

+ ST. ARETHAS THE GREAT MARTYR

OCTOBER 24, 2021 6TH SUNDAY OF LUKE

THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM





HOLY TRINITY CATHEDRAL 279 South 300 West, Salt Lake City, UT 84101 (801) 328-9681

PROPHET ELIAS CHURCH 5335 Highland Drive, Holladay, UT 84117 (801) 277-2693

CHURCHOFFICE@GOCSLC.ORG

CLERGY



V. Rev. Archimandrite GEORGE NIKAS - CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter PATRICK O'ROURKE - ASSISTANT PRIEST frpatrick@gocslc.org (419) 234-3632

Rev. Protopresbyter GEORGE POLITIS - RETIRED

PARISH COUNCIL



2021 Parish Council Executive Board

President: George Karahalios
1st Vice President: Dimitri Gerontis
2nd Vice President: Dr. Demetrios
(Tykie) Skedros
Treasurer: Elpitha Votsis
Asst. Treasurer: Jacquelyn Contant
Rec. Secretary: Nico Priskos

Cor. Secretary: Lee Kapos

2021 Parish Council Members

Evan Dudley Dorie Farah Steve Gamvroulas Maria Shilaos Nelson George Pappas Tim Reganis Chris Sakellariou Shawn Trujillo





MONDAY, OCT.25

Girl Scouts 6:30pm-8:00pm @ PE Sm. Gym Parish Council Meeting 6:30pm-9:30pm @ HT

TUESDAY, OCT. 26: St. Demetrios the Great Martyr

Orthros: 9:00am @ PE
Divine Liturgy: 10:00am @ PE
Greek School: 6:30 pm-8:00pm @ PE
Parthenon Dancers: 6:30pm-8:30pm @ PE Sm. Gym

WEDNESDAY, OCT. 27:

Boy Scouts: 6:30pm-8:00pm @ PE Sm. Gym Catechism: 7:00pm-8:30pm @ HT Carpeted Area GOYA Basketball: 7:30pm-9:00pm @ PE Lg. Gym

THURSDAY, OCT. 28:

Greek School: 6:30pm-8:00pm @ PE
Athenian Dancers: 6:30pm-8:30pm @ PE Lg. Gym
Olympian Dancers: 6:30pm-8:30pm @ PE Sm. Gym
Stewardship Committee Meeting 7:00pm @ PE Board Room

FRIDAY, OCT. 29:

Lambs/Hope/Joy Trunk-or-Treat: 6:00pm-9:00pm @ PE Pavillion

SATURDAY, OCT. 30:

Greek School: 10:00am-1:00pm @ HT

SUNDAY, OCT. 31: 5th Sunday of Luke

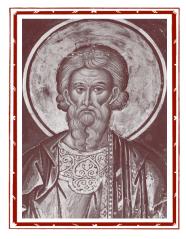
Orthros: 9:00am @ Both Churches
Divine Liturgy: 10:00am @ Both Churches



ST. ARETHAS THE GREAT MARTYR



St. Arethas and those who met their end with him contested for piety's sake in the year 524 in Najran, a city of Arabia Felix (present-day Yemen). When Dhu Nuwas, ruler of the Himyarite tribe in south Arabia, and a Judaizer, took power, he sought to blot out Christianity, especially at Najran, a Christian city. Against the counsels of Arethas, chief man of Najran, the city surrendered to Dhu Nuwas, who immediately broke the word he had given and sought to



compel the city to renounce Christ. Led by Saint Arethas, hundreds of martyrs, including women, children, and babes, valiantly withstood his threats, and were beheaded and burned. After the men had been slain, all the free-born Christian women of Najran were brought before the tyrant and commanded to abjure Christ or die; yet they rebuked the persecutor with such boldness that he said even the men had not insulted him so contemptuously. So great was their faith that not one woman was found to deny Christ in all Najran, although some of them suffered torments more bitter than most of the men. In alliance with Byzantium, the Ethiopian King Elesbaan liberated Najran from Dhu Nuwas soon after and raised up churches in honour of the Martyrs. Najran became a place of pilgrimage until the rise of Islam a century later. At the end of his life King Elesbaan, who was also called Caleb, retired into solitude as a hermit; he sent his crown to Jerusalem as an offering to the Church of the Holy Sepulchre. He also commemorated on this day as a saint. Saint Arethas' name in Arabic, Harith, means "plowman, tiller," much the same "George" does in Greek.





TODAY: None

NEXT WEEK: None







Άπολυτίκιον Άναστάσιμον

Ήχος α΄

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου Σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωήν διὰ τοῦτο αἰ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι ζωοδότα. Δόξα τῆ Ἀναστάσει σου Χριστέ, δόξα τῆ βασιλεία σου, δόξα τῆ οἰκονομία σου, μόνε φιλάνθρωπε.

