



MAY 1, 2022 THOMAS SUNDAY

THE DIVINE LITURGY
OF ST. BASIL THE GREAT



HOLY TRINITY CATHEDRAL

279 South 300 West Salt Lake City, UT 84101 (801) 328-9681

PROPHET ELIAS CHURCH

5335 Highland Drive Holladay, UT 84117 (801) 277-2693

CHURCHOFFICE@GOCSLC.ORG

CLERGY



V. Rev. Archimandrite GEORGE NIKAS ~ CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter PATRICK O'ROURKE ~ ASSISTANT PRIEST frpatrick@gocslc.org (419) 234–3632

Rev. Protopresbyter GEORGE POLITIS - RETIRED

PARISH COUNCIL



2022 Parish Council

EXECUTIVE BOARD

President: George Karahalios
1st VP: Dimitri Gerontis
2nd VP: Archon Nick Bapis
Recording Secretary: Nico Priskos
Corresponding Secretary: Lee Kapos
Treasurer: Evan Dudley
Asst. Treasurer: Chris Sakellariou

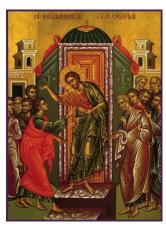
2022 Parish Council

MEMBERS AT LARGE

LeiAnn Bathemess
Dorie Farah
Steve Gamvroulas
Andy Giannis
John Lyhnakis
Chris Mantas
George Pappas
Harry Souvall







Though the doors were shut at the dwelling where the disciples were gathered for fear of the Jews on the evening of the Sunday after the Passover, our Saviour wondrously entered and stood in their midst, and greeted them with His customary words, "Peace be unto you." Then He showed unto them His hands and feet and side; furthermore, in their presence, He took some fish and a honeycomb and ate before them, and thus assured them of His bodily Resurrection. But Thomas, who was not then present with the others, did not believe their testimony concerning Christ's Resurrection, but said in a decisive manner, "Except I shall see in His hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into His side, I will not believe." Wherefore after eight days, that is, on this day, when the disciples were again gathered together and Thomas was with them, the Lord Jesus came while the doors were shut, as He did formerly. Standing in their midst, He said, "Peace be unto you"; then He said to Thomas, "Bring hither thy finger, and behold my hands; and bring hither thy hand, and thrust it into My side: and be not unbelieving, but believing."

And Thomas, beholding and examining carefully the hands and side of the Master, cried out with faith, "My Lord and my God." Thus he clearly proclaimed the two natures - human and divine - of the

God-man (Luke 24:36-49; John 20:19-29).

This day is called Antipascha (meaning "in the stead of Pascha," not "in opposition to Pascha") because with this day, the first Sunday after Pascha, the Church consecrates every Sunday of the year to the commemoration of Pascha, that is, the Resurrection.





SUNDAY, MAY 1

Orthros 9:00am Both Churches
Divine Liturgy 10:00am Both Churches

MONDAY, MAY 2

Girl Scouts 6:30pm-8:30pm @ PE Sm. Gym Pick up Basketball 9:00pm-11:00pm @ PE Lrg. Gym Parish Council Meeting 6:30pm-9:30pm @ HT

TUESDAY, MAY 3

Greek School 6:30pm-8:00pm @ PE

Philoptochos General Meeting 6:30pm @ PE Board Room Minotavros Dance 7:00pm-8:30pm @ PE Lrg. Gym Dionysius Dance 8:30pm~10:30pm @ PE Sm. Gym

WEDNESDAY, MAY 4

Boy Scouts Meeting 6:00pm~8:00pm @ PE Sm. Gym Pick up Basketball 9:00pm~11:00pm @PE Lrg. Gym

THURSDAY, MAY 5

Greek School 6:30pm-8:00pm @ PE

Dionysius Dance 8:30pm~10:30pm @ PE Sm. Gym

FRIDAY, MAY 6

St. Sophia School Mother's Day Art stroll 9:00am~12:00pm @ PE Lrg. Gym Boy Scouts (day one) 5:00pm~10:30am @ PE Pavilion

