













MAY 16, 2021 SUNDAY OF THE HOLY MYRRHBGARGRS



CHURCHES

HOLY TRINITY CATHEDRAL 279 South 300 West, Salt Lake City, UT 84101 PROPHET ELIAS CHURCH 5335 Highland Drive, Holladay, UT 84117

(801) 328-9681

CHURCHOFFICE@GOCSLC.ORG

CLERGY

V. Rev. Archimandrite GEORGE NIKAS - CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter PATRICK O'ROURKE - ASSISTANT PRIEST frpatrick@gocslc.org (801) 896-4230

Rev. Protopresbyter GEORGE POLITIS - RETIRED

PARISH COUNCIL

2021 Parish Council Executive Board

President: George Karahalios
1st Vice President: Dimitri Gerontis
2nd Vice President: Dr. Demetrios
(Tykie) Skedros
Treasurer: Elpitha Votsis
Asst. Treasurer: Jacquelyn Contant
Rec. Secretary: Nico Priskos

Cor. Secretary: Lee Kapos

2021 Parish Council Members

Evan Dudley
Dorie Farah
Steve Gamvroulas
Maria Shilaos Nelson
George Pappas
Tim Reganis
Chris Sakellariou
Shawn Trujillo





THE MYRRHBEARERS

When the Lord Jesus was preaching and working miracles in Galilee, many women who had received of His beneficence left their homeland and followed after Him. They ministered to Him out of their own possessions, even until His crucifixion and entombment; and afterwards, neither losing faith in Him after His death, nor fearing the wrath of the Jewish rulers, they came to His sepulcher, bearing the myrrh-oils to anoint His body. It is because of the myrrh-oils that these God-loving women brought to the tomb of Jesus that they are called Myrrh-bearers.



We know the names of the following: first of all, the most holy Virgin Mary, who in Matthew 27:56 and Mark 15:40 is called "the mother of James and Joses" (these are the sons of Joseph by a previous marriage, and she was therefore their step-mother); Mary Magdalene; Mary, the wife of Clopas; Joanna, wife of Chouza, a steward of Herod Antipas; Salome, the mother of the sons of Zebedee; Mary and Martha, the sisters of Lazarus; and Susanna. As for the names of the rest of them, the evangelists have kept silence.

Together with them we celebrate the secret disciples of the Savior, Joseph and Nicodemus. Nicodemus was probably a Jerusalemite, a prominent leader among the Jews and of the order of the Pharisees, learned in the Law and instructed in the Holy Scriptures. He had believed in Christ from the beginning of our Savior's preaching of salvation, when he came to Him by night. He also brought some one hundred pounds of myrrh-oils and an aromatic mixture of aloes and spices out of reverence for Christ. Joseph, who was from the city of Arimathea, was a wealthy and noble man, and one of the counselors who were in Jerusalem. He boldly asked Pialte for Jesus's body, and together with Nicodemus gave Him burial. He placed the Lord's body in his own tomb which was hewn out of rock, as the Evangelist Matthew reports.





SERVICES & MEMORIALS

TODAY

AT HOLY TRINITY

Sophia G. Kounalis: 2-year Memorial Kostandina (Dena) Kostopoulos: 1-year Memorial Gregoria "Greg" Korologos: 40-day Memorial Pantelis Panteli (Pantelidis): 40-day Memorial

AT PROPHET ELIAS

Presvytera Panagiota Palassis: 24-year Memorial Rev. Protopresbyter Constantine Palassis: 12-year Memorial Adamandia "Diamond" Venizelos: 26-year Memorial

> Andreas Venizelos: 21-year Memorial Spirro J. Mannos: 20-year Memorial Mary M. Mannos: 6-year Memorial Panagioti (Lee) Bishop: 40-day Memorial James Kalivas: 40-day Memorial

Danielle & baby Amalia: 40-day Churching

SUNDAY, MAY 23 AT HOLY TRINITY

Euτυχία (Effie) Kerikas: 4-year Memorial Vasiliki (Bes) Vetas: 1-year Trisagion

Magdaline and Chris Chelemes: 6-month Memorial

Saki Sakellariou: 40-day Memorial

AT PROPHET ELIAS

Ann Liacopoulos: 3-year Memorial





UPCOMING SCHEDULE

SUNDAY, MAY 16:

Daughters of Minos Meeting: 3:00 PM @ PE Pavillion

WEDNESDAY, MAY 19:

Koulourakia (Day 1) 11:00 AM - 6:00 PM @ HT Warehouse

THURSDAY, MAY 20:

Koulourakia (Day 2) 11:00 AM - 6:00 PM @ HT Warehouse

FRIDAY, MAY 21: Sts. Constantine & Helen

Orthros: 9:00 AM @ PE

Divine Liturgy: 10:00 AM @ PE

Koulourakia (Day 3) 11:00 AM - 6:00 PM @ HT Warehouse

SATURDAY, MAY 22:

Koulourakia (Day 4) 11:00 AM - 6:00 PM @ HT Warehouse

SUNDAY, MAY 23:

Orthros: 9:00 AM @ both churches
Divine Liturgy: 10:00 AM @ both churches

* Coffee Hour @ PE will be sponsored by the Liacopoulos family

Spring Parish Assembly: 1:00-4:00 PM @ PE Gym

*Sunday School Graduation Picnic: rescheduled to 6/13

TUESDAY, MAY 25:

Minos Chapter Meeting Club Membership:6:30 PM @ PE Pavillion





HYMNS OF THE DAY

Resurrectional Apolytikion

2nd Mode

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You.

For St. Joseph of Arimathea

2nd Mode

When he took down Your immaculate Body from the Cross, the honorable Joseph wrapped it in a clean linen shroud with spices and laid it for burial in a new tomb. But on the third day You arose, O Lord, and granted the world Your great mercy.

For the Myrrh-bearing Women

2nd Mode

The Angel standing at the sepulcher cried out and said to the ointment-bearing women: The ointments are appropriate for mortal men, but Christ has been shown to be a stranger to decay. So go and cry aloud, The Lord has risen and granted the world His great mercy.

Apolytikion of Pentecost (for the Holy Trinity)

Plagal 4th Mode

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

4th Mode

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion of Pascha

Plagal 4th Mode

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.





YMNOI THE HMEPAC

Άπολυτίκιον Άναστάσιμον

<u> Ήχος β΄</u>

Ότε κατῆλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἡ ἀθάνατος, τότε τὸν Ἅδην ἐνέκρωσας τῷ ἀστραπῷ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς τεθνεῶτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αὶ Δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον Ζωοδότα Χριστὲ ὁ Θεὸς ἡμῶν δόξα σοι.

Του Αγίου Ίωσήφ

Ό εὐσχήμων Ἰωσήφ, ἀπὸ τοῦ ξύλου καθελών, τὸ ἄχραντόν σου Σῶμα, σινδόνι καθαρᾳ, εἰλήσας καὶ ἀρώμασιν, ἐν μνήματι καινῷ, κηδεύσας ἀπέθετο ἀλλὰ τριήμερος ἀνέστης Κύριε, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Των Μυροφόρων Γυναικών

Ήχος β΄

Ταῖς μυροφόροις Γυναιξί, παρὰ τὸ μνῆμα ἐπιστάς, ὁ Ἅγγελος ἐβόα· Τὰ μύρα τοῖς θνητοῖς ὑπάρχει ἀρμόδια, Χριστὸς δὲ διαφθορᾶς ἐδείχθη ἀλλότριος, ἀλλὰ κραυγάσατε· ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Άπολυτίκιον Πεντηκοστής (για την Αγία Τριάδα)

Εύλογητός εἶ Χριστὲ ὁ Θεος ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἄγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

Άπολυτίκιον Προφήτου Ηλιού

Ήχος δ΄

Ό ένσαρκος άγγελος, τών Προφητών η κρηπίς, ο δεύτερος Πρόδρομος τής παρουσίας Χριστού, Ηλίας ο ένδοξος, άνωθεν καταπέμψας, Ελισαίω τήν χάριν, νόσους αποδιώκει, καί λεπρούς καθαρίζει, διό καί τοίς τιμώσιν αυτόν βρύει ιάματα.