Άπολυτίκιον τῶν Ἁγίων

Ήχος α'

Τὰς ἀλγηδόνας τῶν Ἁγίων, ἃς ὑπὲρ σοῦ ἔπαθον, δυσωπήθητι Κύριε, καὶ πάσας ἡμῶν τὰς ὀδύνας, ἵασαι φιλάνθρωπε δεόμεθα.

Άπολυτίκιον Πεντηκοστής

Ήχος πλ. δ΄

Εύλογητός εἶ Χριστὲ ὁ Θεος ἡμῶν ὁ πανσόφους τοὺς ἁλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἄγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

Άπολυτίκιον Προφήτου Ηλιού

Ήχος δ΄

Ό ένσαρκος άγγελος, τών Προφητών η κρηπίς, ο δεύτερος Πρόδρομος τής παρουσίας Χριστού, Ηλίας ο ένδοξος, άνωθεν καταπέμψας, Ελισαίω τήν χάριν, νόσους αποδιώκει, καί λεπρούς καθαρίζει, διό καί τοίς τιμώσιν αυτόν βρύει ιάματα.

Κοντάκιον

Ήχος β΄

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.





Resurrectional Apolytikion

1st Mode

The stone had been secured with a seal by the Judeans, and a guard of soldiers was watching Your immaculate body. You rose on the third day, O Lord and Savior, granting life unto the world. For this reason were the powers of heaven crying out to You, O Life-giver: Glory to Your resurrection, O Christ; glory to Your kingdom; glory to Your dispensation, only One who loves mankind

Apolytikion of the Saints

1st Mode

The holy martyrs suffered painful tortures for Your sake, O Lord; be compelled by what they endured, and heal our every pain, we entreat You, as the only One who loves humanity.

<u>Apolytikion of Pentecost</u> <u>Plagal 4th Mode</u> Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

4th Mode

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias, who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion

2nd Mode

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O'Theotokos who protect now and ever those who honor you.





Προκείμενον: Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ΄ ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Στίχος: Άγαλλιᾶσθε, δίκαιοι, ἐν Κυρίῳ· τοῖς εὐθέσι πρέπει αἴνεσις.

Πρὸς Κορινθίους Β΄ Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα. (9:6-11)

δελφοί, ὁ σπείρων φειδομένως, φειδομένως καὶ θερίσει, καὶ ὁ σπείρων ἐπ' εὐλογίαις ἐπ' εὐλογίαις καὶ θερίσει. Έκαστος καθὼς προαιρεῖται τῆ καρδία, μὴ ἐκ λύπης ἢ ἐξ ἀνάγκης ἱλαρὸν γὰρ δότην ἀγαπᾳ ὁ Θεός. Δυνατὸς δὲ ὁ Θεὸς πᾶσαν χάριν περισσεῦσαι εἰς ὑμᾶς, ἵνα ἐν παντὶ πάντοτε πᾶσαν αὐτάρκειαν ἔχοντες περισσεύητε εἰς πᾶν ἔργον ἀγαθόν, καθὼς γέγραπται Έσκόρπισεν, ἔδωκε τοῖς πένησιν, ἡ δικαιοσύνη αὐτοῦ μένει εἰς τὸν αἰῶνα. Ὁ δὲ ἐπιχορηγῶν σπέρμα τῷ σπείροντι καὶ ἄρτον εἰς βρῶσιν χορηγήσαι καὶ πληθύναι τὸν σπόρον ὑμῶν καὶ αὐξήσει τὰ γενήματα τῆς δικαιοσύνης ὑμῶν ἐν παντὶ πλουτιζόμενοι εἰς πᾶσαν ἀπλότητα, ἤτις κατεργάζεται δι' ἡμῶν εὐχαριστίαν τῷ Θεῷ.







Prokeimenon: Let Your mercy, O Lord, be upon us, as we hope in You.

Verse: Rejoice greatly in the Lord, O righteous ones; praise is fitting for the upright.

The reading is from Paul's Second Letter to the Corinthians. (9:6-11)

Prethren, the point is this: he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures for ever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.