SATURDAY, MAY 7

Greek School 10:00am~ 1:00pm @ PE

Boy Scouts 5:00pm~10:30am @ PE Pavilion

SUNDAY, MAY 8

Orthros 9:00am Both Churches
Divine Liturgy 10:00am Both Churches



SUNDAY, MAY 8

at HT

Dr. Chris James Ghicadus: 2-Year memorial (Family will host coffee hour)





Απολυτίκιον Αναστάσιμον

Εσφραγισμένου τοῦ μνήματος, ἡ Ζωὴ ἐκ τάφου ἀνέτειλας Χριστὲ ὁ Θεός, καὶ τῶν θυρῶν κεκλεισμένων, τοῖς Μαθηταῖς ἐπέστης, ἡ πάντων ἀνάστασις Πνεῦμα εὐθὲς δι΄ αὐτῶν ἐγκαινίζων ἡμῖν, κατὰ τὸ μέγα σου ἔλεος.

Κοντάκιον τοῦ Πάσχα

Εί καὶ ἐν τάφω κατῆλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.





Resurrectional Apolytikion

O Life, You rose from the sepulcher, even though the tomb was secured with a seal, O Christ God. Then, although the doors were shut, You came to Your Disciples, O Resurrection of all. Through them You renew a right spirit in us, according to Your great mercy.

Kontakion of Pascha

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.





Προκείμενον: Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἰσχὺς αὐτοῦ

Στίχος: Αἰνεῖτε τὸν Κύριον, ὅτι ἀγαθὸς Κύριος

Πράξεων τῶν Ἀποστόλων τὸ ἀνάγνωσμα 5:12-20

Εν ταῖς ἡμέραις ἐκείναις, διὰ τῶν χειρῶν τῶν ἀποστόλων ἐγίνετο σημεῖα καὶ τέρατα ἐν τῷ λαῷ πολλὰ · (καὶ ἦσαν ὁμοθυμαδὸν ἄπαντες ἐν τῷ Στοᾳ Σολομῶντος. Τῶν δὲ λοιπῶν οὐδεὶς ἐτόλμα κολλᾶσθαι αὐτοῖς, ἀλλ' ἐμεγάλυνεν αὐτοὺς ὁ λαός μᾶλλον δὲ προσετίθεντο πιστεύοντες τῷ Κυρίῳ πλήθη ἀνδρῶν τε καὶ γυναικῶν ιώστε κατὰ τὰς πλατείας ἐκφέρειν τοὺς ἀσθενεῖς καὶ τιθέναι ἐπὶ κλινῶν καὶ κραβάττων, ἵνα ἐρχομένου Πέτρου κὰν ἡ σκιὰ ἐπισκιάσῃ τινὶ αὐτῶν. Συνήρχετο δὲ καὶ τὸ πλῆθος τῶν πέριξ πόλεων Ἰερουσαλήμ, φέροντες ἀσθενεῖς καὶ ὀχλουμένους ὑπὸ πνευμάτων ἀκαθάρτων, οἴτινες ἐθεραπεύοντο ἄπαντες. ἀναστὰς δὲ ὁ ἀρχιερεὺς καὶ πάντες οἱ σὺν αὐτῷ, ἡ οὖσα αἴρεσις τῶν Σαδδουκαίων, ἐπλήσθησαν ζήλου καὶ ἑπέβαλον τὰς χεῖρας ἐπὶ τοὺς ἀποστόλους καὶ ἔθεντο αὐτοὺς ἐν τηρήσει δημοσίᾳ. Ἅγγελος δὲ Κυρίου διὰ νυκτὸς ἤνοιξε τὰς θύρας τῆς φυλακῆς ἐξαγαγών τε αὐτοὺς εἶπε· Πορεύεσθε καὶ σταθέντες λαλεῖτε ἐν τῷ ἰερῷ τῷ λαῷ πάντα τὰ ῥήματα τῆς ζωῆς ταύτης.





Prokeimenon: Great is our Lord, and great is His strength

Verse: Praise the Lord, for the Lord is good

The reading is from the Acts of the Apostles

5:12-20

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."





