

**GREEK
ORTHODOX CHURCH
OF GREATER SALT LAKE**



AUGUST 8, 2021
THE 7TH SUNDAY OF MATTHEW
+ St. Myron the Bishop of Crete

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**



CHURCHES



HOLY TRINITY CATHEDRAL

279 South 300 West,
Salt Lake City, UT 84101
(801) 328-9681

PROPHET ELIAS CHURCH

5335 Highland Drive,
Holladay, UT 84117
(801) 277-2693

CHURCHOFFICE@GOCSLC.ORG

CLERGY



V. Rev. Archimandrite GEORGE NIKAS - CATHEDRAL DEAN

frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter PATRICK O'ROURKE - ASSISTANT PRIEST

frpatrick@gocslc.org (419) 234-3632

Rev. Protospesbyter GEORGE POLITIS - RETIRED

PARISH COUNCIL



2021 Parish Council Executive Board

President: George Karahalios
1st Vice President: Dimitri Gerontis
2nd Vice President: Dr. Demetrios
(Tykie) Skedros
Treasurer: Elpitha Votsis
Asst. Treasurer: Jacquelyn Contant
Rec. Secretary: Nico Priskos
Cor. Secretary: Lee Kapos

2021 Parish Council Members

Evan Dudley
Dorie Farah
Steve Gamvroulas
Maria Shilaos Nelson
George Pappas
Tim Reganis
Chris Sakellariou
Shawn Trujillo

THIS WEEK'S EVENTS

TODAY:

Dionysios Dance Practice: 2:00 pm-4:00 pm @ PE Sm Gym
Minotavros Dance Practice: 4:30 pm-6:30 pm @ PE Sm Gym

MONDAY, AUGUST 9:

Paraclesis 6:00 pm-7:00 pm @ PE
Minotavros Dance Practice: 7:00 pm-8:00 pm @ PE Sm Gym
Athenian Dance Practice: 6:30 pm-8:30 pm @ PE Lg Gym

TUESDAY, AUGUST 10:

Olympian Dance Practice: 6:30 pm-8:30 pm @ PE Lg Gym
Parthenon Dance Practice: 6:30 pm-8:30 pm @ PE Sm Gym
LAMBS/HOPE/JOY Dance Practice: 7:00 pm-8:00 pm @ PE Lg Gym
Dionysios Dance Practice: 8:30 pm-10:00 pm @ PE Lg Gym

WEDNESDAY, AUGUST 11:

Paraclesis 6:00pm-7:00pm @ HT
Boy Scouts: 6:30 pm-8:00 pm @ PE Sm Gym
Parthenon Dance Practice: 6:30 pm-8:30 pm @ PE Sm Gym
Minotavros Dance Practice: 7:00 pm-8:00 pm @ PE Sm Gym

THURSDAY, AUGUST 12:

YOUNG AT HEART 12:00pm-2:30pm @ HT
Athenian Dance Practice: 6:30 pm-8:30 pm @ PE Lg Gym
Olympian Dance Practice: 6:30 pm-8:30 pm @ PE Sm Gym
Dionysios Dance Practice: 8:30 pm-10:00 pm @ PE Sm Gym

FRIDAY, AUGUST 13:

Paraclesis 6:00pm-7:00pm @ PE

SATURDAY, AUGUST 14:

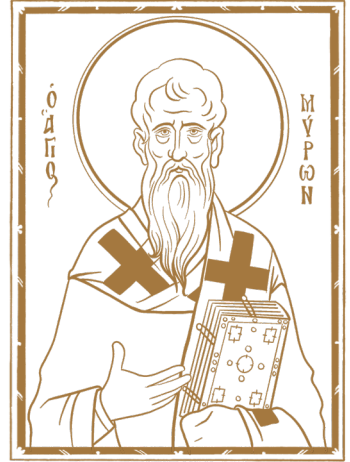
Artoklasia Workshop 9:00 am-1:00 pm @ HT
Great Vespers for the Dormition 6:00 pm-8:00 pm @ HT

SUNDAY, AUGUST 15: The Dormition of the Theotokos

Orthros: 9:00 am @ Both Churches
Divine Liturgy: 10:00 am @ Both Churches
Community Picnic Hosted by Cretans 6:00 pm-10:00 pm @ PE Pavilion