Άπολυτίκιον τοῦ Πάσχα

Εί καὶ ἐν τάφῳ κατῆλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.





THE EPISTLE

Prokeimenon: The Lord is my strength and my song, and He became my salvation.

Verse: The Lord chastened and corrected me, but He did not give me up to death.

The reading is from the Acts of the Apostles. (6:1-7)

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.





Ο ΑΠΟCΤΟΛΟC

Προκείμενον: Ίσχύς μου καὶ ὕμνησίς μου ὁ Κύριος, καὶ ἐγένετό μοι εἰς σωτηρίαν. Στίχος: Παιδεύων ἐπαίδευσέ με ὁ Κύριος, καὶ τῷ θανάτῳ οὐ παρέδωκέ με.

Πράξεων τῶν Ἀποστόλων τὸ ἀνάγνωσμα. (6:1-7)

Έν ταῖς ἡμέραις ἐκείναις, πληθυνόντων τῶν μαθητῶν έγένετο γογγυσμὸς τῶν Ἑλληνιστῶν πρὸς τοὺς Ἑβραίους, ὅτι παρεθεωροῦντο ἐν τῆ διακονία τῆ καθημερινῆ αἱ χῆραι αὐτῶν. Προσκαλεσάμενοι δὲ οἱ Δώδεκα τὸ πλῆθος τῶν μαθητῶν εἶπον. Οὐκ ἀρεστόν ἐστιν ἡμᾶς καταλείψαντας τὸν λόγον τοῦ Θεοῦ διακονεῖν τραπέζαις ἐπισκέψασθε οὖν, άδελφοί, ἄνδρας έξ ὑμῶν μαρτυρουμένους ἑπτὰ πλήρεις πνεύματος καὶ σοφίας, οὓς καταστήσομεν ἐπὶ τῆς χρείας ταύτης ἡμεῖς δὲ τῷ προσευχῷ καὶ τῷ διακονία τοῦ λόγου προσκαρτερήσομεν. Καὶ ἤρεσεν ὁ λόγος ἐνώπιον παντὸς τοῦ πλήθους, καὶ ἐξελέξαντο Στέφανον, ἄνδρα πλήρη πίστεως καὶ πνεύματος ἀγίου, καὶ Φίλιππον καὶ Πρόχορον καὶ Νικάνορα καὶ Τίμωνα καὶ Παρμενᾶν καὶ Νικόλαον προσήλυτον Άντιοχέα, οὓς ἔστησαν ἐνώπιον τῶν άποστόλων, καὶ προσευξάμενοι ἐπέθηκαν αὐτοῖς τὰς χεῖρας. Καὶ ὁ λόγος τοῦ Θεοῦ ηὔξανεν, καὶ ἐπληθύνετο ὁ ἀριθμὸς τῶν μαθητῶν ἐν Ἰερουσαλὴμ σφόδρα, πολύς τε ὄχλος τῶν ἱερέων ὑπήκουον τῆ πίστει.





THE GOSPEL

The reading is from the Holy Gospel according to Mark (15:43-47; 16:1-8)

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.





TO EYALLEYION

Έκ τοῦ κατὰ Μᾶρκον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα. (15:43-47; 16:1-8)

