



HOLY TRINITY CATHEDRAL 279 South 300 West Salt Lake City, UT 84101 (801) 328-9681

PROPHET ELIAS CHURCH 5335 Highland Drive Holladay, UT 84117 (801) 277-2693

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CLERGY

V. Rev. Archimandrite GEORGE NIKAS ~ CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Protopresbyter GEORGE POLITIS ~ RETIRED

PARISH COUNCIL



2023 EXECUTIVE BOARD

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About the beginning of His thirty-second year, when the Lord Jesus was going throughout Galilee, preaching and working miracles, many women who had received of His beneficence left their own homeland and from then on followed after Him. They ministered unto Him out of their own possessions, even until His crucifixion and entombment; and afterwards, neither losing faith in Him after His death, nor fearing the wrath of the Jewish rulers, they came to the sepulchre, bearing the myrrh-oils they had prepared to annoint His body. It is because of the myrrh-oils, that these God-loving women brought to the tomb of Jesus that they are called the Myrrh-bearers. Of those whose names are

known are the following: first of all, the most holy Virgin Mary, who in Matthew 27:56 and Mark 15:40 is called "the mother of James and Joses" (these are the sons of Joseph by a previous marriage, and she was therefore their step -mother); Mary Magdalene (celebrated July 22); Mary, the wife of Clopas; Joanna, wife of Chouza, a steward of Herod Antipas; Salome, the mother of the sons of Zebedee, Mary and Martha, the sisters of Lazarus; and Susanna. As for the names of the rest of them, the evangelists have kept silence (Matt 27:55 -56; 28:1-10. Mark 15:40-41. Luke 8:1-3; 23:55-24:11, 22-24. John 19:25; 20:11-18. Acts 1:14).

Together with them we celebrate also the secret disciples of the Saviour, Joseph and Nicodemus. Of these, Nicodemus was probably a Jerusalemite, a prominent leader among the Jews and of the order of the Pharisees, learned in the Law and instructed in the Holy Scriptures. He had believed in Christ when, at the beginning of our Saviour's preaching of salvation, he came to Him by night. Furthermore, he brought some one hundred pounds of myrrh-oils and an aromatic mixture of aloes and spices out of reverence and love for the divine Teacher (John 19:39). Joseph, who was from the city of Arimathea, was a wealthy and noble man, and one of the counsellors who were in Jerusalem. He went boldly unto Pilate and asked for the body of Jesus, and together with Nicodemus he gave Him burial. Since time did not permit the preparation of another tomb, he placed the Lord's body in his own tomb which was hewn out of rock, as the Evangelist says (Matt. 27:60).



SUNDAY, APRIL 30

Orthros Divine Liturgy Sunday School Graduation Dinner Dionysios Dance Practice Minotavros Dance Practice 9:00am 10:00am 6:00pm 2:00pm~4:00pm 3:00pm~8:00pm

@ Both Churches
@ Both Churches
@ HT
@ PE Sm Gym
@ PE Sm & Lg Gym

<u>MONDAY, MAY 1</u>

Girl Scouts Meeting

6:30pm~8:30pm @

6:00pm~8:00pm

6:30pm~8:00pm

6:30pm~

@ PE Sm Gym

@ PE Sm & Lg Gym

@ PE Boardroom

TUESDAY, MAY 2

Minotavros Dance Practice Greek School Philoptochos General Meeting Dionysios Dance Practice

WEDNESDAY, MAY 3

GOYA Dance Practice Boy Scouts Meeting Pick up Basketball

THURSDAY, MAY 4

Minotavros Dance Practice Greek School Choir Practice LHJ Dance Practice Dionysios Dance Practice

FRIDAY, MAY 5

No Schedules

<u>SATURDAY, MAY 6</u>

Greek School

SUNDAY, MAY 7

Orthros Divine Liturgy Dionysios Dance Practice Minotavros Dance Practice 6:00pm~8:00pm @ PE Sm & Lg Gym 6:00pm~8:00pm @ PE Classroom 8:00pm~10:00pm @ PE & HT

8:30pm~10:00pm @ PE Sm Gym

6:00pm~8:00pm @ PE Sm & Lg Gym 6:30pm~8:00pm @ PE 7:00pm~8:00pm @ PE 7:00pm~7:30pm @ Playground & Pavilion 8:30pm~10:00pm @ PE Sm Gym