ST. MYRON, BISHOP OF CRETE

Saint Myron was born around 250 in the city of Raikos in Crete near Knossos (today Riakos is called Agiou Myronos in honor of the Saint). From his youth he was distinguished for his zeal and faith in God. He was also a wonderworker from an early age. According to tradition, once he distributed all the grapes from the vineyard of his parents to the poor. His mother noticed that although they worked hard all year on the vineyard, there were no grapes to make their wine. Myron said to his mother: "God has saved some for us too, mother." He went to the vineyard and found only a bunch of grapes with three berries. Taking it home he placed it in a cup. Immediately it began to fill along with enough barrels to distribute to the entire village.



He married and worked as a farmer. He was known for his goodness and generosity, and assisted everyone who turned to him for help. Once, twelve thieves burst in upon his threshing floor, and Myron himself helped them lift sacks of grain upon their shoulders that they were stealing from him. When he was done helping them, he said: "God forgive you. This is my advice: go, but do not steal again." By his generosity the Saint so shamed the thieves, that in the future they began to lead honorable lives.

Soon after his marriage, his wife died. Out of profound respect for the Saint and his virtuous life, the Cretan people urged him to accept ordination to the priesthood in his native city, and after the persecution against the Christians they chose him to be a Bishop in Crete, though it is not clear if he was specifically the Bishop of Gortynos (according to older manuscripts) or the Bishop of Knossos (according to later manuscripts). Most likely he was Bishop of Gortynos and thus of all Crete. (The later tradition that makes him the Bishop of Knossos is probably due to the fact that during later Byzantine times the Diocese of Knossos was transferred to Raikos.)

Wisely ruling his flock, Bishop Myron received from the Lord the gift of wonderworking. At the time of a flood on the river Triton, the Saint stopped its flow and went upon it as upon dry land, and then he sent one of his deacons back to the river with his staff to command the river to resume its course.

Saint Myron fell asleep in the Lord at the age of 100, in or around the year 350 AD.

ICONOGRAPHY PRACTICE

(a coloring page)



ΥΜΝΟΙ ΤΗΣ ΗΜΕΡΑΣ

Ἀπολυτίκιον Ἀναστάσιμον

Ἦχος πλ. β΄

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνήμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Ἀπολυτίκιον τῆς Ἑορτῆς

Ἦχος βαρύς

Μετεμορφώθης ἐν τῷ ὄρει Χριστέ ὁ Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθὼς ἠδυναντο. Λάμπρον καὶ ἡμῖν τοῖς ἁμαρτωλοῖς, τὸ φῶς σου τὸ αἶδιον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

Ἀπολυτίκιον Πεντηκοστής

Ἦχος πλ. δ΄

Εὐλόγητός εἰ Χριστέ ὁ Θεὸς ἡμῶν ὁ πανσόφος τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

Ἀπολυτίκιον Προφήτου Ηλιοῦ

Ἦχος δ΄

Ὁ ἐνσαρκὸς ἄγγελος, τῶν Προφητῶν ἡ κρηπὶς, ὁ δεύτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ηλίας ὁ ἐνδοξος, ἀνωθεν καταπέμψας, Ελισαίῳ τὴν χάριν, νόσους αποδιώκει, καὶ λεπρούς καθαρίζει, διὸ καὶ τοῖς τιμῶσιν αὐτὸν βρῦει ἰάματα.

Κοντάκιον

Ἦχος βαρύς

Ἐπὶ τοῦ ὄρους μετεμορφώθης, καὶ ὡς ἐχώρουν οἱ Μαθηταί σου τὴν δόξαν σου, Χριστέ ὁ Θεὸς ἐδέασαντο, ἵνα ὅταν σε ἴδωσι σταυρούμενον, τὸ μὲν πάθος νοήσωσιν ἐκούσιον, τῷ δὲ κόσμῳ κηρύξωσιν, ὅτι σὺ ὑπάρχεις ἀληθῶς, τοῦ Πατρὸς τὸ ἀπαύγασμα.