Τῶ καιρῶ ἐκείνω ἐλθὼν Ἰωσὴφ ὁ ἀπὸ Ἀριμαθαίας, εὐσχήμων βουλευτής, ὃς καὶ αὐτὸς ἦν προσδεχόμενος τὴν βασιλείαν τοῦ Θεοῦ, τολμήσας εἰσῆλθε πρὸς Πιλᾶτον καὶ ἠτήσατο τὸ σῶμα τοῦ Ίησοῦ. ὁ δὲ Πιλᾶτος ἐθαύμασεν εἰ ἤδη τέθνηκε, καὶ προσκαλεσάμενος τὸν κεντυρίωνα ἐπηρώτησεν αὐτὸν εἰ πάλαι ἀπέθανε· καὶ γνοὺς ἀπὸ τοῦ κεντυρίωνος ἐδωρήσατο τὸ σῶμα τῶ Ίωσήφ, καὶ ἀγοράσας σινδόνα καὶ καθελών αὐτὸν ἐνείλησε τῆ σινδόνι καὶ κατέθηκεν αὐτὸν ἐν μνημείω ὁ ἦν λελατομημένον ἐκ πέτρας, καὶ προσεκύλισε λίθον ἐπὶ τὴν θύραν τοῦ μνημείου. ἡ δὲ Μαρία ἡ Μαγδαληνὴ καὶ Μαρία Ἰωσῆ ἐθεώρουν ποῦ τίθεται. Καὶ διαγενομένου τοῦ σαββάτου Μαρία ἡ Μαγδαληνὴ καὶ Μαρία ἡ τοῦ Ίακώβου καὶ Σαλώμη ἠγόρασαν ἀρώματα ἵνα ἐλθοῦσαι ἀλείψωσιν αὐτόν. καὶ λίαν πρωὶ τς μιᾶς σαββάτων ἔρχονται ἐπὶ τὸ μνημεῖον, άνατείλαντος τοῦ ἡλίου. καὶ ἔλεγον πρὸς ἑαυτάς. Τίς ἀποκυλίσει ἡμῖν τὸν λίθον ἐκ τῆς θύρας τοῦ μνημείου; καὶ ἀναβλέψασαι θεωροῦσιν ὅτι ἀποκεκύλισται ὁ λίθος. ἦν γὰρ μέγας σφόδρα. καὶ είσελθοῦσαι είς τὸ μνημεῖον εἶδον νεανίσκον καθήμενον ἐν τοῖς δεξιοῖς, περιβεβλημένον στολὴν λευκήν, καὶ ἐξεθαμβήθησαν. ὁ δὲ λέγει αὐταῖς. Μψ ἐκθαμβεῖσθε. Ἰμσοῦν ζητεῖτε τὸν Ναζαρηνὸν τὸν έσταυρωμένον ήγέρθη, οὐκ ἔστιν ὧδε ἴδε ὁ τόπος ὅπου ἔθηκαν αὐτόν. ἀλλ΄ ὑπάγετε εἴπατε τοῖς μαθηταῖς αὐτοῦ καὶ τῷ Πέτρῳ ὅτι προάγει ὑμᾶς εἰς τὴν Γαλιλαίαν ἐκεῖ αὐτὸν ὄψεσθε, καθώς εἶπεν ύμῖν. καὶ ἐξελθοῦσαι ἔφυγον ἀπὸ τοῦ μνημείου εἶχε δὲ αὐτὰς τρόμος καὶ ἔκστασις, καὶ οὐδενὶ οὐδὲν εἶπον· ἐφοβοῦντο γάρ.





ANNOUNCEMENTS

GREEK FESTIVAL 2021 PREP!

We ask that you please come and help during the upcoming prep dates. The more helpful hands, the merrier! Masks are recommended, and work stations will be spaced as much as possible.

ITEM	CHAIR	PREP DATES
Koulouria	Elpitha Votsis	May 19-22
Kourambiethes	Elpitha Votsis	June 24-26
Stifatho	Cliff Orton	June 27
Souvlakia	Chris Floor	July 13-15

TED & KATY SPEROS SCHOLARSHIP

The Ted and Katy Speros Scholarship Committee is now accepting applications for the 2021-2022 school year. Applications can be picked up and dropped off at the Holy Trinity church office attention: Ted and Katy Speros Scholarship or emailed to Katie Peters at ktpeters71@gmail.com. If you have any questions, please feel free to call Katie Peters at 801-262-3233.

PARISH WEBSITE

We have ongoing techinical issues with the parish website. For the time being, please navigate to GOCSLC.COM, which will still access our full webpage while we work to get our .org site fixed.

COVID-19 PROTOCOL

Please remember that masks are recommended at all services and events. Social distancing guidelines will remain in place. Please call Fr. George or Fr. Patrick if you or someone you know may be sick and in need of prayer.

SAINT SOPHIA SCHOOL

Please see flyers in the narthex for more information about our School and Summer Adventure Camp, both enrolling now!





