὐτοῖς. Τί θέλετε ποιῆσαί με ὑμῖν, οἱ δε είπον αὐτῷ. Δὸς ήμιν ίνα είς έκ δεξιών και είς έξ ευωνύμων σου καθίσωμεν έν τη δόξη σου. ὁ δὲ Ἰησοῦς εἶπεν αὐτοῖς. Οὐκ οἴδατε τί αἰτεῖσθε. δύνασθε πιεῖν τὸ ποτήριον ὃ ἐγὼ πίνω, καὶ τὸ βάπτισμα ὃ ἐγὼ βαπτίζομαι βαπτισθῆναι; οἱ δὲ εἶπον αὐτῶ· Δυνάμεθα. ὁ δὲ Ιησοῦς εἶπεν αὐτοῖς. Τὸ μὲν ποτήριον ὃ ἐγὼ πίνω πίεσθε, καὶ τὸ βάπτισμα δ ένω βαπτίζομαι βαπτισθήσεσθε το δε καθίσαι έκ δεξιῶν μου και έξ εὐωνύμων οὐκ ἔστιν ἐμὸν δοῦναι, ἀλλ΄ οἶς ἡτοίμασται. καὶ άκούσαντες οἱ δέκα ἤρξαντο ἀγανακτεῖν περὶ Ἰακώβου кај Ίωάννου. ὁ δὲ Ἰησοῦς προσκαλεσάμενος αὐτοὺς λέγει αὐτοῖς. Οἴδατε ὅτι οἱ δοκοῦντες ἄρχειν τῶν ἐθνῶν κατακυριεύουσιν αὐτῶν καὶ οἱ μεγάλοι αὐτῶν κατεξουσιάζουσιν αὐτῶν. οὐχ οὕτω δὲ ἔσται έν ὑμῖν, ἀλλ΄ ὃς ἐὰν θέλῃ γενέσθαι μέγας ἐν ὑμῖν, ἔσται ὑμῶν διάκονος, καὶ ὃς ἐὰν θέλῃ ὑμῶν γενέσθαι πρῶτος, ἔσται πάντων δοῦλος καὶ γὰρ ὁ υἰὸς τοῦ ἀνθρώπου οὐκ ἦλθε διακονηθῆναι, άλλὰ διακονήσαι καὶ δοῦναι τὴν ψυχὴν αὐτοῦ λύτρον ἀντὶ πολλῶν.



• THANK YOU, PHILOPTOCHOS!

From the bottom of our hearts, we thank eeryone who came by on Saturday to give donations for the drive-by baby shower, which Philoptochos arranged for Presvytera Jessica. We are thrilled that the love we feel from all of you will also be shared with mothers and children in need.

- Fr. Patrick, Pres. Jessica, Jacob and Baby O'Rourke

ORATORICAL FESTIVAL WINNERS

We would like to congratulate the participants in this year's Virtual Parish-Level St. John Chrysostom Oratorical Festival for the outstanding essays and presentations that they made last Sunday! First Place Speakers in each division will represent our parish at the Metropolis-Level Virtual Festival on May 8, 2021.

GOD BLESS ALL OF OUR WONDERFUL SPEAKERS!

Senior Division – 1st Place- Anna Melonas – 2nd Place Laurisa Melonas Junior Division – 1st Place: Constantine Kindred

Also, thank you to our outstanding judges, Carrie Pappas and Christopher Coombs, and timekeeper, Jon Pezely.

LOOKING FOR PART-TIME WORK?

Our church has a couple exciting opportunities available, Events Coordinator and Warehouse Specialist positions. If you are interested, please email Dorie Farah your resume at doriefarah@gmail.com by Wednesday, April 21st, or text Dorie at 801-430-7921 for more information.

PHILOPTOCHOS SAVE-THE-DATES

<u>Saturday of Lazarus @ PE:</u> After services, fold palms and serve lunch <u>Holy Thursday (April 29) @ HT:</u> After liturgy, gather and dye eggs, and prepare flowers for Kouvouklion.