@ PE

10:00am~1:00pm @ HT

9:00am 10:00am 2:00pm~4:00pm 3:00pm~8:00pm

@ Both Churches@ Both Churches@ PE Sm Gym@ PE Sm & Lg Gym



SUNDAY, APRIL 30 AT HOLY TRINITY

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Josephine Marie Katsanevas: 40 ~ Day Memorial Apostoli Theodore Price: 6 ~ Month Memorial Panayiotis (Lee) Bishop: 2 ~ Year Memorial Eftixia (Effie) Carr 6 ~ Year Memorial

SUNDAY, MAY 7

AT HOLY TRINITY John Zambos: 40 ~ Day Memorial

SUNDAY, MAY 14 MOTHER'S DAY

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SUNDAY, MAY 21 AT HOLY TRINITY

Sophia Kounalis 4 ~ Year Trisagion George Kounalis 48 ~ Year Trisagion



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Άπολυτίκιον Άναστάσιμον

Ότε κατñλθες πρòς τòν θάνατον, ἡ ζωὴ ἡ ἀθάνατος, τότε τòν ặδην ἐνέκρωσας, τῷ ἀστραnῷ τῆς θεότητος· ὅτε δὲ καὶ τοὺς τεθνεῶτας, ἐκ τῶν κατaχθονίων ἀνέστησας, πᾶσαι αἰ δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ, ὁ Θεὸς ἡμῶν δόξα σοι.

Του Αγίου Ιωσήφ

Ο εὐσχήμων Ἰωσήφ, ἀπὸ τοῦ ξύλου καθελών, τὸ ἄχραντόν σου Σῶμα, σινδόνι καθαρῷ εἰλήσας καὶ ἀρώμασιν, ἐν μνήματι καινῷ κηδεύσας ἀπέθετο· ἀλλὰ τριήμερος ἀνέστης, Κύριε, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Των Μυροφόρων Γυναικών

Ταῖς Μυροφόροις γυναιξί, παρὰ τὸ μνῆμα ἐπιστάς, ὁ Ἄγγελος ἐβόα· Τὰ μύρα τοῖς θνητοῖς ὑπάρχει ἁρμόδια· Χριστὸς δὲ διαφθορᾶς ἐδείχθη ἀλλότριος· ἀλλὰ κραυγάσατε· Ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα ἕλεος.

Απολυτίκιον Πεντηκοστής (για την Αγία Τριάδα)

Εύλογητός εἶ Χριστὲ ὁ Θεος ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

Άπολυτίκιον Προφήτου Ηλιού

Ο ένσαρκος άγγελος, τών Προφητών η κρηπίς, ο δεύτερος Πρόδρομος τής παρουσίας Χριστού, Ηλίας ο ένδοξος, άνωθεν καταπέμψας, Ελισαίω τήν χάριν, νόσους αποδιώκει, καί λεπρούς καθαρίζει, διό καί τοίς τιμώσιν αυτόν βρύει ιάματα.

Κοντάκιον τοῦ Πάσχα

Εί καὶ ἐν τάφῷ κατῆλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν[·] καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.





Resurrectional Apolytikion

When You descended unto Death, O Lord, You who are immortal Life put Hades to death, by the lightning of Your divinity. And when You raised the dead from the netherworld, all the hosts of heaven sang aloud to You, "O Christ God, Giver of life, glory to You!"

For St. Joseph of Arimathea

When he took down Your immaculate Body from the Cross, the honorable Joseph wrapped it in a clean linen shroud with spices and laid it for burial in a new tomb. But on the third day You arose, O Lord, and granted the world Your great mercy.

For the Myrrh-bearing Women

The Angel who had come to the sepulcher said to the Myrrh-bearing women, "Ointments are appropriate for mortal men; but Christ is indeed a stranger to decay. Now go proclaim that the Lord has risen and granted the world His great mercy."

Apolytikion of Pentecost (for the Holy Trinity)

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion of Pascha

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.





Προκείμενον: Ισχύς μου καὶ ὕμνησίς μου ὁ Κύριος, καὶ ἐγένετό μοι εἰς σωτηρίαν.