Εκ τοῦ κατὰ Ιωάννην ἀγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

(20:19-31)

Οὔσης ὀψίας τῆ ἡμέρᾳ ἐκείνῃ τῆ μιᾳ σαββάτων, καὶ τῶν θυρῶν κεκλεισμένων ὅπου ἦσαν οἱ μαθηταὶ συνηγμένοι διὰ τὸν φόβον τῶν Ιουδαίων, ἦλθεν ὁ Ἰησοῦς καὶ ἔστη εἰς τὸ μέσον, καὶ λέγει αὐτοῖς: Εἰρήνη ὑμῖν. καὶ τοῦτο εἰπὼν ἔδειξεν αὐτοῖς τὰς χεῖρας καὶ τὴν πλευρὰν αὐτοῦ. ἐχάρησαν οὖν οἱ μαθηταὶ ἰδόντες τὸν Κύριον. εἶπεν οὖν αὐτοῖς ὁ Ἰησοῦς πάλιν. Εἰρήνη ὑμῖν. καθὼς ἀπέσταλκέ με ὁ πατήρ, κάγὼ πέμπω ὑμᾶς. καὶ τοῦτο εἰπὼν ἐνεφύσησε καὶ λέγει αὐτοῖς. Λάβετε Πνεῦμα ἄγιον: ἄν τινων ἀφῆτε τὰς ἁμαρτίας, ἀφίενται αὐτοῖς, ἄν τινων κρατῆτε, κεκράτηνται. Θωμᾶς δὲ εἶς ἐκ τῶν δώδεκα ό λεγόμενος Δίδυμος, οὐκ ἦν μετ΄ αὐτῶν ὅτε ἦλθεν ὁ Ἰησοῦς. ἔλεγον οὖν αὐτῶ οἱ ἄλλοι μαθηταί. Εωράκαμεν τὸν Κύριον. ὁ δὲ εἶπεν αὐτοῖς Εὰν μὴ ἴδω ἐν ταῖς χερσὶν αὐτοῦ τὸν τύπον τῶν ἥλων, καὶ βάλω τὸν δάκτυλόν μου εἰς τὸν τύπον τῶν ἤλων, καὶ βάλω τὴν χεῖρά μου εἰς τὴν πλευρὰν αὐτοῦ, οὐ μὴ πιστεύσω. Καὶ μεθ' ἡμέρας όκτὼ πάλιν ἦσαν ἔσω οἱ μαθηταὶ αὐτοῦ καὶ Θωμᾶς μετ΄ αὐτῶν. ἔρχεται ὁ Ἰησοῦς τῶν θυρῶν κεκλεισμένων, καὶ ἔστη εἰς τὸ μέσον καὶ εἶπεν. Εἰρήνη ὑμῖν. εἶτα λέγει τῷ Θωμᾳ. Φέρε τὸν δάκτυλόν σου ὧδε καὶ ἴδε τὰς χεῖράς μου, καὶ φέρε τὴν χεῖρά σου καὶ βάλε εἰς τὴν πλευράν μου, καὶ μὴ γίνου ἄπιστος, ἀλλὰ πιστός. καὶ ἀπεκρίθη Θωμᾶς καὶ εἶπεν αὐτῷ. Ο Κύριός μου καὶ ὁ Θεός μου. λέγει αὐτῷ ὁ Ιησοῦς. Ότι ἐώρακάς με, πεπίστευκας μακάριοι οἱ μὴ ἰδόντες καὶ πιστεύσαντες. Πολλά μὲν οὖν καὶ ἄλλα σημεῖα ἐποίησεν ὁ Ἰησοῦς ένώπιον τῶν μαθητῶν αὐτοῦ, ἃ οὐκ ἔστι γεγραμμένα ἐν τῷ βιβλίῳ τούτω: ταῦτα δὲ γέγραπται ἵνα πιστεύσητε ὅτι Ἰησοῦς ἐστιν ὁ Χριστὸς ὁ υἱὸς τοῦ Θεοῦ, καὶ ἵνα πιστεύοντες ζωὴν ἔχητε ἐν τῷ όνόματι αὐτοῦ.



The reading is from the Holy Gospel according to John. (20:19~31)

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the lews, lesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to Him: "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.





Christos Anestil Christ Is Risen!