<u>Good Friday (April 30) @ both churches:</u> after Royal Hours, decorate the Kouvouklion at both churches.

Please call Cathy Neofitos with any questions. 801-448-8907

SAINT SOPHIA SCHOOL

Please see flyers in the narthex for more information on our School and Summer Adventure Camp (both of which are currently enrolling) or visit www.saintsophiaschool.org



HOTA MEEK SCHEDOTE

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SATURDAY of LAZARUS, APR. 24

Orthros:

9:00 AM @ PE 10:00 AM @ PE

A light lenten meal, and folding palms into crosses to follow.

* LEARNING LITURGY *.

PALM SUNDAY, APR. 25

Orthros: Divine Liturgy:

Divine Liturgy:

9:00 AM @ both churches 10:00 AM @ both churches

Orthros for Holy Monday - "Bridegroom Service": 7:00 PM @ both churches

HOLY MONDAY, APR. 26

Orthros for Holy Tuesday - "Bridegroom Service": 7:00 PM @ both churches

HOLY TUESDAY, APR. 27

Orthros for Holy Wednesday - "Bridegroom Service": 7:00 PM @ both churches - Including the Hymn of Kassiani

HOLY WEDNESDAY, APR. 28

Presanctified Liturgy:9:00 AM @ PE ONLYThe Sacrament of Holy Unction:3:00 PM @ both churchesOrthros for Holy Thursday - The Mystical Supper:7:00 PM @ both churches

HOLY THURSDAY, APR. 29

Vesperal Liturgy of St. Basil the Great:9:00 AM @ HT ONLYOrthros of Holy Friday - Crucifixion/12 Gospels:7:00 PM @ both churches

HOLY FRIDAY, APR. 30

Royal Hours:10:00 AM @ PE ONLYApokathelosis (Descent from the Cross):3:00 PM @ both churchesOrthros of Holy Saturday - Lamentations/Epitaphios:7:00 PM @ both churches

HOLY SATURDAY, MAY 1

Vesperal Liturgy of St. Basil the Great:9:00 AM @ both churchesPaschal Vigil & Resurrection Divine Liturgy:11:00 PM @ both churches

GREAT & HOLY PASCHA, MAY 2

Agape Vespers:

12:00 PM @ PE ONLY

BRIGHT MONDAY, MAY 3 - St. George the Great Martyr

Orthros: Divine Liturgy: 9:00 AM @ PE 10:00 AM @ PE CONCONCONCON

SPECIAL OFFERINGS FOR HOLY WEEK

The following items are needed to decorate our two churches for Holy Week & Pascha, and to provide for the particular liturgical needs for the various sacred services. The total cost for these is usually around \$6000. Your generous donations directly underwrite these costs, and accentuate the joyful-sorrow ($\chi \alpha \rho \mu o \lambda \omega n$) of Christ's Passion, and the radiance of His Resurrection. Please make checks payable to Greek Orthodox Church of Greater Salt Lake (memo: Easter Donation).

- 1. Palms to be distrubuted on Palm Sunday
- 2. Palm trees to be placed inside the churches on Palm Sunday
- 3. Flowers to decorate the Icon of Christ *The Bridegroom* (Nymphios)
- 4. Olive oil & cotton balls for Holy Unction
- 5. Eggs & red dye
- 6. Flowers for the base of the Crucifix on Holy Thursday
- 7. Flowers for the wreath to adorn the Crucifix on Holy Thursday
- 8. Candles for the Crucifix on Holy Thursday (3 sets of 3)
- 9. Candles for the 12 Gospels readings on Holy Thursday
- 10. Gardenias to be placed on the top of the Epitaphios
- 11. Flowers to decorate the Kouvouklion at both churches
- 12. Bay leaves for Holy Saturday morning
- 13. Flowers for the wreath of the Resurrection Banner
- 14. Flowers to decorate the icon of the Resurrection
- 15. Resurrection candles for the clergy
- 16. Dozens of lillies to decorate the churches for Pascha & Bright Week