Στίχος: Παιδεύων ἐπαίδευσέ με ὁ Κύριος, καὶ τῷ θανάτῳ οὐ παρέδωκέ με.

Πράξεων τῶν Ἀποστόλων τὸ ἀνάγνωσμα

(6:1~7)

Εν ταῖς ἡμέραις ἐκείναις, πληθυνόντων τῶν μαθητῶν ἐγένετο γογγυσμός τῶν Ἐλληνιστῶν πρὸς τοὺς Ἐβραίους. ὅτι παρεθεωροῦντο ἐν τῆ διακονία τῆ καθημερινῆ αἱ χῆραι αὐτῶν. Προσκαλεσάμενοι δε οι Δώδεκα το πλήθος των μαθητων είπον. Ούκ άρεστόν έστιν ήμας καταλείψαντας τὸν λόγον τοῦ Θεοῦ διακονεῖν τραπέζαις ἐπισκέψασθε οὖν, ἀδελφοί, ἄνδρας ἐξ ὑμῶν μαρτυρουμένους ἑπτὰ πλήρεις πνεύματος καὶ σοφίας, οὓς καταστήσομεν ἐπὶ τῆς χρείας ταύτης ἡμεῖς δὲ τῷ προσευχῷ καὶ τῷ διακονία τοῦ λόγου προσκαρτερήσομεν. Καὶ ἤρεσεν ὁ λόγος ένώπιον παντὸς τοῦ πλήθους, καὶ ἐξελέξαντο Στέφανον, ἄνδρα πλήρη πίστεως καὶ πνεύματος ἁγίου, καὶ Φίλιππον καὶ Πρόχορον καὶ Νικάνορα καὶ Τίμωνα καὶ Παρμενᾶν καὶ Νικόλαον προσήλυτον Άντιοχέα, οὓς ἔστησαν ἐνώπιον τῶν ἀποστόλων, кај προσευξάμενοι ἐπέθηκαν αὐτοῖς τὰς χεῖρας. Καὶ ὁ λόγος τοῦ Θεοῦ ηύξανεν καὶ ἐπληθύνετο ὁ ἀριθμὸς τῶν μαθητῶν ἐν Ἱερουσαλὴμ σφόδρα, πολύς τε ὄχλος τῶν ἱερέων ὑπήκουον τῷ πίστει.





Prokeimenon: The Lord is my strength and my song, and He became my salvation.

Verse: The Lord chastened and corrected me, but He did not give me up to death.

The reading is from the Acts of the Apostles

(6:1~7)

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith."





Έκ τοῦ κατὰ Μᾶρκον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα

(15:43, 16:8)