Thank you to all the Philoptochos ladies and the community who participated in helping to make Pascha a wonderful and blessed experience as we awaited the Resurrection. We thank all who came to help on Palm Sunday prepare Loukoumades at Holy Trinity and Prophet Elias and for those who supported our endeavors in purchasing Loukoumades, Koulouria and tsoureki. Please know that all proceeds are being donated to help those suffering in the Ukraine. It is with much appreciation that we thank you for your love of your faith and community in taking the time on Holy Thursday, and Holy Friday to do the necessary steps in preparing the eggs, and the kouvouklion.

Philoptochos General Meeting – Tuesday, May 3rd 6:30pm Prophet Elias Board Room

ST. SOPHIA SCHOOL



New Class opening for children who are 2.8 years by September 2022 Focus: helping children transition into a school classroom on their own.

Ages: Early Three Class for students who turn 3 by January 2023 (2.8 by Sep 2022).

Times: Tuesdays and Thursdays from 9:00-noon.

Start date: September 6, 2022

For more Information: Please call Martha @ 801-424-1297 or mail director@saintsophiaschool.org ENROLL NOW for the 2022-2023 School Year! We offer Toddler Day, PreK-3, PreK-4, and all-day Kindergarten classes.

Toddlers with a parent meet 2-hours once a week







PAN ARCADIAN WESTERN DISTRICT SCHOLARSHIP 2022

The application for the scholarship is available at:

http://www.panarcadianwest.org/news.htm

Applicants must have a grandparent or parent be a member of the local Arcadian Chapter #90 OR be a member her/himself.

Postmark deadline is May 16, 2022

Please contact Karen Anastasopoulos for any information

or with any questions regarding the scholarship — <u>karenanast@gmail.com</u> or 801-913-2414



THE TED & KATY SPEROS SCHOLARSHIP

Is now accepting applications for the 2022-2023 school year. Applications can be picked up at Holy Trinity church office.

Must be mailed before June 1 to: Vickie Peters at 4476 S. Manor Ridge Place, Salt Lake City, UT 84124.

If you have any questions, please feel free to call: Vickie Peters at 801-262-3233.





DAUGHTERS OF MINOS

Mother's Day Luncheon

SATURDAY, MAY 7TH AT 11:00 AM

lille america hotel

lunch, fashion show, raffle, cash bar

\$55/ADULT \$25/CHILDREN 12 AND UNDER
TICKETS SOLD AFTER CHURCH OR TEXT LEXI AT 801.557.0616



XYLOURIDES



WELCOME NIGHT FRIDAY MAY 13

HOLY TRINITY MEMORIAL BUILDING | 7:00 P.M.

DINNER | DESSERT | CASH BAR

TICKET PRICES

ADULT & YOUTH

\$10

KIDS 4 & UNDER

FREE

PRICES INCREASE BY \$10 AT THE DOOR

CONTACT FOR TICKETS OR QUESTIONS

Anna Hatzipolakis 801-824-8283 Chrysoula Sefandonakis 801-719-9762 Vangelis Moutsos 801-657-8408

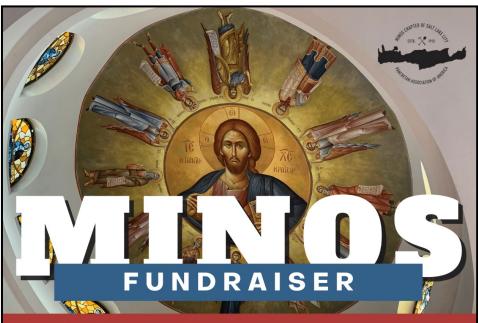


HOLY TRINITY MEMORIAL BUILDING SATURDAY MAY 14 | 6:30 P.M.