TO EYALLEYION



Έκ τοῦ κατὰ Λουκᾶν ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα. (8:26-39)

καιρῷ ἐκείνῳ, ἐλθόντι τῷ Ἰησοῦ εἰς τὴν χώραν τῶν Γαδαρηνῶν ὑπήντησεν αὐτῷ ἀνήρ τις ἐκ τῆς πόλεως, ὃς εἶχε δαιμόνια έκ χρόνων ίκανῶν, καὶ ἱμάτιον οὐκ ἐνεδιδύσκετο, καὶ ἐν οἰκία οὐκ ἔμενεν, ἀλλ΄ ἐν τοῖς μνήμασιν. ἰδὼν δὲ τὸν Ἰησοῦν καὶ ἀνακράξας προσέπεσεν αὐτῷ καὶ φωνῆ μεγάλη εἶπε. Τί ἐμοὶ καὶ σοί, Ἰησοῦ υἰὲ τοῦ Θεοῦ τοῦ ὑψίστου; δέομαί σου, μή με βασανίσης. παρήγγειλε γὰρ τῶ πνεύματι τῷ ἀκαθάρτῳ ἐξελθεῖν ἀπὸ τοῦ ἀνθρώπου. πολλοῖς γὰρ χρόνοις συνηρπάκει αὐτόν, καὶ ἐδεσμεῖτο ἀλύσεσι καὶ πέδαις φυλασσόμενος, καὶ διαρρήσσων τὰ δεσμὰ ήλαύνετο ὑπὸ τοῦ δαίμονος είς τὰς ἐρήμους, ἐπηρώτησε δὲ αὐτὸν ὁ Ἰησοῦς λέγων. Τί σοί ἐστιν ὄνομα; ὁ δὲ εἶπε· Λεγεών· ὅτι δαιμόνια πολλὰ εἰσῆλθεν εἰς αὐτόν· καὶ παρεκάλει αὐτὸν ἵνα μὴ ἐπιτάξη αὐτοῖς εἰς τὴν ἄβυσσον ἀπελθεῖν. Ἡν δὲ ἐκεῖ ἀγέλη χοίρων ἰκανῶν βοσκομένη ἐν τῶ ὄρει καὶ παρεκάλουν αὐτὸν ἵνα ἐπιτρέψη αὐτοῖς εἰς ἐκείνους εἰσελθεῖν· καὶ ἐπέτρεψεν αὐτοῖς. έξελθόντα δὲ τὰ δαιμόνια ἀπὸ τοῦ ἀνθρώπου εἰσῆλθον εἰς τοὺς χοίρους, καὶ ὥρμησεν ἡ ἀγέλη κατὰ τοῦ κρημνοῦ εἰς τὴν λίμνην καὶ άπεπνίγη. ἰδόντες δὲ οἱ βόσκοντες τὸ γεγενημένον ἔφυγον, καὶ ἀπήγγειλαν είς τὴν πόλιν καὶ είς τοὺς ἀγρούς. ἐξῆλθον δὲ ἰδεῖν τὸ γεγονός, καὶ ἦλθον πρὸς τὸν Ἰησοῦν, καὶ εὖρον καθήμενον τὸν ἄνθρωπον, ἀφ΄ οὖ τὰ δαιμόνια ἐξεληλύθει, ἱματισμένον καὶ σωφρονοῦντα παρὰ τοὺς πόδας τοῦ Ἰησοῦ, καὶ ἐφοβήθησαν. ἀπήγγειλαν δὲ αὐτοῖς οἱ ἰδόντες πῶς ἐσώθη ὁ δαιμονισθείς. καὶ ήρώτησαν αὐτὸν ἄπαν τὸ πλῆθος τῆς περιχώρου τῶν Γαδαρηνῶν ἀπελθεῖν ἀπ΄ αὐτῶν, ὅτι φόβω μεγάλω συνείχοντο: αὐτὸς δὲ ἐμβὰς εἰς τὸ πλοῖον ὑπέστρεψεν. ἐδέετο δὲ αὐτοῦ ὁ ἀνήρ, ἀφ΄ οὖ ἐξεληλύθει τὰ δαιμόνια, εἶναι σὺν αὐτῷ· ἀπέλυσε δὲ αὐτὸν ὁ Ἰησοῦς λέγων· Ύπόστρεφε εἰς τὸν οἶκόν σου καὶ διηγοῦ ὅσα ἐποίησέ σοι ὁ Θεός. καὶ ἀπῆλθε καθ΄ ὅλην τὴν πόλιν κηρύσσων ὅσα ἐποίησεν αὐτῷ ὁ Ἰησοῦς.



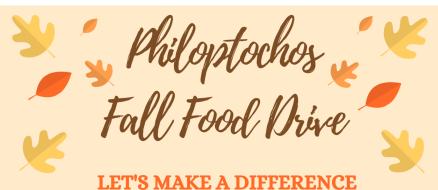
THE GOSPEL



The reading is from the Holy Gospel according to Luke (8:26-39)

t that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.