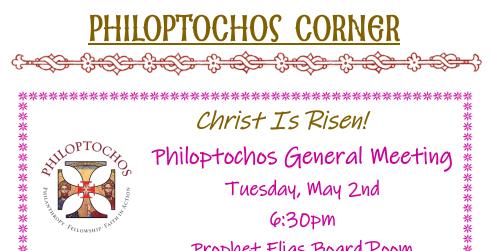
Τῶ καιρῶ ἐκείνω ἐλθών Ἰωσὴφ ὁ ἀπὸ Ἀριμαθαίας, εὐσχήμων βουλευτής, ὃς καὶ αὐτὸς ἦν προσδεχόμενος τὴν βασιλείαν τοῦ Θεοῦ, τολμήσας εἰσῆλθε πρὸς Πιλᾶτον καὶ ἠτήσατο τὸ σῶμα τοῦ δὲ Πιλᾶτος ἐθαύμασεν εἰ ἤδη τέθνηκε, lnσοῦ. ò кај προσκαλεσάμενος τὸν κεντυρίωνα ἐπηρώτησεν αὐτὸν εἰ πάλαι άπέθανε· καὶ γνοὺς ἀπὸ τοῦ κεντυρίωνος ἐδωρήσατο τὸ σῶμα τῶ Ιωσήφ. καὶ ἀγοράσας σινδόνα καὶ καθελών αὐτὸν ἐνείλησε τῷ σινδόνι καὶ κατέθηκεν αὐτὸν ἐν μνημείω ὃ ἦν λελατομημένον ἐκ πέτρας, καὶ προσεκύλισε λίθον ἐπὶ τὴν θύραν τοῦ μνημείου. ἡ δὲ Μαρία ή Μαγδαληνή καὶ Μαρία Ἰωσῆ ἐθεώρουν ποῦ τίθεται. Καὶ διαγενομένου τοῦ σαββάτου Μαρία ἡ Μαγδαληνὴ καὶ Μαρία ἡ τοῦ Ιακώβου καὶ Σαλώμη ἠγόρασαν ἀρώματα ἵνα ἐλθοῦσαι ἀλείψωσιν αὐτόν. καὶ λίαν πρωῒ τς μιᾶς σαββάτων ἔρχονται ἐπὶ τὸ μνημεῖον, άνατείλαντος τοῦ ἡλίου. καὶ ἔλεγον πρὸς ἑαυτάς. Τίς ἀποκυλίσει ήμῖν τὸν λίθον ἐκ τῆς θύρας τοῦ μνημείου; καὶ ἀναβλέψασαι θεωροῦσιν ὅτι ἀποκεκύλισται ὁ λίθος ἦν γὰρ μέγας σφόδρα. καὶ είσελθοῦσαι εἰς τὸ μνημεῖον εἶδον νεανίσκον καθήμενον ἐν τοῖς δεξιοῖς, περιβεβλημένον στολὴν λευκήν, καὶ ἐξεθαμβήθησαν. ὁ δὲ λέγει αὐταῖς. Μὴ ἐκθαμβεῖσθε. Ιησοῦν ζητεῖτε τὸν Ναζαρηνὸν τὸν έσταυρωμένον ήγέρθη, οὐκ ἔστιν ὧδε ἴδε ὁ τόπος ὅπου ἔθηκαν αὐτόν. ἀλλ΄ ὑπάγετε εἴπατε τοῖς μαθηταῖς αὐτοῦ καὶ τῶ Πέτρω ὅτι προάγει ὑμᾶς εἰς τὴν Γαλιλαίαν ἐκεῖ αὐτὸν ὄψεσθε, καθώς εἶπεν ύμιν. καὶ ἐξελθοῦσαι ἔφυγον ἀπὸ τοῦ μνημείου εἶχε δὲ αὐτὰς τρόμος καὶ ἕκστασις, καὶ οὐδενὶ οὐδὲν εἶπον ἐφοβοῦντο γάρ.



The reading is from the holy Gospel according to Mark

(15:43, 16:8)

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

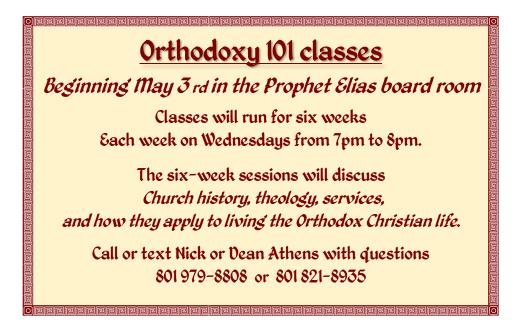


Philoptochos General Meeting Tuesday, May 2nd 6:30pm

Prophet Elias Board Room

FELLOWSHIN







HELLENIC CULTURE AND DANCE SCHOOL OF GREATER SALT LAKE

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practice Schedule

JR. GOYA & SR.GOYA PROPHET ELIAS EVERY WEDNESDAY APRIL 19-MAY 31 6-8 PM

PRE K - 5TH GRADE PROPHET ELIAS PAVILLION EVERY THURSDAY MAY 4-31, 7-7:30 PM



Minos Chapter of Salt Lake City

General Assembly

Wednesday, May 10, 2023. 6:30 PM Prophet Elias Pavilion

Topics of discussion include: Upcoming Horoesperitha / District 5 Conference, PAA Convention, and proposed future events.

Hope to see you there.

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Χοιστός Ανέστη! Αληθώς Ανέστη!