GREEK ORTHODOX CHURCH OF GREATER SALT LAKE

Holy Trinity Cathedral 279 South 300 West, Salt Lake City,Utah 84101 Telephone: (801)328-9681 Fax: (801)328-9688 Office Email: churchoffice@gooslc.org Prophet Elias Church 5335 Highland Drive, Salt Lake City, Utah 84117 Telephone: (801)277-2693 Fax: (801)424-1296 Parish Website: www.gocslc.org

V. Rev. Archimandrite George Nikas, Dean Rev. Presbyter Patrick O'Rourke, Assistant Priest

Sunday of the Myrrh-Bearing Women May 16, 2021

Beloved Holy Trinity/Prophet Elias Family,

ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ!! CHRIST IS RISEN!!

It is with resplendent joy that we greet all of you with the triumphant $XPI\Sigma TO\Sigma$ ANE ΣTH – CHRIST IS RISEN, having celebrated Pascha – the glorious Resurrection of our Lord and Savior Jesus Christ. Having endured a closed Church last year, this year's exuberant celebration was even more meaningful and truly heartwarming as we welcomed so many faithful back into God's House.

We would like to take a moment of your time to THANK YOU for continuing to support the programs and ministries as well as the Stewardship program of our Church Community. It is on account of your continued love and faithful patronage and encouragement that we are considered among the most successful and thriving parishes in our Holy Archdidocese of America. By all accounts and certainly by the grace of God, our parish is experiencing a mini renaissance as we bask in the Paschal flame and glow of His Resurrection, sharing in the love, camaraderie, and brotherly concern for one another as family members of the one Cup, the one Body of Christ – our beloved Community of the Greek Orthodox Church of Greater Salt Lake.

Indeed, the peace and harmony that we are experiencing now, which had been absent from our historic community for quite some time, is clearly the reason why we have welcomed new and returning families to our parish; have enjoyed hearing wonderful comments about our Clergy in general but especially during this past Holy Week/Pascha experience; have received numerous calls of support and cheering for the labors of love for our dynamic Parish Council as evidenced by the restructuring of our Church Office and ongoing physical improvements at Holy Trinity and especially at Prophet Elias; and why we are enjoying a record stewardshhip year, despite the ongoing coronavirus pandemic.

We would especially like to acknowledge and offer our profound gratitude to our St. Philothea Philoptochos sisters for their hard work in offering compassion and financial support to all in need during this past difficult year. As we celebrate today the Sunday of the Myrrh-Bearing Women, we thank our own "Myrrofores" for decorating our churches so beautifully for this holiest of seasons and for supporting our clergy in their liturgical ministries. We thank all of the faithful stewards and friends who came to church to pray for the salvation of the world, and for the continuous uplifting and upbuilding of our own Parish as well. Your collective prayers and presence have boosted our morale and have strengthened and inspired us to strive to do even more for the benefit of all.

We look forward to celebrating our Cathedral's Nameday on the Feast of Pentecost on Father's Day, Sunday, June 20th with a Community worship day at Holy Trinity. We anticipate a record turnout at our Prophet Elias Picnic on Sunday, July 18th as it will be the first major gathering since the onset of the pandemic. We are also tentatively planning a Panagia's Picnic hosted by the Cretan Associations on the Feast of the Kimisis Tis Theotokou, Sunday, August 15th at the PE Pavilion (more information to follow.)

Naturally, we are very excited and enthusiastic about the return of everyone's favorite Greek Festival on September 10-12, 2021. The buzz and level of enthusiasm and anticipation is already overflowing as this year's Greek Festival promises to be the biggest ever – certainly the most looked forward to ever! We invite all of you to come and assist us in the baking and other preparations as we enter the summer months. Please consult the Sunday bulletins for a schedule of pastry baking and food preparations that will require everyone's help! As our Church's single major fundraiser, but also morale booster, let us once again come together (post pandemic) and showcase our vibrant Hellenic Heritage and Orthodox Faith to all visitors and patrons in September!

On behalf of Father Patrick and our entire Parish Council we thank you all once again for all of your continued confidence and support, and we look forward to sharing more exciting news at our Spring Parish Assembly next Sunday, May 23rd at PE!

With Love in our Risen Lord,

† Archimandrite George Nikas Proistamenos

George KarahaliosParish Council President