HYMNS OF THE DAY



Resurrectional Apolytikion

Plagal 2nd Mode

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

Apolytikion for the Transfiguration

Grave Mode

You were transfigured upon the mountain, O Christ our God, showing to Your disciples Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of light. Glory to You.

Apolytikion of Pentecost

Plagal 4th Mode

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

4th Mode

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias, who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion

Grave Mode

Upon the mountain were You transfigured, and Your disciples beheld Your glory as far as they were able, O Christ our God; so that when they would see You crucified they might understand that Your Passion was deliberate, and declare to the world that in truth You are the Father's radiance.



Ο ΑΠΟΣΤΟΛΟΣ



Προκείμενον: Σῶσον, Κύριε, τὸν λαόν σου
καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχος: Πρὸς σέ, Κύριε, κεκράξομαι, ὁ Θεός μου.

Πρὸς Ρωμαίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα.

(15:1-7)

Αδελφοί, ὀφείλομεν ἡμεῖς οἱ δυνατοὶ τὰ ἀσθενήματα τῶν ἀδυνάτων βαστάζειν, καὶ μὴ ἑαυτοῖς ἀρέσκειν. Ἐκαστος ἡμῶν τῷ πλησίον ἀρεσκέτω εἰς τὸ ἀγαθὸν πρὸς οἰκοδομήν· καὶ γὰρ ὁ Χριστὸς οὐχ ἑαυτῷ ἤρρεσεν· ἀλλὰ καθὼς γέγραπται. Οἱ ὀνειδισμοὶ τῶν ὀνειδιζόντων σε ἐπέπεσαν ἐπ' ἐμέ. Ὅσα γὰρ προεγράφη, εἰς τὴν ἡμετέραν διδασκαλίαν προεγράφη, ἵνα διὰ τῆς ὑπομονῆς καὶ διὰ τῆς παρακλήσεως τῶν γραφῶν τὴν ἐλπίδα ἔχωμεν. Ὁ δὲ Θεὸς τῆς ὑπομονῆς καὶ τῆς παρακλήσεως δώη ὑμῖν τὸ αὐτὸ φρονεῖν ἐν ἀλλήλοις κατὰ Χριστὸν Ἰησοῦν, ἵνα ὁμοθυμαδὸν ἐν ἐνὶ στόματι δοξάζητε τὸν Θεὸν καὶ Πατέρα τοῦ Κυρίου ἡμῶν Ἰησοῦ Χριστοῦ. Διὸ προσλαμβάνεσθε ἀλλήλους, καθὼς καὶ ὁ Χριστὸς προσελάβετο ὑμᾶς, εἰς δόξαν τοῦ Θεοῦ.





THE EPISTLE



Prokeimenon: O Lord, save Your people,
and bless Your inheritance.

Verse: To You, O Lord, I cry; O my God.

The reading is from Paul's Letter to the Romans.

(15:1-7)

Brethren, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, "The reproaches of those who reproached thee fell on me." For whatever was written in former days was written for our instruction, that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, as Christ has welcomed you, for the glory of God.



ΤΟ ΕΥΑΓΓΕΛΙΟΝ

Ἐκ τοῦ κατὰ Ματθαῖον ἀγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

(9:27-35)