The Young at Heart luncheon will be on *Thursday, May 11, at noon in the Hellenic Memorial Hall.* Join us for some food, fun and fellowship, and BINGO of course. *We hope to see you all there.*







SATURDAY MAY 6TH | 10:00 AM - 2:00 PM LITTLE AMERICA HOTEL Lunch, Fashion Show, Raffle, Cash Bar \$60 Adults | \$25 12 & Under Tickets sold after Church or text Nicolette 801-971-7693

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Or click here for the event page





The Metropolis of Denver's Camp Emmanuel is a week-long summer camp for Orthodox youth, aged 11-18. Camp involves prayer services, fun activities and games, music, and thoughtful conversation on spiritual topics. Our goal is to provide an edifying Orthodox Christian community that has a profound effect on each person's life, helping participants to develop both faith and friendships that will last a lifetime.

In addition, we invite young adults to apply to become volunteer Camp Emmanuel staff members, to develop their spiritual life, leadership skills, and friendships within our camp setting.

Learn More About Camp Emmanuel here

Camper Registration

Clergy Application

Clergy Registration

Staff Application

Staff Registration





PAN ARCADIAN WESTERN DISTRICT SCHOLARSHIP 2023

The information for the scholarship is available at: <u>http://www.panarcadianwest.org/news.htm</u>

Applicants must have a grandparent or parent be a member of the local Arcadian Chapter #90 OR be a member herself/himself. *The postmark deadline is* **May 22, 2023**. click HERE to download an application form.

Please contact Karen Anastasopoulos for any information or with any questions regarding the scholarship at-

karenanast@gmail.com or 801-913-2414







2023-2024 Undergraduate and Graduate Scholarships Available

Applications and instructions for six (6) scholarships administered by the Office of the Chancellor of the Greek Orthodox Archdiocese of America are available for awards to be made for the 2023-2024 academic year. The George & Naouma (Gioule) Gioles Scholarship and the Katina John Malta Scholarship are for undergraduate studies, and the Paleologos Scholarship is awarded for graduate work of a non-theological nature. Additionally, the S. Gregory Taylor Scholarship, and the Christos and Georgia Trakatellis Scholarship, are available for those pursuing graduate level work. Students matriculating at Hellenic College-Holy Cross School of Theology are eligible to apply for the James J. Tembelis Scholarship.

Each of these scholarships was established through generous gifts from dedicated Greek Orthodox Christians who wanted to provide financial assistance towards the education of young people from our Orthodox Christian community.

Applications can be accessed by visiting www.goarch.org/-/scholarships for more information, please email scholarships@goarch.org or call 212-570-3577. The deadline for submitting an application for any of these scholarships is May 19, 2023.





SCHOLARSHIP OPPORTUNITY FOR GRADUATING HIGH SCHOOL SENIORS



APPLY NOW FAITH SCHOLARSHIPS FOR ACADEMIC EXCELLENCE DEADLINE: JUNE 30, 2023

This merit-based scholarship program is available to the best and brightest graduating high school seniors of Hellenic descent and/or Greek Orthodox faith who are enrolling in a 4-year accredited U.S. university this fall. Scholarships are awarded on a merit basis with applicants given the option to be considered for additional financial need-based allocations.

For full application details and to apply now, visit thefaithendowment.org/scholarships or scan:





THEFAITHENDOWMENT.ORG/SCHOLARSHIPS

Founded in 2004 by a group of visionary Greek American leaders and philanthropists, FAITH: An Endowment for Orthodoxy and Hellenism is an independent 501(c)(3) organization that supports the development of innovative educational, cultural, and scholarship programs that promote Hellenism, an understanding of the Greek Orthodox faith, and the relationship of the two to America's history and multicultural landscape for young people. FAITH has proudly awarded over 1,950 grants and scholarships to our community's brightest young leaders.

For questions, contact: info@thefaithendowment.org • (212) 803-9363 • facebook.com/faithendowment





- <u>Church Office Email</u> ~ Please update your Church office email correspondence and email address books to: <u>churchoffice@gocslc.org</u>
- <u>Parishioner Seeking Caregiver</u> ~ We have a parishioner in need of a full-time, live-in caregiver for their Mother. If you are an individual that could provide this care or know someone who can, please contact Jorge Daskalakis at (801)-244-4083.

--- SAVE THE FOLLOWING DATES ------

More Information forthcoming for the dates below

OPA Camp ~ Week of June 19th

SAVE THE DATE

Spring Parish Assembly

Sunday, May 21st 2:00pm at Prophet Elias