XYLOURIDES

DINNER | DESSERT | DANCING | CASH BAR





ALL FUNDS RAISED WILL GO TOWARDS THE PLATYERA WINNERS WILL BE CONTACTED MAY 14TH

Prize #1

Delta \$1000 Gift Card

Donated by Tony Gianoulis

& 7 day stay in Chania, Crete at the Sifantonakis' house Donated by Jim Sifantonakis Prize#2

Kritiko Maxairi

with a Kritiko Sakouli Prize#3

Dining Extraordinaire

A package of gift cards from numerous Greek operated restaurants

TICKET 1 for \$50 PRICES 5 for \$200

TICKETS WILL BE SOLD
AFTER CHURCH ALONG WITH
HORESPIRITHA TICKETS

Join Us for a Fun Day of Neighborhood Service & Friendship

8:00 am - 9:30 am Free Chuck Wagon Breakfast

9:45 am Service Kick Off & Assignments

> 10:00 am - 3:00 pm Carry Out Service



Ways to Serve

- Neighborhood Projects
- Plant Trees at St. Vincent de Paul Church
- Assemble spring baskets/care packages
- Donate to St. Vincent de Paul's Food Pantry and International Rescue Committee (Refugee Aide)

Donations Needed

Granola/Protein Bars Bottled Water Laundry Detergent Baby Formula Cleaning Wipes / Multipurpose Cleaner
Dish Soap
Body Lotion
Deodorant (Mens & Womens)
Razors, Shaving Cream

Reusable Shopping Bags New Picture Dictionaries Pack-n-Plays (new or like new) Gift cards (e.g. Walmart, Target, Smiths)





www.cwhDayofService.com

5165 Highland Drive & Donelson Lane

SCHOLARSHIPS FOR GRADUATING HIGH SCHOOL SENIORS



APPLY NOW FAITH SCHOLARSHIP FOR ACADEMIC EXCELLENCE DEADLINE: JUNE 20, 2022

APPLICATION DETAILS

Visit thefaithendowment.org/scholarships to download and begin your application.
Completed application packets must be sent by mail and postmarked by June 20th, 2022.
Scholarship recipients will be announced in September.

Follow facebook.com/faithendowment for news and updates. Scholarships are merit-based and can range up to \$10,000 in value.

ELIGIBILITY REQUIREMENTS

Applicants must be member of a Greek Orthodox parish and a graduating high school senior enrolling in a 4-year accredited U.S. university this fall.

CONTACT

- (C) (212) 803-9363
- (a) info@thefaithendowment.org
- @ @faithendowment
- (f) facebook.com/faithendowment
- 499 Park. Ave., 23 Fl., NY, NY 10022



THEFAITHENDOWMENT.ORG/SCHOLARSHIPS

Founded in 2004 by a group of ten visionary Greek American leaders and philanthropists, "FAITH: An Endowment for Orthodoxy and Hellenism" is an independent 501 (c)(3) organization that supports the development of innovative educational, cultural, and scholarship programs that promote Hellenism, an understanding of the Greek Orthodox faith, and the relationship of the two to America's history and multicultural landscape for young people. FAITH has proudly awarded over 1,800 grants and scholarships to our community's brightest young leaders.





- DON'T MISS ANY UPDATES—SIGN UP FOR FLOCKNOTE!
 Simply text "GOCSLC" to 84576 and you'll be enrolled in out new text messaging system.
- Young at Heart Luncheon ~ Thursday, May 12 at Noon in the HT Memorial Hall. Food, fun & fellowship plus the popular BINGO! Hope to see you all there.
- <u>Young at Heart</u> ~ Wendover trip on Saturday, May 28. Leaving from:

Prophet Elias at 8:30am.

Memorial Hall at 9:00am

Wendover at 5:00pm

Cost is \$20 per person, <u>RSVP is required</u>—Please contact Bill R.~ 801.673.0424 or Bill C.~ 801.573.3348. Please join us for Slots of fun!

- <u>Bereavement and Advanced Planning Seminar</u> led by Memorial Mortuary on May 19th at 7:00pm @ PE. Please see your email attachment for additional information.
- <u>SAVE THE DATE</u>: Spring Parish Assembly @ PE Lrg. Gym 2:00pm
- SAVE THE DATE: OPA Camp June 20-24th! More information to follow
- SAVE THE DATE: SAINT SOPHIA SCHOOL REUNION!
 Celebrate 25 years of Helping Kids "Discover, Explore, Imagine and
 Create" September 18, 2022 at PE Gym immediately following Divine
 Liturgy. Enjoy a walk through 25 years of History, and art wall, tour of the school and more. Meet Alumni, student staff and patrons. Celebrate the accomplishments of your community.