Τῷ καιρῷ ἐκείνῳ παράγοντι τῷ Ἰησοῦ ἠκολούθησαν αὐτῷ δύο τυφλοὶ κρίζοντες καὶ λέγοντες· Ἐλέησον ἡμᾶς, υἱὲ Δαυὶδ. ἐλθόντι δὲ εἰς τὴν οἰκίαν προσῆλθον αὐτῷ οἱ τυφλοί, καὶ λέγει αὐτοῖς ὁ Ἰησοῦς· Πιστεύετε ὅτι δύναμαι τοῦτο ποιῆσαι; λέγουσιν αὐτῷ· Ναί, Κύριε. τότε ἤψατο τῶν ὀφθαλμῶν αὐτῶν λέγων· Κατὰ τὴν πίστιν ὑμῶν γενηθήτω ὑμῖν. καὶ ἀνεώχθησαν αὐτῶν οἱ ὀφθαλμοί· καὶ ἐνεβριμήσατο αὐτοῖς ὁ Ἰησοῦς λέγων· Ὅρατε μηδεὶς γινωσκέτω. οἱ δὲ ἐξελθόντες διεφήμισαν αὐτὸν ἐν ὅλῃ τῇ γῆ ἐκείνῃ. Αὐτῶν δὲ ἐξερχομένων ἰδοὺ προσήνεγκαν αὐτῷ ἄνθρωπον κωφὸν δαιμονιζόμενον· καὶ ἐκβληθέντος τοῦ δαιμονίου ἐλάλησεν ὁ κωφός. καὶ ἐθαύμασαν οἱ ὄχλοι λέγοντες, Οὐδέποτε ἐφάνη οὕτως ἐν τῷ Ἰσραήλ. οἱ δὲ Φαρισαῖοι ἔλεγον· Ἐν τῷ ἄρχοντι τῶν δαιμονίων ἐκβάλλει τὰ δαιμόνια. Καὶ περιῆγεν ὁ Ἰησοῦς τὰς πόλεις πάσας καὶ τὰς κώμας, διδάσκων ἐν ταῖς συναγωγαῖς αὐτῶν καὶ κηρύσσων τὸ εὐαγγέλιον τῆς βασιλείας καὶ θεραπεύων πᾶσαν νόσον καὶ πᾶσαν μαλακίαν ἐν τῷ λαῷ.



THE GOSPEL

The reading is from the Holy Gospel according to Matthew.

(9:27-35)

At that time, as Jesus passed on from there, two blind men followed him, crying aloud, "Have mercy on us, Son of David." When he entered the house, the blind men came to him; and Jesus said to them, "Do you believe that I am able to do this?" They said to him, "Yes, Lord." Then he touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread his fame through all that district. As they were going away, behold, a dumb demoniac was brought to him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons." And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity among the people.



ARTOKLASIA



The service of the Artoklasia (the “breaking of the bread”) comes to us from the monastic All-Night Vigil — a combination of Great Vespers (which includes services of the Artoklasia and Lity), Orthros, First Hour, Third Hour, Sixth Hour and then Divine Liturgy. As the name suggests, this great combination of services took the entire night and into the next morning. Proceeding through the night in the Vigil, the Church participates in the Old Testament expectation of the coming of Christ, fulfilled after hours of prayer in the Eucharist. The sacred meals of blessed bread and wine of the Old Testament are manifest in the Artoklasia, which is the last bit of sustenance for the gathered faithful before they receive the Holy Eucharist, many hours later. The Bible is thus lived out in real time.

Originally, at the Church of the Resurrection in Jerusalem, the evening service, called Vespers, was celebrated in the rotunda around the Tomb of Christ. Then, after the dismissal, a procession was made to the site of Golgotha where Christ was Crucified — this was within the same complex — and more prayers were said there. This developed over time into a service called the “Lity,” so called because of the series of lengthy petitions included in it. This Lity was preserved at the Monastery of St. Sabbas in the Kidron Valley between Jerusalem and the Dead Sea, where instead of going to Golgotha, the monks processed to the site of their founder’s relics. The way this monastery celebrated services became influential during the Byzantine period, and so the Lity became part of the Vigil across



ARTOKLASIA



the Orthodox world. Vestiges of the Lity are still found in parishes when at a Great Vespers is celebrated and an icon - decorated with flowers and candles, is processed around the church. The Apolytikion (the "theme song") of the All-Night Vigil is a hymn called "Theotokos Parthene," or "O Virgin Theotokos." In the context of the full vigil, the artoklasia immediately follows the chanting of this hymn, and then the Lity is celebrated.

Today, in parish use, the celebration of the All-Night Vigil is rare. On festal occasions though, the Artoklasia remains relatively common, still bearing hallmarks of its origins. It is now usually celebrated at the end of the Divine Liturgy on the feast day itself. There are petitions and prayers held over from the Lity, and then the chanting of Theotokos Parthene by the priest, followed by the relatively brief blessing and breaking of the bread, the Artoklasia proper. We don't need to know all these details in order to grasp the blessings we receive when five loaves — like the five with which Christ fed the 5000 — are blessed and broken for us. But, understanding them makes our participation ever more rich and meaningful.