Saturday, November 6th

10:00 am - 1:00 pm at Prophet Elias

Supporting Murray Children's Pantry

Items needed for Thanksgiving Family Meal Boxes

Dried Stuffing Canned Cranberry Gravy in a can, jar or packet

Instant Potatoes

Canned Yams
Pudding Cups

Aluminum Disposable Pans

Monetary Donations are also welcome
Please make checks payable to Philoptochos
Cindy Skedros 801-560-9728
Nia Reganis 801-243-7802





Items are still available. Please call the Church office to check availability.

CHOIRS



Our Choirs are back, and looking to boost their numbers.

If you have sung with either choir in the past, please come back and add your beautiful voice to our worship.

If you haven't sung in choir before, we encourage you to come and sing with us.

If you are interested, please contact: George Miller (801) 244-8587 or Tom Harris (801) 484-1672

SUNDAY SCHOOL



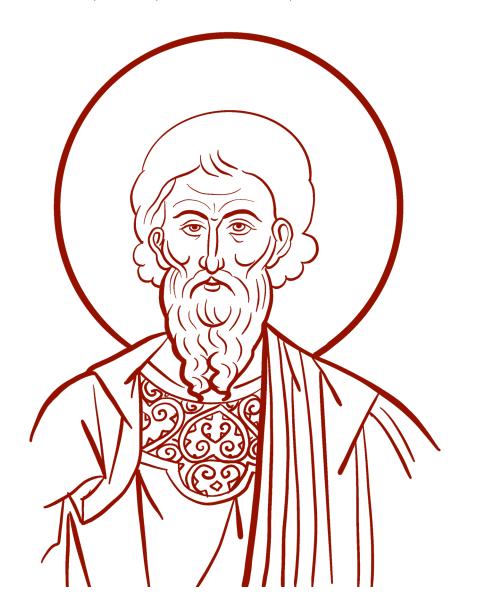
Sunday School has resumed in person. We'd love to see your kids!

To stay up to date on Sunday School News, please take a moment and register your child by going to the church website, https://gocslc.com/sunday-school.

Also, we do still need teachers/co-teachers! If you're interested or if you have any questions, please contact Paul Karahalios at (801) 870-1514 or Denise Nikols at (801) 604-6782 for Prophet Elias or Elenie Sefandonakis at (801) 718-7515 for Holy Trinity.









ALTAR SERVERS



Calling all boys ages 10-18!

Fr. George and Fr. Patrick invite you back to service around the Holy Altar table. There is no experience necessary, but those of you with experience will be especially valuable to train our newer servers "on-the-job." Please remember to bring a mask!

AHEPA SCHOLARSHIPS



Congratulations to the 2021 recipients of the Salt Lake City AHEPA Chapter college scholarships.

Our January 2020 scholarship fundraiser raised enough money for two \$1,000 awards butwe weren't able to award them due to the COVID-19 crisis. So, this year we decided to offer three \$1,000 scholarships. However, as we reviewed the scholarship applications, we realized all of the applicants were exceptional and closely matched. So, this year, we are awarding six scholarships to: Andre Albert, Apostoli Hillas, John Nikols, Zachary Petrogeorge, Markella Savas and Chrisoula Sifandonakis. AHEPA wishes them success in their future academic endeavors and are sure they will do very well.

ADULT CONVERSATIONAL GREEK



Tuesday/Thursday Saturday
Beginner 5:00-6:30 pm 10:00-1:00pm
Intermediate 6:30-8:00 pm 11:00-2:00pm

Tuition: \$250/parish steward, or \$300/non-stewards Contact NITSA at (801) 209-7402 to Register



LAMBS/HOPE/JOY TRUNK-OR-TREAT:

Friday Oct. 29, PE Pavilion, 6-9 pm

Please join in the fun and bring your treats, trunks and costumes!

Plan to park on the southside of the church near the pavilion.

We will have pumpkin decorating, pizza and donuts!

remember- no demonic costumes please

RSVP to Staci at 801-580-0119 so we can get a headcount!

CATECHISM:

Remmeber that class is open to EVERYONE! Next class meets in the Memorial Building at HT next Wednesday, Oct. 27.

THANKSGIVING DINNER - Save the Date:

We are excited to announce that our annual Thanksgiving Dinner will resume this year, with Yanni Armaou as chairman, on NOVEMBER 25. Mark your calendars and tell your friends!

PHILOPTOCHOS - SAVE THE DATES:

- Sat. Nov. 6, 10am-1pm @ PE FOOD DRIVE to benefit Murray Family Food Pantry.
- Start cleaning out your closets! Clothing drive will start the last week of this month!

YOUNG AT HEART

Thanksgiving luncheon on Veterans Day, Thursday November 11 at noon in the Hellenic Memorial Hall. A table will be available for pictures of our veterans, so bring a military picture of yourself or a love one who served. Join us for food, fun and fellowship plus BINGO.

Desserts as always are welcome and appreciated. Thank you.