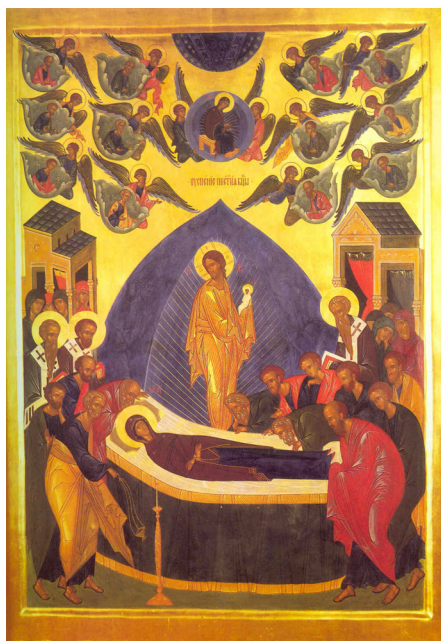
The St. Philothea Chapter of Philoptochos is pleased to announce a workshop where the preparation of this special sweet bread will be taught on

SATURDAY, AUGUST 14 FROM 9:00 AM - 1:00 PM,
AT THE HOLY TRINITY WAREHOUSE.

RSVP to Cathy Neofitos at (801) 448-8907.

Please bring a basket to carry your bread. The loaves will be used at the Artoklasia celebrated for the Dormition of the Theotokos!

VESPERS FOR PANAGIAS



No human being more resembled Christ in word and deed, in way of life, than His own mother, the Theotokos and Ever-Virgin Mary. As the Gospels are focused on the life and work of Christ, the Church has never forgotten the Theotokos, and has always remembered her as the premier Saint, and the most resolute intercessor for all mankind.

Please join us on **Saturday August 14 at 6:00 pm** for Great Vespers for the Dormition (i.e. the Falling Asleep) of the Mother of God, at Holy Trinity.

By making the extra effort of coming to church on Saturday evening, we not only engage more in the life of Christ, but also make a greater celebration of the Mother of God. Come and see!



FAMILY & COMMUNITY PICNIC

PROUDLY HOSTED BY THE CRETAN CHAPTERS OF SALT LAKE CITY, UT
MINOS, DAUGHTERS OF MINOS & MINOTAVROS

AUGUST 15, 2021

5:30 - 6:30 WELCOME HOUR

6:30 DINNER

PROPHET ELIAS PAVILION

\$15 PER PERSON

\$10 (6-12YRS)

5 & UNDER - FREE

DONATIONS APPRECIATED

WITH ACTIVITIES AND A LIVE RAFFLE

ANNOUNCEMENTS

- **MANDATORY FOODHANDLER CLASS**

This certification class on AUGUST 22, at HOLY TRINITY, after church. If you were certified in 2019, it is still valid. If you were certified before that, or haven't ever been certified, you MUST ATTEND this class.

- **YOUNG AT HEART**

The Young at Heart will have their luncheon on Thursday August 12th at noon at the Memorial Hall. It's summer bring Yiayia and Papou for some food, fun and fellowship. Desserts are welcome and appreciated. We hope to see you there.

- **ANNUAL LAGOON DAY- Sunday August 22, 2021**

Discount passes are now available in the church office. If you have any further questions, please call the church office at (801) 328-9681.

- **PANAHAIKOS SOCIETY FAMILY PICNIC**

Will be held on Sunday August 29, 5:00 p.m. at the home of George Miller 1312 Harvard Ave. No cost to current members, non-members \$15, kids 12 and under \$10. RSVP George 801 244-8587 or Bill 801 673-0424

- **CHILD CARE NEEDED**

3 days a week. Please contact Andrea Dover 801-244-5501 or email andie.dover@gmail.com.

HELP WANTED: SAINT SOPHIA SCHOOL



Saint Sophia School is starting up their Toddler Program again in September. We are looking for a teacher with Early Childhood Education and Experience to teach this class of 18 months-2 1/2 year olds.

This job is a 4 hour commitment on Friday mornings.

Please reach out to Martha at:
director@saintsophiaschool.org or call 801-424-1297 if you are interested.